



IOWA HUNGER SUMMIT | 2019

GOING GLOBAL A RECIPE FOR SUSTAINABLE NUTRITION

OVERVIEW

Organizer | **Midwest Dairy**

Subjects Covered | Nutrition

Target Audience | Registered Dietitians

SUMMARY

Nourishing > 9 billion people across the globe by 2050 is one of the biggest challenges. While developing sustainable foods systems may seem daunting, RDNs are uniquely qualified to lead the charge. This session will explore how RDNs can be change agents and honor our natural resources.

ACTION ITEMS

After this presentation, attendees should be able to:

- Discuss the numerous interconnected facets of sustainable diets
 - Identify system-level approaches to promote healthy and sustainable food system changes in the workplace and community
 - Coach individuals on simple strategies to manage their foodprint and support lifestyles of health and sustainability
 - Access credible programs, resources, and networks to learn more and engage with other RDN leaders in sustainable nutrition efforts
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ABOUT THE ORGANIZATION

Midwest Dairy | @midwestdairy

Bringing Dairy to Life by Giving Consumers an Excellent Dairy Experience

CONTACT

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