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**Immediate Past President**

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# **Improving Food Security and Access: Collaborations and Partnerships**

**Iowa Hunger Summit**

**October 15, 2013**

# Who the Academy Is



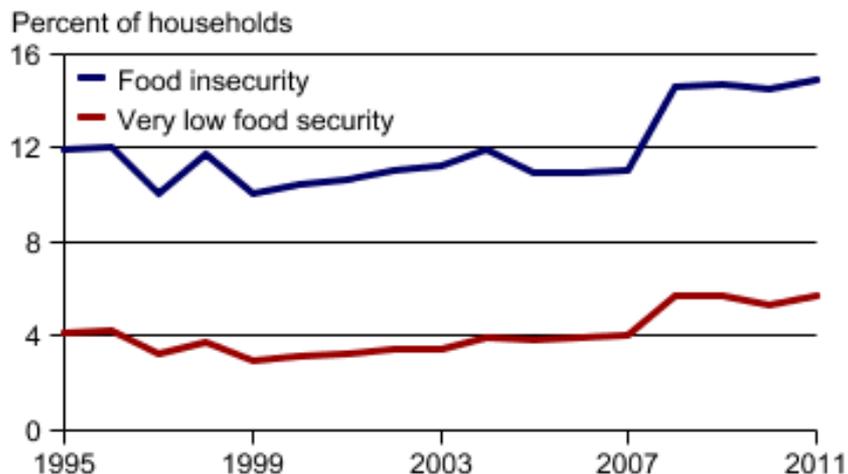
**Founded in  
1917 to improve  
health and  
conserve food  
during World  
War I**

**Today: 75,000+ members**



# Trends in Food Insecurity

**Trends in prevalence rates of food insecurity and very low food security in U.S. households, 1995-2011**

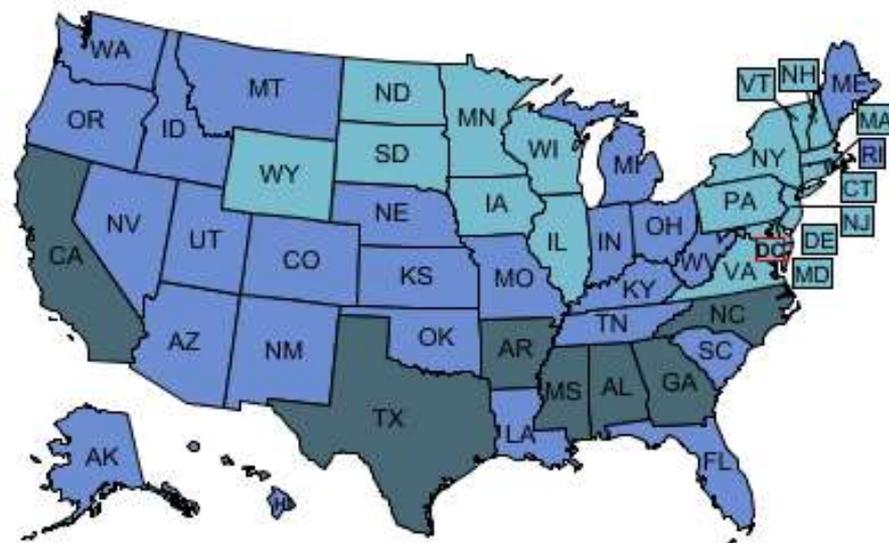


Prevalence rates for 1996 and 1997 were adjusted for the estimated effects of differences in data collection screening protocols used in those years.

Source: Calculated by ERS based on Current Population Survey Food Security Supplemental data.



**Prevalence of food insecurity, average 2009-11**



- Food insecurity below U.S. average
- Food insecurity near U.S. average
- Food insecurity above U.S. average

Source: Calculated by ERS based on Current Population Survey Food Security Supplemental data.



# Harsh Reality of Hunger

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- **1 in 5 children at risk**
- **1 in 12 older adults**
- **Negative outcomes include physical impairments, psychological suffering, socio-familial disturbances**
- **Nearly 1 in 3 adults: experience with or concern about lack of food**
- **1 in 10 adults went without basic need to provide food for family member**



## Academy co-sponsored conference

## New collaboration to address food insecurity



### Academy of Nutrition and Dietetics Joins New National Initiative To End Hunger and Achieve Food Security

By Academy of Nutrition and Dietetics

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Published: Thursday, Jun. 14, 2012 - 9:10 am

CHICAGO, June 14, 2012 -- /PRNewswire-USNewswire/ -- The Academy of Nutrition and Dietetics (formerly the American Dietetic Association) has joined a new nationwide initiative designed to help families obtain adequate amounts of healthful food and reduce the levels of "food insecurity" in the United States.

The new collaboration brings together health professionals including registered dietitians; the agriculture and food production industry, and hunger relief professionals.

"We are proud to support initiatives that combat hunger and malnutrition, produce food security, promote self-sufficiency, educate consumers and health professionals alike, and are environmentally and economically sustainable," said registered dietitian and Academy President Ethan A. Bergman.

# 3 Key Pillars of Partnership

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NATIONAL DAIRY  
COUNCIL

**49,000 dairy farmers support  
100 years of experience in nutrition  
Research and education  
Diverse group of stakeholders**



**Largest domestic hunger relief org  
Provides access to 37 million meals  
each year**



**Largest organization of food  
and nutrition pros**

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# Goals of the Partnership

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- **Raise awareness about food insecurity as public health issue**
  - **Identify strategies and secure resources to change mix of food flowing through food banking network; increase access to nutrient-rich foods**
  - **Build and support nutrition capacity and nutrition education within Feeding America network**
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## Partners collective commitment and partnerships' progress

- **Food bank member grants**
- **DC Central Kitchen youth educational session**
- **Virtual food drive**



# Future of Food Webinars

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- **February:** Hungry and Overweight: How is it Possible?
- **March:** Contributors and Effects of Food Insecurity: Nutrition and Beyond
- **April:** School Meals and Community Partnerships: Creative Solutions against Food Insecurity
- **May:** Point A to Point B: Improving Access to Healthy Foods in Food Banks
- **June:** A Flavorful Pairing: Nutrition Education in Food Banks
- **July:** Ready, Set, Go: Unveiling Access to Quality Nutrition Education Resources

[www.eatright.org/foundation/kidseatright](http://www.eatright.org/foundation/kidseatright)

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# Funds to Fight Hunger

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- **First nutrition initiative grants of \$10,000**
  - **To 10 food banks within Feeding America network**
  - **Support nutrition education and increased access to dairy products, other in-demand nutrient-rich foods.**
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# “Give Good with Dairy”

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**Launched June 2013 to increase access to nutrient-rich foods at local food banks**



# Best Choices...



**... within available resources**



# Food Security Always on the Radar



**To avoid very low food security, households will:**

- **Eat a less varied diet**
- **Participate in federal food and nutrition assistance programs**
- **Obtain emergency food from food pantries, emergency kitchens, shelters**

# Food Assistance Choices

**74% government**

**53% family**

**53% food bank**

**38% church or  
place of worship**

**35% neighbor or friend**

**21% community garden**



## Public Support for Federal Food Programs



**70%**

*70% of U.S. adults agree that policymakers should prevent cuts to existing federal food assistance programs for children, youth and older adults.*

## Knowledge About Nutritional Needs



**24%**

*Nationwide, nearly one fourth of U.S. adults do not know how to access information on the unique nutritional needs of children, youth, and older adults.*



**One of the  
Academy's core  
research  
priorities:**

**“Safe and secure  
and sustainable  
food supply.”**

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# Food Security: Policy Priority

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**In Washington, D.C., and states**

**Federal and non-federal  
food and nutrition  
programs**

**Community-based  
Programs**



# Historic Legislation

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## Healthy Hunger-Free Kids Act

**Support for school nutrition directors to make significant changes in school meals**



# Older Americans Act

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- **Needs to be reauthorized by Congress**
- **Largest programs within Act are nutrition-focused**
- **Members lead programs at the state and local levels**
- **Cost savings to keep older adults independent**
- **Full funding to strengthen programs**
- **Support for qualified RD staff at all levels**



- **Green carts**
  - **Corner store initiatives**
  - **Seniors' access to WIC farmers' markets**
  - **Healthy food financing efforts to bring grocers to low-income areas**
  - **Nutrition education through SNAP-Ed, Cooking Matters, other nonprofit programs**
  - **Articles in anti-hunger journals, including *Journal of Hunger and Environmental Nutrition***
  - **State and local food policy councils**
  - **Food banks and food pantries**
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- **Addressing World Hunger, Malnutrition and Food Insecurity**
  - **Food Insecurity in the United States**
  - **Food and Water Safety**
  - **Food and Nutrition Programs for Community-Residing Older Adults**
  - **Child and Adolescent Nutrition Assistance Programs**
  - **Local Support for Nutrition Integrity in Schools**
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## Hunger and Environmental Nutrition (HEN) DPG

**Promotes optimal nutrition and well-being, acknowledging the interdependence of food and water security, health, agriculture and the environment**

**[www.HENdpg.org](http://www.HENdpg.org)**

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**Thank you!**

**Questions?**