Think back...

- Think back to an adult that supported you in the past (mentor, coach, teacher, etc.)
  - How did they support you?
  - How did they encourage you without imposing their own ideas?
  - How did they respond when you succeeded? Failed?
Roger Hart's Ladder of Young People's Participation

Rung 8: Young people & adults share decision-making
Rung 7: Young people lead & initiate action
Rung 6: Adult-initiated, shared decisions with young people
Rung 5: Young people consulted and informed
Rung 4: Young people assigned and informed
Rung 3: Young people tokenized*
Rung 2: Young people are decoration*
Rung 1: Young people are manipulated*

Note: Hart explains that the last three rungs are non-participation

Freedom Continuum

- Not enough freedom (Lack of interest)
- Meaningful choices within supportive structure
- Too much freedom (Frustration)
Youth Voice at Multiple Levels

Individual Adults and Youth

Within a program session

Throughout an organization

Combating Adultism

Choice and Leadership Opportunities

Teen Advisory Council