



IOWA HUNGER SUMMIT | 2019

IOWA SENIOR HUNGER PANEL

OVERVIEW

Organizer | Iowa Department on Aging, Iowa Department of Public Health, Heritage Area Agency on Aging

Subjects Covered | Senior Hunger

Target Audience | Those involved in all of the sectors described above, and those with an interest in helping the older population

SUMMARY

4.9 million seniors are currently food insecure in the U.S. The panel delves into food insecurity for Iowans aged 60+ and the programs that address this. Learn about exciting innovations in congregate meal programs across the state and leveraging community resources and partnerships through the Iowa Senior Hunger Partnership.

ACTION ITEMS

Participants will be made aware of the different challenges seniors face for food security, the importance of focusing on seniors for an aging population, and the various programs in Iowa that address this. Participants will learn how to increase outreach to seniors through innovative meal programs, how to leverage partnerships to address food insecurity in seniors, learn about the policies that affect Senior hunger and how to make their legislators aware. Information on how to get involved in Senior Hunger through volunteer programming will also be discussed.

PANELISTS

Alexandra Bauman, RD LDN | Executive Officer of Nutrition Programs, Iowa Department on Aging

Tim Getty, MBA | Regional Nutrition Program Coordinator, Heritage Area Agency on Aging

Doris Montgomery, MS, RD, LDN | State Coordinator of Iowa Nutrition Network, Iowa Department of Public Health

CONTACT

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ABOUT THE ORGANIZATION

Iowa Department on Aging | @IowaAging

Iowa Department on Aging supports accessible, integrated services to older adults, adults with disabilities, and caregivers to assist them in maintaining their independence, dignity, autonomy, health, safety, and economic well-being.

Heritage Area Agency on Aging | Facebook

The Heritage Agency serves the needs of older adults, caregivers, their families and people with disabilities in the following ways: Planning, Funding, Advocating.

Iowa Department of Public Health | @IAPublicHealth

Protecting and Improving the Health of Iowans.

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