

The lowa Hunger Directory profiles over 500 organizations fighting hunger in all 99 lowa counties. It serves as a comprehensive platform for those seeking to engage and collaborate in this critical endeavor. The Directory includes a description of each organization along with contact information and a brief explanation of how lowans can engage with them in eliminating hunger at home and abroad.

Sponsored By: The World Food Prize Foundation www.worldfoodprize.org | www.iowahungerdirectory.org



#### Message from the President

In looking back over my 20 years of leading the World Food Prize Foundation, one of the accomplishments that has great meaning for me was founding the lowa Hunger Summit and establishing the lowa Hunger Directory.

It was enormously rewarding to be able to have lowa's four living Governors pictured together with Dr. Norman Borlaug at the inaugural Hunger summit in 2007. The photo taken at that time more eloquently than anything else, conveyed the deep bi-partisan commitment our political leaders have to alleviating human suffering due to hunger and malnutrition.

The Iowa Hunger Directory was a natural outgrowth of that initiative. I was motivated by a desire to be able to gather the information to accurately reflect the combined efforts of private, civic, religious, and social organizations to combat hunger both at home and abroad.

We have been enormously gratified that since its creation in 2012, nearly 500 lowa organizations representing all 99 counties have joined the Directory.



The Iowa Hunger Directory was created with three clear goals:

- 1. To provide a central location to record all of the money, food, medicine, volunteer hours and any other form of assistance that private lowa-based organizations contribute to fighting hunger both at home and abroad
- 2. Provide an easily accessible site where lowans in all 99 counties can be alerted to hunger alleviation events taking place in their community
- 3. Demonstrating the incredible generosity of the citizens of lowa in seeking to alleviate the plight of suffering people around the world and around our state.

In issuing the 2019 Iowa Hunger Directory, we do so recalling the legacy of two of Iowa's greatest humanitarian leaders: the late Nobel Peace Prize Laureate and World Food Prize founder Dr. Norman E. Borlaug who died 10 years ago in 2009 and former Governor Robert D. Ray who passed away last year.

As some may know, after his trip to the Thai-Cambodian border in 1979, Governor Ray created Iowa SHARES - Iowa Sends Help to Aid Refugees and End Starvation- with bipartisan support and the involvement of all major religions. To recall this exceptional state-wide humanitarian endeavor, and to inspire future humanitarian efforts, in 2013, we created the Robert D. Ray Iowa SHARES Humanitarian Award.

With Dr. Norman Borlaug and former Governor Robert Ray as our inspiration, and such great Iowa heroes as George Washington Carver, Herbert Hoover, Jesse Field Shambaugh, the Mother of 4-H, and Henry A. Wallace serving as avatars of humanitarian endeavors, Iowans have an amazing array of leaders to emulate. The one theme that unites all Iowans is the pride we share in feeding people and alleviating hunger around our state and around the world.



The organizations listed in the Hunger Directory therefore represent an amazing amalgamation of passionate humanitarians carrying forward Dr. Borlaug's, Governor Ray's and our state's historic legacy, and thereby demonstrating that lowa truly is the "Hunger Fighting Capital of America."

Thank you for your interest and for all that you do to eradicate hunger, poverty and malnutrition. You make me so proud to be an lowan.

Sincerely,
Amb. Kenneth M. Quinn
President
The World Food Prize Foundation



#### Message About the 2019 Iowa Hunger Directory

Thank you for this opportunity to share your stories with lowa. We are incredibly inspired by the work that you do to alleviate hunger across the state of lowa and around the world. The lowa Hunger Directory is a resource for community members and organizations to further engage in efforts to collaborate and participate in the singular goal of ending hunger in our communities and throughout the world.

Launched in 20 I 2, the Iowa Hunger Directory highlights and promotes the hunger fighting efforts of over 500 nonprofit, business and civic organizations and provides Iowans with tools and resources to discover new opportunities to become involved in the fight to end hunger. There is no cost to be part of the Iowa Hunger Directory, which is built using a "relational" model that requires consent for each member to be included.

To sign up your organization for the lowa Hunger Directory please visit www.iowahungersummit.org/HDsignup.

Additional resources include the lowa Hunger Calendar, to submit an event please visit our website, or update your organization's profile by adding results, achievements and highlights of your programs and projects.

- Twitter <a href="https://www.twitter.com/lAHungerSummit">www.twitter.com/lAHungerSummit</a> Engage throughout the year with the Iowa Hunger Directory and Iowa Hunger Summit on twitter. Follow us @IAHungerSummit
- Map <u>www.iowahungersummit.org/Map</u>
   An interactive map allows for the individuals and organizations to see which organizations are active in their community
- **Iowa Hunger Calendar** <a href="www.iowahungersummit.org/Calendar">www.iowahungersummit.org/Calendar</a>
  This community calendar helps community members to further engage with events in their community that aim to end hunger
- **Newsletter/signup** <u>www.iowahungersummit.org/Newsletter</u>
  Each month we send out a Newsletter highlighting the many amazing efforts of Iowans engaging in hunger alleviation in their community
- Resources www.iowahungersummit.org/Resources
   Multiple different resources are posted on our website to help community members and organizations collaborate and work towards ending hunger in their communities and worldwide
- **Iowa Hunger Summit** <u>www.iowahungersummit.org</u> Each October Iowans gather from across the state to further discuss our communities and world
  - Iowa SHARES Award <a href="www.iowahungersummit.org/lowaSHARES">www.iowahungersummit.org/lowaSHARES</a>
    The Robert D. Ray Iowa SHARES Humanitarian Award honors the former Iowa Governor as the award recognizes an Iowan who has provided significant leadership in confronting hunger and alleviating human suffering either at home or abroad, much as Governor Ray did on behalf of Asian refugees.



Our hope is that you will continue to find the lowa Hunger Directory useful as you identify and engage collaborators in the fight against hunger. We are anxious to have your feedback and suggestions about how we can further improve upon this resource. Please don't hesitate to contact us anytime at 515-245-3726 or mgoebel@worldfoodprize.org.

Sincerely,

Madeline Goebel Director, Community Outreach The World Food Prize Foundation



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West Branch Lions Club

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### January 2018

#### A NEW KIND OF FOOD PANTRY

This article first appeared in the Nov/Dec/Jan 2017-2018 issue of The Voice. By Jenna Cornick, DMARC Multimedia Storytelling Intern



A mom peruses the pantry, carefully selecting food items from the shelves and handing them to her children, who proceed to pass the fruits, veggies, cans and boxes to a volunteer at the "checkout" cart.

The food pantry at West Des Moines Human Services, home to the Food Pantry 2.0 pilot program, now looks quite different from your average pantry.

What began as a \$30,000 award-winning idea has transformed into an experience which provides practical solutions to issues generally faced by food pantries, including language barriers and the challenge of providing fresh food for clients. "The issues we are seeing are solvable if funds and efforts are diverted to the right streams," said

Daniel Beck, DMARC Food Pantry Network Assistant Director.

#### Making the Healthy Choice the Easy Choice

Food Pantry 2.0 is a point-based system developed by a certified nutritionist. Points are allotted to families each month based on household size.

The point-based system tackles many problems, one being the fact that in most circumstances, high caloric, unhealthy options are the more cost efficient options.

"The new system that we're using with the points has been a huge success with the customers," said Jim Macon, a volunteer who has served at West Des Moines Human Services for the last 4 years. "Now they can choose to eat healthier foods because the healthier foods are less costly point-wise than the not-so-healthy foods."

#### **Allowing More Pantry Visits Every Month**

The point system additionally allows families greater freedom in visits. Rather than only permitting one visit per month, the new system makes it possible for the pantry to serve a client multiple times per month, so long as they still have points remaining.

"It's easier to keep track. They have the points and it's nice that I don't have to do it all at one time. I could [visit] a couple times if I needed to or grab something here and there," said Michelle McCuddin, visiting the food pantry to feed eight children and two grandbabies.

"It's probably only 10 to 15 percent [of visitors] that spend all their points in their first visit.

That's been the most smashing success of this. People are able to break it up if it's a transportation issue, you know, they're not carrying 80 to 90 pounds of food onto a bus or something like that," said Beck.

Visitors to the food pantry at West Des Moines Human Services get there a variety of ways. Some ride bikes, some walk, and some even use a wheelchair to get there. "Even those families with a vehicle are still breaking up their points. If you live on a third floor apartment, that's a lot of groceries to carry up if you've got 200 points for the month," said Stephanie Corbett, the food pantry coordinator at West Des Moines Human Services.

#### **Overcoming Language Barriers**

Another improvement of Food Pantry 2.0 has been translating intake questions and other commonly used phrases into 14 different languages.





"Quite often," said Macon, "[clients] will bring another member of their family, and in many cases, it's the young son or young daughter that can speak English, because they're going to school here now, and the parents do not speak it very well."

Safwan Abdullah spent a year translating for the U.S. Army, so his English is fairly strong. He had a successful career as a university professor in a beautiful part of Iraq. Yet, his home was destroyed and possessions stolen as the political system gave way to violence closer to home.

"Since we first [visited the food pantry] last year, we found good people. Good things from the staff from the administration. So, [words are] not enough to tell them thank you. I hope I [can] do more and more things to give them for their help, their assistance. I don't know how to thank them," said Abdullah.

Abdullah's wife accompanied him to the food pantry. She does not speak much English, but was sure to say "thank you" to the volunteers as they walked out.

CONTACT

Luke Elzing DMARC Communications Manager

#### CENTRAL COLLEGE SERVICE DAY

Central College in Pella, IA is looking to identify at least 50 half-day or daylong projects for their upcoming Service Day on April 10, 2018.

Projects will take place in Pella, Des Moines, Knoxville, Newton, Oskaloosa, and other communities! Projects can be small or large in scale, requiring just a few or more than a dozen volunteers. Projects from past years have included landscaping/yard work, facility cleanup, leading children's activities, painting, organizing supplies, invasive species removal, visiting with residents of long-term care, highway cleanup, and much more.

If you're interested in being a project site for Central College's Service Day, please reach out Cheri Doane and provide the following information:

- Organization name and address
- Organization Contact person (name, telephone number, email address)
- Project Description
- Number of volunteers requested
- Any special clothing?
- Requested time of day, length of project
- Note: Although classes are cancelled, some students will have work or other activities that day and we have learned that full-day projects are difficult to fill.
- Any other pertinent information



Since they will be working with so many organizations, it will not be possible for the college to furnish supplies or equipment. Selection of projects will be based on date of response, as well as logistical considerations. Final date to submit a project request is February 2, 2018. They will confirm that your project has been selected by approximately March 1.

CONTACT

Cheri Doan Director of the Center for Community-Based Learning Central College doanec@central.edu



### February 2018

#### **IOWA REGIONAL INSTITUTES**

Northwest Iowa Youth Institute, Western Iowa Tech Community College

Young leaders from Kingsley-Pierson FFA, MMCRU Royals and Sioux City Community School District gathered together to tackle global challenges at the 3rd Annual Northwest Iowa Youth Institute at Western Iowa Tech Community College.

Throughout the day students applied various scientific methods to real-world issues facing people around the world and packaged over 10,000 meals for Then Feed Just One programs in Honduras!

#### Heartland Youth Institute, Graceland University

At the Heartland Youth Institute students were introduced to local hunger-fighting organizations through on-site projects at the Lamoni Food Pantry and Lamoni Thrift Center.

Later in the day, students heard from the Executive Director of Self Help International, Nora Tobin, and further engaged in a case study activity that connected school feeding programs in the United States with those constructed in Bangladesh. With this activity students were encouraged to find similarities between the programs in both countries.

#### Northeast Iowa Youth Institute, Hawkeye Community College

At the Northeast Iowa Youth Institute students were introduced to hunger-fighting career paths in technology, agriculture, international business, veterinary medicine and more through interactive activities with Hawkeye faculty. They also had the opportunity to partner with the Northeast Iowa Food Bank in assembling over 2,000 nutritious backpack kits that were distributed across their 16 county service area.

The Northeast Iowa BackPack Program provides chronically hungry children with backpacks filled with non-perishable, nutritious, kid-friendly, shelf-stable food to sustain them over weekends and school holidays For more information on the BackPack Program, click here.

#### **COMING UP!**

#### **lowa Youth Institute**, *Iowa State University*

What is the Iowa Youth Institute?

The Iowa Youth Institute is a life-changing experience at Iowa State University where high school students engage with local leaders and experts on critical global food security challenges, participate in hands-on science activities, and explore exciting ways to make a difference in Iowa and around the world. Students research issues they care about, and propose their ideas to solve these grand challenges.

#### Why Participate?

- Earn a \$500 scholarship and become eligible for future scholarship opportunities to the College of Agriculture and Life Sciences.
- Become recognized as a Borlaug Scholar
- Qualify for the Global Youth Institute, paid USDA fellowships, and International Internships

#### How Do I Participate?

- Research a global challenge & write a paper about the problem and your proposed solution
- There is no cost, fee or membership required! Your paper is your ticket to attend
- Register and submit your paper by: March 26

To find out more about the upcoming lowa Youth Institute, visit our website at www.WorldFoodPrize.org.org/lowaYouth.



#### March 2018

#### 2018 UPDATES TO THE IOWA HUNGER DIRECTORY

Now that spring has sprung upon us, we are looking to put together the hard copy of the lowa Hunger Directory once again!

As all of our members of the directory contribute to our communities efforts to end hunger and food insecurity, it is important for us to provide the community with the most up-to-date information. As such, I encourage those who are members of our directory to take a quick look at your profile and see if there are any needed updates!

To make any needed updates to your profile, please feel free to reply to this newsletter directly, otherwise you may submit updates using this form. It is my hope to have updates submitted by Friday, April 6.

As always, I am eager to hear from you, so feel free to drop me a note on what you have been working on and what is yet to come!

#### **BREAKOUT SESSIONS**

#### **Purpose**

Afternoon Breakout Sessions provide an opportunity for attendees of the Iowa Hunger Summit to engage in in-depth conversations with Iowa's many active initiatives to end hunger and food insecurity and offers participants tangible tools for further engagement locally and around the world.

The 2018 Iowa Hunger Summit will take place on Monday, October 15 at the Des Moines Marriott Downtown.

#### Logistics

- Afternoon Breakout Session Applications for the 2018 Iowa Hunger Summit will close on June 1, 2018.
- All submissions for Breakout Sessions must be submitted through the 2018 Breakout Session Application Form

As in past years, collaboration between organizations, initiatives and coalitions are highly encouraged. Please note in your application if you are open to collaboration with other applicants who have submitted applications that are similar or complementary.

Examples of past Afternoon Breakout Sessions can be found at www.lowaHungerSummit.org/HSHighlights.

#### **Audience**

Attendees of the Summit include representatives from community organizations, social agencies, state and local government, churches and religious communities, schools and universities, and community members looking for ways to be further involved in their communities and those around the world.

#### **Topics/ Criteria**

Please note that the below topics and criteria are merely suggestions provided to help guide applicant organizations. All topics regarding the alleviation of hunger and food insecurity are welcomed.

Nutrition

Economic/Community

Development

Organizational Capacity Building

International Food Security

Coalition Building

Data Driven Reporting

Volunteerism

Emergency Food Programs

Senior Hunger Donation Gardens

Summer/School Feeding

Programs

Innovation and Technology

Food Rescue/Recovery
Transportation

College Hunger

Food Access

Advocacy

Education

Food Banking/Pantry Logistics

Equity and Intersectionality within the Food

System

Grant Writing/Fundraising
Sharing of Lived Experiences

SNAP/WIC



### **April 2018**

#### **2018 IOWA YOUTH INSTITUTE**

The World Food Prize Iowa Youth Institute brought together over 300 students from 135 high schools at Iowa State University to explore critical global food security issues and discover academic and career paths in STEM fields. Students were immersed into the world of food insecurity and interacted with world-renowned faculty experts and business leaders.

The lowa Youth Institute has reached over 64 percent of all lowa high schools since its inauguration in 2011, and has sought to inspire lowa high school students to focus on global issues and opportunities in STEM. This innovative experience encourages students to explore



academic and career paths in fields related to STEM, food security, agriculture and global development and aims to inspire the next generation of leaders through research presentations and networking with global experts.

Interested students select a developing country and write an essay about a key factor affecting its food security. The paper should explain typical living conditions, the selected factor and potential solutions. Students then present their ideas at the Iowa Youth Institute, participate in interactive activities in labs and classrooms on campus, and interact with innovative professors and business leaders from across the state. All participants are eligible to earn a \$500 scholarship to Iowa State University's College of Agriculture and Life Sciences, as well as opportunities for international internships through the World Food Prize.

Since its inception, lowa State University has awarded over \$250,000 to students participating in World Food Prize programming, ensuring that young leaders have access to a high-quality education, professional mentors, and are prepared to tackle our world's toughest issues in hunger and poverty.

"I commend you for being here, for embracing the desire to improve the global food supply, and for wanting to take action on behalf of people you might never know," said Dr. Chavonda Jacobs-Young, Administrator and Acting Deputy Under Secretary REE, USDA during her morning keynote presentation. "You, as a generation, are important to USDA, because you will be the consumers, the employees, and the leaders

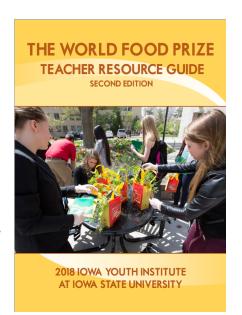
#### **TEACHER RESOURCE GUIDE**

We are continually amazed by the diverse and innovative approaches that educators across lowa are taking to support their students in contributing to the fight against hunger. With the hopes of further supporting lowa's educators we have created this teacher resource guide for three important reasons

- 1. To provide educators with hands-on learning opportunities that also meet curriculum standards
- 2. Share tips and advice from educators who have implemented these projects
- 3. Connect educators with non-profit leaders who are working to address hunger needs in your community

As we continue to educate and inspire lowa's next generation of hunger fighters, we hope that you will share this resource with those in your community.

We additionally are always looking to expand our resources, so please be sure to share your thoughts and ideas with us!





### May 2018

#### SENIOR HUNGER CAMPAIGN



No senior should have to worry about running out of food. You may be hearing some buzz about senior food insecurity. While it's not discussed often enough, seniors throughout lowa are sometimes faced with the difficult decision of whether to buy food or pay for other expenses like medications.

To shed light on this well-hidden problem, the Iowa Senior Hunger Partnership, in collaboration with the Iowa Department of Public Health, launched a statewide media campaign May 21.

The campaign includes a 30-second radio spot featuring a senior woman sharing her experience with food insecurity--and encouragement to call 2-1-1 to find additional food resources.

Radio spots will play for five weeks. Posters and rack cards (pictured) have been distributed for partners to display and hand out. The print materials promote three call centers that are working together to reduce senior hunger: 2-1-1, LifeLong Links and the lowa Food Assistance Hotline.

Are you interested in printing or displaying posters? Digital files are available upon request.

Get help finding a food pantry, meal delivery service or meal site near you by dialing:

2-1-1

LifeLong Links: 866-468-7887

Food Assistance Hotline: 1-855-944-FOOD (3663)





This material was funded by USDA's Supplementa

Contact
Jennifer Colyer, RDN, LD
Jennifer.colyer@idph.iowa.gov
Iowa Department of Public Health



#### June 2018

#### **NUTRITION CHAMPIONS WIN 2018 WORLD FOOD PRIZE**

Drs. Lawrence Haddad and David Nabarro were announced as the 2018 World Food Prize Laureates during a ceremony at the U.S. Department of Agriculture. The Prize rewards their individual but complementary global leadership in elevating maternal and child undernutrition within the food security and development dialogue at national and international levels with the result of reducing the world's number of stunted children by 10 million between 2012 and 2017.

"Like Dr. Norman Borlaug before them, Drs. Haddad and Nabarro have dedicated their careers to reducing hunger and malnutrition," said Bill Gates, co-chair of the Bill & Melinda Gates Foundation. "Their work has deepened our understanding of nutrition's impact not only on individual health, but on human capital and economic growth - compelling leaders in countries across the world to invest in evidence-based solutions."

A pioneer in food policy research, Dr. Haddad brought the issue of nutrition to the forefront by using both economic and medical research to convince development leaders to make child nutrition an urgent priority in the global food security agenda while serving as head of the Institute of Development Studies (IDS) in the United Kingdom from 2004 to 2014. From 2014 to 2016, Dr. Haddad prompted further investment in nutrition by co-chairing the Global Nutrition Report, an annual review of the state of the world's progress on nutrition that encouraged greater transparency and accountability among more than 100 stakeholders who had pledged \$23 billion to the fight against malnutrition. Dr. Haddad now serves as Executive Director of the Global Alliance for Improved Nutrition (GAIN), where he continues to lead private and public sector partners in improving nutrition outcomes.

As head of the UN High Level Task Force on Global Food Security in 2008 to 2014 and Coordinator of the United Nation's Scaling Up Nutrition (SUN) Movement in 2010 to 2014, Dr. Nabarro united 54 countries and one Indian state under the SUN Movement to implement

evidence-based policies and fight child malnutrition in South Asia and Africa. Many participating

countries reported a significant decline in the number of stunted children after adopting SUN guidelines. Dr. Nabarro continues to oversee SUN through his service on its advisory Lead Group.

"I dedicate this World Food Prize to the leaders, scientists, and activists who are championing the principle that feeding the world is no longer enough-we must now nourish it," Dr. Haddad said.

"Good nutrition underpins individual health and national economic development. It reflects respect for human rights and a commitment to future generations. One in three people are malnourished, with no country exempt. Undernutrition - whether growth failure or micronutrient malnutrition - is falling too slowly and conditions such as diabetes, hypertension and obesity are skyrocketing with poor diet at the core of these trends. That's why the organization I lead, the Global Alliance for Improved

Nutrition (GAIN), is striving to making nutritious and safe food more available, affordable and desirable for all - especially for the most vulnerable," Dr. Haddad said.

"Great scientists like Dr. Norman Borlaug, and the Laureates that he supported, have always said that wisdom lies with the people," Dr. Nabarro said. "As I receive this wonderful award, I reflect on the thousands of courageous women and men who are working at local level for food systems that are well-functioning and just. They have the wisdom needed to reduce levels of malnutrition or diet-related illness. They can devise food systems that benefit people and the planet and that contribute to the 2030 Agenda for Sustainable Development. They are the transformation leaders of the future."

The World Food Prize is the most prominent global award for individuals whose breakthrough achievements alleviate hunger and promote global food security. This year's \$250,000 prize will be divided equally between the two recipients.







### **July 2019**

#### REMEMBERING GOVERNOR RAY

Former lowa Governor Robert D. Ray passed away on July 8 at 89. One of lowa's greatest humanitarians, Governor Ray had a special relationship with the World Food Prize serving as one of the honorary Co-Chairs of the lowa Hunger Summit. World Food Prize President, Ambassador Kenneth Quinn, who served on Ray's staff delivered a Eulogy at the memorial service for the Governor. It is printed below to remind Hunger Directory members of Governor Ray's extraordinary leadership in alleviating human suffering, especially of those starving and dying.

#### **Eulogy for Governor Robert D. Ray**

By Ambassador Kenneth M. Quinn First Christian Church Des Moines, Iowa July 13, 2018

One of the first refugees Governor Ray rescued and resettled in Iowa was a young man who was trapped in one of the most treacherous and threatening environments on earth - Washington D.C. That person he rescued was me.



He brought me and my wife Le Son and our children home to Iowa where we became part of Governor Ray's extended family. For 4 years, I worked closely with the Governor on many of his humanitarian endeavors.

A few weeks ago, I was with Governor and Mrs. Ray recalling many of these experiences - and a flood of memories came back about when we were together, including:

-- In the winter of 1975, at the celebration for the Tai Dam refugees from Laos, whom he had rescued and resettled together in Iowa in order to preserve their culture, language and kinship.

The Tai Dam had written to every Governor in America, but Robert Ray was the only Governor to answer their plea. He convinced

President Ford to permit all of the Tai Dam to come to Iowa. They have been here ever since.

-- Or, on a cold January night in 1979, while he and I watched the video of a boat filled with Vietnamese "boat people" refugees, who had escaped from Communist oppression only to be pushed back out to sea by local officials fearful of being inundated because no country in the world, including the United States, was accepting any more refugees from Indochina. We watched in horror as their boat broke up in the waves, with the refugees drowning before our eyes.

This so impacted Governor Ray that he wrote late that very night to the President, saying that lowa would double the number of refugees it had resettled if only the President would reopen America's doors.

His letter and lobbying in Washington worked! America's doors were reopened...

Read the rest of Governor Ray's Eulogy Here.





#### December 2018

#### MARSHALLTOWN STUDENT PRESENTATIONS

Last month our staff had the pleasure of welcoming ELL students from Marshalltown High School to our headquarters in Downtown Des Moines. The two groups of students who joined us gave presentations based on our lowa Youth Institute prompt of solving food security related problems in developing countries.



Each group compiled an in-depth presentation on the solutions they formulated to ensure food security in Ethiopia and Venezuela

It was truly remarkable to see how the students addressed they varying challenges of food insecurity in Ethiopia and Venezuela and all on staff were encouraged by the depth of the students' research. They were all so enthusiastic about what they had learned throughout their research!

In addition to researching the challenges Ethiopia and Venezuela face in obtaining food security, each group was prompted to find sustainable solutions to the issues they had addressed. These solutions were based on the students' own critical thinking, in tangent with their research on solutions being implemented in other countries.

It was quite outstanding to see where each group found inspiration and how their own personal experiences have directly impacted the outcomes of their proposed solutions.

Altogether our staff was thoroughly uplifted to hear from such an influential group of young people who have truly shown the potential they have in feeding their world.

For more information on the Iowa Youth Institute, please visit www.WorldFoodPrize.org/IowaYouth.

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Amb. Ken Quinn, president of the World Food Prize Foundation, provides direct feedback to the students' presentations.

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Altogether our staff was thoroughly uplifted to hear from such an influential group of young people who have truly shown the potential they have in feeding their world.

For more information on the Iowa Youth Institute, please visit www.WorldFoodPrize.org/IowaYouth.





#### **REGIONAL IOWA YOUTH INSTITUTES**

Global issues, local conversations! Join us at one of our four regional institutes in partnership with local educational leaders. Each event is designed to prep students for the 2019 Iowa Youth Institute and will include field immersions, service learning, and in-depth discussions of real-world challenges and solutions to address global food security.

To learn more about a regional event near you click on a link below:

Northwest Iowa Youth Institute | *Western Iowa Tech* February 6, 2018

To register click here. Deadline is January 30th, 2019.

Heartland Youth Institute | *Graceland University* February 19, 2018

To register click here. Deadline to register is February 12, 2019.

Southeast Iowa Youth Institute | *Iowa Wesleyan University* February 21, 2018

To register click here. Deadline is January 30th, 2019.

Northeast Iowa Youth Institute | Hawkeye Community College February 28, 2018

To register click here. Deadline is February 22nd, 2



### January 2019

#### HELP CURB THE SUMMER HUNGER TIDE



For nearly 200,000 lowa children, summer is not solely about fun and games. It's also about hunger. In the absence of meals served during the regular school day, these children face the reality of days without access to healthy meals and snacks. To help curb this hunger tide, local sponsors and partner organizations are needed for the federally funded Summer Food Service Program aimed at children in low-income areas of the state.

How can your organization get involved?

Choose to sponsor a program. Schools, local government agencies, camps, faith-based and other private non-profit organizations may become program sponsors. If your organization already provides services to the community, has capable staff and good management practices to run a food service, you can administer the Summer Food Service Program. Choose to be a meal service site under another organizations sponsorship. Sites may be located in a variety of settings, including parks, community buildings, churches, migrant centers, schools, and apartment complexes to name just a few. Do you provide activities or programming to youth over the summer? You may be well positioned to offer summer meals in conjunction with the services you already provide.

Promote summer meal sites in your area. Help spread the word to children and families in your community about the time and location of summer meal sites. Promote summer meals via your organization newsletters, bulletins, and website and hang banners and posters onsite.

Choose to partner with summer meal sites. Volunteer to provide activities for kids and teens or help to serve and supervise the meal service. Even if your organization cannot take on the responsibilities of a sponsor or site, you can team up with a sponsor to provide support to an existing program. Site programming



can assist with bringing children back to the site in addition to keeping them mentally and physically active over the summer. Organizations can also partner by providing transportation for children to and from meal sites, a barrier for many locations.



In 2018, the summer food service program sponsors served 1,264,826 meals and snacks, 35,418 less meals/snacks than the previous summer. The need for program sponsors, site locations, and partner organizations is crucial to better meet the need of lowa families.

Organizations interested in learning how to be involved are invited to register to participate in an informational webinar on February 28th from 1:30 to 2:30 p.m.

For more information, visit the Department's Summer Food Service Program webpage or contact Stephanie Dross at 515-281-4760 or stephanie.dross@iowa.gov.

This institution is an equal opportunity provider.

#### **ANNOUNCING 2019 BORLAUG DAY POSTER CONTEST**

In honor of Dr. Norman Borlaug and World Food Prize Day in Iowa the World Food Prize invites all Iowa high school students to participate in the 1st Annual Norman Borlaug Day Poster Contest!

All students interested in participating can submit their own unique piece of art that encapsulates their vision of the future of food, agriculture and food security with the hope of instilling inspiration for their peers to move towards careers that will support the global initiative of a food secure world.



The winning art piece will be revealed at the 2019 Iowa Hunger Summit on Monday, October 14th and used as the focal point of the 2019 Borlaug Day poster. It will be shared with classrooms across our state to educate and inspire students to aspire to be Iowa's#NextNorm.

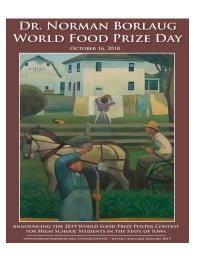
**IMPORTANT DATES:** 

Submission Open Date: January 29, 2019

Submission Deadline: May 30, 2019 Decision Announced: July 1, 2019

Iowa Hunger Summit: October 14, 2019

More information can be found at www.worldfoodprize.org/postercontest



#### 2019 BREAKOUT SESSIONS APPLICATIONS OPEN

Breakout Sessions provide an opportunity for 500+ attendees of the Iowa Hunger Summit to engage in in-depth conversations with Iowa's many active initiatives working to alleviate food insecurity and offers participants tangible tools for further engagement locally and around the world.

This year we are offering two different opportunities for organizations to engage with our 500+ attendees through breakout sessions.

#### **General Breakout Sessions**

As we have had in previous years, we offer opportunities for local, state and national organizations to host and organize sessions for our attendees to further engage with initiatives that are actively working in our communities to alleviate hunger.

#### **Student Breakout Sessions**

Student Breakout Sessions provide an opportunity for high school and middle school students to engage in in-depth conversation with a variety of national and state based organizations that host sessions and offer practical tools for students to further involve themselves in combating food insecurity in lowa and around the world.

For more information, visit our website atwww.lowaHungerSummit.org/APPLY



### February 2019

#### **GARDENING FOR GOOD**

Last year, over 1,200 volunteers helped grow and donate approximately 180,000 lbs of fresh vegetables to food pantries in Iowa as part of Iowa Gardening for Good. This was the project's fifth year donating produce, such as: peppers, eggplant, cucumbers, cantaloupe, watermelon, sweet corn, zucchini and winter squash. Gardening for Good has established non-profit status, which enabled them to produce food for less than 18 cents a pound, along with the help of so many volunteers.



#### **Growing Local!**

Iowa Gardening for Good's mission is to help people learn about locally grown food. Iowans are interested in fresh and local produce but their experience is often limited to going to a farmer's market. The organization provides an opportunity that not only helps feed the hungry, but allows people to get hands-on experience planting or picking produce.

#### **Planting Strategy**

lowa Gardening for Good employs strategies, such as using plastic mulch and watering with drip irrigation to reduce weeding. The result is a more pleasant and productive experience where volunteers can keep their focus on planting and harvesting. For most groups, they are able to tell how many plants or miles of rows they planted or how many pounds they harvested. Many volunteers find the opportunity to be a great experience they can participate in without the longer commitment of growing their own garden.



#### **Running on Volunteer Power**

lowa Gardening for Good typically operates by scheduling groups or individuals to come and help several times a week to plant and harvest. Most interested groups signed up for 1-2 dates and were typically in groups of 5-30, but some were as large as 150. Some of the groups include, but aren't limited to, families, corporate groups, schools, churches, scout groups and summer programs. They even had groups from out of state and one all the way from Japan!

#### Where to Find Them

lowa Gardening for Good's base location is located between Ames and Des Moines on a farm near Madrid, Iowa. They are open on Saturdays

throughout the season for individuals wanting to drop in and help without prior sign up. During the week, they are usually looking for 2-3 additional groups to help and schedule these groups by appointment. Appointments can be accommodated any time of the day or evening. There is no cost to participate and volunteers do not need any special equipment. The organization welcomes kids of all ages come out, as long as they are accompanied by someone to supervise them.

#### **Donations Matter**

Because Iowa Gardening for Good donate all that's produced, they rely on donations to support their program. For each dollar they receive, their goal is to be able to produce and donate approximately 5 lbs. of locally grown produce for local food pantries.

#### Learn More:

To learn more about this program and get involved: www.iowagardeningforgood.com.



Interested in volunteering or contributing? Contact: Tracy Blackmer Tracy@iowagardeningforgood.com.

#### #RememberingBorlaug

Help the World Food Prize celebrate Dr. Borlaug's 105th Birth Anniversary by posting on March 25 using the hashtag#RememberingBorlaug. Share your favorite images of Dr. Borlaug, your personal photo with Dr. Borlaug or even a great memory!

Search #RememberingBorlaug on March 25 to read all the incredible stories of Dr. Norman Borlaug. You will be able to realize how many lives he has impacted and how his work continues to inspire individuals all over the world.



Want to read more quotes and insights from people Norman Borlaug inspired?

For stories to read, visit: NormanBorlaugStories



#### March 2019

#### MESSAGE FROM AMB. KENNETH QUINN ON THE BIRTH ANNIVERSARY OF DR. NORMAN BORLAUG

While Norman Borlaug's legacy is centered on his heroic efforts to confront and overcome hunger in foreign lands, it is insightful to understand that his earliest time coming face to face with hunger was not in Mexico but in the streets of Minneapolis.

When we were together, Norm told me about how as a student at the University of Minnesota he first came face to face with the issues of hunger as he watched it manifest on the streets of the Twin Cities during the Great Depression. Seeing homeless, hungry people sleep in the streets was an image that remained with him even 70 years later.

Throughout his career, whether he was working in Minnesota, Mexico, India or Pakistan, Norm felt the same urge to push the needle further.

Where hunger was prevailing Norm always felt himself impacted by the devastating effects that inevitably accompanied it. It was what drove him and caused him to work diligently throughout his life on the issues of plant disease, as he harnessed his abilities with plant breeding to ensure his active participation in alleviating human suffering.

Years after Borlaug's initial experience with hunger took place in Minnesota, the World Food Prize was awarded in 2008 to two individuals with midwest roots for their work with school feeding programs, Bob Dole and George McGovern. Both men, who despite their difference in political views, were united by their desire to directly confront hunger.

It was when they received the World Food Prize in the House Chambers of the lowa State Capitol that each spoke of his own personal experiences he had had as a young boy during the Depression. Like Borlaug, Dole recalled the hungry and the homeless who would knock on his front door in Kansas pleading to work for food. McGovern too had recollections of his life back in South Dakota and of his mother sharing the religiously grounded songs urging him to greatness through the uplifting of others.

As we look forward to the celebration of what would be Dr. Borlaug's 105th Birthday on March 25, remembering the journeys of these three midwestern heroes should encourage us all to be motivated by their great legacies.

If Borlaug was here today as we celebrate what would have been his Birthday he would say that the most critical thing is to support the public research that is so desperately needed to ensure that we have the innovations that will allow us to meet the greatest challenge the world has ever seen, nutritiously and sustainably feeding a world that will have nearly 10 billion people by 2050.

Ambassador Kenneth M. Quinn (ret.)
President
The World Food Prize

## CELEBRATING BORLAUG March 25 | World Food Prize Hall of Laureates

Join the World Food Prize on March 25 as we celebrate the 105th anniversary of our founder Dr. Norman E. Borlaug's birth. The World Food Prize Hall of Laureates will be open to the public for a day of FREE activities for all ages from 9 a.m. - 2 p.m.

You can enjoy a children's storytime, tour the building with the lowa artists exhibited in our lowa Gallery who have studied and painted Dr. Borlaug, hear from the sculptor who created the Dr. Borlaug Statue in Statuary Hall in the U.S. Capitol in Washington, D.C., explore our interactive educational exhibits about Dr. Borlaug, watch a riveting documentary about him, and view Howard G. Buffett's breathtaking international photography exhibit.



9:00 a.m. Docent Tour of the Hall of Laureates

Join the World Food Prize Hall of Laureates docents for a guided tour of the Hall of Laureates building.

9:30 a.m. Children's Storytime: "The Boy Who Changed The World"

10:00 a.m. Docent Tour of the Hall of Laureates

Join the World Food Prize Hall of Laureates docents for a guided tour of the Hall of Laureates building.

11:30 a.m. lowa Gallery Walk

Join the World Food Prize docents and learn about artwork in the Iowa Gallery.

Noon: Iowa Artist Gallery Talk

#### Featuring:

12:00 p.m. - 12:10 p.m. | Rose Frantzen, Iowa Gallery Artist

12:10 p.m. - 12:20 p.m. | Michael Brangoccio, Iowa Gallery Artist

12:20 p.m. - 12:30 p.m. | Amb. Kenneth M. Quinn, President of the World Food Prize

12:30 p.m. Dr. Norman E. Borlaug Statue Artist Benjamin Victor Gallery Talk Iowa Gallery

1:00 p.m. Film Screening: "Freedom From Famine: The Norman Borlaug Story"
Ruan Laureates Room

#### **MUSEUMS for ALL**

#### The Greater Des Moines Botanical Garden

The Greater Des Moines Botanical Garden is a vibrant, 14-acre public garden in the heart of downtown Des Moines. Guided by a mission of exploring, explaining and celebrating the world of plants, the Botanical Garden cultivates a signature guest experience through progressive garden design and innovative programming. The Botanical Garden is a 501(c)(3) privately governed, not-for-profit institution.

The Greater Des Moines Botanical Garden now offers unlimited free admission for up to four people with the presentation of a Supplemental Nutrition Assistance Program (SNAP) Electronic Benefits Transfer (EBT) card or Women, Infants, and Children (WIC) card and a valid form of photo ID.

Cardholders may receive free admission any time during the Garden's regular hours, 10 a.m. to 5 p.m. daily. Cardholders may check out a family pass to visi

daily. Cardholders may check out a family pass to visit the Garden at no cost. In addition, Principal sponsors free admission for the Garden's Downtown Earth Day Tour (April 20), Mother's Day, Father's Day and Veterans Day.

For more details, visit

www.DMBotanicalGarden.com/FreeAdmission





### **May 2019**

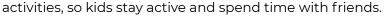
#### SUMMER MEAL MEET-UPS

Summer is a time for Food, Friends, and Fun – Find a Summer Meal site in your Community!

Summer break is almost here! While learning does not end when school lets out, neither does the need for good nutrition. Children who are well nourished in the summer return to school ready to learn in the fall. The USDA Summer Food Service Program, administered by the lowa Department of Education and sponsored by local schools, cities, and community organizations, provides free meals to children when school is out.



Over 500 summer meal sites, also known as Summer Meal Meet-Ups, will operate across Iowa from June through August. All kids and teens, ages 18 and younger, can receive a meal for free, no identification or sign-in is required. In addition to a meal, many sites will offer fun learning and recreational





Your help is needed to ensure a nutritious summer today! Your organization can assist families in finding a summer meal site near them by using one of the methods below. Meals, days and times vary by location, so check the local site for availability. Help spread the word in your community!

- Text "Food" or "Comida" to 877-877
- Call 2-1-1, 1-866-3-HUNGRY or 1-866-3-HAMBRE
- Visit www.fns.usda.gov/summerfoodrocks

Summer is a time for food, friends, and fun! Help families take the stress out of providing nutritious meals in the summer months by participating

at one of these summer meal site! See you this summer!

FOR MORE INFORMATION VISIT WWW.FNS.USDA.GOV/SUMMERFOODROCKS

## USDA FOOD + NUTRITION SERVICE'S MIDWEST REGION

Effective October 1, 2019, the State of Iowa will move to the USDA Food and Nutrition Service's Midwest Region, joining Illinois, Indiana, Michigan, Minnesota, Ohio, and Wisconsin in that region. This move is designed to more evenly distribute states among regions and to provide optimal customer service, a key objective of USDA Secretary Sonny Perdue.

In anticipation of this move, the Midwest Region asked us to share information on some networks it facilitates that may be of interest. You can find that information below. If you have questions about the networks or the realignment, please direct them to the identified Midwest Region Public Affairs staff.

#### **USDA Midwest Healthcare Partners**

A growing number of hospitals and health care providers have become interested in hunger/nutrition and in learning more about USDA nutrition programs and/or leveraging our programs. To facilitate these interests and activities, we created a USDA Midwest Healthcare Partners network in 2013. We hold hour-long conference calls three times annually and highlight up to four best practices/innovative models related to healthy food access, promoting nutrition, addressing hunger and/or related issues. We also send monthly email blasts that contain resources, grants, opportunities, and news related to these areas. You can find the most recent email blast here.



Sign up to receive Health Care Partners emails!

#### **USDA Midwest Region GoodGreens Local Food System Network**

This network of nearly 1500 individuals and organizations is primarily from the Midwest. GoodGreens seeks to support and/or establish local food systems and includes individuals, organizations, funders and businesses that represent every facet of local food systems—including community gardens, urban agriculture, healthy food access, farms, schools, food policy, distribution and everything in between. We hold monthly meetings in our office and send email blasts twice monthly that contain information, grants and resources for all of the areas listed above. Meetings are held 3-4 times per year from 10am – 12pm central time. Participation is in person or via webinar or phone, though many who are signed up don't attend regularly—or at all—but like to receive the email blasts. Interested persons can sign up to receive GoodGreens email blasts via the button at the bottom of the blast.

Check out the GoodGreens Local Food System Network!

#### **Midwest Farmers Market Partners**

A USDA Food and Nutrition Service facilitated collaborative of Midwest farmers market coordinators, vendors, educators, federal nutrition program partners and community leaders that meet to discuss the challenges, successes, news, and events of interest to farmers markets. We send email blasts with news, grants, and related information approximately monthly and we hold webinars 3-4 times per year. Interested persons can sign up to receive email blasts via the button at the bottom of the blast.

Connect with the Midwest Farmers Market Partners!



## AARP Iowa: Drive to End Hunger

#### **MEMBER INFORMATION**

#### CONTACT

#### **Kent Sovern**

ia@aarp.org 866-554-5378 www.aarp.org

#### **ADDRESS**

600 E Court Ave. Des Moines, IA 50309

#### **ORGANIZATION TYPE**

Community Based

#### **COUNTIES SERVED**

Polk, Activities Statewide

#### **DESCRIPTION**

As part of the AARP and AARP Foundation Drive to End Hunger, AARP lowa is recruiting volunteers to help raise awareness of hunger in lowa, especially among older adults, and assist older lowans in the application process for the lowa Food Assistance Program or Supplemental Nutrition Assistance Program (SNAP) formerly known as food stamps. The Drive to End Hunger campaign is a multi-pronged effort by AARP and AARP Foundation to not only raise awareness of the issue of food insecurity but end hunger among older adults.

#### **HOW TO HELP**

Volunteers are needed across the state to assist in various ways. For those interested in assisting with applications for lowa Food Assistance, one day of training on the computer application is required. For those interested in helping raise awareness of hunger and senior nutrition, volunteers are needed for a speakers bureau to make presentations to organizations and groups in their home areas. Speakers bureau volunteers receive skills training and scheduling assistance.



## **ADM High School**

#### **MEMBER INFORMATION**

#### CONTACT

#### Jodi Baier

jbaier@adm.k12.ia.us 515-993-3781

#### **ADDRESS**

801 Nile Knnick Dr. S. Adel, IA 50003

#### ORGANIZATION TYPE

Educational/School

#### **COUNTIES SERVED**

Dallas

#### **DESCRIPTION**

Students and educators at Adel-DeSoto-Minburn High School work to alleviate hunger through educational and service-learning projects.

For example, students at ADM High School host an annual fundraiser for Heifer International, and have provided over \$8000 to Heifer's work alleviating hunger around the world.

#### **HOW TO HELP**

lowans are encouraged to contact Ms. Jodi Baier for more information and to explore opportunities to work together.



## Agape Garden

#### **MEMBER INFORMATION**

#### CONTACT

#### **Craig Crist**

cwcrist@aol.com 515-577-8260 www.growthefood.org/?p age\_id=56

#### **ADDRESS**

7384 NW 16th Street Ankeny, IA 50023

#### ORGANIZATION TYPE

Faith Based, Community Based, Garden Program

#### **COUNTIES SERVED**

Polk

#### **DESCRIPTION**

Agape Garden at Ankeny First United Methodist Church is an ecumenical faith garden that donates produce to the DMARC Food Warehouse, the Ankeny Food Pantry, Lutheran Church of Hope (North Branch in Ankeny), Bethel Mission in Des Moines, Door of Faith Mission in Des Moines, and Trinity Methodist Church in Des Moines. Volunteer gardeners do all of the gardening and delivery to area food pantries.

Over 20,000 lbs of fruits and vegetables are produced and donated each year, which is due to the installation a deer-proof fence that increased yields to record levels. In 2014, their 12 tree orchard began to produce apples, pears and plums, and they began growing their own seedlings in a small greenhouse. They are also have built a 500 gallon rain barrel and irrigation project and are working on building a rain garden in the wetland portion of the garden. They have donated over 100,000 lbs of produce altogether.

#### **HOW TO HELP**

Agape Garden is always in need of donations and volunteers to help plant, grow and harvest fruit and vegetables. During the growing season, volunteer gardeners gather on Tuesdays and Thursdays at 6PM until dark and on Saturday mornings from 8 AM until noon. The garden is open to volunteers other hours upon request. Agape Garden is an ecumenical faith garden that welcomes collaboration with other churches. Interested people should contact Agape Garden directly to sign up to volunteer or to explore partnerships with their faith community.



## Aging Resources of Central Iowa

#### **MEMBER INFORMATION**

#### CONTACT

#### Carol Schmidt

carol.schmidt@ agingresources.com 515-633-9518 www.agingresources.com

#### **ADDRESS**

5835 Grand Avenue Suite 106 Des Moines, IA 50312

#### **ORGANIZATION TYPE**

Community Based, Meal Site

#### **COUNTIES SERVED**

Boone, Dallas, Jasper, Madison, Marion, Polk, Story, Warren

#### DESCRIPTION

Aging Resources of Central Iowa advocates, coordinates and provides services through federal, state and private funding to persons 60 years of age and older and their families. Their goal is to allow older adults individual choices in their care process in order to remain safe and independent in their homes.

As part of this mission, their Nutrition and Healthy Living programs serve meals to older adults at congregate meal sites, coordinate home-delivered meals, and connect older adults with food assistance and nutrition education programs.

Aging Resources of Central Iowa also has a variety of other programs to support Iowans through the aging process.

#### **HOW TO HELP**

Aging Resources of Central Iowa is in need of financial contributions and volunteers to support their mission. Volunteer opportunities include Holiday Meals-on-Wheels, Older Iowans Legislature, Senior Medicare Patrol program and Fresh Conversations (a monthly nutrition education program). More information is available on their website.



## Agri Drain Corporation

#### **MEMBER INFORMATION**

#### CONTACT

#### Charlie Schafer

info@agridrain.com 1-800-232-4742 www.agridrain.com

#### **ADDRESS**

1462 340th St. Adair, IA 50002

#### ORGANIZATION TYPE

Corporate

#### **COUNTIES SERVED**

Adair, Guthrie

#### **DESCRIPTION**

Agri Drain Corporation is a manufacturer and supplier of products for drainage water management, wetlands, ponds, lakes, erosion control and land improvement. Agri Drain is a partner on numerous conservation initiatives, and is a corporate sponsor of local and national non-profits including the Adair and Guthrie County 4-H clubs, Guthrie County Farm Bureau, Iowa Drainage District Association, Iowa Future Farmers of America, and the Soil and Water Conservation Society.

#### **HOW TO HELP**

To learn more about Agri Drain Corporation and its initiatives, or to explore partnerships, email them at info@agridrain.com.



# Algona Clergy Association CROP Walk

#### **MEMBER INFORMATION**

#### **CONTACT**

#### **Rev. Chris Burtnett**

uccalg@netamumail.com 515-295-2845

#### **ADDRESS**

First Congregational Church 315 South Moore St. Algona, IA

#### **ORGANIZATION TYPE**

Faith Based

#### **COUNTIES SERVED**

Kossuth

#### **DESCRIPTION**

The Algona Clergy Association is a joint effort of Algona area religious leaders who coordinate efforts to support the needs of the hungry, homeless, the transient and the local food pantry.

#### **HOW TO HELP**

People in the Algona area are encouraged to email the Algona Clergy Association for opportunities to match their skills and interests with the activities of the Algona Clergy Association. Every fall for the past twelve years, the Algona Clergy Association has partnered with Church World Service and over 100 area volunteers to raise over \$45,000 for hunger alleviation in Algona and around the world.

For more information, contact Rev. Chris Burtnett at uccalg@netamumail.com or Church World Service Congregational and Community Engagement Specialist Lenny Blue at Iblue@cwsglobal.org.



## Allamakee County Food Shelf

#### **MEMBER INFORMATION**

#### CONTACT

#### Jessica Howe

howe.jess35@yahoo.com 563-794-1759

#### **ADDRESS**

1125 West Main Street Waukon, IA 52172

#### ORGANIZATION TYPE

Food Pantry

#### **COUNTIES SERVED**

Allamakee

#### **DESCRIPTION**

The Allamakee County Food Shelf provides food on a monthly basis to families in need.

#### **HOW TO HELP**

lowans can support the work of the Allamakee County Food Shelf through a non perishable food item or a cash donation.



## Alliance to End Hunger

#### **MEMBER INFORMATION**

#### CONTACT

#### **Danielle Haddy**

dhaddy@alliancetoendhunger.org 202-688-1084

www.alliancetoendhunger.org

#### **ADDRESS**

425 3rd Street SW, Suite 1200 Washington, 20024

#### ORGANIZATION TYPE

Advocacy, Community Based

#### **COUNTIES SERVED**

Activities Statewide

#### **DESCRIPTION**

The Alliance to End Hunger brokers partnerships and increases public and political will to end hunger domestically and internationally. The Alliance to End Hunger sponsors the Hunger Free Communities Network initiatives, three of which are located in Iowa. The Hunger Free Communities Networks empowers local community partnerships to bring together businesses, non-profits, faith-based groups and others in order to address the issue of hunger.

#### **HOW TO HELP**

lowans can help by supporting the Hunger Free Communities partner organizations active in Iowa: the Hunger Free Iowa Initiative and the Move the Food initiative of the Des Moines Area Religious Council.

lowans can also support the Alliance to End Hunger directly through donations. For more information, contact Ms. Danielle Haddy at dhaddy@alliancetoendhunger.org.



## American Red Cross Serving Greater Iowa

#### MEMBER INFORMATION

#### CONTACT

#### **Bryce Sitter**

bryce.sitter@redcross.org 515-246-6307 www.redcross.org/ia/des-moines

#### **ADDRESS**

2116 Grand Ave Des Moines. IA 50312

#### **ORGANIZATION TYPE**

International, Community Based, Educational/School

#### **COUNTIES SERVED**

Visit Online Profile for Details

#### DESCRIPTION

The American Red Cross, Serving Greater Iowa is operating in 94 of 99 counties in the state of Iowa with chapter offices located in; Des Moines, Sioux City, Cedar Rapids and Dubuque. Our mission is to prevent and alleviate suffering in the face of emergencies by mobilizing the power of volunteers and the generosity of donors. We ensure that those who suffer from a disaster have food, clothing and shelter needed during the immediate recovery process. The Red Cross has roughly 1,000 volunteers and 23 paid staff which enables us to have a presence in every community.

Resilient communities are able to prepare for, respond to and recover from disasters. Annually we respond to nearly 600 disasters in the state of lowa, and while we support anyone who requests our services, it is the at-risk who are most often the benefactors of our services. Disasters do not impact everyone equally. Those at-risk, or who lack support mechanisms or savings, struggle to recover. Our clients are often the uninsured, elderly, low income and others who struggle to recover after a house-fire or other disaster.

We also deploy volunteers to large-scale disasters across the country. In 2017 we deployed over 200 volunteers to support Hurricane relief in 2017.

We provide a number of services for clients during the recovery process. We offer support during the disaster, including walking the client through the recovery process. We also issue cash assistance that can be used to purchase food or groceries or lodging, medicine or other necessary items for the immediate recovery process. Our 5 pillar services are Domestic Disaster Response, International Services (when called upon by the greater Red Cross Society Internationally), Health and Safety (Courses and Services), Services to the Armed Forces and Blood Services (collection and distribution of the nation's blood needs).

#### **HOW TO HELP**

lowans can support the work of the American Red Cross through donations, volunteering and community partnerships.

We've also developed the Red Cross Gift of Grain Program which is unique to the Red Cross Serving Iowa to help us prepare for disasters through grain donations. Farmers will find Red Cross (Serving Greater Iowa) accounts at nearly every CoOp and Elevator in the state and both the CoOps and the Red Cross can provide a tax receipt for the grain donations. Please help us turn grain into groceries for those that have suffered from a disaster through donations of grain. The Red Cross, Serving Greater Iowa, can also accept donated land, equipment, livestock and stock gifts.

For more information or to become involved, please visit the Red Cross online or contact Mr. Bryce Sitter by email at bryce.sitter@redcross.org or by phone at 515-473-1284 (cell) or 515 246-6307 (office).



# Ames CROP Hunger Walk

#### **MEMBER INFORMATION**

#### CONTACT

#### Rod Fischer

rfischer54@gmail.com 515-708-6230

#### **ADDRESS**

Ames, IA

### **ORGANIZATION TYPE**

Faith Based, International, Community Based

#### **COUNTIES SERVED**

Story

#### **DESCRIPTION**

The Ames CROP Hunger Walk is a community-wide event sponsored by Church World Service and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

#### **HOW TO HELP**

Individuals and organizations can support the work of the Ames CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Rod Fischer at rfischer54@gmail.com or Church World Service Congregational and Community Engagement Specialist Lenny Blue at Iblue@cwsglobal.org.



# AMOS - A Mid-Iowa Organizing Strategy

#### **MEMBER INFORMATION**

#### CONTACT

#### Liz Hall

lizhall.iaf@gmail.com 515-619-6930 www.amosiowa.org

#### **ADDRESS**

3829 Grand Avenue Des Moines, IA 50312

#### ORGANIZATION TYPE

Advocacy, Community Based

### **COUNTIES SERVED**

Polk, Story

### **DESCRIPTION**

AMOS is a non-profit community organization in central lowa made up of 36 diverse members. AMOS pursues an agenda with multiple issues and responds to the concerns and pressures families face. These concerns and pressures are identified through hundreds of small-group conversations, and are then explored in depth by investigative issue teams who research the facts and develop possible solutions to the problems. AMOS then acts publicly, bringing the power of organized people to decision-makers to implement the AMOS agenda. Through this process, hundreds of people re-enter public life and reclaim responsibility for their future in central lowa.

### **HOW TO HELP**

AMOS works thanks to the support of its many volunteer leaders. To find out more information or become involved, visit their website, which has contact information for volunteer organizers in the Ames, Ankeny, and Des Moines communities.



# AmpleHarvest.org

#### **MEMBER INFORMATION**

#### CONTACT

#### Gary Oppenheimer

gary@AmpleHarvest.org 267-536-9880 www.AmpleHarvest.org

#### **ADDRESS**

24 Clover Road Newfoundland, NJ 7435

## ORGANIZATION TYPE

Garden Program

### **COUNTIES SERVED**

Activities Statewide

#### **DESCRIPTION**

AmpleHarvest.org educates, encourages and enables America's home and community gardeners to donate their excess garden produce to local food pantries nationwide... including across lowa.

All that we do and believe in is to solve hunger and malnutrition by eliminating the root cause: the waste of fresh food.

We do this by way of an elegant yet simple solution – combining the growers passion to not waste food and our technology, to enable billions of pounds of excess food to reach 1 out of every 4 food pantries nourishing millions of families nationwide.

Our solution is to educate and then enable local gardeners to donate that food. Your generous contribution helps more fresh food get to more hungry families. For Good.

### **HOW TO HELP**

lowans can learn more by viewing their TED Talk and press kit. Individuals can support the work of AmpleHarvest.org by making a donation or by activating a network in their community. Corporate cause marketing campaigns are also welcomed.



# Amson Technology

#### **MEMBER INFORMATION**

#### CONTACT

#### **Peg Armstrong-Gustafson**

peg@amsontechnology.com 515-491-0128

www.amsontechnology.com

## ORGANIZATION TYPE

Corporate

#### **COUNTIES SERVED**

Polk

#### **DESCRIPTION**

Amson Technology, LLC provides consulting services in strategic planning and marketing, sustainability, technology transfer and business development for food and agriculture involving technology and innovation. Recent work has included an international project developing standards and markets for carbon offset credits and a project to identify innovation clusters in agbioscience. Amson Technology is owned by Peg Armstrong-Gustafson, an accomplished business executive who has led organizations in life sciences, agriculture and health.

Amson Technology's vision is that the application of innovative ideas, technology and collaboration will redesign the food and agriculture system of the world to produce more healthy food that is locally sourced and produced with less impact on the environment.

### **HOW TO HELP**

Individuals and organizations that are interested in collaborating with Amson Technology should contact Peg Armstrong-Gustafson directly at peg@amsontechnology.com or 515-491-0128.



# Ankeny BackPack Buddies Program

#### **MEMBER INFORMATION**

#### **CONTACT**

## Julie Stoneburner, Sue Smith and Kerry Walter-Ashby

rioashby@gmail.com 515-559-4694

#### **ADDRESS**

Ankeny, IA 50021

### **ORGANIZATION TYPE**

Community Based, Educational/School

### **COUNTIES SERVED**

Polk

#### **DESCRIPTION**

Coordinated by Ms. Kandi Hensel of Ankeny Community Schools, the Ankeny BackPack Buddies Program is part of the Food Bank of Iowa's BackPack Program. Local volunteer groups oversee food pick-up, transport, and placing into bags food items then provided confidentially to 200 elementary students who are at risk for chronic hunger/food insecurity.

### **HOW TO HELP**

Monetary donations (checks payable to Food Bank of Iowa with memo line reading Ankeny BackPack Buddies) may be sent to Ankeny BackPack Buddies, PO Box 411, Ankeny, IA 50021. Food drives to collect nonperishable food items may be held to benefit the Food Bank.

Volunteers may contact Kandi Hensel at kandi.hensel@ankenyschools.org or Kerry Walter-Ashby at rioashby@gmail.com.

Kandi and Kerry are also available to speak to area organizations about the Ankeny BackPack Buddies Program. Iowans are encouraged to contact them directly for more information about the Ankeny BackPack Buddies Program or to schedule a speaking visit.



# Ankeny Centennial High School

#### **MEMBER INFORMATION**

#### CONTACT

#### Chad Fickbohm

chad.fickbohm@ankenyschools.org 515-965-9630

ankeny.achs.schoolfusion.us/

#### **ADDRESS**

2220 NW State Street Ankeny, IA 50023

### ORGANIZATION TYPE

Educational/School

#### **COUNTIES SERVED**

Polk

#### **DESCRIPTION**

Students and educators at Ankeny Centennial High School work to alleviate hunger through educational and service-learning projects.

### **HOW TO HELP**

lowans are encouraged to contact Mr. Chad Fickbohm for more information and to explore opportunities to work together.



# **Ankeny High School**

#### **MEMBER INFORMATION**

#### CONTACT

#### Julie Heitz

julie.heitz@ankenyschools.org 515-965-9630 ankeny.ahs.schoolfusion.us/

#### **ADDRESS**

1155 SW Cherry Street Ankeny, IA 50023

### ORGANIZATION TYPE

Educational/School

#### **COUNTIES SERVED**

Polk

### **DESCRIPTION**

Students and educators at Ankeny High School work to alleviate hunger through educational and service-learning projects.

#### **HOW TO HELP**

lowans are encouraged to contact Mrs. Julie Heitz for more information and to explore opportunities to work together.



# Ankeny IMPACT Outreach Center

#### **MEMBER INFORMATION**

#### CONTACT

### Jessica Luckey

jluckey@impactcap.org 515-965-0433 www.impactcap.org

#### **ADDRESS**

2701 SE Convenience Blvd. Suite 2 Ankeny, IA 50021

#### ORGANIZATION TYPE

Community Based, Food Pantry, Housing Assistance / Shelter

#### **COUNTIES SERVED**

Polk

#### DESCRIPTION

The Ankeny IMPACT Outreach Center, a branch of IMPACT Community Action, works to eliminate poverty through empowering vulnerable populations, building collaborations and advocating for social change.

IMPACT's services include:

- Basic Needs Assistance: Assistance for utilities, food, and basic hygiene products.
- Community Programs: RAYS (extra-curricular scholarships), Financial Education classes, Weatherization, Holiday Programs, Garden Programs

All programs are dependent on funding and community needs. More information is available on their website and Facebook page.

#### **HOW TO HELP**

Iowans are encouraged to contact the Ankeny IMPACT Outreach Center at 515-965-0433 for more information or to explore opportunities to volunteer or partner.

The central office of IMPACT Community Action can also be contacted at info@impactcap.org or 515-274-1334.



# Ankeny Northview Middle School

#### **MEMBER INFORMATION**

#### CONTACT

### **Greg Severseike**

greg.severseike@ankenyschools.org 515-965-9700

ankeny.nms.schoolfusion.us/

#### **ADDRESS**

1302 N. Ankeny Blvd. Ankeny, IA 50023

### ORGANIZATION TYPE

Educational/School

#### **COUNTIES SERVED**

Polk

#### **DESCRIPTION**

Students and educators at Ankeny Northview Middle School work to alleviate hunger through educational and service-learning projects.

### **HOW TO HELP**

lowans are encouraged to email Mr. Greg Severseike or Ms. Linette Mace for more information and to explore opportunities to work together.



# Ashworth Road Baptist Church

#### **MEMBER INFORMATION**

#### **CONTACT**

## **Rev. Brent Clark** 515-223-0914

ashworth.church/

#### **ADDRESS**

5300 Ashworth Road West Des Moines, IA 50266

#### ORGANIZATION TYPE

Faith Based, International, Community Based

### **COUNTIES SERVED**

Dallas, Polk

### **DESCRIPTION**

Ashworth Road Baptist Church engages in missions ministry to be the presence of Christ through action wherever they see need. Their current missions involvement includes work in Central Iowa, the United States, and around the world. In Central Iowa, their partners include Central Iowa Shelter and Services, West Des Moines Human Services, the Des Moines Area Religious Council, and the Salvation Army.

### **HOW TO HELP**

Whether it is serving a meal at a homeless shelter in Des Moines, planting an orchard in South Dakota, or packaging and delivering Christmas presents to orphans in Haiti, Ashworth Road Baptist Church provides a place for everyone to be involved in sharing the love of Christ around the world. lowans are encouraged to contact the church office for more information or to become involved.



# ATLAS of Lyon County

#### **MEMBER INFORMATION**

#### CONTACT

### Lisa Vande Stouwe

director@atlasoflyoncounty.org 712-472-9016 www.atlasoflyoncounty.org

#### **ADDRESS**

112 1st Avenue Rock Rapids, IA 51246

## ORGANIZATION TYPE

Faith Based, Food Pantry

## COUNTIES SERVED

Lyon

#### **DESCRIPTION**

ATLAS of Lyon County is a non-profit, non-denominational, county, Christian based outreach ministry existing to help the hurting and unite the churches. Part of this strategy includes helping with hunger relief through their food ministry which includes an emergency food pantry and a monthly food distribution.

### **HOW TO HELP**

Caring, like-minded individuals and groups can help further this ministry in God's name by making financial contributions by contacting the office of ATLAS of Lyon County directly.



# Ballard Community Clothes Pantry

#### **MEMBER INFORMATION**

#### CONTACT

#### Jeriann McLaughlin

deanmac1954@gmail.com 515-291-3543

#### **ADDRESS**

54386 306th lane Huxley, IA 50124

#### **ORGANIZATION TYPE**

Community Based, Food Pantry

#### **COUNTIES SERVED**

Activities Statewide

#### **DESCRIPTION**

The Ballard Community Clothes Pantry provides donations of food and clothing to families in the area.

#### **HOW TO HELP**

Individuals can support the Ballard Community School Food Pantry by providing donation of food and/or household items and clothing.



# Ballard Community School Food Pantry

#### MEMBER INFORMATION

CONTACT

### Jeriann McLaughlin

jmclaughlin@ballard.k12.ia.us 515-291-3543

#### **ADDRESS**

701 Ballard Dr. Huxley, IA 50124

#### **ORGANIZATION TYPE**

Educational/School, Food Pantry

## **COUNTIES SERVED**

Story

### **DESCRIPTION**

The Ballard Community School Food Pantry provides food to students and families in the Ballard School District.

### **HOW TO HELP**

Individuals can support the Ballard Community School Food Pantry by providing donations.



# Beckman Catholic High School

#### **MEMBER INFORMATION**

#### CONTACT

### **Cheryl Kluesner**

ckluesner@beckman.pvt.k12.ia.us 563-875-7188 www.beckman.pvt.k12.ia.us/

#### **ADDRESS**

1325 9th Street SE Dyersville, IA 52040

#### ORGANIZATION TYPE

Educational/School

#### **COUNTIES SERVED**

Delaware, Dubuque

#### **DESCRIPTION**

Students and educators at Beckman Catholic High School work to alleviate hunger through educational and service-learning projects.

### **HOW TO HELP**

lowans are encouraged to contact Mrs. Cheryl Kluesner for more information and to explore opportunities to work together.



# Bethesda Community Food Pantry

#### **MEMBER INFORMATION**

#### CONTACT

#### **Dennis Warth**

515-232-6256 www.bethesdanet.org/sit e/resources/community-f ood-pantry/

#### **ADDRESS**

1517 Northwestern Ave Ames, IA 50010

## ORGANIZATION TYPE Faith Based, Food Pantry

### COUNTIES SERVED Story

#### DESCRIPTION

The Bethesda Community Food Pantry is an initiative of Bethesda Lutheran Church in Ames to help ensure that everyone in Story County has enough to eat. Bethesda Lutheran Church provides the facility and utilities, with community partners providing support through donations of money, food, and volunteer hours.

#### **HOW TO HELP**

Over 80 volunteers are involved in the operation of the food pantry including food distribution, restocking shelves, and serving on the food pantry board. Bethesda and other community members often take the outreach of the pantry into their community organizations and places of work, and the result is donations of food, time, and money. Several other Ames churches regularly support the pantry. The Bethesda Community Food Pantry is also a recipient of the US Postal Service food drive, United Way Food, and other local food drives.

Contact the food pantry staff to become involved.



## Bidwell Riverside Center

#### **MEMBER INFORMATION**

#### CONTACT

#### **Missy Reams**

MReams@bidwellriverside.org 515-244-6251 www.bidwellriverside.org

#### **ADDRESS**

1203 SE Hartford Avenue Des Moines, IA 50315

#### **ORGANIZATION TYPE**

Community Based, Food Pantry

#### **COUNTIES SERVED**

Polk

#### DESCRIPTION

Bidwell Riverside Center serves people in need in Des Moines through a child development center, a food and clothing pantry, community garden, and a bedding/blanket program. The largest-serving food pantry by volume in the state, Bidwell Riverside is located on the south side of Des Moines, and serves more than 16,000 individuals annually. Their Christmas Sharing Program includes more than 1500 children receiving toys and stocking stuffers as well as families receive holiday meat packages.

Bidwell envisions a future where no one lives in poverty and every person has the opportunity for a positive future. Now celebrating more than 125 years of service to our community, Bidwell Riverside has been helping people in poverty since 1893. Bidwell provides hope to families and helps them bridge the gap and break the cycle of poverty.

#### **HOW TO HELP**

Bidwell Riverside Center is currently looking for volunteers to assist in the food and clothing pantry. More than 15 volunteers are needed each day (every day but Sunday) to help the more than 160 individuals that come for assistance. In addition, donation of the following items are always needed: personal hygiene items, baby formula, diapers, clothes for babies and children, bedding, towels, and financial support for building and maintenance.



# Bishop Garrigan Schools

#### **MEMBER INFORMATION**

#### CONTACT

### **Beany Bode**

bodeb@bishopgarrigan.org 515-295-3521

www.bishopgarrigan.org/

#### **ADDRESS**

1224 North McCoy Street Algona, IA 50511

#### **ORGANIZATION TYPE**

Educational/School

#### **COUNTIES SERVED**

Kossuth

#### **DESCRIPTION**

Students and educators at Bishop Garrigan Schools work to alleviate hunger through educational and service-learning projects.

For example, students organize food pantry drives on Halloween and other occasions to demonstrate Christian Leadership in Action.

### **HOW TO HELP**

lowans are encouraged to contact Mr. Beany Bode for more information and to explore opportunities to work together.



## Blessman Ministries

#### **MEMBER INFORMATION**

#### CONTACT

#### Dr. Jim Blessman

doc@blessmanministries.org 515-343-5920

www.blessmanministries.org

#### **ADDRESS**

2557 106th Street Urbandale, IA 50322

## ORGANIZATION TYPE

Faith Based, International

## COUNTIES SERVED

Polk

#### DESCRIPTION

Blessman Ministries works to meet the physical needs of the children of South Africa by providing nutritional support, housing, and medical care; and to meet their spiritual needs through training and support for leaders of the African church.

Blessman Ministries has operated a feeding program to help hungry children in South Africa for over ten years. Blessman Ministries also organizes frequent mission trips to South Africa. Blessman Ministries is currently helping feed over 7000 children every day in the country of South Africa in partnership with Convoy of Hope and Meals from the Heartland.

### **HOW TO HELP**

Individuals can support the work of Blessman Ministries through online donations, volunteering in Iowa, and volunteering on mission trips to South Africa. Volunteer opportunities in Iowa include sewing eyeglass cases, cutting cleaning cloths, and volunteering at events to raise fund and awareness of Blessman Ministries. Volunteer opportunities in South Africa include short-term, two week mission trips and long-term, nine month mission experiences.



## Boone County Homeless Prevention Board - Crawford Hall

#### **MEMBER INFORMATION**

#### CONTACT

#### Julie Nash

julie.nash55@gmail.com 515-212-1652 www.crawfordhall.org

#### **ADDRESS**

2nd and State Street Boone, IA

#### ORGANIZATION TYPE

Community Based, Food Pantry, Housing Assistance / Shelter

#### **COUNTIES SERVED**

Boone

#### **DESCRIPTION**

Crawford Hall provides emergency shelter and transition for those that are homeless as well as homeless prevention services. They work closely with landlords and housing entities to assist people in staying in their homes if at all possible. They provide financial assessment, financial coaching and support through rental assistance and circles of support to assist in redeveloping relationships and trust that leads to retaining and or obtaining needed housing.

#### **HOW TO HELP**

Volunteers are the backbone of Crawford Hall's efforts, and provide support in many ways – from remodeling work in the building to expand their existing space to becoming part of the "family team" for homeless families through building relationships and friendships with the goal that these team members will continue their support even after the family gets on their feet. Additional volunteer needs include children's programs, nutrition, physical fitness/ healthy lifestyles, and gardening.

Donations are always welcome and needed. Crawford Hall operates a furniture and household goods bank for families in need and are also always in need of perishable food such as milk, eggs, and meat.



# Boone County IMPACT Outreach Center

#### **MEMBER INFORMATION**

#### CONTACT

#### Amber Dahlman

adahlman@impactcap.org 515-432-5052 www.impactcap.org

#### **ADDRESS**

606 Greene Street Boone, IA 50036

#### **ORGANIZATION TYPE**

Community Based, Educational/School, Food Pantry, Housing Assistance / Shelter

### **COUNTIES SERVED**

Boone

### **DESCRIPTION**

The Boone County IMPACT Outreach Center, a branch of IMPACT Community Action, works to eliminate poverty through empowering vulnerable populations, building collaborations and advocating for social change.

IMPACT's services include:

- Basic Needs Assistance: Assistance for utilities, food, rent and basic hygiene products.
- Community Programs: RAYS (extra-curricular scholarships), Financial Education classes, Weatherization, Transportation Assistance, Hats/Mittens Program, Holiday Program, School Supplies

All programs are dependent on funding and community needs. More information is available on their website and Facebook page.

#### **HOW TO HELP**

lowans are encouraged to contact the Boone IMPACT Outreach Center at 515-432-5052 for more information or to explore opportunities to volunteer or partner.

The central office of IMPACT Community Action can also be contacted at info@impactcap.org or 515-274-1334.



## Boone Middle and High School TAG Program

#### **MEMBER INFORMATION**

#### CONTACT

### **Peggy Watkins**

pwatkins@boone.k12.ia.us 515-230-4233 boone.k12.ia.us/new/inde x.php/schools/high-schoo I/

#### **ADDRESS**

500 7th Street Boone, IA 50036

#### ORGANIZATION TYPE

Educational/School

#### **COUNTIES SERVED**

Boone

### **DESCRIPTION**

Students and educators at the Boone Middle and High School TAG Program work to alleviate hunger through educational and service-learning projects. For example, they host community Hunger Banquets in February to raise awareness of global hunger. These community events include meal packaging activities to help alleviate hunger in collaboration with the Boone community.

### **HOW TO HELP**

They are looking for continuous donations in order to sponsor their meal packaging activities, and support of student-led fundraisers is much appreciated. Iowans are encouraged to contact Mrs. Peggy Watkins for more information and to explore opportunities to work together.



## BoxLunch

#### **MEMBER INFORMATION**

#### CONTACT

### **Brandi Hammons**

marketing@boxlunchgifts.com 855-463-3646 www.boxlunchgifts.com

#### **ADDRESS**

Los Angeles, CA,

#### ORGANIZATION TYPE

Corporate

#### **COUNTIES SERVED**

### **DESCRIPTION**

BoxLunch is a specialty retailer offering a curated collection of licensed pop culture merchandise and is a new corporate partner to the Feeding America network of food banks. With every \$10 spent in-store or online, BoxLunch will help provide a meal to a person in need through the Feeding America network of food banks with an initial minimum commitment of \$150,000 until December 31, 2016.

#### **HOW TO HELP**

With every \$10 spent in-store or online, BoxLunch will help provide a meal to a person in need through the Feeding America network of food banks.



# Boys & Girls Clubs of Central Iowa

### **MEMBER INFORMATION**

#### CONTACT

#### **Elaine Collet**

ecollet@bgcci.org 515-242-7925 www.bgcci.org

#### **ADDRESS**

1421 Walker Street Des Moines, IA 50316

#### **ORGANIZATION TYPE**

Educational/School, Food Pantry, Meal Site, Garden Program

### **COUNTIES SERVED**

Polk

#### **DESCRIPTION**

Boys & Girls Clubs of Central Iowa (BGCCI) serves more than 2,000 central Iowa youth ages 5-18 from 44 local schools each year (500 kids a day). They offer hands-on educational and experiential enrichment every day after school, as well as all-day programming during the summer and other breaks.

BGCCI also provides a hot meal program at three Clubs sites where any Club kid can receive a free dinner any night Club is in session. BGCCI will offer this opportunity to all Club sites very soon.

#### **HOW TO HELP**

lowans can donate food to the BGCCI food pantry, provide a financial donation to assist with food purchases or volunteer to help package food bags.



## Bread for the World

#### **MEMBER INFORMATION**

#### CONTACT

#### **Matt Gross**

mgross@bread.org 800-447-0239 www.bread.org

#### **ADDRESS**

205 W. Monroe, Ste. 311 Chicago, IL 60606

## ORGANIZATION TYPE

Faith Based, Advocacy

#### **COUNTIES SERVED**

Activities Statewide

#### **DESCRIPTION**

Bread for the World is a collective Christian voice urging leaders in the United States to end hunger at home and abroad. Bread for the World partners with a wide spectrum of church organizations and faith communities to build the political commitment needed to overcome hunger and poverty at home and abroad. Bread empowers faith communities, campus groups, and other organizations to end hunger, mobilizing people of faith to write to congress, engage their churches, and organize in their communities.

#### **HOW TO HELP**

Individuals, churches, and organizations in Iowa can partner with Bread for the World by writing to congress, engaging their churches, organizing their communities, and becoming members of Bread for the World. More information and resources to get involved in each of these ways is available at www.bread.org/get-involved or by contacting the Regional Office by email or at 800-447-0239, or by emailing Tom Smull, member of Bread for the World's Iowa Advisory Board at tsmull@associationsinc.us.



## Broadlawns Medical Center

#### **MEMBER INFORMATION**

#### CONTACT

#### **Constance Rainey**

crainey@broadlawns.org 515-282-2484 www.broadlawns.org

#### **ADDRESS**

1801 Hickman Road Des Moines, IA 50314

## ORGANIZATION TYPE Community Based

COUNTIES SERVED Polk

### **DESCRIPTION**

Broadlawns Medical Center works to build a healthy community through the delivery of accessible, cost effective and high quality patient care. Over 1000 employees, 300 physicians and an 88-member physician staff work on a medical campus that includes a main hospital, emergency services, inpatient and outpatient services, lab and radiology services, mental health services, specialty clinics, and a crisis team.

As part of its mission to build a healthy community, Broadlawns' serves as the host site for the Food Bank of Iowa's fresh produce stand sponsored by Aetna and held for 10-weeks during the summer. The produce stand is free and open to the public, targeted towards individuals, families and seniors in need of access to quality fruits and vegetables. Broadlawns maintains the line and provides water and blood pressure checks to patrons while Aetna and Food Bank of Iowa volunteers distribute the produce. Broadlawns also coordinates a food drive every November in coordination with Star 102.5's annual Combat Hunger.

### **HOW TO HELP**

lowans should contact Broadlawns Medical Center directly for more information about their programs and how to collaborate on hunger-related activities.



# Buena Vista County Outreach

#### **MEMBER INFORMATION**

#### CONTACT

### Alisa Schlief

aschlief@udmo.com 712-732-1757 www.udmo.com

#### **ADDRESS**

620 Michigan Street Storm Lake, IA 50588

#### ORGANIZATION TYPE

Community Based, Food Pantry, Housing Assistance / Shelter

### **COUNTIES SERVED**

Buena Vista

#### **DESCRIPTION**

The Buena Vista County Outreach Center builds stronger communities by addressing the effects of poverty on individuals and families in Buena Vista County. Their programs and services include weatherization assistance and supplemental help for winter heating bills, a partnership with Elderbridge Agency on Aging to assist eligible applicants age 60 and over with chores, an emergency food pantry and food shelf to assist eligible families with food, and client advocacy and referral services. They also provide an online directory of resources in Buena Vista County.

The Buena Vista County Outreach Center is affiliated with Upper Des Moines Opportunity, Inc.

### **HOW TO HELP**

lowans can support the work of the Buena Vista County Outreach Center by volunteering, raising awareness, and making in-kind or monetary donations. Volunteer opportunities include advocacy, direct interaction with families, support for special events and projects, and working alongside staff at the food pantry. lowans are encouraged to contact them directly for more information about volunteering and donations, or to invite a representative of the center to visit their church or community group.



# Burlington Area YMCA

### **MEMBER INFORMATION**

#### CONTACT

#### Linda Robinson

linda@burlingtony.org 319-753-6734 www.burlingtony.org

#### **ADDRESS**

2410 Mt Pleasant Street Burlington, IA 52501

#### ORGANIZATION TYPE

Community Based, Educational/School

#### **COUNTIES SERVED**

Des Moines

#### **DESCRIPTION**

The Burlington Area YMCA is a nonprofit committed to strengthening community through youth development, healthy living and social responsibility.

Whether providing job training to a newly single parent, advocating for affordable, healthy food options for underserved communities, or helping newcomers transition well into their new neighborhoods, the Y is committed to giving all people the tools and support to live healthy, connected, and secure lives.

### **HOW TO HELP**

Individuals can support the mission of the Burlington Area YMCA by joining the Y, through financial donations, or as volunteers. Individuals and organizations with a specific interest in partnering with the Burlington Area YMCA are encouraged to contact them directly for more information and to get involved.



# Burlington CROP Hunger Walk

#### **MEMBER INFORMATION**

#### CONTACT

#### **Kay Weiss**

brickandgenie@yahoo.com 319-753-1343

#### **ADDRESS**

Burlington, IA

#### ORGANIZATION TYPE

Faith Based, International, Community Based

#### **COUNTIES SERVED**

Des Moines

#### **DESCRIPTION**

The Burlington CROP Hunger Walk is a community-wide event sponsored by Church World Service and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

#### **HOW TO HELP**

Individuals and organizations can support the work of the Burlington CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Kay Weiss at brickandgenie@yahoo.com or Church World Service Congregational and Community Engagement Specialist Lenny Blue at Iblue@cwsglobal.org.



# Burlington First Christian Church (D.O.C.)

#### MEMBER INFORMATION

#### CONTACT

#### Rev. Will Ryan

wryan@burlingtondisciples.org 319-754-7140 burlingtondisciples.org

#### **ADDRESS**

1221 Park Avenue Des Moines, IA 52601

#### **ORGANIZATION TYPE**

Faith Based, Community Based

#### **COUNTIES SERVED**

Des Moines

#### DESCRIPTION

First Christian Church in Burlington is a growing and vibrant church with a passion for sharing the good news of Jesus Christ to all of God's people, and a commitment to reaching out and making a place where everyone can grow.

Their outreach ministry includes serving meals to the hungry in partnership with SUMM ministries and the Salvation Army. The church is actively seeking new opportunities to serve their local and global community.

### **HOW TO HELP**

lowans are encouraged to contact Rev. Will Ryan at 319-754-7140 or wryan@burlingtondisciples.org for more information, to become involved, or to explore opportunities for partnership.



## Burns United Methodist Church

#### **MEMBER INFORMATION**

#### CONTACT

### Rev Dr. Jacqueline Thompson

BurnsUMC@msn.com 515-244-5883 www.burnsdsm.org

#### **ADDRESS**

1909 MLK Parkway Des Moines, IA 50314

### **ORGANIZATION TYPE**

Faith Based, Meal Site

### **COUNTIES SERVED**

Polk

#### DESCRIPTION

A free community meal is provided on the last Wednesday of every month at 5:30 p.m. Everyone is more than welcome to enjoy and check out free clothes ranging from kids to adults.

### **HOW TO HELP**

Individuals can support the community meal at Burns United Methodist Church by providing donations of food, volunteer to cook and serve.



## CARE

### **MEMBER INFORMATION**

#### CONTACT

#### Faheem Khan

fkhan@care.org 404-979-9533 www.care.org

#### **ADDRESS**

151 Ellis Street, NE Atlanta, GA 30303

## ORGANIZATION TYPE

International, Advocacy

### **COUNTIES SERVED**

Activities Statewide

#### DESCRIPTION

CARE is a leading humanitarian organization fighting global poverty. CARE works in 87 countries around the world to support more than 900 poverty-fighting development and humanitarian-aid projects.

Women are at the heart of CARE's community-based efforts to improve basic education, end gender-based violence, provide healthcare and nutrition, increase access to clean water and sanitation, expand economic opportunity and protect natural resources.

CARE also delivers emergency aid to survivors of war and natural disasters, and helps people rebuild their lives.

### **HOW TO HELP**

lowans can support CARE's critical work through donations via its website at http://www.care.org/. You can also join the CARE Action Network (CAN), a network of more than 200,000 advocates across the U.S. Members of CAN are provided with information and opportunities to communicate with their legislators about issues critical to the fight against global poverty, learn about upcoming CARE events happening in their communities and become part of a global movement standing up for the rights of women, children and poor families around the world.

lowans can join CAN online or contact Philippe Nassif for more information at pnassif@care.org or 832-526-0624.



## Carver Elementary School Community Garden

#### **MEMBER INFORMATION**

#### CONTACT

### Kailei Hogan

515-242-8418

#### **ADDRESS**

705 East University Avenue #100 Des Moines, IA 50316

#### ORGANIZATION TYPE

Educational/School, Garden Program

### **COUNTIES SERVED**

Polk

#### **DESCRIPTION**

The Carver Elementary School Garden was founded in 2012, when the 2nd grade teacher at Carver, Ms. Hogan, Ray Meylor of Pheasants Forever and the Ilzaak Walton League, and FoodCorps service members broke ground in April. The garden was constructed with support from Maid-Rite Corporation, and consists of six 6 foot by 45 foot strips and four raised beds.

#### **HOW TO HELP**

The Boys & Girls Club and parents from the community help support and maintain the garden. Contact Carver Elementary School at 515-242-8418 to find out more about opportunities to help with the garden.



## CAST - Council for Agricultural Science and Technology

#### **MEMBER INFORMATION**

#### CONTACT

#### **Kent Schescke**

cast@cast-science.org 515-292-2125 www.cast-science.org

#### **ADDRESS**

4420 West Lincoln Way Ames, IA 50014

**ORGANIZATION TYPE** 

COUNTIES SERVED Story

#### **DESCRIPTION**

CAST (the Council for Agricultural Science and Technology) is an organization composed of scientific societies and many individual, student, company, nonprofit, and associate society members. CAST publishes reports, commentary papers, and issue papers written by scientists from many disciplines, with the mission to assemble, interpret, and communicate credible science-based information to decision-makers and the general public. CAST addresses issues in animal sciences, food sciences and agricultural technology, plant and soil sciences, and plant protection sciences.

### **HOW TO HELP**

Activities of the Council for Agricultural Science and Technology are made possible by support from members. To find out more information or become a member, contact their membership department at 515-292-2125 ext 224.



## Cathedral Church of St. Paul - Des Moines

#### MEMBER INFORMATION

#### CONTACT

#### **Ro Ruth-Bany**

outreach@cathedralchur chofstpaul.org 515-288-7297 cathedralchurchofstpaul.org

#### **ADDRESS**

815 High Street Des Moines, IA 50309

#### **ORGANIZATION TYPE**

Faith Based

### **COUNTIES SERVED**

Polk

#### **DESCRIPTION**

The Cathedral Church of St. Paul is the Cathedral and liturgical center of the Episcopal Diocese of Iowa. They are committed to accepting and giving Christ's unconditional love through worship, fellowship, education, and service within and beyond the parish church. Since the mid-1800s, St. Paul's has felt a special calling to care for those in Des Moines and around the world who are in economic need. Members are especially involved in the Connection Cafe and Central Iowa Shelter meal programs and in initiatives in Africa, Swaziland, and Sudan.

#### **HOW TO HELP**

Organizations and individuals should contact the Outreach Cloister at St. Paul's to explore opportunities to work together, by emailing outreach@cathedralchurchofstpaul.org or calling the parish office at 515-288-7297.



## Catholic Charities - Diocese of Des Moines

#### MEMBER INFORMATION

#### CONTACT

#### Nancy Galeazzi

515-244-3761 www.dmdiocese.org/cat holic-charities.cfm

#### **ADDRESS**

601 Grand Avenue Des Moines, IA 50309

#### **ORGANIZATION TYPE**

Faith Based, Advocacy, Community Based, Food Pantry, Housing Assistance / Shelter

#### **COUNTIES SERVED**

Visit Online Profile for Details

#### **DESCRIPTION**

Catholic Charities is a non-profit, social service organization that serves people of all faiths in Central and Southwest Iowa. Each year, Catholic Charities offers food, clothing, shelter, counseling and hope to more than 20,000 people. Guided by the teachings of the Catholic Church, they serve all people in need with compassion, competence, advocate for justice and encourage all people of good will to join in these efforts.

Services of Catholic Charities include: adoption & pregnancy counseling, therapy & life counseling, refugee resettlement, Hispanic community outreach, the Phoenix House providing domestic violence and sexual abuse services, St. Joseph Emergency Family Shelter providing emergency shelter to families, and St. Mary Family Center providing food, clothing, and infant care items to individuals and families.

Additionally, the Global Advocacy Team, the Social Justice Consortium and the Center for Social Ministry promote the social justice mission of the Catholic Church through advocacy. The Global Advocacy Team serves as a grassroots collective Catholic voice for the poor and vulnerable overseas, promoting smart and effective policies that address the root causes of conflict, hunger and disease. Motivated by the Gospel of Jesus Christ, they preserve and uphold the sacredness and dignity of all human life around the world.

### **HOW TO HELP**

Catholic Charities welcomes the support of individuals, families, and organizations through donations, volunteering, and advocacy.

- For information about making a donation, visit www.dmdiocese.org/charities-donate.cfm.
- For more information about volunteer opportunities, visit www.dmdiocese.org/volunteer.cfm or contact Pat Nestvedt at <a href="mailto:pnestvedt@dmdiocese.org">pnestvedt@dmdiocese.org</a>.
- For more information about advocacy opportunities, contact Trish Radke at tradke@catholiccharitiesdm.org or 515-237-5078, or Ken Bresnan at kbresnan@CatholicCharitiesDM.org or 515-237-5089.



# Catholic Charities Food Pantry

#### **MEMBER INFORMATION**

#### CONTACT

### Leslie Van Der Molen

LVanDerMolen@catholicc haritiesdm.org 515-262-7290 www.catholiccharitiesdm.org

#### **ADDRESS**

1815 Hubbell Avenue Des Moines, IA 50316

## ORGANIZATION TYPE

Faith Based, Food Pantry

### **COUNTIES SERVED**

Polk

#### **DESCRIPTION**

Without basic nutrition, it is difficult to think beyond day to day needs. Catholic Charities wants to help our clients fulfill their basic needs and help explore other barriers that our clients face. Our food pantry is located in our newly named Outreach Center (formally called St. Mary Family Center) where we hope to help our clients in a more complete way.

#### **HOW TO HELP**

Support: Catholic Charities welcomes the support of individuals, families, and organizations through donations, volunteering, and advocacy. Volunteers support our food pantry through various efforts at our food pantry from delivering food to the pantry to cleaning. Volunteer shifts vary each week. We are open Monday – Friday from 10 AM – 3:30 PM. Those interested in volunteering should contact our Volunteer Coordinator at 515-237-5091 or volunteer@catholiccharitiesdm.org.



# Catholic Relief Services

# **MEMBER INFORMATION**

## CONTACT

# Teresa Dunbar

teresa.dunbar@crs.org 312-471-8933 www.crs.org

# **ADDRESS**

711 W. Monroe St Chicago, IL 60661

# ORGANIZATION TYPE

Faith Based, International, Advocacy, Community Based

# **COUNTIES SERVED**

Activities Statewide

# **DESCRIPTION**

Catholic Relief Services (CRS) is the official international humanitarian agency of the Catholic community in the United States. CRS saves, protects and transforms lives in more than 100 countries, without regard to race, religion or nationality. CRS' relief and development work is accomplished through programs of emergency response, HIV, health, agriculture, education, microfinance and peacebuilding. In the United States, CRS works with 8.5 million Catholics and others of good will to engage them in global solidarity through programs such as CRS Rice Bowl, CRS Ethical Trade, Helping Hands volunteer program, advocacy initiatives and programs for university students and young people.

# **HOW TO HELP**

lowans can get involved in the work of CRS through a variety of programs, including:

- Catholics Confront Global Poverty, to learn and advocate on policies that affect global poverty
- CRS Rice Bowl: A Lenten program with curricula and materials to Pray, Learn, Fast and Give. CRS Rice Bowl donations are used to fight hunger, 75% of the money goes overseas, and 25% stays in the US for local hunger fighting initiatives.
- CRS Ethical Trade: Support a sale or purchase items that promote human dignity
- Educators can access CRS Resources at www.Education.CRS.org and www.University.crs.org

Iowans should contact Teresa Dunbar, the CRS Relationship Manager in Des Moines, for more information about these and other opportunities to become involved.



# Cedar County Public Health

## **MEMBER INFORMATION**

# CONTACT

# **Erica Christian**

echristian@cedarcounty.org 563-886-2226 www.cedarcounty.org/off ices/publichealth/

## **ADDRESS**

400 Cedar Street Tipton, IA 52772

# ORGANIZATION TYPE

**COUNTIES SERVED** 

# DESCRIPTION

Cedar County Public Health is committed to promoting, protecting and preserving the health of the community by providing leadership, care and direction as advocates for the individual, the family, the community, and the environment. Cedar County Public Health offers multiple public health services including immunization clinics, disease follow-up to prevent the spread of communicable disease, assistance with WIC clinics once per month, and foot clinics to assist elderly individuals with foot care. They also offer a home health care service and support environmental health through lead and radon testing and tobacco and nicotine prevention programming.

# **HOW TO HELP**

Individuals and organizations should contact Cedar County Public Health directly to explore potential areas for collaboration.



# Cedar Rapids CROP Hunger Walk

# **MEMBER INFORMATION**

## CONTACT

# **ADDRESS**

Cedar Rapids, IA

# **ORGANIZATION TYPE**

Faith Based, International, Community Based

# **COUNTIES SERVED**

Linn

# **DESCRIPTION**

The Cedar Rapids CROP Hunger Walk is a community-wide event sponsored by Church World Service and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

# **HOW TO HELP**

Individuals and organizations can support the work of the Cedar Rapids CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, Church World Service Congregational and Community Engagement Specialist Lenny Blue at Iblue@cwsglobal.org.



# Center for Community-Based Learning at Central College

## MEMBER INFORMATION

# CONTACT

# Cheri Doane

doanec@central.edu 641-628-5332 www.central.edu/service-Learning/

# **ADDRESS**

812 University Pella, IA 50219

# ORGANIZATION TYPE

Educational/School

# **COUNTIES SERVED**

Marion

# **DESCRIPTION**

The Center for Community-Based Learning at Central College partners with non-profit agencies and grassroots organizations to extend learning beyond the classroom. Their service-learning partnerships allow for the joining of information and theory with context, practice and reflection, while engaging students, faculty and community members in sustained partnerships that foster collaborative learning and civic participation in a diverse society.

The Center for Community-Based learning develops and sustains quality partnerships with approximately 100 community agencies and grassroots organizations throughout Central Iowa.

# **HOW TO HELP**

The Center for Community-Based Learning's service-learning program relies on partnerships between students and faculty at Central College and over 100 partnering community organizations. Organizations in Central Iowa can sign up as partners online.



# Center for Social Ministry

# **MEMBER INFORMATION**

# CONTACT

# Susie Tierney

centerforsocialministry@gmail.com 515-782-3054 www.centerforsocialmini stry.org

## **ADDRESS**

4211 Grand Avenue Des Moines, IA 50312

## **ORGANIZATION TYPE**

Faith Based, Community Based

# **COUNTIES SERVED**

Polk

# **DESCRIPTION**

The Center for Social Ministry enables people of faith to develop a passion for justice, to express this passion in concrete acts of social ministry, and to expand the work of social ministry in their faith communities. It creates and supports faith formation processes and resources that emphasize the Gospel message of peace and justice, Church social teaching and the intersection of spirituality and action.

Programs include JustFaith, Engaging Spirituality, JustMatters, and the GoodNews People Program. The Center for Social Ministry works in partnership with the larger ecumenical community.

# **HOW TO HELP**

Individuals and communities of faith should contact Susie Tierney at centerforsocialministry@gmail.com or 515-782-3054 to find out more and become involved.



# Center for Sustainable Rural Livelihoods at Iowa State University

## **MEMBER INFORMATION**

# CONTACT

# **Denise Bjelland**

csrl@iastate.edu 515-294-9237 www.csrl.cals.iastate.edu/

# **ADDRESS**

111 Curtis Hall, Iowa State University Ames, IA 50011

# **ORGANIZATION TYPE**

International, Educational/School

# COUNTIES SERVED

Story

# **DESCRIPTION**

The Center for Sustainable Rural Livelihoods (CSRL) helps small landholder farmers in Kamuli District, Uganda to achieve food security, improve household nutrition, and stabilize income through sustainable crop and livestock production, access to marketing opportunities, school gardens and lunch programs, and mother/child nutrition education centers. CSRL also provides support for malnourished children, widows, and families living with HIV/AIDS.

CSRL works with partners in the US and developing countries to improve the livelihoods of rural people. Through learning and discovery, these partners train community volunteers in practices that will alleviate food insecurity and poverty. CSRL's focus on improving the food security, nutrition and health of the poor is rooted in the land-grant mission of lowa State University and the College of Agriculture and Life Sciences.

# **HOW TO HELP**

Students and faculty at Iowa State University have many opportunities to become involved with the activities of CSRL, including through academic research and the student service-learning program.

Anyone who is interested in finding out more about the activities of CSRL should contact the center staff at csrl@iastate.edu. CSRL accepts donations online.



# Central City High School

# **MEMBER INFORMATION**

# CONTACT

# Kiley Baerg

kbaerg@central-city.k12.ia.us 319-438-6181 www.central-city.k12.ia.us/ hs/hs.php

## **ADDRESS**

400 Barber Street Central City, IA 52214

# **ORGANIZATION TYPE**

Educational/School

# **COUNTIES SERVED**

Linn

# **DESCRIPTION**

Students and educators at Central City High School work to alleviate hunger through educational and service-learning projects.

# **HOW TO HELP**

lowans are encouraged to contact Ms. Kiley Baerg for more information and to explore opportunities to work together.



# Central Iowa Shelter & Services

## **MEMBER INFORMATION**

# CONTACT

# Julia Herrin

JHerrin@centraliowashelter.org 515-280-2991

www.centraliowashelter.org

# **ADDRESS**

1420 Mulberry Street Des Moines, IA 50309

# **ORGANIZATION TYPE**

Community Based, Food Pantry, Housing Assistance / Shelter

## **COUNTIES SERVED**

Polk

# **DESCRIPTION**

Central Iowa Shelter & Services' mission is to provide low-barrier shelter, meals and support services at no cost to adults experiencing homelessness and to facilitate their move toward self-sufficiency. Approximately 2,000 homeless women and men have received emergency shelter and supportive services to help them move beyond homelessness each year.

In September 2012, Central Iowa Shelter & Services (CISS) opened its new facility. The facility grew from being 8,000 square feet and 96 beds to 207 beds and 42,000 square feet. It is equipped to provide emergency shelter (150 beds); transitional housing for Veterans (19 rooms); and 38 Project Based Section 8 Voucher efficiency apartments. CISS also provides an on-site health clinic, food pantry, clothing closet and classroom.

All guests and residents are provided evening, lunch and breakfast meals; access to shower and laundry facilities, a weekly medical clinic, individualized case management, life skills instruction, and referrals to other community services and benefits. Programming continues to evolve to meet emerging homeless and community needs.

# **HOW TO HELP**

Some of the simplest ways to help are to collect their top need items and bring them to the center or help serve lunch. Volunteers can also help on projects, committees, or serve at the shelter for a day. Volunteers can sign up online. For further information on the CISS food pantry, please contact their Hope Center Coordinator, Julia Herrin at 515.280.2991 or JHerrin@centraliowashelter.org.

Individuals, restaurants, and grocery stores are invited to join their food rescue initiative, which supports the donation of surplus food that would otherwise be thrown out. Contact Julia Herrin for more information about the food rescue initiative.



# Central Presbyterian Church

# **MEMBER INFORMATION**

## CONTACT

# Rev. Wallace Bubar

office@dmcpc.org 515-279-3658

# **ADDRESS**

3829 Grand Avenue Des Moines,

# ORGANIZATION TYPE

Faith Based, International

# COUNTIES SERVED Polk

# DESCRIPTION

As a community of faith, Central Presbyterian Church members and friends are sent by God into a broken world to work for its healing and reconciliation. Led by our World & Community Concerns Committee and our Deacons, we put our faith into action and help meet the needs of our community and our world by sharing our gifts and participating in hands-on service projects.

Current mission ministries include work with serving a monthly meal at the Central lowa Shelter and Services; food collection for the Des Moines Area Religious Council food pantry; packaging food at Meals from the Heartland, contributions to Our Sister Parish—in El Salvador and to the mission of the Presbytery of Des Moines Compassion, Peace and Justice Committee; a twice annual food basket delivery partnership with Hy-Vee food stores and CROSS Ministries; sponsorship of weekly tutoring with EverybodyWinslowa.org program during the school year for children who need a boost in their reading skills; a refugee re-settlement team and support partnership with the U.S. Committee for Refugees & Immigrants (USCRI) Des Moines office; our children's Sunday School classes and Vacation Bible School also accept the mission challenge.

# **HOW TO HELP**

Whether it is serving a meal at a homeless shelter in Des Moines or sponsoring resettlement of a refugee family, Central provides a place for everyone to be involved in sharing the love of Christ around the world. lowans are encouraged to contact the church office for more information or to become involved.



# Children & Families First

# **MEMBER INFORMATION**

# CONTACT

# Mary Lee Madison

childfamilies@aol.com 515-244-1716 www.childrenfamiliesfirst.org

# **ADDRESS**

1620 Pleasant Street Suite 237

Des Moines, IA 50314

# ORGANIZATION TYPE

Community Based

# **COUNTIES SERVED**

Polk

# **DESCRIPTION**

Children & Families First works with children, adolescent, adults and families, using Life Skills Coaching to help them achieve their goals and help them author a plan for their personal success. Children & Families First provides coaching, mentoring, counseling, consultation on educational and parenting issues to help individuals and families succeed.

# **HOW TO HELP**

For more information about Children & Families First or to become involved, contact them directly at 515-244-1716 or childfamilies@aol.com.



# Children & Families of Iowa

# **MEMBER INFORMATION**

## CONTACT

# Sarah Vale

volunteer@cfiowa.org 515-697-7972 www.cfiowa.org

# **ADDRESS**

1111 University Avenue Des Moines, IA 50314

# ORGANIZATION TYPE

Advocacy, Community Based, Housing Assistance / Shelter

# **COUNTIES SERVED**

Activities Statewide

# DESCRIPTION

Children & Families of Iowa (CFI) is a 501(c)(3) nonprofit organization dedicated to improving the lives of children and families throughout Iowa. Headquartered in Des Moines with offices in Ankeny, Fort Dodge, Osceola and Ottumwa, CFI provides services, including:

- Domestic Violence Services Secure shelter, medical and court advocacy, housing assistance, education and support groups, outreach, and counseling for victims of domestic violence and their children.
- Teen Programs Substance abuse treatment, mental health therapy, skill building classes, financial education, and career planning for at-risk youth facing challenging barriers to success.
- Family Support Programs Services to prevent child abuse and support family engagement and permanency.
- Early Childhood Development Services Affordable, quality child care options for low-income working families, with therapeutic classrooms that serve children with emotional and behavioral challenges.
- Mental Health and Substance Abuse Services Therapeutic, trauma-informed counseling for individuals, couples and families. Substance abuse services offered for individuals of all ages.

# **HOW TO HELP**

Individuals and groups can support the work of Children & Families of Iowa by volunteering and through financial and in-kind donations.

Children & Families of Iowa's website accepts online financial donations, and also includes wishlists and guidelines for in-kind donations.

Volunteers are needed to help process in-kind donations, serve as mentors to at-risk teens and children, help at events, provide training to victims of domestic violence, serve on event sub-committees, and much more. Opportunities are available for individuals and groups of all sizes.

Those who are interested in volunteering are encouraged to read more online and email any questions to volunteer@cfiowa.org.



# Church Women United

# **MEMBER INFORMATION**

# CONTACT

# Sandy Fleck

sandyfleck1@gmail.com 515-265-7921 www.churchwomen.org

## **ADDRESS**

Des Moines, IA

# **ORGANIZATION TYPE**

Faith Based

## **COUNTIES SERVED**

Polk, Activities Statewide

# DESCRIPTION

Church Women United is a racially, culturally and theologically inclusive ecumenical Christian women's movement, celebrating unity in diversity and working for a world of peace and justice. The Des Moines area local unit meets monthly and has about 55 women from over 27 different churches attending. Their meetings are held in a local church for lunch and a program of Bible study, worship and celebration, and action on women's and children's social justice issues.

# **HOW TO HELP**

Church Women United has several hands-on local projects supported by their time, gifts and service. In lowa there are 35 county/local units of Church Women United geographically spaced around the state. Interested Christian women in Des Moines should contact Ms. Sandy Fleck to get involved. Interested Christian women outside the Des Moines area should contact Church Women United at cwu@churchwomen.org or 212-870-2347 to get involved.



# Church World Service

# **MEMBER INFORMATION**

# CONTACT

# **Lenny Blue**

lblue@cwsglobal.org 574-264-3102 www.cwsglobal.org

# **ADDRESS**

28606 Phillips St.PO Box 968 Elkhart, IN 46515

# **ORGANIZATION TYPE**

Faith Based, International

## COUNTIES SERVED

Polk. Activities Statewide

# **DESCRIPTION**

Church World Service works with partners to eradicate hunger and poverty and to promote peace and justice around the world. Church World Service has programs to feed the hungry, respond to emergencies, support immigrants and refugees, assist mothers and children, and ensure access to clean water for all. They work in over 140 countries around the world, including in the United States, where they have programs to respond to natural disasters and support immigrants and refugees.

# **HOW TO HELP**

Individuals and faith communities across Iowa can support the work of Church World Service through organizing or participating in CROP Hunger Walks in their communities, holding Blankets+ events, assembling CWS kits for shipment around the world, and joining their advocacy efforts. For more information or to get involved, contact Mr. Lenny Blue, Iowa Field Director, at Iblue@cwsglobal.org.



# Churches United of the Quad City Area

## **MEMBER INFORMATION**

# CONTACT

# **Rev. Melvin Grimes**

mgrimes@cuqca.org 563-332-5002 www.cuqca.org

### **ADDRESS**

2535 Tech Drive, Suite 205 Bettendorf. IA 52722

## ORGANIZATION TYPE

Faith Based, Food Pantry, Meal Site, Housing Assistance / Shelter

# **COUNTIES SERVED**

Scott

# **DESCRIPTION**

Churches United of the Quad City Area is a cooperative association of over 139 churches representing over 20 Christian Faith traditions in the greater Quad Cities area. Churches United Hunger Ministries have 24 Food Pantries responding to over 316,000 needs for meals annually throughout Rock Island and Scott Counties. They also coordinate a hot meal site in Davenport that provides a hot meal Monday through Saturday at 6:00 pm.

# **HOW TO HELP**

The Churches United Hunger Ministries are made possible by over 500 generous, hardworking and dedicated volunteers. Volunteers do a variety of things to help the operation of their food pantries, including: packing boxes/bags of food to give to clients, assisting in volunteer coordination, gathering groceries and donations to stock the food pantry shelves, transporting donated items from the food bank or local stores, and hosting Food Drives.

Donations to support the Churches United Hunger Ministries can be made online through the Virtual Food Pantry or through their website. For every dollar donated, Churches United can purchase 6 lb. of food, so a financial contribution to Churches United can go a long way to helping hunger in the Quad City area.

Contact their office to find out more about how to help or to sign up to volunteer.



# City of Inwood Food Pantry

## **MEMBER INFORMATION**

# CONTACT

# Carol Vander Kolk

cityofinwood@hotmail.com 712-753-4833

# **ADDRESS**

103 S. Main Street Inwood, IA 51240

# ORGANIZATION TYPE

Government Agency, Food Pantry

# **COUNTIES SERVED**

Lyon

# **DESCRIPTION**

The City of Inwood runs a food pantry, which is open Monday-Friday, 9:00-12:00 and 1:00-4:00 at the Inwood Community Center.

# **HOW TO HELP**

The City of Inwood food pantry welcomes donations of non-perishable food items, laundry detergent, and paper products.



# Clay Central Everly FFA

# **MEMBER INFORMATION**

# CONTACT

# **Betsy Schoelerman**

bschoelerman@claycentr aleverly.org 712-363-4635 cceffa.theaet.com/AETHo me.aspx?ID=21799

# **ADDRESS**

306 E 2nd Everly, IA 51338

# ORGANIZATION TYPE

Educational/School

# COUNTIES SERVED

Clay

# **DESCRIPTION**

In February 2013, the Clay Central Everly FFA chapter established the "Mavpack" backpack program in their school district. Mavpacks are named after the district's mascot and are distributed every Friday to students in Preschool through 12th grade. Mavpacks contain 2 breakfast items, 2 snacks, and 2 lunches to help get hungry students through the weekend. Mavpacks are packed each week by FFA members and are distributed by the guidance counselor to ensure confidentiality.

In the 2018-19 school year there were 59students enrolled in the Mavpack program. This was nearly 20% of the total district enrollment. This program is funded entirely on community and church donations and grants.

# **HOW TO HELP**

lowans can support the work of the Clay Central Everly FFA Chapter by purchasing non-perishable food items or by sending cash donations to the Mavpack program. For more information about how to help, contact Clay Central Everly FFA Advisor Betsy Schoelerman.



# Clayton County Food Shelf

# **MEMBER INFORMATION**

# CONTACT

# **Utoni Ruff**

claytoncountyfoodshelf@gmail.com 563-783-7794

# **ADDRESS**

100 W. Hill St. P.O. Box 48 St. Olaf, IA 52072

# ORGANIZATION TYPE

Food Pantry

# **COUNTIES SERVED**

Clayton

# **DESCRIPTION**

Clayton County Food Shelf provides an emergency food supply to Clayton County (and the immediate surrounding counties) residents in crisis. Every family or individual is provided with enough food for one week.

# **HOW TO HELP**

Food Shelf Sunday is the first Sunday of every month at all the churches in Clayton County. Every parishioner attending church is asked to bring a non-perishable food item or non-food (toiletry) item for the Clayton County Food Shelf. Anybody can drop off perishable or non-perishable food items or non-food items during their business hours. Monetary donations can be mailed. The Clayton County Food Shelf is open Monday through Friday 9:00 a.m. to 12:00 p.m. and 1:00 p.m. to 4:00 p.m.



# Clinton Franciscans

## **MEMBER INFORMATION**

# CONTACT

# Lori Freudenberg

office@clintonfranciscans.com 563-242-7611 www.clintonfranciscans.com

# **ADDRESS**

843 13th Ave. N. Clinton, IA 52732

# ORGANIZATION TYPE

Faith Based, Advocacy, Community Based, Meal Site

# **COUNTIES SERVED**

Clinton

# DESCRIPTION

The Clinton Franciscans, in the spirit of Saint Francis and Saint Clare, are called to contemplation and continuous conversion and are sent as instruments of God's peace. They promote active nonviolence and peacemaking, seek justice for those marginalized and care for all creation.

As part of their advocacy on justice and poverty, the Clinton Franciscans distribute sack lunches to the hungry at three sites every Thursday from noon to 1pm through the "Share our Sandwiches" program.

# **HOW TO HELP**

lowans are encouraged to learn more about the work of the Clinton Franciscans through their website. Anyone with an interest in helping with the "Share our Sandwiches" program, through donations or volunteering, is encouraged to contact Ms. Lori Freudenberg by email or at 563-242-7611.



# Clive Community Services

# **MEMBER INFORMATION**

# CONTACT

# Lisa Earles

director@clivecommunity services.com 515-257-8550 clivecommunityservices.com/

## **ADDRESS**

2190 NW 82nd StSuite A Clive.

# ORGANIZATION TYPE

Food Pantry

# **COUNTIES SERVED**

Polk

# **DESCRIPTION**

We are a DMARC food pantry open Mondays 4:00 - 7:00 PM and Fridays 9:00 AM to 12:00 PM. We can provide DMARC food once per calendar month and clients can come back as needed for a limited supply of canned goods as well as fresh food from our Anytime Room.

We also have a Clothes Closet open during pantry hours, a Free Medical Clinic every Monday night, ELL classes (see web site for current times), and we support a Community Garden. All our services are freely available to all in need.

# **HOW TO HELP**

We are always in need of volunteers as well as donated items and monetary donations. Check our website or Facebook page (www.facebook.com/clivecommunityservices) for current needs.



# Coalition in Support of Hungry Children - Greater Des Moines

### MEMBER INFORMATION

# CONTACT

# Rev. Diana Sickles

dsickles4@gmail.com 515-255-5055 coalitioninsupportofhung rychildren.blogspot.com/

## **ADDRESS**

Greater Des Moines Area,

# ORGANIZATION TYPE

Community Based

# **COUNTIES SERVED**

Polk

# DESCRIPTION

The Coalition in Support of Hungry Children is an all-volunteer grassroots coalition that collaborates with civic organizations, school systems, religious organizations and congregations, other food-related groups to alleviate childhood hunger. The Coalition's motto is "Global Goals...Local Solutions" and believes that if all communities would just work toward alleviation of childhood hunger in their community that the United Nations goal of alleviating childhood hunger globally by the end of 2015 and all hunger by 2030 could be accomplished.

Although the primary method of pursuing the Coalition's goal since its inception in 2010 has been hands-on, practical ways, in 2014 the Coalition produced a 30-minute documentary, Hunger in the Heartland, and a companion resource guide to build awareness of childhood hunger in Iowa and to give step-by-step assistance and resources to those who want to help. The Coalition encourages local communities to ask 4 basic questions: 1) What is already happening here? 2) How can I help? 3) What isn't happening that needs to be? 4) What can I do about it?

# **HOW TO HELP**

The Coalition currently partners with many organizations across Greater Des Moines, including the Food Bank of Iowa, the After School Arts Program, the Kiwanis Nebraska-Iowa District, the Des Moines Public Schools, and Eat Greater Des Moines. Individuals and organizations interested in partnerships or in joining the Coalition as members should email Rev. Diana Sickles at dsickles4@gmail.com.



# Community Action Agency of Siouxland

## **MEMBER INFORMATION**

# CONTACT

# Jean Logan

jlogan@caasiouxland.org 712-274-1610 www.caasiouxland.org

### **ADDRESS**

2700 Leech Ave. Sioux City, IA 51106

## ORGANIZATION TYPE

Community Based, Food Pantry, Housing Assistance / Shelter

# **COUNTIES SERVED**

Woodbury

# **DESCRIPTION**

The Community Action Agency of Siouxland provides short-term aid and encourages long-term change to help people through economic crises and help them make it on their own..

Their programs include early childhood education, emergency assistance, heating assistance, weatherization, transitional housing, senior employment training, family development and child care food program.

They fight hunger directly through their emergency food pantry & promote good nutrition & healthy meals & snacks through CACFP and their early childhood programs.

# **HOW TO HELP**

Iowans can support the mission of the Community Action Agency of Siouxland through monetary contributions or donations of food pantry items, garden seeds and/or fresh produce. People wishing to be supportive should call their office at 712-274-1610 for more information about how to become involved.



# Community Action of Southeast Iowa

# **MEMBER INFORMATION**

# CONTACT

# **Dennis Ostrander**

dennis.ostrander@caofseia.org 319-753-0193 www.caofseia.org

# **ADDRESS**

2850 Mount Pleasant Street Suite 108 Burlington, IA 52601

# ORGANIZATION TYPE

Community Based, Food Pantry, Housing Assistance / Shelter

# **COUNTIES SERVED**

Des Moines, Henry, Lee, Louisa

# **DESCRIPTION**

Community Action of Southeast Iowa works to better focus available local, state, private, and federal resources to assist low-income individuals and families acquire useful skills and knowledge, gain access to new opportunities and achieve economic self-sufficiency.

Community Action of Southeast Iowa has Neighborhood Centers in 5 cities in four counties in southeast Iowa. They operate emergency food pantries at each location. Their centers are located in Burlington, Mount Pleasant, Fort Madison, Keokuk and Columbus Junction, Iowa.

A full description of their programming is available online.

# **HOW TO HELP**

lowans can support the work of Community Action of Southeast Iowa through donations of food or finances. Contact them by phone or online for more information.



# Community Engagement at Simpson College

### MEMBER INFORMATION

# CONTACT

# Anna Peña

anna.pena@simpson.edu 515-961-1716 www.simpson.edu/camp us-life/community-engag ement-service

# **ADDRESS**

701 North C StreetStudent Development | 2nd Floor of Kent Campus Center Indianola, IA 50125

# ORGANIZATION TYPE

Educational/School

# **COUNTIES SERVED**

Dallas, Madison, Polk, Warren

# **DESCRIPTION**

Simpson College's community engagement focus area is food insecurity. Simpson partners with students, alumni, faculty, staff and community partners to work to alleviate hunger.

# **HOW TO HELP**

Simpson College students, faculty, alumni, and staff can contact the office of Community Engagement for opportunities to become volunteers. Community organizations in Central Iowa should contact them to explore partnerships with the Simpson College. Community Engagement can be contacted by emailing service.info@simpson.edu or calling 515-961-1716.



# Community Food Systems Program

# **MEMBER INFORMATION**

# CONTACT

# **Courtney Long**

court7@iastate.edu 515-460-3227 www.extension.iastate.ed u/localfoods/communityfood-systems-program/

# **ADDRESS**

2321 N. Loop DriveSuite 121 Ames. IA

# ORGANIZATION TYPE

Educational/School

## COUNTIES SERVED

# DESCRIPTION

The Community Food Systems (CFS) program is a multi-phased, multi-year program housed within the Agriculture and Natural Resources (Local Foods Team) and the Community Economic Development units for Extension and Outreach. This program partners with communities to develop and design their local and regional food systems and is devoted to long-term community empowerment and lasting impact.

# **HOW TO HELP**

Get involved in projects; participate in annual events; read about more information from the Local Foods Team and engage in events and meetings: https://www.extension.iastate.edu/localfoods/community-food-systems-program/



# Community Youth Concepts

# **MEMBER INFORMATION**

## CONTACT

# Julie Cackler

julie@cyconcepts.org 515-243-4292 www.cyconcepts.org

## **ADDRESS**

1446 Martin Luther King Jr. Parkway Des Moines, IA 50314

# **ORGANIZATION TYPE**

Community Based, Educational/School, Garden Program

# **COUNTIES SERVED**

Polk

# DESCRIPTION

Community Youth Concepts (CYC) promotes the use of positive youth development principles and best practices through training and technical assistance and through youth development initiatives. CYC helps youth discover their passions and connects them with organizations where they can use their passions on a long-term basis. Connecting youth with high-quality programs is essential.

CYC's training and technical assistance work addresses the needs of organizations in attaining and maintaining the research-based high-quality standards the community expects. CYC offers the research-based assessment, training, and technical assistance to help guide agencies with their program improvement processes.

CYC also has a community garden that is maintained by staff, students, and volunteers. Produce is either used with students in programming or donated to food pantries. Additionally, CYC hosts a "Little Free Food Pantry" to serve the members of it's community with shelf stable foods. The pantry is filled using items collected by CYC volunteers and those wishing to donate to keeping it stocked.

# **HOW TO HELP**

CYC has opportunities for youth and for adults to volunteer. CYC has volunteer opportunities to fit a variety of skill sets, and also helps connect youth and adults to other organizations. Youth and adults can register to volunteer on their website. CYC also accepts donations of funds and has a list of needed items online.



# Connections Area Agency on Aging

# **MEMBER INFORMATION**

## CONTACT

info@connectionsaaa.org 800-432-9209 www.connectionsaaa.org

# **ADDRESS**

300 West Broadway, Suite 240 Council Bluffs, IA 51503

# ORGANIZATION TYPE

Community Based

## **COUNTIES SERVED**

Visit Online Profile for Details

# **DESCRIPTION**

The Connections Area Agency on Aging connects older adults, caregivers and persons with disabilities to the services they need to remain independent. As part of this mission, they serve meals to older adults and provide them with food boxes and bags provided by the food bank.

In collaboration with the Iowa Department on Aging, Connections Area Agency on Aging coordinates a network of congregate meal sites serving nutritious meals in a friendly environment to adults age 60+. Iowans are encouraged to contact them at 800-432-9209 with any questions about the congregate meal sites in their network.

# **HOW TO HELP**

lowans can help support the work of the Connections Area Agency on Aging by making a donation to their food box/bag program or signing up to volunteer. People who are interested in making a donation or becoming volunteers should call 800-432-9209 or request information through their website.



# Conrad IA Growing Project

# **MEMBER INFORMATION**

# CONTACT

# Arlyn Schipper

amschipp@heartofiowa. net 641-751-9757

# **ADDRESS**

Conrad, IA 50621

# **ORGANIZATION TYPE**

Faith Based, International, Community Based, Garden Program

# COUNTIES SERVED

Grundy

# **DESCRIPTION**

As a Christian response to world hunger, Growing Hope Globally, formerly Foods Resource Bank (FRB), links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

Growing Hope engages volunteers to raise money through "Growing Projects" for between 50-60 overseas programs a year. All of the programs focus on developing smallholder agriculture, often in the most remote and poorest regions of the world. Growing Projects are the heart and soul of Growing Hope and have helped us reach over 1.6 million people since the first Growing Projects were created in 1999.

# **HOW TO HELP**

lowans can support the work of Growing Hope by starting or joining a Growing Project in their community. A Growing Project is a group whose members work together to raise a crop or other commodity or hold fundraisers to help farmers overseas become self-sufficient. Growing Projects include revenue from field crops, cattle or dairy, pie auctions, pumpkin patches, Sunday school gardens, and more. Each member plays a unique role and contributes to the Growing Project in different ways by offering their time, talents or resources.

lowans are encouraged to directly contact coordinator Mr. Arlyn Schipper to become involved with the Conrad IA Growing Project.

For more information about starting or joining a Growing Project, lowans should call 888-276-4372 or email Von Tarverdi at info@growinghopeglobally.org.



# Convoy of Hope

# **MEMBER INFORMATION**

# CONTACT

# Jeff Roman

jroman@convoyofhope.org 417-823-8998 www.convoyofhope.org

# **ADDRESS**

330 S. Patterson Avenue Springfield, MO 65802

# ORGANIZATION TYPE

Faith Based, International, Community Based

## **COUNTIES SERVED**

Activities Statewide

# **DESCRIPTION**

Convoy of Hope is a faith-based, international, humanitarian-relief organization strategically based in Springfield, Missouri — the crossroads of America. Since being founded in 1994 Convoy of Hope has helped more than 63 million people who are impoverished, hungry and hurting.

# **HOW TO HELP**

Convoy of Hope works annually with partners in Iowa for local community outreaches. Convoy of Hope also partners with several Iowa-based organizations who are fighting hunger globally.

lowans can support Convoy of Hope in a variety of ways found through their website at www.convoyofhope.org. For more information, please visit the Convoy of Hope blog at www.convoyofhope.org/blog.



# Coralville Community Food Pantry (CCFP)

# **MEMBER INFORMATION**

# CONTACT

# John Boller

john@coralvillefoodpantry.org 319-337-3663 coralvillefoodpantry.org/

## **ADDRESS**

1002 5th St. Coralville, IA 52241

# ORGANIZATION TYPE

Food Pantry

# **COUNTIES SERVED**

Johnson

# **DESCRIPTION**

The Coralville Community Food Pantry maintains a client-choice food distribution model, where food insecure families and individuals can visit the pantry once to a week to freely select food and personal care items that best suit their unique needs. To avoid unnecessary barriers, the only qualification to receive assistance is to be a Coralville resident. We know that hunger is unpredictable and can affect individuals of any income level, employment status, race, age, gender, ability, or sexual orientation.

The pantry offers food assistance four times a week; on Tuesdays from 2-6pm, Wednesdays from 5-7pm, Thursdays from 10am-Noon, and Saturdays from 10:30am-1pm. The average household visits the pantry twice a month and selects 35 pounds of food per visit.

# **HOW TO HELP**

lowans can support the mission of the Coralville Community Food Pantry by volunteering, or making a donation of fund, food, or fresh produce. In addition to needing volunteers for 5 weekly pantry shifts – Tuesday 2pm-4pm and 4pm-6pm, Wednesday 5pm-7pm, Thursday 10am-noon, and Saturday 10:30am-1pm – they are always looking for people interested in stocking shelves, repackaging bulk food items, cleaning/tidying up, food pick-up, data entry, marketing, graphic design, fundraising, and more. Those interested in volunteering should email them at nora@coralvillefoodpantry.org.

In 2014, the food pantry secured funding to establish a seed library. Those interested in collaborating or helping with this project should email CCFP Director John Boller at john@coralvillefoodpantry.org. CCFP will also graciously accept any of area gardeners excess produce during the summer months. They request that gardeners please call or email in advance before delivering fresh fruits and vegetables to the food pantry.



# Corporation for National & Community Service - Iowa Office

# **MEMBER INFORMATION**

## CONTACT

# Vicki Hover-Williamson

ia@cns.gov 515-776-4553 www.nationalservice.gov/ impact-our-nation/stateprofiles/ia

# **ADDRESS**

Des Moines, IA 50309

# ORGANIZATION TYPE Government Agency

COUNTIES SERVED

Federal Building, Room

# Activities Statewide

# **DESCRIPTION**

Established in 1993, the Corporation for National and Community Service (CNCS) is a federal agency that engages more than 5 million Americans in service through its core programs -- Senior Corps and AmeriCorps.

More than 6,900 people of all ages and backgrounds are helping to meet local needs, strengthen communities, and increase civic engagement through national service in Iowa. Serving at more than 990 locations throughout the state, these citizens tutor and mentor children, support veterans and military families, provide health services, restore the environment, respond to disasters, increase economic opportunity, and recruit and manage volunteers.

CNCS has a longstanding partnership with the Iowa Commission on Volunteer Service.

# **HOW TO HELP**

Individuals and organizations interested in partnering with CNCS or its Senior Corps, AmeriCorps, or Social Innovation Fund programs are encouraged to explore their website and contact them directly for more information and to become involved.



# Covenant Presbyterian Church of West Des Moines

### MEMBER INFORMATION

# CONTACT

# **Rev. Nathan Williams**

church@wdmcovenant.org 515-225-2254 www.wdmcovenant.org

### **ADDRESS**

1025 28th Street West Des Moines, IA 50266

# ORGANIZATION TYPE Faith Based

COUNTIES SERVED

Polk

# DESCRIPTION

Covenant Presbyterian Church of West Des Moines is a congregation of the Presbyterian Church (USA). As a congregation they support with hands-on work the Church Opportunity Giving (COG), Cross Ministries, Des Moines Area Religious Council, Habitat for Humanity, Our Sister Parish—El Salvador, Drake University Head Start, West Des Moines Human Services, Meals from the Heartland, a twice annual Blood Drive, Hope Ministries and the mission of the Presbytery of Des Moines. Presbyterian Women, children's Sunday School classes and Vacation Bible School also accept the mission challenge.

In addition and along with St. Timothy's Episcopal Church, Covenant hosts the Faith & Grace Garden on the land between the churches. This garden provides produce to all DMARC food pantries, is the site for Dowling High School's environmental science classes and hosted in 2013 with Lutheran Services of Iowa Burmese refugees in their work of cultural integration and socialization. The Faith & Grace Garden has been the recipient of grants to help support its program and is a community laboratory for area grade schools and the Head Start school which the church houses in teaching about food issues.

# **HOW TO HELP**

Individuals and organizations should contact Covenant Presbyterian Church of West Des Moines to volunteer or explore opportunities for partnerships.



# Crawford County Hunger Fighters

# **MEMBER INFORMATION**

## CONTACT

## Warren Hawn

wah1@frontiernet.net 712-269-1576 www.facebook.com/Craw ford-County-Hunger-Fig hters-1568511430089406/

### ADDRESS

500 North 24th Street Denison, IA 51442

# ORGANIZATION TYPE Food Pantry

# COUNTIES SERVED Crawford

# DESCRIPTION

Crawford County Hunger Fighters is a network of communities in Crawford County, lowa working together to provide assistance to needy kids and bulk food distribution to needy families. Assistance to kids is provided through the backpack program, which provides a weekly supply of nutritious, shelf-stable food to get food insecure students through the weekend when school meals are not available. They are currently delivering backpack food sacks to all eight Elementary Schools, grades K through 5, in Crawford County.

The Bulk Food Distribution Program is provided to needy families in partnership with the Sioux City Food Bank. On the second Wednesday of each month, Crawford County Hunger Fighters holds a bulk food distribution at Our Savior Lutheran Church (500 24th St, Denison) open from 2:00 PM - 4:00 PM to all residents in need throughout Crawford County.

# **HOW TO HELP**

Crawford County Hunger Fighters is a non profit corporation and relies 100% on the support of volunteers and donations to fulfill its mission. Contact them directly for more information about how to become involved.



# Creative Visions Human Development Institute

## MEMBER INFORMATION

## CONTACT

# Tamra Saltzman

515-244-4003 creativevisionsia.org

## **ADDRESS**

1343 13th Street Des Moines, IA 50314

# ORGANIZATION TYPE

Advocacy, Community Based,

Educational/School, Food Pantry, Meal Site, Garden Program

# **COUNTIES SERVED**

Polk

# DESCRIPTION

The Creative Visions Human Development Institute works to develop economically vulnerable individuals, families, and communities into becoming self-empowered, self-responsible, and self-sufficient through education and economic empowerment.

Their programs include:

- The Sunday Feed Program is a community meal to primarily serve the homeless, elderly and sick and shut-ins. They serve an average of 200 meals per Sunday, approximately 15,600 meals during the year.
- Community Development Programs include advocacy work, mediation, and community forums designed to provide educational and economic empowerment information.
- Family Development Programs include a food pantry, food hotline referral service, and support for families and offenders to preserve the family unit while a member is in prison.

Self Development Programs include GED Tutorials, support for high school students, and the Creative Visions Job Readiness program that provides one-stop access to community members seeking help with employment who may not feel comfortable or have access to government agencies.

# **HOW TO HELP**

Individuals and organizations can support the work of Creative Visions through donations or by volunteering to help manage their food pantry and educational programs. Volunteer and Community Service hours may be scheduled by calling 515-244-4003. Volunteers and Community Service workers will receive paper work as proof of hours served.

For more information about Creative Visions, Iowans are encouraged to visit their website, Facebook page, or contact them directly.



# Dallas Center Rotary Club

# **MEMBER INFORMATION**

# **DESCRIPTION**

# CONTACT

Michelle Leonard

# **ADDRESS**

Dallas Center, IA

# **ORGANIZATION TYPE**

Community Based

# **COUNTIES SERVED**

Dallas

Members of the Dallas Center Rotary Club support the Dallas Center Food Pantry and Meals from the Heartland in feeding hungry people both at home and around the world.

# **HOW TO HELP**

Individuals can support the Dallas Center Rotary Club and its work fighting hunger by attending their pancake breakfast functions.



# Dallas County Health Department

# **MEMBER INFORMATION**

# CONTACT

# **Amy Short**

phn@dallascountyiowa.gov 515-993-3750

www.co.dallas.ia.us/depar tment-services/public-he alth-home-health

# **ADDRESS**

25747 N Ave. Ste C Adel, IA 50003

ORGANIZATION TYPE
Government Agency

COUNTIES SERVED
Dallas

# **DESCRIPTION**

Dallas County Health Department was founded in 1948 and has been providing public health services to the communities of Dallas County since that time. The Agency's mission is to promote, protect and improve the public's health through surveillance, education, care coordination, disease prevention, mobilization of community resources, and enforcement of public health policies and regulations.

Dallas County Health Department seeks to deliver quality, cost effective health services by developing, maintaining and improving health related programs that recognize the wellness continuum. Holistic services are directed toward individuals and their families, groups, and the community with special attention to populations at risk and system and environmental changes to make healthy choices easier. Services include community wellness programming, immunization clinics, communicable disease control, health education, emergency preparedness, home health nursing program, maternal child health, health navigation, and county-wide health needs assessment and planning.

# **HOW TO HELP**

Individuals and organizations should contact Dallas County Health Department directly to explore potential areas for collaboration.



# Dallas County Hospital

# **MEMBER INFORMATION**

## CONTACT

# Kari Severson

kseverson@dallascohospital.org 515-465-3547 www.dallascohospital.org

# **ADDRESS**

610 10th Street Perry, IA 50220

# **ORGANIZATION TYPE**

Government Agency, Community Based

## **COUNTIES SERVED**

Boone, Dallas, Greene, Guthrie

# **DESCRIPTION**

Dallas County Hospital is a 25-bed critical access hospital that focuses on providing the highest quality health care to the people they serve through their knowledgeable staff and physicians, up-to-date facility and modern equipment. From wellness and prevention, to the common cold or a serious illness, their physicians and staff recognize their responsibility to serve the community and set the standard in compassionate, convenient and cost-effective medical care. Dallas County Hospital supports of efforts to end hunger and improve nutrition in the communities they serve.

# **HOW TO HELP**

Those seeking to learn more about Dallas County Hospital and their work on hunger and nutrition issues are encouraged to contact them directly.



### Darr Land Development LLC

#### **MEMBER INFORMATION**

#### CONTACT

#### **Bob Darr**

515-707-9244 bobdarr.com/

#### **ADDRESS**

1699 Warren Ave. Norwalk, IA 50211

#### **ORGANIZATION TYPE**

Corporate

#### **COUNTIES SERVED**

Jasper, Madison, Polk, Warren

#### **DESCRIPTION**

Darr Land Development LLC is a realty organization that helps clients buy land, build homes, grow gardens and produce food.

#### **HOW TO HELP**

Individuals and organizations interested in working with Darr Land Development LLC are encouraged to contact them directly using their online form.



### Davenport West High School

#### **MEMBER INFORMATION**

#### CONTACT

#### Kim Strunk

strunkk@davenportschools.org 563-386-5500

www.davenportschools.org/

#### **ADDRESS**

3535 West Locust Davenport, IA 52804

#### ORGANIZATION TYPE

Educational/School

#### **COUNTIES SERVED**

Scott

#### **DESCRIPTION**

Students and educators at Davenport West High School work to alleviate hunger through educational and service-learning projects.

For example, the annual Student Hunger Drive has collected over 15,700,000 pounds of food since 1986.

#### **HOW TO HELP**

lowans are encouraged to contact Mr. Kim Strunk for more information and to explore opportunities to work together.



### Des Moines Area Hunger Hike

#### **MEMBER INFORMATION**

#### CONTACT

#### Madeline Goebel

desmoineshungerhike@gmail.com 651-395-1820 www.desmoineshungerhike.org

#### **ADDRESS**

P.O. Box 489 Des Moines, IA 50302

#### ORGANIZATION TYPE

International, Community Based

#### **COUNTIES SERVED**

Polk

#### **DESCRIPTION**

The Des Moines Area Hunger Hike designates a route for individuals and groups to hike together on the second Sunday afternoon in October as visible witness to their concern about hunger among our fellow humans, having made prior collections from friends and neighbors to give tangible evidence of this concern. The hike coincides with World Hunger Week and the awarding of the World Food Prize.

Over the years, over \$900,000 has been given to local and international organizations for food purposes. Over 96% of each year's funds is allocated to a wide variety of service agencies for food purposes with less than 4% of funds going for required insurance, printing and postage expense. Approximately, forty percent of receipts go to Church World Service/CROP for food and food-related programs. A wide variety of service agencies apply for and receive the remainder of the money for food purposes.

#### **HOW TO HELP**

Individuals and groups can join the Des Moines Area Hunger Hike by publicizing the hike, fund-raising and hiking the route, or by donating to the cause. More information is available on their website. To contact the Des Moines Hunger Hike Board please send an email to desmoineshungerhike@gmail.com.



### Des Moines Area Religious Council

#### **MEMBER INFORMATION**

#### CONTACT

#### Luke Elzinga

info@dmarcunited.org 515-277-6969 www.dmarcunited.org

#### **ADDRESS**

1435 Mulberry Street Des Moines, IA 50309

#### ORGANIZATION TYPE

Faith Based, Community Based, Food Pantry

#### **COUNTIES SERVED**

Polk

#### **DESCRIPTION**

The Des Moines Area Religious Council (DMARC) is an interfaith organization with over 125 member congregations of five faith traditions working together to meeting basic human needs in the greater Des Moines community. The DMARC Food Pantry Network works with 14 partner pantries and 20 Mobile Food Pantry sites to serve ~17,500 individuals every month. DMARC also operates the Red Barrel program in local grocery stores.

#### **HOW TO HELP**

lowans can support the Des Moines Area Religious Council by making a donation or by signing up to volunteer. Groups of four or more people can work together to sponsor a "Sack Saturday" event at a Des Moines area grocery store, where they inform and encourage shoppers to donate a food item to the Red Barrel Program.



## Des Moines Civil & Human Rights Commission

#### MEMBER INFORMATION

#### CONTACT

#### Joshua Barr

humanrights@dmgov.org 515-283-4284 www.humanrightsdsm.org/

#### **ADDRESS**

602 Robert D. Ray Drive Des Moines, IA 50309

#### ORGANIZATION TYPE

Government Agency

#### **COUNTIES SERVED**

Polk

#### DESCRIPTION

The Des Moines Civil & Human Rights Commission collaborates with Federal, State, and local organizations to foster justice and equality for all people who live in or visit Des Moines. They do this through three core activities. First, they increase awareness and enforce the laws regarding discrimination. Second, they initiate, receive, hear and investigate complaints of discrimination. Third, they provide human rights education and training to business and community groups.

#### **HOW TO HELP**

lowans can support the work of the Des Moines Civil & Human Rights Commission by volunteering to assist their human rights education and training programs. Interested individuals should contact the Des Moines Civil & Human Rights Commission about volunteer opportunities.



### Des Moines Herbert Hoover High School

through educational and service-learning projects.

#### MEMBER INFORMATION

#### **DESCRIPTION**

Students and educators at Hoover High School work to alleviate hunger

#### CONTACT

#### Michael Blair

michael.blair@dmschools.org 515-242-7300 hoover.dmschools.org/

#### **ADDRESS**

4800 Aurora Avenue Des Moines, IA 50310

#### **ORGANIZATION TYPE**

Educational/School

#### **COUNTIES SERVED**

Polk

#### **HOW TO HELP**

lowans are encouraged to contact Mr. Michael Blair for more information and to explore opportunities to work together.



### Des Moines Public Schools - Pick A Better Snack Program

#### MEMBER INFORMATION

#### CONTACT

#### Lyn Jenkins

lyn.jenkins@dmschools.org www.dmschools.org

#### **ADDRESS**

1225 2nd Avenue Des Moines, IA 50310

#### ORGANIZATION TYPE

Government Agency, Educational/School

#### **COUNTIES SERVED**

Polk

#### **DESCRIPTION**

Pick A Better Snack is a statewide nutrition program through the Iowa Nutrition Network and the Iowa Department of Public Health. Pick A Better Snack aims to increase healthy behaviors in students and families through nutrition education and promotion of nutrition programs such as SNAP, School Lunch, Summer Food Service Program, and farmers markets. Activities include presentations to school classes and distribution of educational materials to support healthy eating decisions among lowa families.

#### **HOW TO HELP**

lowans can help by becoming more aware of the Pick A Better Snack program and supporting school nutrition programs including school breakfast and lunch programs and especially summer food service programs that help feed children. Contact them directly with more information about how to become involved.



### Des Moines Theodore Roosevelt High School

#### MEMBER INFORMATION

#### CONTACT

#### Noreen Nsereko

noreen.nserekowantate @dmschools.org 515-242-7272 roosevelt.dmschools.org/

#### **ADDRESS**

4419 Center Street Des Moines, IA 50312

#### **ORGANIZATION TYPE**

Educational/School

#### **COUNTIES SERVED**

Polk

#### **DESCRIPTION**

Students and educators at Des Moines Theodore Roosevelt High School work to alleviate hunger through educational and service-learning projects.

#### **HOW TO HELP**

lowans are encouraged to contact Ms. Noreen Nsereko for more information and to explore opportunities to work together.



### DeWitt CROP Hunger Walk

#### **MEMBER INFORMATION**

#### CONTACT

### **Sr. Janet Heiar** sjsister@gmtel.net 563-659-3514

#### **ADDRESS**

DeWitt, IA

#### ORGANIZATION TYPE

Faith Based, International, Community Based

#### **COUNTIES SERVED**

Clinton

#### DESCRIPTION

The DeWitt CROP Hunger Walk is a community-wide event sponsored by Church World Service and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

#### **HOW TO HELP**

Individuals and organizations can support the work of the DeWitt CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Sister Janet Heiar at sjsister@gmtel.net or Church World Service Congregational and Community Engagement Specialist Lenny Blue at Iblue@cwsglobal.org.



### Diamond V

#### MEMBER INFORMATION

#### CONTACT

#### Jeffrey Cannon

diamondv@diamondv.com 319-366-0745 www.diamondv.com

#### **ADDRESS**

2525 60th Ave SW, P.O. Box 74570 Cedar Rapids, IA 52404

#### ORGANIZATION TYPE

Corporate

#### COUNTIES SERVED

Activities Statewide

#### DESCRIPTION

Diamond V, headquartered in Cedar Rapids, Iowa, USA, is the world's leading supplier of nutritional fermentation products used to optimize digestive function and nutrition key to animal and aqua health, productivity, efficiency and profitability. Their commitment to innovation, technology and quality has earned Diamond V a global reputation of trust and reliability within the animal feed industry.

In order to increase public awareness of food security issues and improve knowledge of modern agriculture, Diamond V became a founding member of Farming to Fight Hunger™. Through Farming to Fight Hunger, current and future Diamond V non-profit projects are increasing awareness of food security issues while improving public knowledge of modern agriculture.

Diamond V recently sponsored the premiere of The Ivy League Farmer, a feature film about modern agriculture and food security issues raised more than \$250,000 for HACAP's Operation BackPack project, a volunteer-driven program in Iowa that provides weekend meals for kindergarten through six grade school-age children in need.

#### **HOW TO HELP**

Individuals and groups are encouraged to visit www.diamondv.com/media/farming-to-fight-hunger/ to learn more and become involved with Diamond V's work with Farming to Fight Hunger and Operation BackPack.



### Dickinson County Outreach Center

#### **MEMBER INFORMATION**

#### CONTACT

#### Alisa Schlief

aschlief@udmo.com 712-336-1112 www.udmo.com/Dickins on.htm

#### **ADDRESS**

1575 18th Street Spirit Lake, IA 51360

#### ORGANIZATION TYPE

Community Based, Food Pantry, Housing Assistance / Shelter

#### **COUNTIES SERVED**

Dickinson

#### **DESCRIPTION**

The Dickinson County Outreach Center builds stronger communities by addressing the effects of poverty on individuals and families in Dickinson County. Their programs and services include weatherization assistance and supplemental help for winter heating bills, a partnership with Elderbridge Agency on Aging to assist eligible applicants age 60 and over with chores, an emergency food pantry and food shelf to assist eligible families with food, and client advocacy and referral services. They also provide an online directory of resources in Dickinson County.

The Dickinson County Outreach Center is affiliated with Upper Des Moines Opportunity, Inc.

#### **HOW TO HELP**

lowans can support the work of the Dickinson County Outreach Center by volunteering, raising awareness, and making in-kind or monetary donations. Volunteer opportunities include advocacy, direct interaction with families, support for special events and projects, and working alongside staff at the food pantry. Iowans are encouraged to contact them directly for more information about volunteering and donations, or to invite a representative of the center to visit their church or community group.



### Dickinson County Public Health

#### **MEMBER INFORMATION**

#### CONTACT

#### **Brandon Rohrig**

brandon.rohrig@lakeshe alth.org 712-339-6050 dickinsoncountyiowa.org /public-health/

#### **ADDRESS**

2301 Hwy 71 South Spirit Lake, IA 51360

#### ORGANIZATION TYPE

Government Agency

#### **COUNTIES SERVED**

Dickinson

#### **DESCRIPTION**

Public health serves as a resource to assist people in getting the support they need. We have a plethora of information to give to people as well as dedicated staff time to ensure people are able to make it to the services they need.

The county resource guide is housed out of ISU Extension at: https://www.extension.iastate.edu/dickinson/content/dickinson-county-resource-guide

#### **HOW TO HELP**

lowans can support our work by keeping us informed. The amount of information that comes out on a daily basis is impossible to keep up with, so having residents that can assist us with information is essential.



### Digital Green Foundation

#### **MEMBER INFORMATION**

#### CONTACT

#### Rikin Gandhi

rikin@digitalgreen.org www.digitalgreen.org

#### **ADDRESS**

650 California Street7th Floor San Francisco, CA 94108

#### ORGANIZATION TYPE

International

#### **COUNTIES SERVED**

Activities Statewide

#### **DESCRIPTION**

Digital Green is a global development organization that empowers smallholder farmers to lift themselves out of poverty by harnessing the collective power of technology and grassroots-level partnerships. We join forces with governments, private agencies and, most importantly, rural communities themselves to co-create digital solutions that are of the community and for the community. When farmers have the tools they need to connect with one another, they're far more likely to apply what they've learned on their farms and in their households – improving their own livelihoods and those of others in their community, in a manner that's nutrition-sensitive, climate-resilient, and inclusive.

#### **HOW TO HELP**

You can support our work by donating to Digital Green here and finding opportunities to work with us here. To stay connected with us, follow us on Twitter or Facebook.



### Diocese of Davenport - CRS Rice Bowl

#### MEMBER INFORMATION

#### CONTACT

#### **Kent Ferris**

ferris@davenportdiocese.org 563-888-4211 www.davenportdiocese.o

#### **ADDRESS**

780 West Central Park Ave. Davenport, IA 52804

#### **ORGANIZATION TYPE**

Faith Based

#### **COUNTIES SERVED**

Visit Online Profile for Details

#### **DESCRIPTION**

Catholic Relief Services' CRS Rice Bowl is an annual collection sponsored by Catholic Relief Services in parishes across the United States. The collection occurs during the Lenten season each year. Seventy-five percent of the collection goes to Catholic Relief Services to support programs that address hunger and poverty in over 100 developing countries around the world. Twenty-five percent of the collection remains in the local Diocese and is distributed through a grant process to organizations that fight hunger and poverty within the Diocese.

#### **HOW TO HELP**

Catholics should contact their parishes to get a Rice Bowl and participate.



### **DMACC Honors Program**

#### **MEMBER INFORMATION**

#### CONTACT

#### **Prof. Sarah Waddle**

stwaddle@dmacc.edu 515-433-5091 go.dmacc.edu/honors/Pa ges/welcome.aspx

#### **ADDRESS**

1125 Hancock Drive, Bldg 1309 Boone, IA 50036

#### **ORGANIZATION TYPE**

Educational/School

#### **COUNTIES SERVED**

Boone, Carroll, Dallas, Jasper, Polk

#### DESCRIPTION

The DMACC Honors Program offers high-achieving, motivated students at Des Moines Area Community College an opportunity to graduate with honors. As part of the honors program, students participate in a service learning seminar, where they plan, execute, and assess a service-learning project that helps meet a community need.

#### **HOW TO HELP**

Service learning projects are undertaken through partnerships with the community. Organizations and community groups should contact Professor Sarah Waddle to learn more about DMACC's service learning programs or explore opportunities to collaborate with DMACC honors students.



### Drake University Agricultural Law Center

#### MEMBER INFORMATION

#### CONTACT

515-271-4956 www.drakeaglaw.org

#### **ADDRESS**

2507 University Avenue Des Moines, IA 50311

#### ORGANIZATION TYPE

Advocacy, Educational/School

#### **COUNTIES SERVED**

Activities Statewide

#### DESCRIPTION

The Drake University Agricultural Law Center has a 33-year history of legal research and policy action promoting better food and agriculture systems. The Drake Law School supports an array of courses, publications, conferences, and research initiatives and offers a certification program in food and agricultural law. Students learn about legal issues involving the full scope of food and agriculture, including marketing and finance; biotechnology; international trade; soil and water conservation; land use and environmental issues; food safety; and federal farm programs. Students and staff work broadly with farms, government agencies, businesses, and non-profits to shape a more resilient food system.

#### **HOW TO HELP**

Resources can be found at www.drakeaglaw.org. Those interested in connecting with Drake students or looking for expertise in a wide array of food and agricultural policy issues, can contact 515-271-4956.



## Drake University Community Engaged Learning Program

#### **MEMBER INFORMATION**

#### CONTACT

#### Renee Sedlacek

renee.sedlacek@drake.edu 515-271-2454 www.drake.edu/community

#### **ADDRESS**

1213 25th Street Des Moines, IA 50311

#### **ORGANIZATION TYPE**

Community Based, Educational/School

#### **COUNTIES SERVED**

Polk

#### DESCRIPTION

The Drake University Community Engaged Learning Program is a set of partnerships between Drake University students, faculty, alumni, and staff and charitable organizations in the Greater Des Moines metropolitan area. Each partnership with the Community Engaged Learning Program is designed to meet a community need while building the knowledge and skill sets of students.

Currently, students are actively engaged in the alleviation of food insecurity through three signature projects:

Sprout Garden - The garden is sponsored by State Farm, Drake University, and The Boys and Girls Club of Iowa. It is a place for all ages to gather, learn, explore, eat, and see what a garden can provide our community.

Next Course Food Recovery - Previously, all of this food went to waste. Now, Drake University and Sodexo are excited to announce the start of a food recovery program! This campus chapter, Next Course, follows the lead of the Food Recovery Network. With the help of students, Next Course will help relocate food resources to provide nutritious meals to people in need in the Des Moines area.

Little Pantries–Drake Neighborhood - The Drake Neighborhood Little Free Pantry Project began in summer 2017. The motto of the pantries, modeled after the Little Free Pantry program launched in Fayetteville, Ark., during summer 2016, is "Take what you need, leave what you can." People are welcome to take or leave non-perishable food items and personal hygiene items. Any produce, homemade goods, unsealed items, or refrigerated products should not be placed in the pantries. The pantries are installed on Drake's Campus and at seven other locations throughout Des Moines. Join the initiative by following the project's Facebook page: Little Pantries–Drake Neighborhood. The page will allow community members to stay up to date on the installation progress and what needs to be done to help keep the pantries stocked and successful.

#### **HOW TO HELP**

Drake University students, faculty, alumni, and staff can contact Ms. Sedlacek for opportunities to become volunteer service-learners. Community organizations in Greater Des Moines should contact her to explore partnerships with the Drake University Community Engaged Learning Program.



### Dubuque CROP Hunger Walk

#### **MEMBER INFORMATION**

#### CONTACT

#### Mary Ann LoGuidice

maryannuu@fastmail.fm 608-642-1270

#### **ADDRESS**

#### ORGANIZATION TYPE

Faith Based, International, Community Based

#### **COUNTIES SERVED**

Dubuque

#### **DESCRIPTION**

The Dubuque CROP Hunger Walk is a community-wide event sponsored by Church World Service and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

#### **HOW TO HELP**

Individuals and organizations can support the work of the Dubuque CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, email Mary Ann LoGuidice at maryannuu@fastmail.fm or Church World Service Congregational and Community Engagement Specialist Lenny Blue at Iblue@cwsglobal.org.



### Dubuque IA Growing Project

#### **MEMBER INFORMATION**

#### CONTACT

#### Dan Zauche

zauched@windstream.net

#### **ADDRESS**

Dubuque, IA 52001

#### **ORGANIZATION TYPE**

Faith Based, International, Community Based

#### **COUNTIES SERVED**

Dubuque

#### **DESCRIPTION**

As a Christian response to world hunger, Growing Hope Globally, formerly Foods Resource Bank (FRB), links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

Growing Hope engages volunteers to raise money through "Growing Projects" for between 50-60 overseas programs a year. All of the programs focus on developing smallholder agriculture, often in the most remote and poorest regions of the world. Growing Projects are the heart and soul of Growing Hope and have helped us reach over 1.6 million people since the first Growing Projects were created in 1999.

#### **HOW TO HELP**

lowans can support the work of Growing Hope by starting or joining a Growing Project in their community. A Growing Project is a group whose members work together to raise a crop or other commodity or hold fundraisers to help farmers overseas become self-sufficient. Growing Projects include revenue from field crops, cattle or dairy, pie auctions, pumpkin patches, Sunday school gardens, and more. Each member plays a unique role and contributes to the Growing Project in different ways by offering their time, talents or resources.

lowans are encouraged to directly contact coordinator Mr. Dan Zauche to become involved with the Dubuque IA Growing Project.

For more information about starting or joining a Growing Project, lowans should call 888-276-4372 or email Von Tarverdi at nfo@growinghopeglobally.org.



### **DuPont Pioneer**

#### **MEMBER INFORMATION**

#### CONTACT

515-535-3200 www.pioneer.com

#### **ADDRESS**

PO Box 1000 Johnston, IA 50131-0184

#### ORGANIZATION TYPE

Corporate

#### **COUNTIES SERVED**

Polk, Activities Statewide

#### DESCRIPTION

For more than 85 years, DuPont Pioneer has been working to improve the lives of farm families and rural communities. As the first company to research, develop and sell hybrid seed corn in 1926, our focus was helping farmers increase productivity of corn to support their families, invest in their farms and build stronger rural communities. Many things have changed in eight decades, but our focus is still the same: helping farmers be more productive while supporting the communities in which our employees and customers live and work.

Our Pioneer Giving program works to improve food security by advancing agriculture through science, education, and innovation. We are also committed to enhancing the quality of life for farmers and their communities globally.

Eligible community organizations include local schools, public charities and 501c3 organizations.

Pioneer's Giving Program provides up to \$5,000 for a project or program which focuses on the following:

- Food Security. While we are working toward the goal of providing nutritious food to 9 billion people by 2015, millions of people today don't know where their next meal will come from.

Food security support could include school to home backpack meal programs, food banks, rural meal delivery, congregate meal programs, meals on wheels programs, community gardens.

Program examples include:

Food Bank of the Heartland & Community Programs, Nebraska

- Education. Science education is the key to continuing important advancements in agriculture. Increasing productivity, preserving natural resources, developing healthier plants, oils and animals ... it will take a new generation of researchers, agronomists, scientists and farmers to meet lofty goals. Education support could be for a local science fair, classroom science activity, and after school activities like Lego League.

Program examples include:

CASE Program Helps Teachers Prepare Future Ag & Science Leaders, Iowa



Urban Agriculture Academy, Nebraska

- Community Betterment. Vibrant communities support our customers and employees in important ways. We support programs and projects that create sustainable infrastructure for communities in which our employees and customers live and work. Projects could include grain rescue tubes or other support for local rescue teams, a key community improvement effort, or local health and human services projects.

Program examples include:

- Focus on Youth Drives Community Outreach in Hawaii
- Grain Bin Rescue Equipment Donations, Iowa
- Contact your local Pioneer sales representative or business team for more details on program applications.

**HOW TO HELP** 



### Dysart IA Growing Project

#### **MEMBER INFORMATION**

#### CONTACT

#### Lowell Sanford

lowellsa@fctc.coop

#### **ADDRESS**

Dysart, IA 52224

#### **ORGANIZATION TYPE**

Faith Based, International, Community Based

#### **COUNTIES SERVED**

Tama

#### **DESCRIPTION**

As a Christian response to world hunger, Growing Hope Globally, formerly Foods Resource Bank (FRB), links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

Growing Hope engages volunteers to raise money through "Growing Projects" for between 50-60 overseas programs a year. All of the programs focus on developing smallholder agriculture, often in the most remote and poorest regions of the world. Growing Projects are the heart and soul of Growing Hope and have helped us reach over 1.6 million people since the first Growing Projects were created in 1999.

#### **HOW TO HELP**

lowans can support the work of Growing Hope by starting or joining a Growing Project in their community. A Growing Project is a group whose members work together to raise a crop or other commodity or hold fundraisers to help farmers overseas become self-sufficient. Growing Projects include revenue from field crops, cattle or dairy, pie auctions, pumpkin patches, Sunday school gardens, and more. Each member plays a unique role and contributes to the Growing Project in different ways by offering their time, talents or resources.

lowans are encouraged to directly contact coordinators Mr. Lowell Sanford, to become involved with the Dysart IA Growing Project

For more information about starting or joining a Growing Project, Iowans should call 888-276-4372 or email Von Tarverdi at info@growinghopeglobally.org.



### Easterseals Iowa

#### **MEMBER INFORMATION**

#### CONTACT

#### Tracy Keninger

tkeninger@eastersealsia.org 515-309-1300 www.eastersealsia.org/

#### **ADDRESS**

401 NE 66th Avenue Des Moines, IA 50313

#### ORGANIZATION TYPE

Community Based

#### COUNTIES SERVED

Polk, Activities Statewide

#### **DESCRIPTION**

Easterseals Iowa provides exceptional services to ensure all people with disabilities or special needs and their families have equal opportunities to live, learn, work and play in their communities. Easterseals Iowa Rural Solutions program serves Iowa farmers with disabilities by working with families to identify possible modifications that will assist with farming. This unique service is not available through any other entity in Iowa.

#### **HOW TO HELP**

Businesses, families and individuals can support Easterseals Iowa through donations or through volunteer opportunities.



### Eat Greater Des Moines

#### **MEMBER INFORMATION**

#### CONTACT

#### **Aubrey Alvarez**

aalvarez@eatgreaterdes moines.org 515-207-8908 www.eatgreaterdesmoin es.org

#### **ADDRESS**

501 SW 7th, Suite G2 Des Moines, IA 50309

#### **ORGANIZATION TYPE**

Community Based, Garden Program

#### **COUNTIES SERVED**

Dallas, Marion, Polk, Warren

#### **DESCRIPTION**

Eat Greater Des Moines is a central lowa-based non-profit organization that facilitates and builds connections to strengthen the area's food system. Their mission is to unite the community by providing quality food access for all. By bringing people to the table, they empower partners in the community to connect and support one another. They move ideas into action through information sharing, building relationships, and providing education on the most urgent issues related to food in our community. Resources available include a directory of farms, a directory of community gardens and farmers markets a directory of food assistance sites, information about starting community gardens, and an online calendar of events.

Their food rescue initiative connects people and organizations with surplus food to people and organizations that feed hungry people, reducing food waste and helping ensure that everyone has enough healthy food to eat.

#### **HOW TO HELP**

There are many opportunities for people and organizations to support the work of Eat Greater Des Moines. Their food rescue initiative has roles for individual volunteers, food industry professionals, and social service professionals. People can also provide support by signing up on their website, helping expand their directories and submitting events to their calendar.



### eFeed-Hungers.com

#### **MEMBER INFORMATION**

#### CONTACT

#### Dr. Sugam Sharma

ceo@efeed-hungers.com/

#### **ADDRESS**

Dotson Dr. Ames, IA 50014-8046

### ORGANIZATION TYPE Community Based

Corninanity based

### COUNTIES SERVED Story

#### **DESCRIPTION**

It's an Information and Communication Technology or Information Sharing start up, which is tightly tailored to host food donation information. It is used as an online platform where a Donor (organizations or individual) enters the information of his/her excessive, edible food, particularly the location and the time window of its availability. The needy (also called Consumer) also takes the best advantage of this online platform and finds the available donated food options in real-time in any region of interest. The Consumer can select the region of interest by entering the desired addressed. Thus, this online platform of eFeed-Hungers.com acts as bridge between food waste and hunger and intelligently assists the proper channeling of the food waste to the most appropriate people to quell their hunger and saves lives. The eFeed-Hungers.com is specifically designed and developed to encourage the food waste Donors to further deliver it to the most sought people. The eFeed-Hungers.com highly relies on citizen science and seeks strong participation of communities as inclusive efforts.

#### **HOW TO HELP**

Please provide financial support. Its very much needed to continue support to fight hunger.



### Elder Services Inc.

#### **MEMBER INFORMATION**

#### CONTACT

#### Rosemary Schwartz

rschwartz@elderservicesinc.org 319-338-0515 elderservicesinc.org/

#### **ADDRESS**

2210-9th St. #1 Coralville, IA 52241

#### ORGANIZATION TYPE

Community Based

#### **COUNTIES SERVED**

Johnson

#### DESCRIPTION

Elder Services Inc. provides hot daily meals to home-bound older adults in Johnson County, lowa and twice monthly deliveries of breakfast bags, seventeen choices from a frozen meal menu, six choices from a shelf stable menu, and four choices of liquid supplements to four rural counties.

Their services also include an "Elder Answers" hotline, support with bill paying management, affordable senior housing, care coordination assistance, in-home assistance, health insurance information, and help with transportation.

#### **HOW TO HELP**

Elder Services Inc. has a variety of volunteer needs, which are posted on their website. In particular, they always need drivers to deliver Meals on Wheels. Monetary donations are also appreciated. Older adults (over 55) can also find opportunities to volunteer their time and talents through the Retired and Senior Volunteer Program.



### Elderbridge Area Agency on Aging

#### **MEMBER INFORMATION**

#### CONTACT

#### Robert Ammann

rammann@elderbridge.org 800-243-0678 www.elderbridge.org

#### **ADDRESS**

22 N Georgia Ste 216 Mason City, IA 50401

#### **ORGANIZATION TYPE**

Community Based, Meal Site

#### **COUNTIES SERVED**

Visit Online Profile for Details

#### DESCRIPTION

Elderbridge Area Agency on Aging connects older adults, caregivers and persons with disabilities to the services they need to remain independent. As part of this mission, they provide funding and oversight to congregate meal sites and home delivered meal programs in 29 counties.

#### **HOW TO HELP**

lowans can help support the work of Elderbridge Agency on Aging by making a donation or signing up to volunteer. People interested in making a donation or becoming a volunteer should call 800-243-0678 or request information through their website.



### Elvira IA Growing Project

#### **MEMBER INFORMATION**

#### CONTACT

#### Steve Witt

witt.s54@gmail.com

#### **ADDRESS**

Clinton, IA 52732

#### **ORGANIZATION TYPE**

Faith Based, International, Community Based

#### **COUNTIES SERVED**

Dubuque

#### **DESCRIPTION**

As a Christian response to world hunger, Growing Hope Globally, formerly Foods Resource Bank(FRB), links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

Growing Hope engages volunteers to raise money through "Growing Projects" for between 50-60 overseas programs a year. All of the programs focus on developing smallholder agriculture, often in the most remote and poorest regions of the world. Growing Projects are the heart and soul of Growing Hope and have helped us reach over 1.6 million people since the first Growing Projects were created in 1999.

#### **HOW TO HELP**

lowans can support the work of Growing Hope by starting or joining a Growing Project in their community. A Growing Project is a group whose members work together to raise a crop or other commodity or hold fundraisers to help farmers overseas become self-sufficient. Growing Projects include revenue from field crops, cattle or dairy, pie auctions, pumpkin patches, Sunday school gardens, and more. Each member plays a unique role and contributes to the Growing Project in different ways by offering their time, talents or resources.

lowans are encouraged to directly contact coordinator Mr. Steve Witt, to become involved with the Elvira IA Growing Project.

For more information about starting or joining a Growing Project, lowans should call 888-276-4372 or email Von Tarverdi at info@growinghopeglobally.org.



# EMBARC - Ethnic Minorities of Burma Advocacy and Resource Center

#### **MEMBER INFORMATION**

#### CONTACT

#### Dalia Kyi

dalia@embarciowa.org 515-286-3928 www.embarciowa.org

#### **ADDRESS**

2309 Euclid Ave Des Moines, IA 50310

#### ORGANIZATION TYPE

Advocacy, Community Based, Educational/School

#### **COUNTIES SERVED**

Black Hawk, Polk

#### **DESCRIPTION**

EMBARC is a holistically-minded organization, founded by refugees from Burma. Services provided address education, advocacy, and community building concepts and activities.

A key factor in strengthening communities is strong community-based organizations. By providing linguistically and culturally appropriate services, and building bridges to community resources, families will increase their economic stability, integrate with the mainstream population, develop tools to engage in civic participation and self-advocacy, and strengthen their capacity to help others in their community.

As of May 2018, EMBARC began training community members on topics related to healthy eating. EMBARC also partners with Clive Community Services and Monroe MOMS Food Pantry to provide food to refugee community members in need. EMBARC also partners with Lutheran Services Iowa to connect refugees with community garden plots where they can grow their own produce.

#### **HOW TO HELP**

lowans can support the work of EMBARC through a variety of volunteer opportunities or by making a donation online.

Volunteer opportunities include:

- Helping refugee children improve their English and complete homework
- One-on-one adult mentoring to help refugee adults work towards their personal and professional goals
- Assisting with donation drives
- Helping refugees apply for 'green cards' so they can work
- Transporting refugees to appointments and resource centers



- Helping write grants, plan events, and fundraisers
- Performing basic clerical tasks filing, data entry, correspondence
- Helping publicize EMBARC

To find out more about volunteering opportunities, email them at volunteer@embarciowa.org.



### **Emmet County Outreach**

#### **MEMBER INFORMATION**

#### CONTACT

#### Alisa Schlief

aschlief@udmo.com 712-362-2391 www.udmo.com/Emmet.htm

#### **ADDRESS**

508 S. 1st Street Estherville, IA 51334

#### ORGANIZATION TYPE

Community Based, Food Pantry, Housing Assistance / Shelter

#### **COUNTIES SERVED**

**Emmet** 

#### **DESCRIPTION**

The Emmet County Outreach Center builds stronger communities by addressing the effects of poverty on individuals and families in Emmet County. Their programs and services include weatherization assistance and supplemental help for winter heating bills, a partnership with Elderbridge Agency on Aging to assist eligible applicants age 60 and over with chores, an emergency food pantry and food shelf to assist eligible families with food, and client advocacy and referral services. They also provide an online directory of resources in Emmet County.

The Emmet County Outreach Center is affiliated with Upper Des Moines Opportunity, Inc.

#### **HOW TO HELP**

lowans can support the work of the Emmet County Outreach Center by volunteering, raising awareness, and making in-kind or monetary donations. Volunteer opportunities include advocacy, direct interaction with families, support for special events and projects, and working alongside staff at the food pantry. lowans are encouraged to contact them directly for more information about volunteering and donations, or to invite a representative of the center to visit their church or community group.



### Emmetsburg High School Borlaug Biology Scholars

#### MEMBER INFORMATION

#### CONTACT

#### Tricia Reichert

treichert@e-hawks.org 712-852-2966 www.e-hawks.org/Distric t/Department/2-High-Sc hool

#### **ADDRESS**

205 King Street Emmetsburg, IA 50536

#### ORGANIZATION TYPE

Educational/School

#### **COUNTIES SERVED**

Palo Alto

#### **DESCRIPTION**

Every year, our entire tenth grade class accepts the challenge to become Emmetsburg High School Borlaug Biology Scholars. The Borlaug Biology Scholars research the challenge of global food insecurity, ponder solutions, prepare informational posters that are professionally printed and present their posters to their peers and community members. The Borlaug Scholars also collect food items for our local Upper Des Moines Food Pantry to help feed the food insecure in our own rural lowa community.

#### **HOW TO HELP**

Individuals and organizations should contact Ms. Tricia Reichert at treichert@e-hawks.org or 712-852-2966 ext 224 for more information on how to support the work of the Borlaug Biology Scholars. They especially desire partnerships with the business community and teachers and students at other schools.



### Employee & Family Resources

#### **MEMBER INFORMATION**

#### CONTACT

#### Julie McCarty

jmccarty@efr.org 515-471-2308 www.efr.org

#### **ADDRESS**

505 Fifth Avenue, Suite 600 Des Moines, IA 50309

#### ORGANIZATION TYPE

Community Based, Educational/School

#### **COUNTIES SERVED**

Polk

#### DESCRIPTION

Employee & Family Resources (EFR) is a nonprofit human services organization dedicated to helping people manage life's challenges so they can reach their full potential.

Their Community Services help individuals and families to establish and meet goals, focus on increasing access and services for specific language and cultural groups, and provide substance abuse related prevention and programming. These programs include the Student Assistance Program for youth, bilingual counseling services, and behavioral and restorative justice programs.

Their Workplace Services help organizations perform optimally by growing healthy and focused employees and providing guidance in times of crisis. These programs include an Employee Assistance Program and wellness programming for employees, training and leadership coaching for management, and mediation and crisis response services.

Their Substance Abuse Services help individuals, families, and employers impacted by substance abuse-related problems.

#### **HOW TO HELP**

Individuals can support the work of EFR by volunteering and through monetary donations. Iowans are encouraged to learn more about volunteer, internship and service learning opportunities by contacting Louise Crall online or at 515-471-2373.

Organizations can support the work of EFR by participating in their workplace services programming, making referrals to their community services and substance abuse services, or requesting a member of their Speakers Bureau to share their expertise and success stories with members and employees. Please contact EFR staff directly for more information about these opportunities or to explore other partnership ideas.



### Empower Tanzania Inc

#### MEMBER INFORMATION

#### CONTACT

#### **Phil Latessa**

info@empowertz.org www.empowertz.org

#### **ADDRESS**

5414 Cervantes Ames, IA 50014

#### **ORGANIZATION TYPE**

International

#### **COUNTIES SERVED**

Story, Activities Statewide

#### **DESCRIPTION**

Empower Tanzania Inc (ETI) works in partnership with Tanzanians to develop models that sustainably improve the quality of life and resilience of rural areas through health improvements, education and economic empowerment. ETI is addressing the underlying issues that hinder resiliency in the rural areas, such as health care, education, agriculture practices, markets for products, and increasing water supply and quality. ETI's programs fall into three groups: economic empowerment, education, and health care.

#### **HOW TO HELP**

lowans can find out more about Empower Tanzania by signing up for their listserv or visiting their Facebook page. Donations are accepted online.



# Entrepreneurial and Diversified Agriculture Program at Iowa Valley Community College

#### **MEMBER INFORMATION**

#### CONTACT

#### Sally Wilson

sally.wilson@iavalley.edu 641-844-5786 mcc.iavalley.edu/academ ic/agriculture-animal-scie nce/entrepreneurial-ag/

#### **ADDRESS**

3700 S. Center St. Marshalltown, IA 50158

#### ORGANIZATION TYPE

Educational/School

#### **COUNTIES SERVED**

Marshall, Activities Statewide

#### **DESCRIPTION**

The mission if the Johnston Partnership For a Healthy Community is to cultivate community and family wellness by providing access to food, educational support, clothing and basic human services. Our vision is to improve the quality of life in the community one person at a time. Our programs include a Johnston Youth Mentoring Program (JUMP), DMARC Food Pantry, Clothes Closet and weekend food supply for elementary and middle school children who are food insecure.

The Johnston Partnership unites local organizations to provide a safe, healthy and nurturing place to live, work and grow by establishing strong community partnerships. Their programs include the JUMP youth mentoring program and the Closet at Crown Point, a food pantry and clothing closet operated in partnership with DMARC. The food pantry is open to eligible families and community members in Johnston and the Johnston School District Tuesdays and Saturdays from 10am-2pm at Partnership Place 5870 Merle Hay Road, Suite D, Johnston.

#### **HOW TO HELP**

There are many volunteer opportunities at the Johnston Partnership. Volunteers are especially vital to the effective operation of the Johnston Food Pantry, where they greet clients, bag groceries and personal items, re-stock shelves, pick up orders from DMARC, the Iowa Food Bank and other donors, handle office work, and serve on committees.

In addition to city funding, financial and other support from our church and business partners are vital to the Johnston Partnership's ability to serve neighbors in need. Churches or business that would like to become a partner of the Johnston Partnership, should contact their Program Director, Andrea Cook, at director@johnstonpartnership.org for more information.

MAILING ADDRESS: P.O. Box 975 Johnston IA 50131



### Exira Christian Church

#### **MEMBER INFORMATION**

#### CONTACT

#### **Pastor Glen Meyers**

godspad@iowatelecom.n et

712-268-5498

#### **ADDRESS**

201 E Main Street Exira, IA 50076

#### **ORGANIZATION TYPE**

Faith Based, Food Pantry

#### **COUNTIES SERVED**

Audubon

#### DESCRIPTION

The hunger missions of Exira Christian Church include supporting the local food pantry, working with the area ecumenical council to collect food and funds for hunger relief, and partnerships with Audubon County Family Development Center.

#### **HOW TO HELP**

Please contact Pastor Meyers directly for more information or to explore opportunities to partner with Exira Christian Church.



# Faith & Grace Garden

# **MEMBER INFORMATION**

#### CONTACT

### Tim Goldman

timothyjgoldman@gmail.com 515-745-9842

www.growthefood.org

### **ADDRESS**

1020 24th Street West Des Moines, IA 50266

### **ORGANIZATION TYPE**

Faith Based, Garden Program

### **COUNTIES SERVED**

Polk

### **DESCRIPTION**

Faith & Grace Garden is part of Grow The Food, a collection of community gardens in the Des Moines area with the goal of growing food to feed the local hungry. All of the food they grow is donated to local food pantries, including the Des Moines Area Religious Council, the Eddie Davis Community Center and the food distribution program at Trinity Methodist Church.

Faith & Grace Garden is located alongside St. Timothy's Episcopal church and Covenant Presbyterian Church in West Des Moines.

# **HOW TO HELP**

Individuals and groups can join the work of Faith & Grace Garden by volunteering or donating equipment or materials. Volunteers are retirees, church groups, civic groups, students, neighbors and other people who want to enjoy fresh air and sunshine while helping other people. Volunteers help with planting, weeding, watering, harvesting and delivering to the food pantries.

Scheduled work days in the gardens are weekdays 6:00 p.m. to 8:30 p.m. and weekends except Sunday mornings. Food delivery help is needed on Tuesday and Saturday mornings. However, they will schedule a work event any time (except Sunday morning) that three or more persons wish to work.

Individuals can weed or hoe outside of scheduled work times anytime at their convenience. A typical work event lasts 1 to 2 hours. Donations of equipment or materials are also helpful from time to time. Their website has a list of current equipment needs.



# Family Promise of Greater Des Moines

#### MEMBER INFORMATION

### CONTACT

### LaToya Scott

latoya@familypromisedm.org 515-277-7051 www.familypromisedm.org

### **ADDRESS**

4114 Allison Avenue Des Moines, IA 50310

#### ORGANIZATION TYPE

Faith Based, Community Based, Housing Assistance / Shelter

### COUNTIES SERVED

Polk

### **DESCRIPTION**

Family Promise of Greater Des Moines (FPGD) mobilizes the community to help homeless families achieve stable housing and income through compassionate care, hospitality and professional support. FPGD is an affiliate of Family Promise; a nonprofit corporation based in Summit, New Jersey.

Family Promise of Greater Des Moines assists homeless families with children through a network of 14 area faith-based host congregations that provide clean, safe overnight shelter and nutritious meals for a period of one week every three months. The host congregations provide each family with a private room for sleeping as well as supper and food for breakfast and for packing a sack lunch each day.

Guests are provided a safe, secure place to be during the day at their Day Center which is located at Westminster Presbyterian Church.

### **HOW TO HELP**

Individuals and groups can support the work of Family Promise of Greater Des Moines through donations and by volunteering with programming at the Day Center, driving the FPGD van, and nonprofit administrative and operations support. Members of host congregations may also be able to help provide hospitality to guest families during their congregation's host week.

Religious communities can become involved by becoming host congregations or support congregations.

lowans are encouraged to contact FPGD directly to learn more.



# Fareway Stores, Inc.

# **MEMBER INFORMATION**

#### CONTACT

### **Emily Toribio**

OurCommunity@Farewa yStores.com 515-432-2623 www.fareway.com/

#### **ADDRESS**

715 8th Street, PO Box 70 Boone, IA 50036

# ORGANIZATION TYPE

Corporate

#### **COUNTIES SERVED**

Boone, Activities Statewide

### DESCRIPTION

Fareway Stores, Inc. is a Midwest grocery company operating more than with 120 stores. We take pride in providing fresh, high quality meat and produce and the best in customer service. This includes free services provided by our registered dieticians, their Centsable Health Magazine and Recipe Box.

We are also proud to support local communities through direct involvement and donated resources to charitable organizations both large and small. This includes a wide variety of causes that support our values, including youth organizations, health and research, service members and reinvestment in Boone County. Fareway supports many organizations that work to fight hunger, and is currently implementing a food rescue program at individual store locations.

### **HOW TO HELP**

Organizations that are working to fight hunger are encouraged to visit Fareway.com to explore opportunities for direct involvement or donated resources, and to contact Fareway Stores at

OurCommunity@FarewayStores.com. Please note that depending on the type of request, you may be rerouted to a local store manager.



# Feed Iowa First

### **MEMBER INFORMATION**

#### CONTACT

feediowalst@gmail.com 319-329-5818 feediowalst.com

#### **ADDRESS**

1622 42nd Street NE Cedar Rapids, IA 52402

# **ORGANIZATION TYPE**

Community Based, Garden Program

# COUNTIES SERVED

Linn

### **DESCRIPTION**

Dedicated to confronting food insecurity today and tomorrow by growing food and farmers, Feed Iowa First raises wholesome, top-quality, fresh food and delivers it to those in need, while offering opportunities for beginning farmers to get started.

Feed Iowa First partners with corporations and faith communities who provide volunteers and land for gardening and urban farming. They also work with schools on gardening and education initiatives and partner with area food pantries and soup kitchens to deliver their harvest to the hungry in Cedar Rapids. They also support many other local urban farms with seeds, transplants, equipment, and advice.

# **HOW TO HELP**

Individuals can support the work of Food at First by giving of their time, skills, land, tools, and monetary donations. Beginning farmers and volunteers who are familiar with bees, creating a market study or evaluation of a market for a new product are especially needed.

Corporations and organizations can provide support by providing access to land for urban farm-sites, encouraging employees or members to volunteer, and through donations in cash or in kind. Iowans are encouraged to contact Food at First for more information or to explore collaborations.



# First Lutheran Church

# **MEMBER INFORMATION**

### CONTACT

# Pastor Greg Friedrich

flcpastor@lisco.com

### **ADDRESS**

201 West Briggs Avenue Fairfield,

### ORGANIZATION TYPE

Faith Based, Meal Site

### **COUNTIES SERVED**

Jefferson

# **DESCRIPTION**

First Lutheran Church is the host site for "Come To Supper", a free community meal served every Tuesday of each month for those in need.



# First Lutheran Church (Cedar Rapids)

### **MEMBER INFORMATION**

### CONTACT

# Vicki Hughes

vickih@firstlutherancr.org 319-365-1494 www.firstlutherancr.org

#### **ADDRESS**

1000 3rd Avenue SE Cedar Rapids, IA 52403

### ORGANIZATION TYPE

Faith Based, Community Based, Food Pantry

# **COUNTIES SERVED**

Linn

# **DESCRIPTION**

First Lutheran Church supports the hungry through their Saturday Evening Meal Program. They provide a free meal every Saturday night of the year for anyone who needs it - no questions asked. This program is one of their several social outreach ministries.

# **HOW TO HELP**

The Saturday Evening Meal Program is always in need of monetary donations as well as donations of meat, milk, fruits and vegetables. More information is available on their website or by contacting them directly.



# First Presbyterian Church of Shenandoah

#### **MEMBER INFORMATION**

### CONTACT

### Carol Hornbuckle

fpcs200@q.com 712-246-3592 www.pmrv.org/index.php /10-congregations/135-sh enandoah

### **ADDRESS**

200 West Clarinda Avenue Shenandoah, IA 51601

# ORGANIZATION TYPE

Faith Based

# **COUNTIES SERVED**

Fremont, Page

### DESCRIPTION

Members of First Presbyterian Church of Shenandoah set aside 2 - 5 cents for every meal they eat. (This guideline has been set by the "Cents-Ability" program.) On the last Sunday of every month they collect this offering during the last hymn of their worship service. Members bring their change forward and put it in a rattan fish. Half of the offering goes to their local food bank and the other half goes to the Presbyterian Hunger Program which fights hunger through projects in the United States and around the world. If members forget their change, or don't collect it at home during the month, they drop their pocket change or bills in the fish. No one misses this amount of money - and it definitely adds up over the year.

Their Mission Committee also leads the congregation in conducting an annual food drive at two local grocery stores. All food and money collected goes to the local food pantry.

Members also contribute money to help fund an ecumenical "Seeds of Faith" field of corn or soybeans. Three other churches in the community participate: The Congregational United Church of Christ, the First Christian Church and the United Methodist Church. Fields of a number of acres, dependent on the amount raised, are planted by volunteer farmers. After the crop is harvested by these farmers, and sold, the money is distributed by the Foods Resource Bank in projects around the world to combat hunger.

### **HOW TO HELP**

lowans can support this work by starting a similar program in their own church or organization.



# Fisher Delta Research Center

### **MEMBER INFORMATION**

#### CONTACT

# **Dr. Gene Stevens**

stevensw@missouri.edu 573-379-5431 delta.cafnr.org/

### **ADDRESS**

P.O. Box 160 Portageville, MO 63873

# ORGANIZATION TYPE Educational/School

Eddedtional, School

# **COUNTIES SERVED**

# **DESCRIPTION**

The Fisher Delta Research Center works with University of Missouri extension, state and federal agencies and Missouri agribusiness to support a reliable, safe supply of quality food supplied in a sustainable, profitable manner.

As part of this mission, the Fisher Delta Research Center is partnering with Outreach, Inc., headquartered in Union, Iowa, to help farmers in Tanzania.

### **HOW TO HELP**

lowans should contact Outreach staff for more information about their work in Tanzania.



# Five Hundred Dresses

# **MEMBER INFORMATION**

#### CONTACT

### Kim Harms

500dresses@gmail.com 515-537-5365 500dresses.org/

### **ADDRESS**

809 Ashwood Dr. c/o Kim Harms Huxley, IA 50124

# ORGANIZATION TYPE

Faith Based, International

# **COUNTIES SERVED**

Story

# **DESCRIPTION**

The primary focus of 500 Dresses is to provide clothing for Haitian children and to support Mission to Haiti's Dorcas Ministry Shop (a bridal store in Port au Prince, Haiti). Dorcas Ministry Shop employs impoverished single Haitian mothers, providing them with an income for housing and food. 500 Dresses will also soon be providing supplies for Mission Harvest Church in Iganga, Uganda to use in their seamstress/tailor vocational training classes.

# **HOW TO HELP**

500 Dresses accepts donations of sundresses, shorts, formal gowns (including wedding gowns, bridesmaid dresses, mother-of-the-bride dresses and flowergirl dresses), and sewing supplies. They also welcome cash donations to purchase supplies and pay for shipping. The current specific needs list is always available on their website: 500dresses.org.



# Food 4 Thought

# **MEMBER INFORMATION**

#### CONTACT

### Janet Coon

coonj@live.siouxcityscho ols.com 712-274-4021

# **ADDRESS**

#### ORGANIZATION TYPE

Community Based, Educational/School

# **COUNTIES SERVED**

Plymouth, Woodbury

# **DESCRIPTION**

Food 4 Thought ("F4T") provides both supplemental, weekend food packs and service opportunities to youth in Sioux City.

Their primary goal is to provide middle and high school students with supplemental weekend food packs during the school year to assist in battling hunger. Since hunger is a basic need that must be met prior to learning, F4T strives to assist with this need, so students can be better equipped to learn and attain their goals. The food packs are filled with easy to prepare, nutritious, non-perishable items that will supplement a young person's weekend meals.

Service to others is a fundamental principal that F4T incorporates. The program has been created to promote teamwork. There are various roles to be filled that enable the weekly assembly and distribution of food packs. Both adult and student volunteers are integral to the success of the program. The desire is to include youth in the F4T program so that they may be involved in reaching out and serving others in the community.

### **HOW TO HELP**

Food 4 Thought relies on a broad cross-section of community members to achieve their mission. Volunteer opportunities are available for both adults and students. Businesses are frequently involved by contributing either funds or food. Both individuals and businesses are encouraged to contact them directly for more information or to become involved.



# Food and You, LLC

# **MEMBER INFORMATION**

#### CONTACT

# Linda Gobberdiel

foodandyou@gmail.com 515-321-7853

### **ADDRESS**

Des Moines, IA

# ORGANIZATION TYPE

Corporate

### **COUNTIES SERVED**

Polk

### **DESCRIPTION**

Food and You, LLC is an independent consulting business that works on grant writing and project management. Projects and grants center on supporting systems for local, healthy, and affordable food for lowans.

Examples of projects: developing and testing a point-based approach for healthy selections in food pantries, processing Grade B produce into healthy snacks, using existing kitchens to process locally grown foods, and value-added and poultry processing.

# **HOW TO HELP**

Individuals should contact Linda Gobberdiel, MA RD LD directly if they are interested in support or management of specific projects.



# Food Bank for the Heartland

### **MEMBER INFORMATION**

### CONTACT

### **Brian Barks**

BBarks@FoodBankHeartland. org 402-331-1213 www.foodbankheartland.org

#### **ADDRESS**

10525 J Street Omaha, NE 68127

### **ORGANIZATION TYPE**

Food Bank

### **COUNTIES SERVED**

Cass, Fremont, Harrison, Mills, Montgomery, Page, Pottawattamie, Shelby

# DESCRIPTION

The mission of the Food Bank is to provide emergency and supplemental food to people in need in Nebraska and western lowa. In everything we do, we serve with respect, integrity and urgency. Our service area spans 93 counties and 78,000 miles across the two states. Today, we collaborate with nearly 600 network partners, including pantries, emergency shelters, schools, churches and other organizations, to get food to our neighbors in need. We distributed 26.5 million pounds of food, or more than 22 million meals, in 2018.

# **HOW TO HELP**

lowans can support the work of Food Bank for the Heartland by donating money, food, or time, or by volunteering to host a fundraiser. Donations of money and food are critical to sustaining the work of Food Bank for the Heartland. Volunteers are needed to work in the warehouse and office, and to help with special events, SNAP outreach, and community programs. For more information about how to become involved, contact them online.



# Food Bank of Iowa

### **MEMBER INFORMATION**

### CONTACT

# Danny Akright

dakright@foodbankiowa.org www.Foodbanklowa.org

#### **ADDRESS**

2220 East 17th Street Des Moines, IA 50316

# ORGANIZATION TYPE

Food Bank

#### **COUNTIES SERVED**

Visit Online Profile for Details

# **DESCRIPTION**

The Food Bank of Iowa is a private, not-for-profit organization striving to meet the critical food needs of a diverse population through more than 500 partner agencies in 55 Iowa counties who directly serve children, families and seniors in need. These partner agencies include food pantries, soup kitchens, homeless and domestic violence shelters, child and adult care centers, and youth and senior programs.

Besides traditional food banking, the organization also operates for successful programs: the BackPack Program, Mobile Pantries, School Pantries, and Help Us Stop Hunger (HUSH).

# **HOW TO HELP**

lowans can take action and make a difference by:

- Donating Funds
- Donating Food
- Hosting or participating in a local food drive
- Volunteering
- Becoming an advocate



# Food Bank of Siouxland

### **MEMBER INFORMATION**

### CONTACT

### Linda Scheid

linda@siouxlandfoodbank.org 712-255-9741

www.siouxlandfoodbank.org

#### **ADDRESS**

1313 11th Street Sioux City, IA 51105

### **ORGANIZATION TYPE**

Food Bank

### **COUNTIES SERVED**

Cherokee, Crawford, Ida, Lyon, Monona, Plymouth, Sioux, Woodbury

# **DESCRIPTION**

The Food Bank of Siouxland was founded in 1991 to serve community charities with programs to nourish the needy, the ill, and children. Today the organization's mission is to lead Siouxland in the fight against hunger. Nutritious food is provided to a network of 100 agencies, as well as via several programs dedicated to feeding the needy.

# **HOW TO HELP**

lowans can support the Food Bank of Siouxland through volunteering or through donations of money or food. Volunteers are especially needed to organize fundraisers and food drives. Fundraisers are especially significant because the Food Bank of Siouxland is able to leverage every dollar donated into \$13 worth of food. Food drives are also a source of significant support.

People who are interested in volunteering should call 712-255-9741, email info@siouxlandfoodbank.org or visit their website to get started.



# Food Environment Alliance

### MEMBER INFORMATION

### CONTACT

# Stephanie Schrader

S.Schrader@cedar-rapids.org www.crtrees.org/feadev/

### **ADDRESS**

# ORGANIZATION TYPE Community Based

### **COUNTIES SERVED**

# **DESCRIPTION**

The goal of the Food Environment Alliance is to grow relationships around healthy foods to inspire vibrant communities to collaborate, learn, and discover a passion and purpose around healthy food.

Collaboration - Create a collective network and promote personal relationships in order to understand shared assets and resources

Learning - Develop opportunities for individual, family, and community as well as discover a passion and purpose around healthy food. Promote learning by doing!

Access - Promote social awareness of food policies and promote create methods for food access.

Visibility - Provide communication and marketing for food related projects. Develop a food system to create a community space.

# **HOW TO HELP**

Food Environmental Alliance thrives off of the hard working volunteers who commit their time to the program. Please join us in making a difference in the city of Cedar Rapids by filling out this form.



# Food Fellows at The Ohio State University

#### MEMBER INFORMATION

### CONTACT

# Meera Nagarajan

Meera.Nagarajan79@gmail.com

www.facebook.com/foodf ellowsosu

#### **ADDRESS**

281 W Lane Ave Columbus, OH 43210

# ORGANIZATION TYPE

Educational/School

### **COUNTIES SERVED**

# **DESCRIPTION**

Food Fellows is a grant-funded student cohort at The Ohio State University that trains interdisciplinary students about food-related issues, such as food policy, nutrition, agriculture, and food insecurity, through research and service with various community agencies. The aim is to mobilize students to take action against hunger in their community. The students work with agencies, such as the Mid-Ohio Foodbank and the Children's Hunger Alliance, conducting service and research to eliminate hunger in the United States.

# **HOW TO HELP**

As a student cohort, Food Fellows aims to train students to become change agents in their community. The Food Fellows model can be adopted at other universities in order to mobilize students to change the current health and hunger situation in their area. People wishing to become involved should contact them directly to find out more about their model.



# Food Recovery Network - Iowa State University Chapter

#### MEMBER INFORMATION

### CONTACT

### Dr. Laura Merrick

Imerrick@iastate.edu 515-294-3763 www.stuorg.iastate.edu/s ite/frnatisu

#### **ADDRESS**

Iowa State University Agronomy Department 1015 Agronomy Hall Ames,

# ORGANIZATION TYPE

Community Based

# **COUNTIES SERVED**

Story

# **DESCRIPTION**

Food Recovery Network works to recover food from campus dining to help end hunger within the Ames community, reduce student food waste, and educate the Iowa State community on food waste and hunger in America

# **HOW TO HELP**

Become involved in the Food Recovery Network chapters at Iowa colleges and universities; FRN national website www.foodrecoverynetwork.org/



# Food Rescue Partnership

### **MEMBER INFORMATION**

#### CONTACT

# Peter Vogel

frp@foodrescueqc.org foodrescueqc.org

### **ADDRESS**

Davenport, IA

# ORGANIZATION TYPE

Community Based

# COUNTIES SERVED

Scott

# **DESCRIPTION**

The Food Rescue Partnership is a group of individuals and community organizations in the Quad Cities who have come together to rescue food from becoming waste.

Our Mission: The Food Rescue Partnership is a Quad Cities coalition that promotes rescuing food for its best possible use.

Our Vision: Quad Cities – a community dedicated to eliminating food waste.

# **HOW TO HELP**

Individuals and organizations are encouraged to visit their website and their Facebook page, or email the Food Rescue Partnership Board at frp@foodrescueqc.org for more information or to get involved.



# FoodCorps Iowa

# **MEMBER INFORMATION**

#### CONTACT

### Chelsea Krist

chelsea.krist@foodcorps.org 563-940-5146 foodcorps.org/where-wework/iowa

### **ADDRESS**

#### ORGANIZATION TYPE

Community Based, Educational/School, Garden Program

#### **COUNTIES SERVED**

Black Hawk, Clayton, Fayette, Linn, Polk, Scott, Wapello, Winneshiek

### **DESCRIPTION**

FoodCorps is creating a future in which every school is a healthy school, and every child is well-nourished and ready to learn. We believe that all children-regardless of race, class, or geography- have the right to healthy food. Serving alongside educators and community leaders, FoodCorps members partner with public schools to co-create a nourishing environment and positive food experiences for all students. Our AmeriCorps leaders deliver our program in high-need schools, focusing on:

Hands-On Lessons: They teach cooking, gardening and tasting since kids love foods they have grown and prepared themselves.

Healthy School Meals: They create a cafeteria that steers students towards the healthiest options and gets them excited to try new healthy foods.

A Schoolwide Culture of Health: They help the whole school community—everything from the teachers to the hallways to the bake sales—celebrate healthy food.

# **HOW TO HELP**

In partnership with Iowa State Extension and Outreach Local Food Team, eleven FoodCorps members serve Iowa communities in Davenport, Oelwein, Postville, Ottumwa, Cedar Rapids, Waterloo and Des Moines. Community members, organizations, and local businesses are encouraged to connect with FoodCorps members for volunteer opportunities, farm to school resources, and information about the state's farm to school components of the SNAP-ed Pick a Better Snack program.



# Forest Avenue Outreach

### **MEMBER INFORMATION**

# CONTACT

### Ben Spellman

Julia\_M@forestaveoutreach.com 515-494-5095 www.forestaveoutreach.com

#### **ADDRESS**

P.O. Box 41271 Des Moines, IA 50314

#### **ORGANIZATION TYPE**

Community Based, Educational/School, Garden Program

# **COUNTIES SERVED**

Polk

# **DESCRIPTION**

Forest Avenue Outreach builds community, one seed at a time with programs and activities at multiple sites for all ages in the River Bend neighborhood of Des Moines.

Youth Programs of Forest Avenue Outreach include the Fishing Club, which uses the Fish lowa! Curriculum to teach the basics of fishing to inner city youth; the youth entrepreneurial and employment training program and the Community Garden Club.

Community Programs include refugee mentorship and community meals, and Urban Agriculture Programs include the Community Garden and the Community Orchard, which provide an outdoor classroom and community gathering area where people can access fresh food and are educated and empowered to go home and grow their own food.

# **HOW TO HELP**

There are many opportunities to support the administrative and gardening work of Forest Avenue Outreach through financial and in-kind donations, volunteering, and more. There are also partnering opportunities for expanded programming. Anyone interested in growing community with us is encouraged to contact us through either our website www.forestaveoutreach.com or Facebook page https://www.facebook.com/ForestAveOutreach/.



# Friends of the Family

# **MEMBER INFORMATION**

#### CONTACT

# Ben Brustkern

admin@fofia.org 319-352-1108 www.fofia.org/

### **ADDRESS**

PO Box 784 Waverly, IA 50677

### **ORGANIZATION TYPE**

Advocacy, Educational/School, Housing Assistance / Shelter

#### **COUNTIES SERVED**

Allamakee, Benton, Black Hawk, Bremer, Buchanan, Butler, Chickasaw, Clayton, Delaware, Dubuque, Fayette, Howard, Jones, Linn, Winneshiek

# **DESCRIPTION**

Friends of the Family provides safe shelter, confidential services, and housing assistance to individuals in crisis due to homelessness, domestic violence and sexual assault.

Shelter programs include the Friends' House Emergency Safe Shelter, with 19 beds for women and children fleeing domestic or sexual violence, as well as a hotel/motel voucher system, collaboration and referrals to other shelters, and a housing assistance program.

They also manage a rapid re-housing and homeless prevention program which provides transitional housing and permanent supportive housing for those who are homeless or at risk of becoming homeless due to domestic or sexual violence.

Additional programs include a 24/7 crisis line at 1-800-410-SAFE [7233], comprehensive services for survivors of human trafficking and a school and community prevention program that focuses on education and awareness that work with women, men, and children to promote a culture free of violence.

# **HOW TO HELP**

Individuals can support the work of Friends of the Family through financial and in-kind donations, by volunteering, or by attending a Friends of the Family community event.

There are a variety of volunteer opportunities, including coordinating events, sorting donations, and becoming a trained domestic violence and sexual assault advocate. Those with an interest in volunteering are encouraged to visit www.fofia.org/get-involved.

Friends of the Family has a list of most needed items, and those who wish to make an in-kind donation are encouraged to call 319-352-1108 with any questions and to schedule a drop-off.

Organizations that are interested in partnering with Friends of the Family to host a school and community prevention presentations are encouraged to contact 319-352-1108.



# Friendship Force of Greater Des Moines

#### MEMBER INFORMATION

### CONTACT

# Adrianne Moen

ffgdmiowa@yahoo.com 515-333-8871 www.friendshipdsm.org

#### **ADDRESS**

PO Box 13136 Des Moines, IA 50310

# ORGANIZATION TYPE

International

# COUNTIES SERVED

Polk

### **DESCRIPTION**

The mission of Friendship Force of Greater Des Moines (FFGDM) is to build global goodwill through personal friendships. One of the oldest in Friendship Force International history, they began in 1977 and have executed more than 100 incoming and outgoing exchanges all over the world. Current FFGDM membership is approximately 90 well-traveled men and women; all are encouraged to take part in monthly social activities in addition to special celebrations of World Friendship Day, Spring Fest, Annual Meetings, and other fun, educational, international programs and events.

The Global Youth Institute was created as a partnership between The Friendship Force of Greater Des Moines and the Des Moines Public Schools in 1990. The Global Youth Institute brings together approximately 40-45 students from different countries to study and contemplate significant global issues challenging the world today.

# **HOW TO HELP**

lowans can support Friendship Force of Greater Des Moines by joining as members. Membership dues cover web based newsletters, email notification of upcoming events, social gatherings, and the opportunity to participate in the Friendship Force International (FFI) exchange program with FFGDM as well as other FFI clubs. To become a member, contact FFGDM directly.



# Full Spectrum Productions

### **MEMBER INFORMATION**

#### CONTACT

#### **Kent Newman**

kent@fullspectrumprodu ctions.com 515-883-1230 www.fullspectrumproduc tions.com

#### **ADDRESS**

# ORGANIZATION TYPE Corporate

# COUNTIES SERVED Polk

# **DESCRIPTION**

Full Spectrum Productions pursues opportunities to produce programs about issues of society and the environment, renewable energy, sustainable living, international relations, history, and popular culture; and provides a range of production services and equipment. Full Spectrum Productions has provided comprehensive media consulting and production services to a wide variety of clients from nonprofit, educational, and government institutions to create multipurpose media for education and advocacy to address public issues, programs, and services.

They also document, broadcast, and package conferences and special events; do multi-camera live and/or packaged productions for distribution and ancillary uses; specialize in producing live music performances as well as music videos; and more recently producing documentaries and non-fiction programs for broadcast, distribution, and sale.

Full Spectrum Productions is currently working to produce a short film on Local Hunger and Food Rescue for the Real Food Media Contest; and raising money to produce an updated version of "Making the Connections in Iowa's Food System."

# **HOW TO HELP**

Individuals and organizations who are interested in partnering with Full Spectrum Productions should contact them directly.



# Gilbert Agricultural Education Department

#### **MEMBER INFORMATION**

### CONTACT

### Jon Davis

davisj@gilbert.k12.ia.us 515-232-3738 sites.google.com/a/gilber t.k12.ia.us/ffa/

### **ADDRESS**

312 Gretten Street Gilbert, IA 50105

# **ORGANIZATION TYPE**

Educational/School

# **COUNTIES SERVED**

Boone, Story

### DESCRIPTION

The Gilbert Agriculture Education Department and the Gilbert FFA Chapter are fighting hunger by planning, maintaining, and harvesting a 1/4 acre garden and a 1 acre sweet corn patch. Produce is harvested and delivered to local food pantries. Plants are started in the Horticulture Greenhouse and purchased from a local nursery. They receive some donations, but have one main sponsor through Winfield Solutions. They provide FFA members and Ag Ed students with financial support through a grant to fund the project. Over 70 students and members are involved in the process that runs from February through October.

# **HOW TO HELP**

lowans can support this work by providing garden tools, bedding, vegetable plants, and donations.



# Gilmore City-Bradgate Elementary School

#### MEMBER INFORMATION

### CONTACT

# **Kelsey Wigans**

kwigans@gcb.k12.ia.us 515-373-6124 www.gcbschools.org/

#### **ADDRESS**

402 SE E Avenue Gilmore City, IA 50541

### **ORGANIZATION TYPE**

Garden Program

#### **COUNTIES SERVED**

Humboldt, Pocahontas

# **DESCRIPTION**

The school employs various programs that help children learn and grow including, but not limited to: a Seed to Table Garden Program with in-school gardening classes, School Food Pantry, Little Chefs and Gardening Clubs, as well as workshops.

# **HOW TO HELP**

lowans can support the work being done at GC-B by sharing the news of what GC-B is doing! GC-B would always be very grateful to receive any donations to help with the operations of the school garden, and/or the other operations dealing with hunger happening at the school.

Please see GC-B on Facebook (@gcbschoolgarden), Instagram (gcb\_garden) and Twitter (@gcbgarden)



# Girl Scouts of Greater Iowa

### **MEMBER INFORMATION**

### CONTACT

# Linda Bisgaard

info@gsiowa.org 800-342-8389 www.gsiowa.org

### **ADDRESS**

10715 Hickman Rd Des Moines, IA 50322

# ORGANIZATION TYPE

Educational/School

### **COUNTIES SERVED**

Visit Online Profile for Details

# **DESCRIPTION**

Girl Scouts of Greater Iowa serves 67 counties in Iowa, two counties in South Dakota, and one county in Nebraska, where they carry out the Girl Scout mission of building girls of courage, confidence, and character, who make the world a better place.

Girl Scouts of Greater Iowa incorporates three keys to leadership: they help girls Discover themselves, Connect with others, and Take Action to create positive change in their communities. Girl Scout troops, interest groups, and individual scouts regularly partner with local organizations and lead or support efforts to end hunger locally and around the world. Over 19,000 girls and 4000 adult mentors are active in Girl Scouts of Greater Iowa, providing volunteers, ideas, and leadership that makes the world a better place.

# **HOW TO HELP**

There are many ways for Iowans to support the Girl Scouts. Girls (grades k-12) can join a troop in their area, and adults (women and men over 18) can serve as adult mentors. Anyone who is interested in partnering on hunger (or in other ways) with Girl Scouts of Greater Iowa should contact them directly at (800) 342-8389 or info@gsiowa.org, or find a local Girl Scout troop through their online directory at http://www.girlscoutsiowa.org/troop.cfm.



# Give a Dog

### **MEMBER INFORMATION**

#### CONTACT

# Gordon Salsman

grdnsal@giveadog.org 319-521-8887

### **ADDRESS**

Cedar Rapids, IA 52402

#### ORGANIZATION TYPE

# **COUNTIES SERVED**

Linn

# **DESCRIPTION**

The purpose of "Give A Dog" is to show God's love to children and others who are in any kind of need by sharing The Good News of God's grace and by serving hot dogs and a meal. For us it is clear: children, teens and adults are hungry. Our goal is to provide meals for others two to three times a month. We supply everything (hot dogs, chips, dessert and a drink) for those in need. We are a faith based program, but work with all non-profits that groups that help those who need a meal. This past summer we have served over 1000 meals to hungry children.

# **HOW TO HELP**

We're are constantly looking for opportunities to provide free meals; if your ministry or program would like us to do an event to support what you do we'd love to help! We are just looking for places to share God's love and hot dogs.



# Global Horizons, LLC

### **MEMBER INFORMATION**

### CONTACT

# Kim Spillers

kim@ghorizons.com 712-250-0275 www.bewuca.com

### **ADDRESS**

1413 Chestnut Street Atlantic, IA 50022

# ORGANIZATION TYPE

Corporate

### **COUNTIES SERVED**

Cass

# **DESCRIPTION**

Global Horizons, LLC is a consulting firm specializing in supporting organizations and communities to communicate effectively through the making sure that all parties are: welcome, understood, comfortable, and appreciated. Global Horizons conducts workshops for organizations, communities, and classrooms to support effective communication.

### **HOW TO HELP**

Organizations and communities who are interested in working with Global Horizons, should email or call to explore how they might be a good fit.



# Gloria Dei Lutheran Church

### **MEMBER INFORMATION**

### CONTACT

### Karen Kennedy

office@gloriadeionline.com 515-276-1700 www.gdlc.church

### **ADDRESS**

8301 Aurora Avenue Urbandale, IA 50322

### **ORGANIZATION TYPE**

Faith Based, International, Community Based

### **COUNTIES SERVED**

Polk

### **DESCRIPTION**

Gloria Dei Lutheran Church is passionate about helping the community by lending a hand to those in need. Through their missions, they embrace and partner with Jesus in His pursuit to show love and dignity to "the least of these."

The missions of Gloria Dei Lutheran Church include combating human trafficking, working with the homeless in partnership with Homelessness Joppa Outreach, supporting the youth outreach and life-skills programs of Freedom For Youth, annual mission trips to Honduras and the Dominican Republic, and support for hungry children through the Orphan Grain Train.

# **HOW TO HELP**

Individuals and organizations who are interested in participating in or partnering with Gloria Dei Lutheran Church's missions should contact them directly.



# Good Samaritan Food Pantry

# **MEMBER INFORMATION**

#### CONTACT

### Celia McCollum

helpinghands@adelfood pantry.com 515 478-3760 www.adelfoodpantry.com

### **ADDRESS**

215 N 11th Street Adel, IA 50003

# **ORGANIZATION TYPE**

Faith Based, Food Pantry

# COUNTIES SERVED

Dallas

### **DESCRIPTION**

The Good Samaritan Food Pantry allows qualifying families from the Adel-DeSoto-Minburn and Van Meter School Districts the opportunity to shop once a month at their pantry. Families need proof of where they live and that they fall under the income guidelines that the Food Bank of Iowa puts out each year. Pantry hours are Mondays and Tuesdays from 12 -2. Come at 1 pm each day to receive fresh produce, bread and many other items they receive from several stores.

# **HOW TO HELP**

Monetary donations from memorial gifts, anniversary or birthday gifts are important to continuing the work of the Good Samaritan Food Pantry. Food donated from the updated lists on their website is also appreciated. Fresh produce is the best by far- their clients LOVE it! For more information on how to help, contact them using their online form.



# Goodwill of Omaha

# **MEMBER INFORMATION**

### CONTACT

### **Christine Aguilar**

info@goodwillomaha.org 402-341-4609 www.goodwillomaha.org

#### **ADDRESS**

4805 N. 72nd Street Omaha, NE 68134

# **ORGANIZATION TYPE**

Community Based

### **COUNTIES SERVED**

Pottawattamie

# **DESCRIPTION**

Many people know Goodwill as a place to donate used clothing or household items. But did you know that Goodwill is also a place where thousands of formerly unemployed individuals have been given the opportunity to earn a living and the chance to succeed in life?

Goodwill offers a variety of employment programs and job opportunities for individuals with barriers to self-sufficiency. Learn more about these programs below:

#### ABILITYONE

The AbilityOne program provides part-time job opportunities for individuals with disabilities in a supportive, team-oriented work environment at several Federal properties.

### **BUSINESS SOLUTIONS**

Business Solutions creates relationships with businesses, maintains and grows a bank of jobs for participants, assists in assessing participants for potential job placements and provides retention services for businesses and participants.

#### **FMPI OYMENT READY**

Employment Ready provides one-on-one job readiness services to anyone who is unemployed or under-employed in the Omaha Metro, Council Bluffs or Fremont areas. Employment Ready staff reaches out to partner agencies and offers customizable services for onsite workshops at their location, as well as workshops at Goodwill.

### WORK EXPERIENCE

The Work Experience program can be the first step toward successful job placement. This program offers high school special education students, who are nearing the completion of their high school education, an opportunity to gain exposure to a work situation in a supportive environment.

### YOUTHBUILD

YouthBuild Omaha is a program for young adults ages 16 to 24 years who have struggled with school, many not having a high school diploma, and need help getting their life back on track.

### **GOODWILL RETAIL STORES**

Through our local retail stores, Goodwill offers a variety of value-priced merchandise to its customers at 16 convenient locations in Omaha, Bellevue, Papillion, Fremont, Blair, Gretna and Council Bluffs. Goodwill offers



customers a unique shopping experience. From clothing to furniture to antiques and collectibles, you never know what you will find at Goodwill. Check out any of our local stores.

# **HOW TO HELP**

lowans can support the work of Goodwill through donations or by shopping online or at one of its network of stores. Individuals or organizations can also contact them directly for more information about opportunities to work together.



# GoServ Global

# **MEMBER INFORMATION**

#### CONTACT

### Paul van Gorkom

office@goservglobal.org 515-448-3131 www.goservglobal.org

### **ADDRESS**

PO Box 193 310 E. Broadway Eagle Grove, IA 50438

#### ORGANIZATION TYPE

Faith Based, International, Community Based

### **COUNTIES SERVED**

Activities Statewide

# **DESCRIPTION**

GoServ Global shares God's love by responding to disaster, empowering sustainable community development and creating world change through hands-on involvement.

- Responding to Disaster brings expertise in equipment operation, safety and volunteer management to serve as the hands and feet of Christ in helping local churches and communities respond to disaster.
- Empowering Community Development transforms the lives of the impoverished by providing for basic human needs, developing local leadership and establishing sustainable communities.
- Creating World Change those who volunteer seek to serve those in need and find their own lives transformed by the experience.

# **HOW TO HELP**

lowans can provide financial donations for a number of projects including the Safe T Home®, Hidden Creeks Bible Camp in Peru, a boarding school in India as well as sponsor orphans, widows, teachers, and pastors around the world. Domestically, lowans can financially support their disaster relief team that responds to tornadoes and other natural disasters right here in the U.S.

lowans may also volunteer to go on a mission trip with GoServ Global to Haiti, Peru, India or serve on a disaster relief team here in the Midwest. People who are interested in volunteering should call GoServ Global at 515-448-3131.



# Grace Lutheran Church (Des Moines)

### **MEMBER INFORMATION**

### CONTACT

# Julie Honsey

hello@gracedm.org 515-276-6873 www.gracedm.org

#### **ADDRESS**

5201 Urbandale Avenue Des Moines, IA 50310

### ORGANIZATION TYPE

Faith Based, International, Community Based

# **COUNTIES SERVED**

Polk

### **DESCRIPTION**

Grace Lutheran Church is a community of faith, centered in worship, held in Grace, strengthened in love, sent forth in mission, in Jesus' name.

As a community church, it is important for us to be open and affirming to all people regardless of age, sex, color, ethnic background, physical or emotional health, disability, economic status or sexual orientation. Grace Lutheran Church is a member of the Evangelical Lutheran Church in America (E.L.C.A.) and our members throughout Des Moines come to Grace as a community of faith to worship, to learn, to serve, to pray and to live through Christ. Welcome!

At Grace, this mission is expressed in many ways and is supported by all of their resources including time, treasure, talents, and the physical space of the church. Some of these include:

- Advocacy with Bread for the World (www.bread.org)
- Collaborations with Lutheran Services in Iowa (www.lsiowa.org) and the Des Moines Area Religious Council (DMARC) food pantry network, including a vegetable garden that is harvested for DMARC (www.dmarcunited.org), and regular donations of money and food
- Benevolence support at the synodical and national levels through the ELCA (Evangelical Lutheran Church in America) www.elca.org
- A companion congregation relationship with Msindo Parish in the Pare Mountains of Tanzania
- Collaboration with Lutheran World Relief (www.lwr.org)
- Partnership with IA State Extension's cooking and nutrition classes, including the "Buy, Eat, Live Healthy" (BELH) program (www.extension.iastate.edu)
- Fundraising campaigns for organizations such as ELCA World Hunger (www.elca.org/hunger)
- Confirmation class and Vacation Bible School service projects for Hope Ministries (www.hopeiowa.org)
- Grace has an active companion congregation relationship with Msindo Parish in the Pare Mountains of Tanzania. Mission teams visiting Msindo



have helped establish a community grain-milling operation and a dairy herd through Heifer International. They visit Africa, or welcome visitors from -- Tanzania to Des Moines, about every three years.

# **HOW TO HELP**

Individuals and organizations who are interested in learning more or collaborating in the work of Grace Lutheran Church are encouraged to contact the church office.



# Graceland University Agriculture Business Club GP

#### MEMBER INFORMATION

### CONTACT

#### **Max Pitt**

maxpitt@graceland.edu 641-784-5348

#### **ADDRESS**

# ORGANIZATION TYPE

# COUNTIES SERVED Decatur

### DESCRIPTION

As a Christian response to world hunger, Growing Hope Globally, formerly Foods Resource Bank(FRB), links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

Growing Hope engages volunteers to raise money through "Growing Projects" for between 50-60 overseas programs a year. All of the programs focus on developing smallholder agriculture, often in the most remote and poorest regions of the world. Growing Projects are the heart and soul of Growing Hope and have helped us reach over 1.6 million people since the first Growing Projects were created in 1999.

# **HOW TO HELP**

lowans can support the work of Growing Hope by starting or joining a Growing Project in their community. A Growing Project is a group whose members work together to raise a crop or other commodity or hold fundraisers to help farmers overseas become self-sufficient. Growing Projects include revenue from field crops, cattle or dairy, pie auctions, pumpkin patches, Sunday school gardens, and more. Each member plays a unique role and contributes to the Growing Project in different ways by offering their time, talents or resources.

For more information about starting or joining a Growing Project, Iowans should call 888-276-4372 or email Ron DeWeerd at ron@growinghopeglobally.org.



## Greater Area Pantry

### **MEMBER INFORMATION**

### CONTACT

### Joanne Roney

jojuroney@gmail.com 563-419-6024

### **ADDRESS**

110 Main, PO Box 319 Calmar, IA 52132

### **ORGANIZATION TYPE**

Faith Based, Food Pantry

#### **COUNTIES SERVED**

Allamakee, Bremer, Chickasaw, Fayette, Howard, Winneshiek

### **DESCRIPTION**

The Greater Area Pantry is a ministry of South Winn Churches, governed by a board of representatives from 10 area churches. They offer food to 50-60 clients in need every Saturday morning from 9:00 a.m. to 11:00 a.m. The pantry is managed by about 50 volunteers and has no paid employees.

### **HOW TO HELP**

Individuals and groups can support the work of the Greater Area Pantry by volunteering to work at the pantry and through donations of produce or groceries or financial aid to purchase product.



# Greater Des Moines Partnership

### **MEMBER INFORMATION**

### CONTACT

### **Mary Bontrager**

info@desmoinesmetro.com 515-286-4950 www.desmoinesmetro.com

### **ADDRESS**

700 Locust Street Suite 100 Des Moines. IA 50309

### **ORGANIZATION TYPE**

Community Based

#### **COUNTIES SERVED**

Dallas, Guthrie, Jasper, Madison, Marshall, Polk, Poweshiek, Warren

### **DESCRIPTION**

The Greater Des Moines Partnership is the regional economic and community development entity serving Central Iowa. Supported by over 290 public and private investors, the Partnership now serves eight counties through economic development, workforce development and education, downtown development, and the regional Cultivation Corridor initiative.

With their regional Affiliate Chambers of Commerce and more than 4,700 business members, the Partnership is devoted to making the Greater Des Moines area a better place to build a business, a career, and a future.

### **HOW TO HELP**

Businesses can support the mission of the Greater Des Moines Partnership by joining their local affiliate chamber of commerce. Individuals can join one of the Partnership's many volunteer initiatives. More information for both businesses and individuals is available on their website.



# Greenbelt Home Care- Hardin County Public Health

#### **MEMBER INFORMATION**

### CONTACT

### **Julie Towne**

jtowne@greenbelthomecar e.com 641-939-8444 www.greenbelthomecare.com

#### **ADDRESS**

2411 Edrington Ave Eldora, IA 50627

### ORGANIZATION TYPE

Government Agency

### **COUNTIES SERVED**

Franklin, Grundy, Hamilton, Hardin, Marshall, Story

### DESCRIPTION

Greenbelt Home Care- Hardin County Public Health provides 25 free pantries throughout all of Hardin County.

### **HOW TO HELP**

lowans can support Greenbelt Home Care- Hardin County Public Health by helping stock the food pantries or donating food.



# Greene IA Growing Project

### **MEMBER INFORMATION**

### CONTACT

### **Ted Pitzenberger** jjsp@netins.net

\_\_\_\_

### **ADDRESS**

### ORGANIZATION TYPE

Food Bank, Community Based

### COUNTIES SERVED Butler

### DESCRIPTION

As a Christian response to world hunger, Growing Hope Globally, formerly Foods Resource Bank (FRB), links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

Growing Hope engages volunteers to raise money through "Growing Projects" for between 50-60 overseas programs a year. All of the programs focus on developing smallholder agriculture, often in the most remote and poorest regions of the world. Growing Projects are the heart and soul of Growing Hope and have helped us reach over 1.6 million people since the first Growing Projects were created in 1999.

### **HOW TO HELP**

lowans can support the work of Growing Hope by starting or joining a Growing Project in their community. A Growing Project is a group whose members work together to raise a crop or other commodity or hold fundraisers to help farmers overseas become self-sufficient. Growing Projects include revenue from field crops, cattle or dairy, pie auctions, pumpkin patches, Sunday school gardens, and more. Each member plays a unique role and contributes to the Growing Project in different ways by offering their time, talents or resources.

lowans are encouraged to directly contact coordinator Mr. Ted Pitzenberger to become involved with the Greene IA Growing Project.

For more information about starting or joining a Growing Project, Iowans should call 888-276-4372 or email Von Tarverdi at info@growinghopeglobally.org.



### Greenfield IA Fields of Faith GP

### **MEMBER INFORMATION**

### CONTACT

### **Dennis Lundy**

haylundy@yahoo.com

### **ADDRESS**

Fontanelle, IA 50846

### ORGANIZATION TYPE

Faith Based, International, Community Based

### COUNTIES SERVED

Adair

### **DESCRIPTION**

As a Christian response to world hunger, Growing Hope Globally, formerly Foods Resource Bank (FRB), links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

Growing Hope engages volunteers to raise money through "Growing Projects" for between 50-60 overseas programs a year. All of the programs focus on developing smallholder agriculture, often in the most remote and poorest regions of the world. Growing Projects are the heart and soul of Growing Hope and have helped us reach over 1.6 million people since the first Growing Projects were created in 1999.

### **HOW TO HELP**

lowans can support the work of Growing Hope by starting or joining a Growing Project in their community. A Growing Project is a group whose members work together to raise a crop or other commodity or hold fundraisers to help farmers overseas become self-sufficient. Growing Projects include revenue from field crops, cattle or dairy, pie auctions, pumpkin patches, Sunday school gardens, and more. Each member plays a unique role and contributes to the Growing Project in different ways by offering their time, talents or resources.

lowans are encouraged to directly contact coordinator Mr. Dennis Lundy, to become involved with the Greenfield IA Fields of Faith GP.

For more information about starting or joining a Growing Project, Iowans should call 888-276-4372 or email Von Tarverdi at info@growinghopeglobally.org.



# Grinnell CROP Hunger Walk

### **MEMBER INFORMATION**

#### CONTACT

### Robert and Dot Anderson

bobdot3435@outlook.com 641-236-3827

#### **ADDRESS**

Grinnell. IA

### ORGANIZATION TYPE

Faith Based, International, Community Based

### **COUNTIES SERVED**

Poweshiek

### DESCRIPTION

The Grinnell CROP Hunger Walk is a community-wide event sponsored by Church World Service and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in lowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

### **HOW TO HELP**

Individuals and organizations can support the work of the Grinnell CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, email Robert and Dot Anderson at bobdot3435@outlook.com or Church World Service Congregational and Community Engagement Specialist Lenny Blue at Iblue@cwsglobal.org.



### Grow the Food

### **MEMBER INFORMATION**

#### CONTACT

### Tim Goldman

timothyjgoldman@gmail.com 515-745-9842 www.growthefood.org

### **ADDRESS**

Des Moines Metro Area,

### ORGANIZATION TYPE

Faith Based, Community Based, Garden Program

### **COUNTIES SERVED**

Polk

### **DESCRIPTION**

Grow The Food is a collection of community gardens in the Des Moines area with the goal of growing food to feed the local hungry. All of the food they grow is donated to local food pantries. They often grow over four tons of fresh vegetables and donate them to the Des Moines Area Religious Council, the Eddie Davis Community Center and the food distribution program at Trinity Methodist Church. Since 2013, their gardens have increased in area and their goal is to grow over eight tons of fresh vegetables to feed the local hungry.

Member gardens include Faith & Grace garden at St. Timothy's Episcopal Church in West Des Moines, Agape Garden at Ankeny First United Methodist Church, Urban Harvest at Urban Heights Covenant Church in Urbandale, and St. John's Lutheran Faith Garden in Des Moines.

### **HOW TO HELP**

Individuals and groups can support the work of Grow the Food by volunteering or donating to their member gardens. Volunteers are retirees, church groups, civic groups, students, neighbors and other people who want to enjoy fresh air and sunshine while helping other people. Volunteers help with planting, weeding, watering, harvesting and delivering to the food pantries. Donations of equipment or materials are also helpful from time to time. Their website has a list of current equipment needs.



# Growing Hope Foundation

### **MEMBER INFORMATION**

#### CONTACT

### Julie Fiske

contact@growinghopefo undation.org www.growinghopefound ation.org

### **ADDRESS**

Fairfield, IA 52556

### ORGANIZATION TYPE

International, Corporate

### **COUNTIES SERVED**

Jefferson

### **DESCRIPTION**

The Growing Hope Foundation reduces hunger and poverty through the development of farmland in developing countries and training programs to train farmers in those countries how to farm effectively. The end goal is for communities in developing nations to be able to become more self-sustaining by learning how to make the land productive. Crops to be raised will not only provide food, but will also be marketed to provide income. They also support a variety of nonprofit organizations.

### **HOW TO HELP**

lowans can support the activities of the Growing Hope Foundation by donating to their programs through their website. The Growing Hope Foundation will most likely be soliciting volunteers in the future to go to the places in which they are working with farmers and communities in the development and training process. Volunteers would be helping to train and providing support by laboring alongside the farmers of the community.



# Growing Hope Globally

### **MEMBER INFORMATION**

### CONTACT

### Ron DeWeerd

ron@grownghopegloball y.org 888-276-4372 www.growinghopeglobal ly.org/

#### **ADDRESS**

4479 Central Avenue Western Springs, IL 60558

### ORGANIZATION TYPE

Faith Based, International, Community Based

#### COUNTIES SERVED

Activities Statewide

### **DESCRIPTION**

As a Christian response to world hunger, Growing Hope Globally, formerly Foods Resource Bank(FRB), links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

Growing Hope engages volunteers to raise money through "Growing Projects" for between 50-60 overseas programs a year. All of the programs focus on developing smallholder agriculture, often in the most remote and poorest regions of the world. Growing Projects are the heart and soul of Growing Hope and have helped us reach over 1.6 million people since the first Growing Projects were created in 1999.

### **HOW TO HELP**

lowans can support the work of Growing Hope by starting or joining a Growing Project in their community. A Growing Project is a group whose members work together to raise a crop or other commodity or hold fundraisers to help farmers overseas become self-sufficient. Growing Projects include revenue from field crops, cattle or dairy, pie auctions, pumpkin patches, Sunday school gardens, and more. Each member plays a unique role and contributes to the Growing Project in different ways by offering their time, talents or resources.

For more information about starting or joining a Growing Project, Iowans should call 888-276-4372 or email Ron DeWeerd at ron@growinghopeglobally.org.



# Growing Wapello Together

### **MEMBER INFORMATION**

#### CONTACT

### Joe Schulz

growingwt@gmail.com 641-777-8525

### **ADDRESS**

### ORGANIZATION TYPE Community Based

### COUNTIES SERVED Wapello

### DESCRIPTION

Growing Wapello Together is a collaborative initiative focused on increasing access to fresh and healthy food and reducing food insecurity in Wapello County. The group has been meeting since September of 2013.

Phase One of the project focused on understanding the problems of food insecurity and food deserts, identifying community assets, discovering where the need is greatest, and prioritizing solutions. Phase Two focused on community-owned actions to grow and expand existing programs (assets) into the areas of highest need. Focus areas included expanding Summer Food Service Programs, expanding and funding access to low-cost transportation options, bringing the Southeast Iowa Food Bank's backpack program into additional schools, piloting a healthy food box initiative, and encouraging increased enrollment among SNAP eligible individuals.

Growing Wapello Together entered Phase Three in July of 2016, and is focused on strategic planning, identifying long-term partners and sources of funding, and moving to a more formal and sustainable organizational structure.

### **HOW TO HELP**

Individuals and organizations can support Growing Wapello Together by attending neighborhood meetings, participating in the strategic planning process, and taking action in focus areas by volunteering or through donations. They are encouraged to contact Mr. Joe Schulz to learn more about Growing Wapello Together or to become involved.



# Grundy Center CROP Hunger Walk

### **MEMBER INFORMATION**

#### CONTACT

### **Daniel Butler**

bagona@yahoo.com 319-939-1526

### **ADDRESS**

Grundy Center, IA

#### ORGANIZATION TYPE

Faith Based, International, Community Based

### **COUNTIES SERVED**

Grundy

### DESCRIPTION

The Grundy Center CROP Hunger Walk is a community-wide event sponsored by Church World Service and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

### **HOW TO HELP**

Individuals and organizations can support the work of the Grundy Center CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Daniel Butler at bagona@yahoo.com or Church World Service Congregational and Community Engagement Specialist Lenny Blue at Iblue@cwsglobal.org.



### HACAP Food Reservoir

### **MEMBER INFORMATION**

#### CONTACT

### Kim Guardado

info@hacap.org 319-393-7811 www.hacap.org

### **ADDRESS**

1515 Hawkeye Drive Hiawatha, IA 52233

### ORGANIZATION TYPE

Food Bank

### **COUNTIES SERVED**

Benton, Cedar, Iowa, Johnson, Jones, Linn, Washington

### **DESCRIPTION**

HACAP Food Reservoir is a Feeding America food bank serving a seven county area in Eastern Iowa. The Food Reservoir is part of the Hawkeye Area Community Action Program (HACAP), a nonprofit community action agency providing programs and services that work toward engaging low-income citizens in advancing from dependency to self-sufficiency.

The HACAP Food Reservoir distributes more than 7.5 million pounds of food annually to over 125 partner agencies to feed the hungry. In addition to distributing food to our non-profit partners, the HACAP Food Reservoir administers a robust food rescue program and the following community programs to help ensure the hungry in the communities we serve are nourished: Operation BackPack Program, Mobile Food Pantries, School Pantries, Emergency Food Boxes, Senior Totes and SNAP Outreach.

### **HOW TO HELP**

Volunteers are needed to help with a variety of tasks, including running special events, checking in food donations, packing food boxes, and transporting food to local partners. Drivers and volunteers to assist with data collection are especially needed. People interested in volunteering should contact Chris Ackman at 319-739-1505.

Donations of money and food are also welcome. Financial donations help cover operating costs and purchase food - each dollar donated purchases approximately six meals. Food donations are an important source of food for the Food Reservoir, and volunteers are always welcome to organize a food drive. More information about how to help the HACAP Food Reservoir is available online.



### Hands in Service Ministries

### **MEMBER INFORMATION**

### CONTACT

### Dr. Lee Baggett

lbaggettl@gmail.com 806-220-5895 www.his-ministries.org

### **ADDRESS**

3305 Shores Court Amarillo, TX 79110

### ORGANIZATION TYPE

Faith Based, International, Community Based

### **COUNTIES SERVED**

**Activities Statewide** 

### DESCRIPTION

Hands in Service Ministries works with Manos Hermanas, A.C., based in Guadalajara, Mexico in order to match needs and resources to alleviate hunger through mutual projects:

- Partner with Texas Baptist Hunger Offering to provide intensive ecological micro gardening and animal husbandry training so that people can produce their own food in urban, suburban, and rural poverty belts
- Partner with Leaf Nutrient, Inc., in a mutual project to integrate alfalfa cellular concentrate production with gardening and husbandry training for an ecological, self-sustaining community farm.
- Partner with Limbs International to rehabilitate leg amputees with a novel prosthesis so that they can return to work and support their families.
- Partner with Amigos Internacionales, Inc. and Breedlove Dehydrated Foods to receive concentrated food supplements for distribution through a broad network of Mexican NGOs and community support committees that focus on hunger related needs: orphanages, shelters, homes for the elderly, after school and other feeding programs and stations, rehab centers, as well as directly to families living in urban and rural poverty belts.
- Partner with different organizations to help families living in poverty belts to construct their own ecological outhouses (no smell, no flies) to break the cycle of fecal oral contamination that propagates diseases that are important factors for chronic malnutrition.
- Help families to eat better and more cheaply by recognizing their invisible spending and developing their own family budget through a home economics course, "¿Te Sobra Dinero?" (Do You Have Too Much Money?)
- Helping families construct ecological outhouses, (no smell, no flies) in poverty belts to break the cycle of fecal oral contamination for diseases that are an important factor for chronic malnutrition.
- Teach simple ways to prevent and to remedy many of the common diseases that cause malnutrition with their reproducible materials available in English, Spanish, and Kiswahili.

Hands in Service Ministries is a broad based, 501 (c)(3) human needs organization that works to alleviate: hunger, thirst, illness, poverty, lack of purpose, and to improve quality of life for those in need. All of their services



are provided without any limitation or distinction based race, creed, gender, or political affiliation.

### **HOW TO HELP**

lowans are encouraged to watch an interview that explains their background and current project, or contact Dr. Baggett directly for more information about the projects or programs of Hands in Service Ministries. These programs can be supported through providing input and advice, volunteer time, and financial support. Iowans can also contact Dr. Baggett to request free, reproducible materials in English, Spanish, and Kiswahili that might be useful to groups who are working with hunger related problems or in poverty belts.



### Hawthorn Hill

### **MEMBER INFORMATION**

#### CONTACT

### Tim Shanahan

tim@hawthorn-hill.org 515-244-9748 www.hawthorn-hill.org

### **ADDRESS**

3001 Grand Avenue Des Moines, IA 50312

### **ORGANIZATION TYPE**

Community Based, Meal Site, Housing Assistance / Shelter

### **COUNTIES SERVED**

Polk

### **DESCRIPTION**

Hawthorn Hill establishes and operates housing programs for homeless families with children that help them obtain permanent housing, and provides services to help families achieve economic self-sufficiency.

Hawthorn Hill fulfills its mission through two programs that assist homeless families with children. Their New Directions Shelter provides free, temporary, emergency shelter and services for homeless mothers and their children.

The Home Connection provides permanent supportive housing for homeless families with children with an emphasis on helping the families attain financial independence.

### **HOW TO HELP**

There are a variety of ways for individuals and groups to support the work of Hawthorn Hill. Financial and in-kind donations are of great help and allow Hawthorn Hill to serve more families.

Volunteer opportunities can be highly customized for individuals and groups, and include sponsoring a weekend meal for shelter residents, helping with food rescue, and providing children's activities and classes for mothers

Anyone with questions about donations or volunteering is encouraged to contact Kiana at 515-243-7456 or kiana@hawthorn-hill.org.



# Hays Pure Water for All Foundation

### **MEMBER INFORMATION**

### CONTACT

### John Hays

john@hayspurewater.com 712-314-6347 www.hayspurewater.com/

### ADDRESS

P.O. Box 447 Washington, IA 52353

### **ORGANIZATION TYPE**

International

### **COUNTIES SERVED**

Washington

### **DESCRIPTION**

Hays Pure Water for All Foundation saves lives by making drinking water safe, thereby creating a better quality of life all around the world. Hays Pure Water for All offers simple, affordable chlorine generators that are both portable and permanent depending upon the needs of the developing country citizens being served.

### **HOW TO HELP**

lowans can support the work of the Hays Pure Water for All Foundation primarily through donations or fundraising. Volunteers are also needed to help assemble the water purification units in lowa and to deliver these units to the developing countries where they are needed.

Organizations can also request a representative from the Hays Pure Water for All to speak at their events. Hays Pure Water for All Foundation also welcomes referrals of people who work in areas that need clean water or of villages in need of assistance. For more information, please contact the foundation directly at www.hayspurewater.com/#contact-section.



### Heartland Global

### **MEMBER INFORMATION**

### CONTACT

### Lloyd Le Page

admin@heartland-global.com 515-771-1685 www.heartland-global.com

### ADDRESS

6320 Sudbury Court Johnston, IA 50131

### ORGANIZATION TYPE

International, Corporate

### **COUNTIES SERVED**

Polk

### **DESCRIPTION**

Heartland Global is a farm, agribusiness investment, and economic development business focused on emerging markets, ag-innovation and advisory services. It was founded to combine the experiences and networks of a group of 7 partners previously working independently in farming, international agribusiness, food production and systems management, global nutrition solutions, and in international development.

Working with a diversity of collaborators, Heartland Global delivers food and livestock value-chain innovations that provide lasting economic and livelihood growth, helping farmers, agribusiness, and communities solve their own needs sustainably. Their business includes consulting and advisory services, innovation and knowledge transfer, agribusiness and emerging market growth, and nutrition and health activities.

### **HOW TO HELP**

Heartland Global frequently partners with corporations, government agencies, and civil society organizations to advance sustainable development. They also have an internship program, providing international business and development opportunities for college students from their office in Johnston, Iowa.

Contact them directly for more information about Heartland Global or to explore opportunities to work together.



### Heifer International

### **MEMBER INFORMATION**

### CONTACT

### **Kenny Clark**

volunteer@heifer.org 855-948-6437 www.heifer.org

### **ADDRESS**

1 World Avenue Little Rock, AR 72202

### ORGANIZATION TYPE

International

### **COUNTIES SERVED**

Activities Statewide

### **DESCRIPTION**

Heifer International's mission is to end hunger and poverty while caring for the Earth. For 70 years, Heifer has provided livestock and environmentally sound agricultural training to improve the lives of those who struggle daily for reliable sources of food and income. Heifer is currently working in more than 30 countries, including the United States, to help families and communities become more self-reliant.

### **HOW TO HELP**

Interested lowans can support Heifer's work by volunteering to share Heifer's mission and story, educating the public about hunger and poverty and generating financial support for their programs, including by donating through their website.



# Heritage Area Agency on Aging

### **MEMBER INFORMATION**

### CONTACT

### **Tim Getty**

tim.getty@kirkwood.edu 319-398-5559 www.heritageaaa.org

### **ADDRESS**

6301 Kirkwood Blvd. SW, PO Box 2068 Cedar Rapids, IA 52406

### ORGANIZATION TYPE

Community Based

### **COUNTIES SERVED**

Benton, Cedar, Iowa, Johnson, Jones, Linn, Washington

### **DESCRIPTION**

The Heritage Area Agency on Aging provides congregate and home delivered meals and nutrition education to older adults over the age of 60 in East Central Iowa, and advocates on issues related to the food security of older adults. The Heritage Agency also administers the Senior Farmer's Market Nutrition Program, on a seasonal basis.

### **HOW TO HELP**

lowans can contribute to the Heritage Regional Senior Nutrition Program financially, through advocacy efforts, by volunteering, and by donating resources such as food and products.



# Holy Trinity Lutheran Church (Ankeny)

#### **MEMBER INFORMATION**

### CONTACT

### **Pastor Pam Schroeder**

info@holytrinityankeny.org 515-964-4348 www.holytrinityankeny.org

### **ADDRESS**

517 SW Des Moines Street Ankeny, IA 50023

### ORGANIZATION TYPE

Faith Based, International, Food Pantry, Garden Program

### **COUNTIES SERVED**

Polk

### **DESCRIPTION**

The Holy Trinity Food Pantry augments other pantries in the area to help meet the needs of those who are hungry. The Food Pantry in open every Tuesday from 12:00 - 6:00 PM. It is located on the west side of the Fellowship Hall. The southwest door of the Fellowship Hall is used by clients during food pantry operation.

In addition to the food pantry, Holy Trinity Lutheran Church alleviates hunger through:

- Hearty Blessings Make casseroles to freeze for people who need an extra hand or a quick meal.
- ELCA World Hunger Appeal Partners in assisting, aiding and advocating for the hungry globally.
- Love Lunches Love lunches and snacks are served to local children in Ankeny at Holy Trinity Lutheran Church on Mondays, Wednesdays, and Thursdays throughout the summer months.
- Church Garden All produce is shared through their Food Pantry

### **HOW TO HELP**

lowans can support the Holy Trinity Food Pantry through donations of funds, canned goods and hygiene products or gift cards to grocery stores.

Individuals and organizations who are interested in exploring other ways to partner with Holy Trinity's Hunger Ministries are encouraged to contact the church office.



### Hoover Presidential Foundation

### **MEMBER INFORMATION**

### CONTACT

### Jerry Fleagle

jfleagle@hooverpf.org 319-643-5327 www.hooverpresidentialf oundation.org

#### **ADDRESS**

302 Parkside Drive, PO Box 696 West Branch, IA 52358

### ORGANIZATION TYPE Educational/School

### COUNTIES SERVED

Cedar

### DESCRIPTION

The Hoover Presidential Foundation is a nonprofit support group for the Herbert Hoover Presidential Library-Museum and National Historic Site in West Branch, Iowa, just east of Iowa City. It is a membership organization which sponsors events during the year, including Hoover's Hometown Days, the annual August celebration of the birth of Herbert Hoover, the only Iowa native to become president.

Using his combined talents of engineering and management, Herbert Hoover organized a gigantic program for feeding the starving peoples of Europe during and after World War I. Returning to America, he put down on paper the spiritual, economic and political characteristics which enabled Americans to produce the materials needed to bring peace to the world and at the same time to discharge the social and spiritual commitment to give economic assistance to the people ravaged by war.

Members of the Foundation preserve and promote Hoover's legacy, helping to sponsor special exhibits, building and renovation projects, and scholarships and programs that help bring history alive to students of all ages. Foundation members play an important part in making the Herbert Hoover Library-Museum and National Historic Site an lowa treasure.

### **HOW TO HELP**

Individuals and organizations can support the work of the Hoover Presidential Foundation through donations, by volunteering, or by becoming members.



# Hope Food Pantry

### MEMBER INFORMATION

### CONTACT

### Marianne Sjaarda

msjaarda234@gmail.com 712-540-9351 hopefoodpantry.weebly.com/

### **ADDRESS**

590 14th St. SE Sioux Center, IA 51250

### ORGANIZATION TYPE

Faith Based, Food Pantry

### **COUNTIES SERVED**

Lyon, Sioux

### **DESCRIPTION**

Hope Food Pantry is a non-profit organization that provides food to approximately 450-550 people monthly. The broad range of families include those who are unemployed, under-employed, the working poor, widows, victims of domestic violence, and others.

They are open every Wednesday from 2-6. At that time those in need can select food, personal care and clothing items of their choice.

Hope Food Pantry works with farmers, area businesses, and the Food Bank of Siouxland to source food.

### **HOW TO HELP**

Individuals and groups can support the work of Hope Food Pantry through in-kind or monetary donations and as volunteers.

Financial donations should be marked "Hope Food Pantry" and sent to the Center for Financial Education, 315 First Ave NE, Sioux Center, IA 51250.

Volunteers serve for a few hours each month, helping families fill their grocery carts. Volunteers can register online or call Bev Jansen at 712-441-0834.

lowans can also contact the pantry directly to arrange a small group tour and discuss special projects or other ways to contribute.



# Hope Ministries

### **MEMBER INFORMATION**

#### CONTACT

### Melissa Tagg

mtagg@hopeiowa.org 515-265-7272 www.hopeiowa.org

### **ADDRESS**

PO Box 862 Des Moines, IA 50304

### **ORGANIZATION TYPE**

Faith Based, Meal Site, Housing Assistance / Shelter

### **COUNTIES SERVED**

Polk

### **DESCRIPTION**

Hope Ministries pursues a holistic approach to meeting the needs of homeless men, women and children. They provide emergency, rescue services and long-term life-recovery programs, meant to help individuals and families break the cycles of homelessness, addiction, abuse and poverty.

Their ministry centers include:

- Bethel Mission a 110-bed emergency shelter for homeless men, open since 1915
- Door of Faith a 102-bed long-term life-recovery center for men, open since 1969
- Hope Center for Women and Children a 48-bed facility offering short-term programming and long-term life-recovery for single women and mothers with children, open since 2004
- Hope Café a community dining hall, serving three free meals every day of the year
- ENCORE Thrift Stores thrift ministry and donation and recycling centers, with two locations: 4640 Merle Hay Rd and 500 E Army Post Rd

### **HOW TO HELP**

Individuals, families, and groups can contribute to the mission of Hope Ministries through financial and in-kind donations, by joining the Hope Prayer Team, and by volunteering.

Hope Ministries has volunteer opportunities for individuals, groups, and for those who wish to prepare meals for distribution through their Meals for Hope program.

Iowans are encouraged to contact the Hope Ministries team at 515-265-7272 or info@hopeiowa.org for more information and to become involved.



# Horizons: A Family Service Alliance

#### **MEMBER INFORMATION**

### CONTACT

### Sofia Mehaffey

www.horizonsfamily.org

### **ADDRESS**

819 5th St SEPO Box 667 Cedar Rapids, IA 52406

### **ORGANIZATION TYPE**

Community Based

### **COUNTIES SERVED**

Linn

### **DESCRIPTION**

Horizons: A Family Service Alliance's mission is to instill hope, change lives, and brighten futures by providing life changing services to under served populations. Horizons is diligent in promoting a culture of change. They value service quality and seek out ways to improve the services provided to the community. Horizons offers many different hunger fighting programs within their Nutrition Department, such as Summer Meals, Meals on Wheels, CACFP Meals, and SNAP at the Market.

### **HOW TO HELP**

Horizons urges those who want to help to volunteer, donate, or help them raise awareness to contact them directly or visit their website.



# House of Compassion

### **MEMBER INFORMATION**

### CONTACT

### Karen Frohwein

hocmarshalltown@gmail.com 641-752-5999 www.houseofcompassion. net/

### **ADDRESS**

211 W Church St Marshalltown, IA 50158

### **ORGANIZATION TYPE**

Faith Based, Community Based, Meal Site

### **COUNTIES SERVED**

Marshall

### **DESCRIPTION**

House of Compassion runs a soup kitchen, where volunteers cook and serve a meal every Sunday through Friday (closed Saturday evenings). Everyone who is hungry is welcome to join them between 5:00-6:15pm.

### **HOW TO HELP**

House of Compassion is always in need of volunteers to cook and serve as they prepare a meal every night. Anyone interested in volunteering can call their office for available dates. They also welcome pantry donations that can be used to make their meals.



# Howard County Business & Tourism

### **MEMBER INFORMATION**

### CONTACT

### Spiff Slifka

spiff@howard-county.com 563-547-3434 www.howard-county.com

### **ADDRESS**

101 2nd Ave SW Cresco, IA 52136

### **ORGANIZATION TYPE**

Government Agency, Community Based

### **COUNTIES SERVED**

Howard

### DESCRIPTION

Howard County Business & Tourism promotes and coordinates economic growth and enhances the quality of life for Howard County residents through four strong divisions: Howard County Economic Development (HCED), Howard County Tourism, the Cresco Industrial Development Corporation (CIDC), and the Cresco Area Chamber of Commerce.

Howard County Business & Tourism promotes a variety of activities to provide food and money for the two food banks and one food pantry active in Howard County. Their accomplishments include helping to establish a farmers market in every community in Howard County and coordinating the annual Norman Borlaug Harvest Fest, which includes activities to raise awareness of and combat hunger.

The annual Norman Borlaug Harvest Fest will feature another food packaging event in 2019. Friday, September 20th at the Borlaug Farm will be a food packaging event for Inspire Day where 300 area 5th graders spend a day being inspired at the Norman Borlaug Boyhood Farm and on September 22nd another food packaging event will take place at the Crestwood High School for all who want to participate.

### **HOW TO HELP**

Individuals and organizations can support the work of Howard County Business & Tourism through volunteer hours and monetary donations. Anyone with interest should call their office at 563-547-3434.



# Howard-Winneshiek Community School District

#### **MEMBER INFORMATION**

### CONTACT

### Cheryl Dickman

cdickman@howard-winn .k12.ia.us 563-547-2762 www.howard-winn.k12.ia.us

### **ADDRESS**

Cresco, IA 52136

### ORGANIZATION TYPE

Educational/School

### **COUNTIES SERVED**

Howard, Winneshiek

### DESCRIPTION

Howard-Winneshiek Community School District is located in Cresco, lowa, the boyhood home of Dr. Norman Borlaug. They celebrate Dr. Borlaug every fall with a weekend celebration that also brings attention to the needs of children in the district, country, and world. The district has a high percentage of students qualifying for free and reduced price meals, and also offers a summer feeding program which is free to any child from preschool age to 18 years. They also participate in the backpack buddies program, which supplies students with meals over the weekend when they are not in school.

Howard-Winneshiek Community School District has strived for years to introduce students to healthier eating habits. These efforts were honored last year when the district was awarded the HealthierUS School Challenge Gold Award. The first entire school district to receive this award, Howard-Winneshiek Community School District is noted nationally as one of the healthiest schools in the nation.

### **HOW TO HELP**

Members of the community are encouraged to call or email the school district to get involved.



### Humanities Iowa

### **MEMBER INFORMATION**

### CONTACT

### Rosemarie Ward

humanities-iowa@uiowa.edu 319-335-4153 thestudio.uiowa.edu/hum anitiesiowa/wp/

### **ADDRESS**

100 Lib Rm 4039 Iowa City, IA 52242

### **ORGANIZATION TYPE**

Educational/School

### **COUNTIES SERVED**

Johnson, Activities Statewide

### **DESCRIPTION**

Humanities Iowa promotes understanding and appreciation of the people, communities, cultures, and stories of importance to Iowa and the nation. They provide grants to other non-profit organizations that further the humanities in the state, and conduct their own programs that support the humanities across Iowa. Each year they serve over 250,000 Iowans with programming and projects, such as their Speakers Bureau and Library Reading and Discussion Series.

### **HOW TO HELP**

Organizations may apply for grants from Humanities Iowa for activities that promote their missions through the humanities. Iowans can also support the mission of Humanities Iowa by visiting their traveling exhibits, which present humanities issues in a visual format by lending portable exhibits to schools, libraries, banks, museums, businesses and city governments for public display.

Organizations that are interested in partnering with Humanities Iowa to bring a Humanities Iowa traveling exhibit to their community should contact Humanities Iowa by phone at 319-335-4153 or by email at humanities-iowa@uiowa.edu.



## Hy-Vee

### **MEMBER INFORMATION**

### CONTACT

### **Pat Hensley**

515-267-2800 www.hy-vee.com/

### **ADDRESS**

5820 Westown Pkwy West Des Moines, IA 50266

### ORGANIZATION TYPE

Corporate

### **COUNTIES SERVED**

Activities Statewide

### **DESCRIPTION**

Hy-Vee ranks among the top 20 supermarket chains in the United States. Hy-Vee supports Iowan's well-being through their network of Registered Dietitians, their Seasons Online Magazine, and their Get Growing website.

Hy-Vee's philanthropy encompasses financial contributions to hundreds of causes, leadership roles in non-profit organizations and one-on-one volunteer contacts in the community. The company's autonomous structure fosters a spirit of entrepreneurship that allows stores to custom-tailor their contributions to meet the needs of their communities.

At the corporate level, Hy-Vee's giving focuses on the support of organizations that provide for the general well-being of children in regard to their physical, emotional, educational and cultural needs. Hy-Vee partners with Variety, the Children's Charity on the Cash for Kids program, which brings together grocery wholesalers, retailers, manufacturers and food brokers in a coupon redemption program to raise funds for children. Other events, activities and programs raise additional funds each year. Hy-Vee also supports the disaster relief work of the Red Cross through corporate donations and through partnerships between Hy-Vee stores and local Red Cross chapters.

### **HOW TO HELP**

Organizations that are fighting hunger in Iowa are encouraged to contact the manager at their local Hy-Vee store to explore opportunities for collaboration through employee volunteerism or donations.

Individuals and groups can partner with Hy-Vee in supporting the Red Cross through the annual Hero's Game.



# IDALS Farm to School Program

### **MEMBER INFORMATION**

### CONTACT

### **Tammy Stotts**

tammy.stotts@lowaAgric ulture.gov 515-281-7657 www.iowaagriculture.gov /AgDiversification/farmTo SchoolProgram.asp

### **ADDRESS**

502 E. 9th Street Des Moines, IA 50319

#### ORGANIZATION TYPE

Government Agency, Educational/School, Garden Program

### **COUNTIES SERVED**

Polk, Activities Statewide

### DESCRIPTION

The goals behind each of the IDALS Farm to School Program initiatives is to link schools with Iowa farmers; provide schools with fresh and minimally processed Iowa-grown food for inclusion in school meals and snacks, and encourage children to develop healthy eating habits while offering them hands-on learning activities.

lowa Farm to School Chapter Initiative helps individuals and organizations establish Farm to School Chapters in their communities. Chapters can encompass an entire school district or simply be built around one school and a single project. They provide a resource packet with step-by-step instructions for starting a successful Farm to School chapter, and ongoing advice to chapters that register with them.

IDALS maintains a directory of farmers who are interested in participating in lowa Farm to School programs.

As a part of the Growing Together initiative, FFA chapters receive incentives to plant a fruit or vegetable that can be included in a school meal.

"A" is for Apple Initiative supports teachers to get Iowa-grown apples into their classrooms and schools. Since 2008, the "A" is for Apple initiative has supported teachers with financial assistance, curriculum, and information about connecting with local Iowa apple growers.

The A Garden is the Way to Grow initiative offers lowa schools the opportunity to apply for funding to create their own school garden. In 2013, funds of \$350 were allocated to 20 school districts to buy the supplies necessary to create a garden or raised beds. In addition to funds, each participating school received a garden planner and seeds from Seed Saver Exchange along with either a nationally-recognized, elementary-level, garden-based curriculum "Growing in the Garden", or a refractometer / sap extractor.

### **HOW TO HELP**

Anyone who is interested in working with IDALS Farm to School Program should contact them directly.



# IDALS Horticulture and Farmers Market Program

#### MEMBER INFORMATION

### CONTACT

### Mike Bevins

HorticultureAndFarmersMar ket@iowaAgriculture.gov 515-242-5043 www.iowaAgriculture.go v/HorticultureAndFarmer sMarket.asp

### **ADDRESS**

502 E. 9th Street Des Moines, IA 50319

#### **ORGANIZATION TYPE**

Government Agency

### COUNTIES SERVED

Polk, Activities Statewide

### **DESCRIPTION**

The IDALS Horticulture and Farmers Market Program works to support farmers markets, farmstands, and CSA programs through technical assistance and to help nutritionally at-risk women, infants, children, and low-income seniors to access locally grown fruits and vegetables through its lowa Farmers Market Nutrition Program.

The IDALS Horticulture and Farmers Market Program also maintains a directory of farmers markets and a directory of farm stands on its website.

### **HOW TO HELP**

Anyone who is interested in any of the initiatives of the IDALS Horticulture and Farmers Market Program should visit their website for more information or contact them directly. Individuals who may be eligible to participate in the lowa Farmers Market Nutrition Program can find more information about that program online.



# IDPH Bureau of Nutrition and Physical Activity

### MEMBER INFORMATION

### CONTACT

### Jill Lange

jill.lange@idph.iowa.gov 515-281-7095 idph.iowa.gov/

### **ADDRESS**

321 East 12th Street Des Moines, IA 50319

### ORGANIZATION TYPE

Government Agency

### **COUNTIES SERVED**

Polk, Activities Statewide

### **DESCRIPTION**

The IDPH Bureau of Nutrition and Physical Activity of the Iowa Department of Public Health works to ensure that Iowans have the opportunity to live a healthy lifestyle by providing education and resources, building partnerships and supporting communities. The bureau administers programs and grants in partnership with a variety of community-based agencies and organizations.

Programs administered within the Bureau of Nutrition and Physical Activity include: the Iowa Special Supplemental Nutrition Program for Women, Infants and Children, the Iowa Nutrition Network, and nutrition, physical activity and obesity prevention programs.

The Iowa Nutrition Network is a partnership of public agencies, private organizations, and communities dedicated to promoting healthy lifestyles among all Iowans, particularly among low-income individuals and families. In its role as one of the SNAP-Education implementing agencies, the Iowa Nutrition Network provides funding to agencies who wish to provide nutrition education to schools where 60% or more of the students qualify for free and reduced price meals. They also provide resources to educators through the Pick a Better Snack program and the Play Your Way program.

### **HOW TO HELP**

Individuals and communities can collaborate with the Bureau of Nutrition and Physical Activity through the Iowa Nutrition Network's resources and through the Iowa WIC Program.



# Immigrant Entrepreneurs Summit

### **MEMBER INFORMATION**

### CONTACT

### Benjamin Jung

info@iesusa.org 515-288-3188 www.iesusa.org

### **ADDRESS**

3816 Ingersoll Avenue Des Moines, IA 50312

### ORGANIZATION TYPE

Community Based

### **COUNTIES SERVED**

Polk

### **DESCRIPTION**

The Immigrant Entrepreneurs Summit brings businesses of diverse backgrounds together to share, learn, and celebrate the immigrant entrepreneurship experience and contribution to the overall community. Their annual Summit exhibits the success stories of immigrant entrepreneurs. Tips for business growth and creating true understanding among different ethnic groups are shared among immigrant business owners and the keys to succeed by working with immigrant populations are shared in a noncompetitive and supportive environment.

### **HOW TO HELP**

Immigrant entrepreneurs, immigrant business owners, and others who are interested in reaching out to or partnering with immigrants or immigrant businesses can support the Immigrant Entrepreneurs Summit through attending, exhibiting, or sponsoring.



# IMPACT Community Action Partnership

#### **MEMBER INFORMATION**

### CONTACT

### Julie Heck

info@impactcap.org 515-274-1334 www.impactcap.org

### **ADDRESS**

3226 University Ave. Des Moines, IA 50311

### ORGANIZATION TYPE

Community Based, Educational/School, Food Pantry, Housing Assistance / Shelter

### **COUNTIES SERVED**

Boone, Jasper, Marion, Polk, Warren

### **DESCRIPTION**

IMPACT Community Action Partnership works to eliminate poverty through empowering vulnerable populations, building collaborations and advocating for social change.

IMPACT Community Action provides important services in Boone, Jasper, Marion, Polk, and Warren counties, including:

Basic Needs Assistance: Assistance for utilities, food, rent and basic hygiene products.

Community Programs: RAYS (extra-curricular scholarships), GRASP (Des Moines recreational card), Flowering Annuals, Financial Education classes, Weatherization, Transportation Assistance, Hats/Mittens Program, Holiday Programs, Garden Programs, Chore (senior/disabled), School Supplies

All programs are dependent on funding and community needs. More information is available on their website and Facebook page.

### **HOW TO HELP**

lowans are encouraged to contact their local county IMPACT office for more information or to explore opportunities to volunteer or partner. The central office of IMPACT Community Action can also be contacted info@impactcap.org or 515-274-1334.



### IMPACT Drake Resource Center

### **MEMBER INFORMATION**

### CONTACT

### Amber Wallingford

awallingford@impactcap.org 515-518-4770 www.impactcap.org

### **ADDRESS**

3226 University Ave. Des Moines, IA 50311

### **ORGANIZATION TYPE**

Community Based, Food Pantry

### **COUNTIES SERVED**

Polk

### DESCRIPTION

The Des Moines Drake IMPACT Outreach Center, a branch of IMPACT Community Action, works to eliminate poverty through empowering vulnerable populations, building collaborations and advocating for social change.

IMPACT's services include:

- Basic Needs Assistance: Assistance for utilities, food, and basic hygiene products.
- Community Programs: GRASP (Des Moines recreational card), Flowering Annuals, Financial Education classes, Weatherization, Holiday Programs, and Garden Programs, DMARC Food Pantry
- All programs are dependent on funding and community needs. More information is available on their website and Facebook page.

### **HOW TO HELP**

lowans are encouraged to contact the Des Moines Drake IMPACT Outreach Center at 515-518-4770 for more information or to explore opportunities to volunteer or partner.

To be connected to the Food Pantry Director, contact Brandon Pollard - bpollard@impactcap.org

The central office of IMPACT Community Action can also be contacted at info@impactcap.org or 515-274-1334.



# Indianola High School

### **MEMBER INFORMATION**

### CONTACT

### **Cindy Bauer**

cindy.bauer@indianola.k12.ia.us 515-961-9510 www.indianola.k12.ia.us/high -school/index.php

### **ADDRESS**

1304 East 1st Street Indianola, IA 50125

### ORGANIZATION TYPE

Educational/School

### **COUNTIES SERVED**

Warren

### **DESCRIPTION**

Students and educators at Indianola High School work to alleviate hunger through educational and service-learning projects.

### **HOW TO HELP**

lowans are encouraged to contact Mrs. Cindy Bauer for more information and to explore opportunities to work together.



### International Agriculture Club - Iowa State University

#### MEMBER INFORMATION

#### CONTACT

#### Dr. Mary Wiedenhoeft

iaasisu@gmail.com www.stuorg.iastate.edu/s ite/275

#### **ADDRESS**

1007 Agronomy Hall Ames, IA 50011

#### **ORGANIZATION TYPE**

International, Educational/School

#### **COUNTIES SERVED**

Story

#### **DESCRIPTION**

The International Agriculture Club at Iowa State University stimulates interest in the field of international agriculture, supports international events and opportunities on campus and prepare students for a wide range of opportunities and careers in agriculture around the world. Students gather in an informal setting to learn about agriculture and global issues in countries around the world. Opportunities for national and international conferences are available to members.

#### **HOW TO HELP**

Students at Iowa State University can join the club and become involved with meetings and activities. Organizations that are interested in partnering with the International Association of Students in Agriculture and Related Sciences should email the club to explore opportunities for collaboration.

The International Agriculture Club is always looking for speakers/activities, sponsors, and organizations that would be willing to host university interns from the United States or abroad.



## International Education, Travel and Sustainable Development

#### MEMBER INFORMATION

#### CONTACT

#### David Fredrick

mdfredrickworld@gmail.com 319-505-3149

#### **ADDRESS**

#### **ORGANIZATION TYPE**

International, Corporate

#### **COUNTIES SERVED**

Black Hawk, Bremer, Butler, Grundy, Johnson, Linn, Polk

#### DESCRIPTION

International Education, Travel and Sustainable Development provides advise and consulting services regarding international development, international student recruiting, project development, and fund-raising. Their areas of expertise are agricultural development, rural development, and health.

#### **HOW TO HELP**

Individuals and organizations who are interested in using the education and advising services of International Education, Travel and Sustainable Development should contact Mr. Fredrick directly.



# International Research Institute for Climate and Society (IRI) at Columbia University

#### **MEMBER INFORMATION**

#### CONTACT

#### Dr. Helen Greatrex

greatrex@iri.columbia.edu 845-680-4468 iri.columbia.edu/our-exper tise/financial-instruments/

#### **ADDRESS**

61 Route 9W Monell Building Palisades New York, NY 10964

#### ORGANIZATION TYPE

International

#### **COUNTIES SERVED**

#### **DESCRIPTION**

The International Research Institute for Climate and Society (IRI) at Columbia University helps people overcome climate risk through financial tools like index insurance and index-based disaster risk management. They have supported tens of thousands of farmers to take more productive chances with their farming practice through reducing the risk from a climate shock.

#### **HOW TO HELP**

They can also link their corn farmers in sub-Saharan Africa with corn farmers in lowa to allow them to learn from each other. Please contact them directly for more information or to become involved.



### Interstate 35 School

#### **MEMBER INFORMATION**

#### CONTACT

#### Sue Meggers

smeggers@i-35.k12.ia.us 641-765-4818 www.edline.net/pages/l3 5HS

#### **ADDRESS**

445 E North Truro, IA 50257

#### ORGANIZATION TYPE

Educational/School

#### **COUNTIES SERVED**

Madison

#### **DESCRIPTION**

Students and educators at Interstate 35 Secondary School work to alleviate hunger through educational and service-learning projects.

The FFA has supported Meals for the Heartland periodically since 2009, packaging as many as 15,000 meals in a year. I-35 Middle School Science classes, with the Third and Fourth Grades, have grown a school kitchen garden for 6 years with all food going to school kitchen. The I-35 High School FCS program runs a food pantry for students and families, and the "Sack O' Food for Me" program of weekly food distribution. The I-35 Middle School provides a Backpack Food program weekly and over long breaks.

Our goals is to ensure every child regardless of income has food to eat at home! A full belly equals a mind full of power!

#### **HOW TO HELP**

lowans are encouraged to contact Mrs. Sue Meggers for more information and to explore opportunities to work together.



### Iowa 4-H Youth Programs

#### **MEMBER INFORMATION**

#### CONTACT

#### Cayla Taylor

cayla@iastate.edu 515-294-1877 www.extension.iastate.edu/4h/

#### **ADDRESS**

Iowa State University 3630 Extension 4-H Youth Bldg Ames, IA 50011

#### ORGANIZATION TYPE

Educational/School, Garden Program

#### **COUNTIES SERVED**

Activities Statewide

#### DESCRIPTION

Iowa 4-H Youth Programs provide opportunities for youth to develop skills they can use now and throughout their life. Iowa 4-H builds upon a century of experience as it fosters positive youth development that is based on the needs and strengths of youth, their families, and communities. Iowa 4-H follows the principles of experiential learning, and draws on the knowledge base of Iowa State University and other institutions of higher education in cooperation with the United States Department of Agriculture.

The Iowa 4-H Connecting Learning & Living programs provide applicable garden-based, nutritional, environmental and agricultural education to youth of all ages, through hands-on lessons and activities that connect learning in classrooms and after-school programs with living on planet Earth.

lowa 4-H also supports after-school learning programs and service learning projects, which take community service or volunteer projects to the next level by emphasizing both service and learning to create a more meaningful experience for youth.

#### **HOW TO HELP**

lowa 4-H provides a variety of resources for educators, including Connected Learning & Living training sessions and a collection of publications. Youth and educators can become involved as participants in lowa 4-H programs, and should sign up online to receive more information.



## Iowa Academy of Nutrition & Dietetics

#### MEMBER INFORMATION

#### CONTACT

#### Monica Lursen RDN, LD, CLF

eatrightiowa@gmail.com 319-269-4239 www.eatrightiowa.org

#### **ADDRESS**

27924 Butler Center Road Clarksville, IA 50619

#### ORGANIZATION TYPE

Advocacy, Community Based, Educational/School

#### **COUNTIES SERVED**

Activities Statewide

#### **DESCRIPTION**

As an affiliate of the Academy of Nutrition and Dietetics, the Iowa Academy of Nutrition and Dietetics strives to improve the nation's health and advance the profession of dietetics through research, education and advocacy. The Iowa Academy of Nutrition and Dietetics is a professional organization comprised of Iowans who share a personal and professional commitment to health and nutrition. Members include registered dietitians, registered dietitian nutritionists, dietetic technicians, students, educators, researchers, retired and international members.

Programs of the Academy of Nutrition and Dietetics include the eatright.org website providing nutrition information for consumers, accreditation of academic programs and credentialing for dietetics professionals, an annual conference and peer reviewed journal, advocacy work and charitable work through the Academy of Nutrition and Dietetics Foundation. The Iowa Academy of Nutrition and Dietetics advances the work of these programs in Iowa.

They also generate a number of nutrition manuals that are used throughout the United States and beyond for the training and education of food service personnel and are best known for their Simplified Diet Manual, currently published by Wiley.

#### **HOW TO HELP**

lowans are encouraged to learn more about nutrition online at eatright.org, use the Find an Expert feature to find a Registered Dietitian Nutritionist who can help individuals and organizations meet their nutrition goals, or contact the lowa Academy of Nutrition and Dietetics to explore further opportunities for collaboration.



### Iowa Afterschool Alliance

#### **MEMBER INFORMATION**

#### CONTACT

#### Michelle Rich

MRich@sppg.com 515-243-2000 www.iowaafterschoolallia nce.org

#### **ADDRESS**

#### ORGANIZATION TYPE

Advocacy, Community Based, Educational/School

#### **COUNTIES SERVED**

Polk, Activities Statewide

#### DESCRIPTION

The Iowa Afterschool Alliance supports high quality programs that serve students outside of the traditional school day. They work to ensure that all Iowa children, youth, and families have access to quality out-of-school time opportunities in their community by:

- Developing policies and partnerships that build capacity at the state and local levels for high-quality afterschool programming,
- Connecting local providers with the resources and tools necessary to provide high-quality afterschool programming, and;
- Communicating critical data on the need and impact of afterschool programming to the public, partners, and other vital stakeholders.

The Iowa Afterschool Alliance maintains the Iowa Afterschool Opportunities Statewide Directory. Many of these afterschool opportunities alleviate hunger in the short-term by providing free meals and healthy snacks to participating children and reduce hunger over the long term by improving educational and career outcomes for the children they serve.

#### **HOW TO HELP**

Afterschool programs often depend on the valuable contributions of members of the community. Afterschool program providers and allied organizations can support the mission of the Iowa Afterschool Alliance by joining as members or as funding partners. Individuals can support this work by becoming advocates for afterschool educational programming, volunteering at an afterschool program in their community, or becoming a mentor through the Iowa Mentoring Partnership.

Individuals and organizations are encouraged to email Ms. Rich to learn more about the work of the Iowa Afterschool Alliance and to become involved.



### Iowa Agricultural Development Division of the Iowa Finance Authority

#### **MEMBER INFORMATION**

#### CONTACT

#### Steve Ferguson

steve.ferguson@iowa.gov 515-725-4928 www.iowafinanceauthori ty.gov/IADD

#### **ADDRESS**

2015 Grand Avenue Des Moines, IA 50312

### ORGANIZATION TYPE Government Agency

**COUNTIES SERVED** 

Polk, Activities Statewide

#### **DESCRIPTION**

The Iowa Agricultural Development Division (IADD) of the Iowa Finance Authority was established by the Iowa General Assembly in 1980 to provide financial assistance to Iowa's grain and livestock producers. Operating expenses for the IADD are derived from modest application and service fees paid by program participants. The IADD also earns interest from a trust fund, but it does not receive any state tax dollars.

Their Beginning Farmer Loan Program and Loan Participation Program help lowa farmers purchase agricultural land, depreciable machinery or equipment, breeding livestock or buildings. The IADD loans may also be used to improve existing buildings or farmland. These programs may be used independently or in conjunction with one another. Both loan programs can only be used for new purchases and neither program can be used to refinance existing debt.

The Beginning Farmer Tax Credit Program encourages owners of capital agricultural assets to lease them to lowa's qualifying beginning farmers. The program provides the agricultural asset owner a credit against lowa income taxes owed. The program is designed to help beginning farmers secure leased farm land or equipment.

#### **HOW TO HELP**

Farmers and other individuals interested in using IADD programs should visit their website for more information about how to qualify and apply for support. Others who are interested in collaborating with IADD should contact them directly.



## Iowa Department of Agriculture and Land Stewardship

#### MEMBER INFORMATION

#### CONTACT

#### Secretary Michael Naig

agri@iowaagriculture.gov 515-281-5321 www.iowaagriculture.gov

#### **ADDRESS**

502 E. 9th Street Des Moines, IA 50319

### ORGANIZATION TYPE Government Agency

COUNTIES SERVED
Polk, Activities Statewide

#### DESCRIPTION

The Iowa Department of Agriculture and Land Stewardship (IDALS) provides leadership for all aspects of agriculture in Iowa, ensures consumer protection and promotes the responsible use of Iowa's natural resources. Two IDALS programs of particular relevance to fighting hunger are the Iowa Farm to School Program and the Iowa Horticulture and Farmers Market Program.

The lowa Farm to School Program links schools with Iowa farmers, provides schools with fresh and minimally processed Iowa-grown food for inclusion in school meals and snacks, and encourages children to develop healthy eating habits while offering them hands-on learning activities. The Iowa Horticulture and Farmers Market Program works to provide fresh, nutritious, unprepared, locally grown fruits, vegetables and herbs from farmers markets and farmstands to nutritionally at-risk women, infants, children and low-income seniors through its Iowa Farmers Market Nutrition Program. The Iowa Horticulture and Farmers Market Program also works to expand farmers markets, farmstands and CSA programs and develop new and additional farmers markets, farmstands and CSA programs through its technical assistance program.

#### **HOW TO HELP**

Individuals and organizations that are interested in working with the Iowa Department of Agriculture should contact them directly, or explore their website to find programs and initiatives that would be a good fit for collaboration.



### Iowa Department of Education -Bureau of Nutrition & Health

#### MEMBER INFORMATION

#### CONTACT

#### Stephanie Dross

Stephanie.Dross@iowa.gov 515-281-5356 www.educateiowa.gov

#### **ADDRESS**

400 E 14th Street Des Moines, IA 50319

#### **ORGANIZATION TYPE**

Government Agency

#### **COUNTIES SERVED**

Polk, Activities Statewide

#### **DESCRIPTION**

The Iowa Department of Education's Bureau of Nutrition and Health facilitates and promotes quality USDA Child Nutrition Programs that benefit the education, health, and well being of the children of Iowa. The Bureau promotes nutritious meals and snacks for Iowa's children through the Child and Adult Care Food Program, National School Lunch Program, School Breakfast Program, and Summer Food Service Program.

#### **HOW TO HELP**

Individuals, corporations and organizations interested in supporting any of the programs listed should contact the Iowa Department of Education, Bureau of Nutrition and Health to determine areas of potential collaboration.



### Iowa Department of Human Rights

#### **MEMBER INFORMATION**

#### CONTACT

#### Sonya Streit

HumanRights@iowa.gov 515-242-5640 humanrights.iowa.gov

#### **ADDRESS**

321 E 12th St. Des Moines, IA 50319

### ORGANIZATION TYPE

Government Agency

#### **COUNTIES SERVED**

Activities Statewide

#### **DESCRIPTION**

The lowa Department of Human Rights advocates for underrepresented lowans and fosters hope within our communities by educating individuals, businesses and government entities about the needs, rights and responsibilities of all lowans. As a state agency, we have a special responsibility to ensure accessibility to government in order to improve lowans' quality of life.

The Division of Community Action Agencies (DCAA) addresses issues facing low-income families by bringing resources to the community level. We link state and federal programs with 17 existing Community Action Agencies and other community-based organizations across the state to effectively serve elderly, disabled and low-income lowans.

The Division of Community Advocacy and Services (CAS) celebrates and serves diverse populations and communities within the state that may need additional resources. CAS houses seven offices: Native Americans, African Americans, Asian and Pacific Islanders, Latinos, Women, Persons with Disabilities, and Deaf Services. The offices work in synergy, assisting and supporting individuals and underserved communities as they relate to each other.

The Division of Criminal and Juvenile Justice Planning (CJJP) conducts research, planning, data coordination, and information clearinghouse functions for the state's justice system. By overlaying research and statistics on policies and practices, we often see ways to gain better results. Then we work with internal and external partners to advise, assist, inform and advocate.

#### **HOW TO HELP**

lowans are encouraged to explore each division's section on their website to learn more about the work of the lowa Department of Human Rights, or to contact them directly with questions or to explore opportunities to work together.



### Iowa Department of Human Services

#### **MEMBER INFORMATION**

#### CONTACT

#### Cindy O'Brien

contactdhs@dhs.state.ia.us 515-725-2600 www.dhs.iowa.gov

#### **ADDRESS**

#### ORGANIZATION TYPE

Government Agency

#### **COUNTIES SERVED**

Activities Statewide

#### DESCRIPTION

The Iowa Department of Human Services (DHS) administers a variety of food assistance programs to help low income Iowans access healthy food. Programs include the Iowa Food Assistance Program (SNAP), The Emergency Food Program (TEFAP), Commodities and Food Assistance Outreach programs.

They also partner with Iowa State University Extension and the Iowa Department of Public Health to provide free nutrition education programs for families. Administration of these programs is a complicated process that requires strict adherence to all federal rules and regulations as well as monitoring quality control and program integrity.

#### **HOW TO HELP**

Many community or faith based organizations provide computer access and have received training from the outreach providers on how to assist others to apply. Each of the outreach workers have received train the trainer training. The online application provides helps throughout the application that makes it easier to read and fill out. This application is also available in Spanish. The online application found at https://secureapp.dhs.state.ia.us/oasis/

DHS offices are located throughout Iowa. Find a nearby office online.



### Iowa Department on Aging

#### **MEMBER INFORMATION**

#### CONTACT

#### Alexandra Curtis

alexandra.curtis@iowa.gov 515-725-3312 www.iowaaging.gov/

#### **ADDRESS**

510 E 12th Street, Suite 2 Des Moines, IA 50319

#### ORGANIZATION TYPE

Government Agency

#### **COUNTIES SERVED**

Polk, Activities Statewide

#### **DESCRIPTION**

The mission of the lowa Department on Aging is to develop a comprehensive, coordinated and cost-effective system of long-term living and community support services that help individuals maintain health and independence in their homes and communities. Nutrition and Wellness Programs are available to lowans aged 60 or older, a spouse of any age and any individual with a disability under age 60 who resides in a housing facility primarily occupied by older adults where congregate meals are served. These meals can help older lowans and lowans with disabilities live healthier lives through balanced nutrition.

#### **HOW TO HELP**

lowans interested in supporting the work of the lowa Department of Aging should contact them directly about opportunities to volunteer, which arise frequently throughout the state.



### Iowa Farm Bureau Federation

#### **MEMBER INFORMATION**

#### CONTACT

#### **Dana Ardary**

dardary@ifbf.org 515-225-5456 www.iowafarmbureau.com

#### **ADDRESS**

5400 University Avenue West Des Moines, IA 50266

#### ORGANIZATION TYPE

Corporate, Community Based

#### **COUNTIES SERVED**

Activities Statewide

#### DESCRIPTION

Across our great state, we lowans have a lot in common. A dedication to hard work. A passion for the land. And a character rooted in faith and family. It's this common bond that weaves through the lowa Farm Bureau. We are a membership base of lowans who take pride in what we've accomplished. From the farm fields to our cities, there is a consistent work ethic that improves lowa each and every day.

Farmers and Agriculture - Iowa Farm Bureau believes that agriculture is a critical component of Iowa's future. That's why we are proud to support wholesome food and farm families who grow and raise it, while promoting new opportunities for agriculture in the areas of wind energy, corn ethanol, soy biodiesel and more. Learn more.

Youth and Education - Iowans believe education is the key to achieving their dreams. That's why we invest in cultivating character and leadership in Iowa's youth in all parts of the state. Learn more.

Rural Vitality - The majority of Iowa's 3 million citizens live in rural areas. Vibrant communities start with people and the activity generated from their entrepreneurial spirit. Our Renew Rural Iowa program uses that spirit to help stimulate economic growth in communities of 30,000 or fewer people. Learn more.

Health and Wellness - Iowa Farm Bureau provides its members access to high-quality, affordable health care and boosts health and wellness resources in rural areas. Learn more.

Philanthropy - Giving back to the people who make Iowa what it is: one of the best places in the world to live, work and play. Learn more.

#### **HOW TO HELP**

lowans are encouraged to directly contact the lowa Farm Bureau for more information about the organization, its work, and how they can partner or become involved.



### Iowa Food Bank Association

#### **MEMBER INFORMATION**

#### CONTACT

#### Linda Gorkow

linda@iowafba.org www.iowafba.org

#### **ADDRESS**

#### ORGANIZATION TYPE

Food Bank, Advocacy

#### **COUNTIES SERVED**

Activities Statewide

#### DESCRIPTION

The Iowa Food Bank Association (IFBA) supports the Feeding America food banks and their affiliates serving Iowa in their work to ensure that sufficient food is accessible to all. There are 7 Food Banks serving all 99 counties in Iowa: Food Bank of Iowa, Northeast Iowa Food Bank, River Bend Food Bank, Food Bank for the Heartland, HACAP Food Reservoir, Food Bank of Siouxland, and St. Stephen's Food Bank.

IFBA also maintains the SNAP Hotline (855) 944.FOOD (3663), which allows callers to complete their Food Assistance Application over the phone with expert live assistance.

#### **HOW TO HELP**

IFBA has opportunities for individuals and organizations to support the mission of lowa's food banks through advocacy and monetary support. Individuals can learn more and become grassroots advocates for the hungry through a partnership with Feeding America. Individuals and organizations can also volunteer or donate to support the programs run by IFBA member food banks.



### Iowa Gardening For Good

#### **MEMBER INFORMATION**

#### CONTACT

#### **Dr. Tracy Blackmer**

Tracy@lowaGardeningForGood.com 515-685-4042 www.iowagardeningforgood

#### **ADDRESS**

2191 340th St. Madrid, IA 50156

#### ORGANIZATION TYPE

Garden Program

#### **COUNTIES SERVED**

Boone

#### **DESCRIPTION**

lowa Gardening for Good is a 501c3 that focuses on involving people in growing things of value for a good cause. This project has been operating for 5 years and has organized a number of projects striving to involve more people in agricultural production and trying to link them to various types of service projects. Currently, their largest project is growing vegetables and donating them to the food pantries.

In 2018, over 1,200 volunteers participated in growing over 180,000 lbs that was donated to food pantries. We rely on a wide range of volunteers to help ranging from schools to corporate volunteers. Typically we have 2-3 groups a week come and help plant or pick produce. How to Help: The primary labor source is volunteers of all ages. Throughout the growing season, dates are available for volunteers to come help plant, tie up plants or pick produce.

#### **HOW TO HELP**

Because we donate everything we grow, we are dependent upon financial donations. Our goal is to produce 5 pounds of produce for every dollar we receive. To learn more on how to donate financially see our website at www.iowagardeningforgood.com/donation. Iowans are encouraged to contact the Blackmer family contact the Blackmer family for more information or to help volunteer.



### Iowa Healthiest State Initiative

#### **MEMBER INFORMATION**

#### CONTACT

#### Aryn McLaren

info@iowahealthieststate.com 515-309-3227

www.iowahealthieststate.com

#### **ADDRESS**

301 Grand Avenue Des Moines, IA 50309

#### ORGANIZATION TYPE

Government Agency, Community Based, Educational/School

#### **COUNTIES SERVED**

Activities Statewide

#### **DESCRIPTION**

The Healthiest State Initiative aims to become the healthiest state in the nation by improving the physical, social and emotional well-being of lowans.

Mission To improve the physical, social and emotional well-being of lowans.

Vision To become the healthiest state in the nation.

Values Creating awareness of challenge to make lowa the healthiest state in the nation Connecting the needs of lowans with resources to achieve the goal Improving the health of lowans and the communities in which they live Goals Increase the number of lowans living an active and healthy lifestyle Increase lowans' emotional well-being Decrease the number of lowans who use tobacco

The Iowa Healthiest State Initiative is the lead organization for Double Up Food Bucks (DUFB). Double Up Food Bucks makes it easier for low-income Iowans to eat fresh fruits and vegetables while supporting family farmers and growing local economies. DUFB gives SNAP shoppers FREE Double Up Bucks, as a 1:1 match on all SNAP dollars spent, up to \$10 per day. For a listing of DUFB locations please visit:

http://www.iowahealthieststate.com/resources/communities/double-up-food-bucks/

#### **HOW TO HELP**

lowans interested in supporting the mission of the lowa Healthiest State Initiative are encouraged to give back at

http://www.iowahealthieststate.com/take-action/give-back/



## Iowa Homeless Community Ambassadors

#### MEMBER INFORMATION

#### CONTACT

#### Isaac Langford

iowahomeless@activist.com 515-991-3742 nhpa101.webs.com

#### **ADDRESS**

Des Moines, IA

#### **ORGANIZATION TYPE**

Advocacy, Housing Assistance / Shelter

#### **COUNTIES SERVED**

Polk

#### DESCRIPTION

lowa Homeless Community Ambassadors is a diverse membership group of non-profit organizations and homeless individuals who have a common goal of ending homelessness. They seek to improve housing and supportive services for all homeless and nearly homeless people in the Polk County area.

The members of Homeless Ambassadors are dedicated to creating an organization which: remains diverse in its composition is action-oriented provides a stable forum for all organizations concerned about homelessness to express their opinions and share information with their colleagues, and builds on commonalities among the members but respects differences.

Iowa Homeless Community Ambassadors monthly meetings are forums for experts' presentations on cutting-edge issues, discussion of proposed solutions, information exchange, and work group decision-making. As a body, Homeless Protection Network writes position papers and letters to policy-makers. Some members testify at the City Council and meet with decision-makers.

#### **HOW TO HELP**

lowans are encouraged to contact their staff for more information about the lowa Homeless Community Ambassadors. Individuals can also support their work financially or as volunteers.



### Iowa Homeless Youth Centers

#### **MEMBER INFORMATION**

#### CONTACT

#### Kathryn Ryan

kryan@yss.org (515) 883-2379 www.iowahomelessyouth.org

#### **ADDRESS**

612 Locust Street Des Moines, IA 50309

#### ORGANIZATION TYPE

Meal Site, Garden Program, Housing Assistance / Shelter

#### **COUNTIES SERVED**

Polk

#### **DESCRIPTION**

Iowa Homeless Youth Centers serves 3 meals daily, 7 days a week at their Facility located at 612 Locust Street in Des Moines. IHYC provides cooking classes on a weekly basis and are in the beginning stages of building a Rooftop Garden that is meant to be a social entrepreneurial venture. Youth will be employed in internships to help run the garden.

#### **HOW TO HELP**

Volunteers can get involved in several ways. They can donate food for meals or snacks. Volunteers can come and serve or donate meals at any of our locations. In addition to our Youth Opportunity Center in downtown Des Moines, we have one transitional living facility for young families. Contact IHYC for more information or to sign up to volunteer.



### Iowa Hospitality Donation Network

#### **MEMBER INFORMATION**

#### CONTACT

#### Michelle DeClerck

info@mycem.com 515-254-0289 mycem.com/cem\_comm unity.html

#### **ADDRESS**

1045 76th Street, Suite 3025 West Des Moines, IA 50266

#### ORGANIZATION TYPE

Corporate

#### **COUNTIES SERVED**

Polk

#### DESCRIPTION

Through the lowa Hospitality Donation Network, local hotels, venues, and events donate excess and reusable items, including food, to non-profit organizations to help fight hunger, poverty, and homelessness.

#### **HOW TO HELP**

lowa hotels or non-profit organizations interested in becoming involved may contact info@mycem.com for additional information.



### Iowa Hunger Coalition

#### **MEMBER INFORMATION**

#### CONTACT

#### Linda Gorkow

IowaHungerCoalition@g mail.com www.iowahungercoalitio n.org/

#### **ADDRESS**

### ORGANIZATION TYPE Advocacy

COUNTIES SERVED

Activities Statewide

#### **DESCRIPTION**

Launched in October 2017, the Iowa Hunger Coalition is working to form a broad based, statewide, collaborative anti-hunger organization to work for the benefit of the hundreds of thousands of Iowans suffering daily through hunger.

For more on the Iowa Hunger Coalition, check out their one pager and 2018 Legislative Agenda.

#### **HOW TO HELP**

Joining the Coalition would give members access to other advocates in the anti-hunger & food recovery realm. Banding together as one, gives us significantly stronger voice than acting individually.



### Iowa Interfaith Power and Light

#### **MEMBER INFORMATION**

#### CONTACT

#### Matt Russell

director@iowaipl.org 515-689-1112 www.iowaipl.org

#### **ADDRESS**

505 5th Avenue Des Moines, IA 50309

#### ORGANIZATION TYPE

Faith Based, Advocacy

#### **COUNTIES SERVED**

Polk, Activities Statewide

#### **DESCRIPTION**

Iowa Interfaith Power & Light (Iowa IPL) engages and equips people of faith to become leaders in addressing the environmental and social justice consequences of climate change. Iowa IPL is a part of the national Interfaith Power & Light movement.

lowa IPL's Cool Congregations program has trained representatives of over 275 congregations across lowa to activate their care for creation by helping members calculate and reduce their household energy use by roughly 10% per year. Their Food  $\cdot$  Faith  $\cdot$  Climate program teaches participants how their food choices impact climate change and how their faith traditions call them to respond with practical solutions. As part of the Food  $\cdot$  Faith  $\cdot$  Climate program, congregations sometimes choose to grow food to donate to local food pantries and soup kitchens.

#### **HOW TO HELP**

Individuals can become involved by signing up for Iowa IPL's e-action alerts. Congregations that are interested in hosting a Cool Congregations workshop or a Food • Faith • Climate workshop should contact Sarah Webb at programs@iowaipl.org for more information.



### Iowa International Center

#### **MEMBER INFORMATION**

#### CONTACT

#### **Patricia Grote**

pgrote@iowainternation alcenter.org 515-282-8269 www.iowainternationalce nter.org

#### **ADDRESS**

3839 Merle Hay RoadSuite 259 Des Moines, IA 50310

#### ORGANIZATION TYPE

International, Community Based

#### COUNTIES SERVED

Polk, Activities Statewide

#### DESCRIPTION

The lowa International Center provides access to international resources to lowans, new lowans, and international visitors to lowa. The overarching impact provides economic and leadership development resulting in lowa being a more inclusive and welcoming place to live, work and raise a family.

The lowa International Center has four main programmatic areas: assistance to refugees and other new lowans, an extensive translation service covering more than 60+ languages, monthly public forums introducing lowans to international topics, and facilitating the travel of international visitors to lowa.

#### **HOW TO HELP**

Individuals can assist the efforts of the Iowa International Center through donating or volunteering in any of its programmatic areas. Volunteers are especially needed to help guide international visitors around the state and to host them for meals or overnight. People with foreign language skills can join the Iowa International Center's on-call interpretation network to assist new Iowans with emergency interpretation needs.



### Iowa Lakes IA Growing Project

#### **MEMBER INFORMATION**

#### CONTACT

#### **Rick Porter**

rporter@okobojiconference. org

#### **ADDRESS**

#### **ORGANIZATION TYPE**

Food Bank, Community Based

#### **COUNTIES SERVED**

**Fmmet** 

#### **DESCRIPTION**

As a Christian response to world hunger, Growing Hope Globally, formerly Foods Resource Bank (FRB), links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

Growing Hope engages volunteers to raise money through "Growing Projects" for between 50-60 overseas programs a year. All of the programs focus on developing smallholder agriculture, often in the most remote and poorest regions of the world. Growing Projects are the heart and soul of Growing Hope and have helped us reach over 1.6 million people since the first Growing Projects were created in 1999.

#### **HOW TO HELP**

lowans can support the work of Growing Hope by starting or joining a Growing Project in their community. A Growing Project is a group whose members work together to raise a crop or other commodity or hold fundraisers to help farmers overseas become self-sufficient. Growing Projects include revenue from field crops, cattle or dairy, pie auctions, pumpkin patches, Sunday school gardens, and more. Each member plays a unique role and contributes to the Growing Project in different ways by offering their time, talents or resources.

lowans are encouraged to directly contact coordinator Mr. Rick Porter to become involved with the Iowa Lakes IA Growing Project.

For more information about starting or joining a Growing Project, Iowans should call 888-276-4372 or email Von Tarverdi at info@growinghopeglobally.org.



### Iowa Oxfam Action Corps

#### **MEMBER INFORMATION**

#### CONTACT

#### **Jordan Murphy**

iowa@oxfamactioncorps.org www.facebook.com/page s/Iowa-Oxfam-Action-Cor ps/227949010551442

#### **ADDRESS**

Des Moines Area, IA

### ORGANIZATION TYPE International, Advocacy

COUNTIES SERVED

Polk, Story

#### DESCRIPTION

Volunteers with the Iowa Oxfam Action Corps work to improve national legislation and deepen local community resources for fighting poverty and injustice. Activities include outreach tables at farmers markets, concerts, and community events, visits to the offices of elected officials, and supporting the work of local community gardens and food banks.

Oxfam America's current advocacy campaign: GROW, focuses on building a food system that sustainably feeds a growing population and empowers poor people to earn a living, feed their families, and thrive.

#### **HOW TO HELP**

Individuals and organizations interested in finding out more or volunteering with the lowa Oxfam Action Corps should email them directly at iowa@oxfamactioncorps.org, visit their Facebook page or blog for more information, or contact Oxfam America staff.



### Iowa Public Television (IPTV)

#### **MEMBER INFORMATION**

#### CONTACT

#### Susan Ramsey

515-725-9700 www.iptv.org

#### **ADDRESS**

6450 Corporate Drive P.O. Box 6450 Johnston, IA 50131

#### **ORGANIZATION TYPE**

Educational/School

#### **COUNTIES SERVED**

Polk, Activities Statewide

#### **DESCRIPTION**

lowa Public Television (IPTV) is lowa's statewide public broadcasting network. IPTV provides quality, alternative programming that educates, informs, enlightens, and entertains lowans. More than one million viewers a week turn to IPTV for programming that reflects a range of interests for lowans in all demographic categories. In addition to its programming, IPTV provides a variety of educational resources for students, parents, and teachers.

#### **HOW TO HELP**

lowa Public Television is exploring opportunities to collaborate with Iowans who are fighting hunger. Individuals and organizations can contact IPTV at 515-725-9700 or through their online form to submit questions, pitch ideas, and start conversations about collaboration.



### Iowa Sister States - Yucatan

#### **MEMBER INFORMATION**

#### CONTACT

#### Sue Jarnagin

info@iowasisterstates.org 515-725-3164 www.iowasisterstates.org /yucat-n.html

#### **ADDRESS**

200 East Grand Avenue Des Moines, IA 50309

### ORGANIZATION TYPE International

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COUNTIES SERVED
Polk

#### **DESCRIPTION**

The Iowa Sister States - Yucatan began as the Iowa-Yucatan Partners of the Americas. It was established on September 24, 1965 by a group of business and civic leaders who met in Des Moines with then Iowa Governor Harold Hughes. The Yucatan Peninsula of Mexico was chosen as Iowa's partner because of its henequen production. Henequen was used in baler and binder twine, a common product used for harvesting Iowa's oats and hay crops.

With the help of the United States Department of State, a partnership was established between Iowa and the states of the Yucatan Peninsula of Mexico. The Iowa- Yucatan partnership has evolved over the years into an ongoing effort to alleviate hunger in the Yucatan Peninsula.

#### **HOW TO HELP**

Interested Iowans can donate to the Yucatan committee's anti-hunger work through the homepage of Iowa Sister States. There are also opportunities to volunteer in a fundraising capacity, especially during the annual Des Moines Area Hunger Hike.



### Iowa United Nations Association

#### **MEMBER INFORMATION**

#### CONTACT

info@unaiowa.org 319-337-7290 iowauna.org

#### **ADDRESS**

20 E Market St Iowa City, IA 52245

#### ORGANIZATION TYPE

International, Advocacy

#### **COUNTIES SERVED**

Black Hawk, Johnson, Linn, Polk, Story

#### **DESCRIPTION**

The Iowa United Nations Association advocates for and raises funds for humanitarian relief efforts of various United Nations' agencies, such as the World Food Programme, UNICEF, and UNHCH that deliver life saving assistance and food.

#### **HOW TO HELP**

lowans can support the lowa United Nations Association and their work by becoming members and attending their programming, by volunteering, or by applying for their internship positions.



### Iowa WIC Program

#### **MEMBER INFORMATION**

#### CONTACT

#### Kimberly Stanek

kimberly.stanek@idph.iowa.gov 515-281-7119 idph.iowa.gov/wic

#### **ADDRESS**

321 East 12th Street Des Moines, IA 50319

#### ORGANIZATION TYPE

Government Agency

#### **COUNTIES SERVED**

Polk, Activities Statewide

#### **DESCRIPTION**

The Iowa WIC Program is administered by the Bureau of Nutrition and Physical Activity of the Iowa Department of Public Health. WIC (Women Infants, & Children) is a supplemental nutrition program for babies, children under the age of 5, pregnant women, breastfeeding women, and women who have had a baby in the last 6 months. WIC helps families by providing healthy foods, nutrition education, and referrals to other health care agencies.

The Iowa WIC Program works through a network of agencies and vendors. WIC agencies provide services locally to the WIC families including nutrition education, breastfeeding promotion and support, nutritious food packages, and referrals to other health programs. WIC vendors are stores that are approved by the State WIC office to accept eWIC that are provided by the local WIC agencies.

lowa WIC also maintains a collection of online community resources to support community partners and other professionals to help meet the nutrition and health needs of WIC clients and lowa families.

#### **HOW TO HELP**

lowa communities and organizations are encouraged to use the online form or contact their local WIC agency to explore opportunities to work together. Stores wishing to become authorized WIC vendors are encouraged to learn more online and call 800-532-1579 to speak with a WIC Vendor Management Representative.



### Iowa Women's Foundation

#### **MEMBER INFORMATION**

#### CONTACT

#### Dawn Oliver Wand

dawn@iawf.org 319-774-3813 www.iawf.org

#### **ADDRESS**

2201 East Grantview Drive, Suite 200 Coralville, IA 52241

#### **ORGANIZATION TYPE**

Advocacy, Community Based, Educational/School

#### **COUNTIES SERVED**

Johnson, Activities Statewide

#### **DESCRIPTION**

The lowa Women's Foundation (IWF) is committed to improving the lives of lowa's women and girls through economic self-sufficiency. With a diversified mix of action and funding including research, grantmaking, advocacy, education and collaboration they work to alleviate the causes and not just the symptoms of economic illiteracy.

- Research: IWF funds and supports research that enables it to invest wisely in activities that create pathways to economic success for women and girls.
- Fundraising/Grantmaking: At the heart of IWF is the goal of raising funds to provide grants to organizations that give IWF the power to advance the lives of women and girls each year.
- Advocacy: In order to lead change, IWF educates policy makers and other community leaders regarding issues and solutions.
- Education: IWF educates the community on the importance of improving the lives of women and girls.
- Collaboration: IWF works with social services organizations, government agencies, schools and businesses to address the needs of women and girls in a coherent and complete way.

IWF uses research to uncover the biggest barriers to women's success and their greatest needs, and targets their efforts accordingly to achieve their goals and make the most significant impact.

#### **HOW TO HELP**

lowans can support the work of IWF through donations, volunteering, attending their events, or collaborating towards shared goals. Donations fund the activities of IWF and enable them to continue their grantmaking. IWF is always in need of talented individuals as volunteers to help them fulfill their mission.

Organizations working to foster self-sufficiency and leadership skills among lowa's women and girls are invited to apply annually for grants from IWF to help support their work. Recent grants have supported projects in the areas of education, gender equality, domestic violence, mentoring, financial management, self-esteem, and decision-making.



### ISU Agronomy Department

#### **MEMBER INFORMATION**

#### CONTACT

#### Dr. Laura Merrick

Imerrick@iastate.edu 515-294-3763 www.agron.iastate.edu

#### **ADDRESS**

2104 Agronomy Hall, Iowa State University Ames, IA 50011

### ORGANIZATION TYPE Educational/School

COUNTIES SERVED

Story, Activities Statewide

#### **DESCRIPTION**

The mission of the Iowa State University Agronomy Department is to provide continued excellence in agronomic teaching, research, and outreach. The department achieves this by serving Iowa, the nation, and the world in ways that:

- Expand knowledge in crop, soil, and atmospheric sciences
- Identify, develop, and deliver appropriate information and technologies for agronomic practice
- Prepare students for successful careers and continued education in agronomic and related sciences
- Improve crop production and soil management practices, while enhancing environmental quality and sustainability, through interdisciplinary cooperation
- Anticipate and respond to societal needs relative to food and fiber production
- Promote, through education, harmony among the diverse clientele served by agronomy.

#### **HOW TO HELP**

To find out more about the Iowa State University Agronomy Department, please visit their website or contact them directly.



## ISU Extension & Outreach - Region 20

#### MEMBER INFORMATION

#### CONTACT

#### Janet Smith

jansmith@iastate.edu 319-671-7165 www.extension.iastate.edu

#### **ADDRESS**

1700 W. Mt. Pleasant St. West Burlington, IA 52655

#### **ORGANIZATION TYPE**

Government Agency, Educational/School

#### **COUNTIES SERVED**

Des Moines, Henry, Lee, Louisa

#### **DESCRIPTION**

ISU Extension & Outreach - Region 20 serves Des Moines, Henry, Lee and Louisa counties. They work to provide research-based, unbiased information and education to help county citizens make better decisions.

Their activities include: the 4-H Program to empower youth to reach their full potential working and learning in partnership with caring adults, Community and Economic Development Workshops conducted with community organizations, individuals and leaders to help develop and implement plans for physical and social community improvements, an Agriculture and Natural Resources program which works to ensure the long term profitability of lowa agricultural producers and increasing production capacity of the agricultural sector while protecting natural resources, and Human Sciences Programs which promote health and help people access and eat safe, nutritious, and healthy foods.

#### **HOW TO HELP**

There are many opportunities for individuals and organizations to work with ISU Extension in Des Moines, Henry, Lee and Louisa counties by participating in one or more of their programs or partnering in other ways. Iowans can find out more information online or contact them with questions or ideas.



## ISU Extension & Outreach in Dallas County

#### MEMBER INFORMATION

#### CONTACT

#### Lisa Mickelson

Imickel@iastate.edu 515-993-4281 www.extension.iastate.ed u/dallas

#### **ADDRESS**

28059 Fairground Road Adel. IA 50003

#### **ORGANIZATION TYPE**

Government Agency, Educational/School

#### COUNTIES SERVED

Dallas

#### **DESCRIPTION**

ISU Extension and Outreach of Dallas County is led by the elected Dallas County Extension Council, with support from county and state ISU Extension and Outreach staff. They work together to engage citizens through research-based educational programs and resources. Through partnerships they increase the ability of lowans to make informed decisions by applying relevant, needs-driven resources to create significant impact in our state.

Their activities include: the Dallas County 4-H Program to empower youth to reach their full potential working and learning in partnership with caring adults, Community and Economic Development Workshops conducted with community organizations, individuals and leaders to help develop and implement plans for physical and social community improvements, a Food Security Program which works to ensure the long term profitability of lowa agricultural producers and increasing production capacity of the agricultural sector while protecting natural resources, Food Safety and Nutrition Courses which help people in Dallas County to access and eat safe, nutritious, and healthy foods, and Family Life and Finance which strives to promote healthy behavior and relationships to help people make decisions that improve and transform their lives.

#### **HOW TO HELP**

There are many opportunities for individuals and organizations to work with ISU Extension in Dallas County by participating in one or more of their programs or partnering in other ways. Iowans can find out more information on their website or contact them with questions or ideas.



### ISU Extension & Outreach in Montgomery County

#### MEMBER INFORMATION

#### CONTACT

#### **Barbara Fuller**

xmontgomery@iastate.edu 712-623-2592 www.extension.iastate.edu /montgomery

#### **ADDRESS**

400 Bridge Street, Suite #2 Red Oak, IA 51566

#### **ORGANIZATION TYPE**

Government Agency, Educational/School

#### COUNTIES SERVED

Montgomery

#### **DESCRIPTION**

ISU Extension in Montgomery County is led by the elected Montgomery County Extension Council, with support from county staff and ISU Extension and Outreach staff. They work together to provide research-based, unbiased information and education to help county citizens make better decisions.

Their activities include: the Montgomery County 4-H Program to empower youth to reach their full potential working and learning in partnership with caring adults, Community and Economic Development Workshops conducted with community organizations, individuals and leaders to help develop and implement plans for physical and social community improvements, a Food Security Program which works to ensure the long term profitability of lowa agricultural producers and increasing production capacity of the agricultural sector while protecting natural resources, and Food Safety and Nutrition Courses which help people in Montgomery County to access and eat safe, nutritious, and healthy foods.

#### **HOW TO HELP**

There are many opportunities for individuals and organizations to work with ISU Extension in Montgomery County by participating in one or more of their programs or partnering in other ways. Iowans can find out more information on their website or contact them with questions or ideas.



## ISU Extension & Outreach in Polk County

#### MEMBER INFORMATION

#### CONTACT

#### **Mary Krisco**

mkrisco@iastate.edu 515-957-5760 www.extension.iastate.ed u/polk

#### **ADDRESS**

1625 Adventureland Drive, Suite A Altoona, IA 50009

#### ORGANIZATION TYPE

Government Agency, Educational/School

#### **COUNTIES SERVED**

Polk

#### DESCRIPTION

ISU Extension in Polk County is led by the elected Polk County Extension Council, with support from county staff and ISU Extension and Outreach staff. They work together to provide research-based, unbiased information and education to help county citizens make better decisions.

Their activities include: the Polk County 4-H Program to empower youth to reach their full potential working and learning in partnership with caring adults, Community and Economic Development Workshops conducted with community organizations, individuals and leaders to help develop and implement plans for physical and social community improvements, a Food Security Program which works to ensure the long term profitability of lowa agricultural producers and increasing production capacity of the agricultural sector while protecting natural resources, and Food Safety and Nutrition Courses which help people in Polk County to access and eat safe, nutritious, and healthy foods.

#### **HOW TO HELP**

There are many opportunities for individuals and organizations to work with ISU Extension in Polk County by participating in one or more of their programs or partnering in other ways. Iowans can find out more information on their website or contact them with questions or ideas.



## ISU Extension & Outreach in Story County

#### MEMBER INFORMATION

#### CONTACT

#### **Eugenia Hartsook**

xstory@iastate.edu 515-382-6551 www.extension.iastate.edu/ story

#### **ADDRESS**

220 H Avenue, P.O. Box 118 Nevada, IA 50201

#### ORGANIZATION TYPE

Government Agency, Educational/School

#### COUNTIES SERVED

Story

#### **DESCRIPTION**

ISU Extension in Story County is led by the elected Story County Extension Council, with support from county staff and ISU Extension and Outreach staff. They work together to provide research-based, unbiased information and education to help county citizens make better decisions.

Their activities include: the Story County 4-H Program to empower youth to reach their full potential working and learning in partnership with caring adults, Community and Economic Development Workshops conducted with community organizations, individuals and leaders to help develop and implement plans for physical and social community improvements, a Food Security Program which works to ensure the long term profitability of Iowa agricultural producers and increasing production capacity of the agricultural sector while protecting natural resources, and Food Safety and Nutrition Courses which help people in Story County to access and eat safe, nutritious, and healthy foods.

#### **HOW TO HELP**

There are many opportunities for individuals and organizations to work with ISU Extension in Story County by participating in one or more of their programs or partnering in other ways. Iowans can find out more information on their website or contact them with questions or ideas.



# ISU Extension & Outreach in Warren County

#### MEMBER INFORMATION

#### CONTACT

#### **Cortney Garrington**

cortneyg@iastate.edu 515-961-6237 www.extension.iastate.edu/ warren

#### **ADDRESS**

909 East 2nd Ave. Suite E Indianola, IA 50125

#### **ORGANIZATION TYPE**

Government Agency, Educational/School

#### **COUNTIES SERVED**

Warren

#### **DESCRIPTION**

ISU Extension and Outreach of Warren County is led by the elected Warren County Extension Council, with support from county and state ISU Extension and Outreach staff. They work together to engage citizens through research-based educational programs and resources. Through partnerships they increase the ability of lowans to make informed decisions by applying relevant, needs-driven resources to create significant impact in our state.

Their activities include: the Warren County 4-H Program to empower youth to reach their full potential working and learning in partnership with caring adults, Community and Economic Development Workshops conducted with community organizations, individuals and leaders to help develop and implement plans for physical and social community improvements, a Food Security Program which works to ensure the long term profitability of lowa agricultural producers and increasing production capacity of the agricultural sector while protecting natural resources, Food Safety and Nutrition Courses which help people in Dallas County to access and eat safe, nutritious, and healthy foods, and Family Life and Finance which strives to promote healthy behavior and relationships to help people make decisions that improve and transform their lives.

#### **HOW TO HELP**

There are many opportunities for individuals and organizations to work with ISU Extension in Dallas County by participating in one or more of their programs or partnering in other ways. Iowans can find out more information on their website or contact them with questions or ideas.



# ISU Extension & Outreach in Woodbury County

#### **MEMBER INFORMATION**

#### CONTACT

#### Katelyn Brinkerhoff

kbrink@iastate.edu 712-276-2157 www.extension.iastate.ed u/woodbury/

#### **ADDRESS**

4728 Southern Hills Drive Sioux City, IA 51106

#### ORGANIZATION TYPE

Government Agency, Educational/School

### COUNTIES SERVED

Woodbury

#### **DESCRIPTION**

ISU Extension and Outreach of Woodbury County is led by the elected Woodbury County Extension Council, with support from county and state ISU Extension and Outreach staff. They work together to engage citizens through research-based educational programs and resources. Through partnerships they increase the ability of lowans to make informed decisions by applying relevant, needs-driven resources to create significant impact in our state.

Their activities include: the Woodbury County 4-H Program to empower youth to reach their full potential working and learning in partnership with caring adults, Community and Economic Development Workshops conducted with community organizations, individuals and leaders to help develop and implement plans for physical and social community improvements, a Food Security Program which works to ensure the long term profitability of lowa agricultural producers and increasing production capacity of the agricultural sector while protecting natural resources, Food Safety and Nutrition Courses which help people in Woodbury County to access and eat safe, nutritious, and healthy foods, and Family Life and Finance which strives to promote healthy behavior and relationships to help people make decisions that improve and transform their lives.

#### **HOW TO HELP**

There are many opportunities for individuals and organizations to work with ISU Extension in Woodbury County by participating in one or more of their programs or partnering in other ways. Iowans can find out more information on their website or contact them with questions or ideas.



# ISU Extension & Outreach Nutrition Programs

#### MEMBER INFORMATION

#### CONTACT

#### **Christine Hradek**

hradek@iastate.edu 515-294-3554 www.extension.iastate.ed u/humansciences/nutriti on-education

#### **ADDRESS**

Iowa State University, 101 MacKay Hall Ames, IA 50011

#### ORGANIZATION TYPE

Government Agency, Educational/School

#### **COUNTIES SERVED**

Story, Activities Statewide

#### **DESCRIPTION**

ISU Extension & Outreach Nutrition Programs help low-resource lowans develop the knowledge, skills, attitudes and behavior needed to make healthy food choices on a budget. Families learn how to choose healthy foods, prepare tasty meals and stretch their budget through meal planning and savvy shopping. Through the Kids in the Kitchen youth nutrition education program, children have fun and learn about healthy foods through hands-on cooking classes. These ISU Extension and Outreach nutrition programs include projects funded by the Expanded Food and Nutrition Education Program (EFNEP) and Supplemental Nutrition Assistance Program Education (SNAP-Ed). Together, those programs provide nutrition education and healthy food access programs in more than 20 counties.

#### **HOW TO HELP**

lowans who are interested in supporting the work of ISU Extension & Outreach Nutrition Programs should contact Ms. Hradek to find out which programs are active in their county. Individuals and families who wish to find out more about the nutrition education resources offered in their area should contact them online.



# Jaksally Development Organisation

#### **MEMBER INFORMATION**

#### CONTACT

#### Jeremiah Abubakari Seidu

jeremiah.seidu@yahoo.com +233244409552 www.facebook.com/page s/Jaksally/2668127800028 77

#### **ADDRESS**

PO Box BL 74 Bole, Northern Region

#### ORGANIZATION TYPE

International

#### **COUNTIES SERVED**

#### **DESCRIPTION**

The Jaksally Development Organisation works to reduce hunger and build food security in Ghana, Burkina Faso, and Cote d'Iviore.

Their work focuses on supporting women and youth in rural communities, and their programs include:

- Women and Youth in Agriculture supporting women and youth with agricultural technology transfers, to maximize small land areas and increase yields.
- Women and Youth in Savings supporting them to save their own and reinvest that into agriculture.
- Environmental Enterprises supporting bee keeping increasing incomes, creating employment, reducing bush fires and increasing the size and quality of shea and cashew nuts.
- Value Chains Development strengthening their capacity to process, market, and otherwise add value to raw products.
- Empowerment they support women and youth in governance and agricultural policy advocacy to be better informed and participate in decision making. They also coach, mentor and walk with the youth in agriculture.

#### **HOW TO HELP**

lowans can support the mission of the Jaksally Development Organisation by volunteering as interns to help document their work, write about lessons learnt, write stories about the organization and its impacts, speak with their beneficiaries and publish articles on all of these. Individuals are encouraged to contact Mr. Jeremiah Abubakari Seidu at jeremiah.seidu@yahoo.com or +233244409552 to learn more or volunteer.



# Jasper County IMPACT Outreach Center

#### MEMBER INFORMATION

#### CONTACT

#### **Patty Sneddon**

psneddon@impactcap.org 641-792-3008 www.impactcap.org

#### **ADDRESS**

115 N. 2nd Ave. E. Newton, IA 50208

#### **ORGANIZATION TYPE**

Community Based, Educational/School, Food Pantry, Housing Assistance / Shelter

#### **COUNTIES SERVED**

Jasper

#### DESCRIPTION

The Jasper County IMPACT Outreach Center, a branch of IMPACT Community Action, works to eliminate poverty through empowering vulnerable populations, building collaborations and advocating for social change.

IMPACT's services include:

- Basic Needs Assistance: Assistance for utilities, food, rent and basic hygiene products.
- Community Programs: RAYS (extra-curricular scholarships), GRASP (Des Moines recreational card), Flowering Annuals, Financial Education classes, Weatherization, Transportation Assistance, Hats/Mittens Program, Holiday Programs, Garden Programs, Chore (senior/disabled), School Supplies
- All programs are dependent on funding and community needs. More information is available on their website and Facebook page.

#### **HOW TO HELP**

lowans are encouraged to contact the Jasper IMPACT Outreach Center at 641-792-3008 for more information or to explore opportunities to volunteer or partner.

The central office of IMPACT Community Action can also be contacted at info@impactcap.org or 515-274-1334.



# Jasper County Take Away Hunger

#### **MEMBER INFORMATION**

#### CONTACT

#### Bill Bennett

jaspercountytakeawayhunger @gmail.com 641-791-3612

#### **ADDRESS**

Newton, IA

#### ORGANIZATION TYPE

International, Community Based

#### **COUNTIES SERVED**

Jasper

#### **DESCRIPTION**

Jasper County Take Away Hunger is a 501(c)(3) non-profit corporation that helps volunteers package highly nutritious meals that are distributed to hungry people in the United States and around the world. These meals are distributed to local food banks and school backpack programs in Iowa and to disaster sites throughout the US when needed, most recently to hurricane devastated areas in Texas and Florida. Meals are also shipped to established orphanages and schools in Haiti, the Philippines, Honduras, Nicaragua, Guatemala, Albania, Romania, Burkina Faso, Liberia, Uganda, Kenya, Zambia and Sudan, in partnership with organizations on the ground in those countries, such as Convoy of Hope, Bread of Life and Here I Am Orphan Ministries. Since the Jasper County organization began in 2009 over 500,000 meals have been packaged. Each meal costs approximately 25 cents for food, packaging, materials and shipping.

#### **HOW TO HELP**

Recruit a Team - We hold 3 large events a year (spring, summer and fall) that are open to anyone. Packagers are expected to donate \$30 per person or \$360 for a full team of 12 to help cover the cost of the food packaged.

Have Your Own Event - We are happy to accommodate small group events for a church, a birthday party, a youth group, a community organization, etc. Contact us to work out the details; we can bring our equipment and supplies to you.

Donate - We pay a part of the cost for every box of food packaged at our events to help lower the cost of participation. Our group is run by a board of volunteers, so all the funds we receive go to support packaging events. Donations can be sent to Jasper County Take Away Hunger, c/o Jody Gooch, 1109 S 5th Ave W, Newton, IA 50208.



# JETT PHC

#### **MEMBER INFORMATION**

#### CONTACT

#### **Dr. Ted Schierer**

tschierer@jettphc.com 515-230-8253 www.jettphc.com/

#### **ADDRESS**

253 Franklin Avenue. Apt 24 West Des Moines, IA 50314

### ORGANIZATION TYPE

Corporate

#### **COUNTIES SERVED**

Dallas, Madison, Polk, Story, Warren

#### **DESCRIPTION**

JETT PHC is a nutrition coaching business dedicated to improving community sustainability through wellness. JETT PHC's health coaching programs help people eat a nutrition-based diet that helps them avoid diet-driven disease.

Living in Reverse diabetes reversal program consists of three main parts. The first section of the course brings awareness of the root causes of diabetes so participants know what to address. The middle section of the course discusses the specific reversal process including testing, diet, exercise, and non-physical health. The final part of the course discusses wellness outreach. Helping someone else to recover is the best way to maintain our own recovery.

JETT PHC's community mission is volunteerism. JETT helps people and organizations make a difference by providing "50/25," a resource that helps others impact community sustainability through wellness and volunteerism.

#### **HOW TO HELP**

lowans can partner with JETT PHC by:

- Participating in a health coaching program
- Referring people with prediabetes or diabetes to JETT PHC
- Inviting JETT PHC to speak on wellness
- Referring small businesses to JETT PHC for workplace wellness development
- Referring caregiving organizations to JETT PHC for staff training in diabetes reversal



# Jewish Federation of Greater Des Moines

#### **MEMBER INFORMATION**

#### CONTACT

#### Mark Finkelstein

jcrc@dmjfed.org 515-987-0899 www.jewishdesmoines.org

#### **ADDRESS**

33158 Ute Avenue Waukee, IA 50263

#### **ORGANIZATION TYPE**

Faith Based, International, Advocacy, Community Based

#### **COUNTIES SERVED**

Marshall, Polk, Story

#### DESCRIPTION

The Jewish Federation of Greater Des Moines is at the heart of the Greater Des Moines community, which includes Ames, Marshalltown, and other cities and towns in Central Iowa. For almost 100 years, The Jewish Federation has been at the heart of Jewish life in the greater Des Moines area providing social services and connecting Jews locally and abroad.

The diverse efforts of individual organizations are coordinated, central fundraising is budgeted and allocated to fund community needs such as; senior assistance and support through Jewish Family Services, community supplementary education for children pre-Kindergarten through 10th grade at the Jewish Federation Community School, Jewish Community Relations Committee to monitor American-Israeli relations, interfaith relations, and antisemitism in Iowa communities, offer Engman Camp Shalom, missions to Israel, community newspaper (Des Moines Jewish Press), support for the Iowa Jewish Historical Society and IJSLC, and Tzedakah. Community planning and community relations activities are administered through the Federation in cooperation with community synagogues.

#### **HOW TO HELP**

Volunteers with the Jewish Federation of Greater Des Moines play a pivotal role in relieving an older person's hardships, affirming for a child the powerful values of Jewish tradition and continuity, and helping others do the wonderful mitzvah of saving Jewish lives and Jewish life. Those interested in volunteering should contact the federation at 515-987-0899.

Organizations that are interested in exploring partnerships with the federation should also contact them directly.



# John Deere

#### **MEMBER INFORMATION**

#### CONTACT

#### **Mara Sovey Downing**

corpcitizenship@johndee re.com www.Deere.com

#### **ADDRESS**

One John Deere Place Moline, IL 61265

#### ORGANIZATION TYPE

Corporate

#### **COUNTIES SERVED**

Activities Statewide

#### DESCRIPTION

John Deere supports higher living standards and a sustainable environment for people everywhere through our commitment to those linked to the land.

Throughout its history, John Deere has helped its customers meet the challenge of feeding the world through advanced products and services. As global population and demand for food continues to grow, John Deere is focused on improving the livelihoods of smallholder farmers by increasing their agricultural production and use of mechanization, thus helping create distinctive and sustainable solutions for world hunger.

#### **HOW TO HELP**

lowans who are interested in partnering with John Deere to alleviate hunger are encouraged to visit their website for more information and to explore possibilities.



# Johnston Partnership

#### **MEMBER INFORMATION**

#### CONTACT

#### **Andrea Cook**

director@johnstonpartner ship.org 515-868-1357 www.johnstonpartnership .org

#### **ADDRESS**

5870 Merle Hay Road, Ste. D Johnston, IA 50131

#### **ORGANIZATION TYPE**

Community Based, Food Pantry

#### COUNTIES SERVED

Polk

#### DESCRIPTION

The mission if the Johnston Partnership For a Healthy Community is to cultivate community and family wellness by providing access to food, educational support, clothing and basic human services. Our vision is to improve the quality of life in the community one person at a time. Our programs include a Johnston Youth Mentoring Program (JUMP), DMARC Food Pantry, Clothes Closet and weekend food supply for elementary and middle school children who are food insecure.

The Johnston Partnership unites local organizations to provide a safe, healthy and nurturing place to live, work and grow by establishing strong community partnerships. Their programs include the JUMP youth mentoring program and the Closet at Crown Point, a food pantry and clothing closet operated in partnership with DMARC. The food pantry is open to eligible families and community members in Johnston and the Johnston School District Tuesdays and Saturdays from 10am-2pm at Partnership Place 5870 Merle Hay Road, Suite D, Johnston.

#### **HOW TO HELP**

There are many volunteer opportunities at the Johnston Partnership. Volunteers are especially vital to the effective operation of the Johnston Food Pantry, where they greet clients, bag groceries and personal items, re-stock shelves, pick up orders from DMARC, the Iowa Food Bank and other donors, handle office work, and serve on committees.

In addition to city funding, financial and other support from our church and business partners are vital to the Johnston Partnership's ability to serve neighbors in need. Churches or business that would like to become a partner of the Johnston Partnership, should contact their Program Director, Andrea Cook, at director@johnstonpartnership.org for more information.

MAILING ADDRESS: P.O. Box 975 Johnston IA 50131



# Juvenile Court Services - Dallas County Office

#### **MEMBER INFORMATION**

### CONTACT

#### **Debb Franz**

debb.franz@dallascounty iowa.gov 515-993-5805 www.co.dallas.ia.us

#### **ADDRESS**

801 Court Street, Room 102 Adel. IA 50003

#### ORGANIZATION TYPE

Government Agency

#### **COUNTIES SERVED**

Dallas, Guthrie

#### **HOW TO HELP**

Contact Juvenile Court Services directly for more information about their services and how to collaborate with them on hunger issues.



# Karadah Project International

#### **MEMBER INFORMATION**

#### CONTACT

#### LTC Rick Burns

karadahproject@gmail.com 712-249-7435 www.facebook.com/Kara dahProject

#### **ADDRESS**

2319 Street F58 Elk Horn, IA 51531

#### ORGANIZATION TYPE

International

#### **COUNTIES SERVED**

Shelby

#### **DESCRIPTION**

Karadah Project International creates international problem-solving partnerships that increase understanding, skills and awareness of the world, particularly focused on Iraq and Afghanistan.

After two tours in Iraq as an Army Reserve Civil Affairs officer, LTC Rick Burns concluded that what is needed most in Iraq is not more money, but stronger mentoring and partnering relationships. Building on the Sister Cities International Friendship Partnership he helped establish at the end of his second tour in Iraq between Council Bluffs, Iowa and the Karadah District Council, Rick established the nonprofit Karadah Project International. Their mission is to build long-term partnering and mentoring relationships between individuals and groups in Iraq and the United States. They are also active in Afghanistan, where they work with the Shindand Women's Social Foundation to build sustainable goat herds for villagers in Khairabad.

#### **HOW TO HELP**

Donations can be made online. Individuals and organizations can also contact Rick Burns directly to find out more about the work of Karadah Project International and how to partner or become involved.



# Kids Against Hunger - Our Quad Cities

#### MEMBER INFORMATION

#### CONTACT

#### John Kessler

info@kahqc.com 563-508-4116 www.kahqc.com

#### **ADDRESS**

3226 45th Street Moline, IL 61265

#### **ORGANIZATION TYPE**

International

#### **COUNTIES SERVED**

Scott

#### **DESCRIPTION**

Kids Against Hunger - Our Quad Cities is part of Kids Against Hunger, an international food relief organization working to save the lives of starving people. Kids Against Hunger uses teams of people who donate their time, energy, and finances to help bag life saving food. Quad City people of all ages package meals made up of: rice, soy, 6 vegetables, and 21 vitamins and minerals. The cost of each meal is 25¢. Kids Against Hunger - Our Quad Cities provides meals for hungry kids in Nicaragua, Honduras, Haiti and the Quad Cities (Davenport, Bettendorf, Moline, and Rock Island).

#### **HOW TO HELP**

Volunteers are needed to organize packaging events, in which volunteers bag life saving food for hungry people. Packaging events are sponsored by an organization that can bring together a team (or teams) of 12 volunteers. The cost and number of volunteers is flexible. A typical example is \$360 per team to package 1,440 meals in an hour. Representatives of schools, churches, or other organizations that would like to host a Packaging Event should call John or Gail Kessler at (309) 762-0437. Volunteers are also needed to join the Kids Against Hunger - Our Quad Cities team, where they would help setup and monitor packaging events.



# KinoSol SBC

#### **MEMBER INFORMATION**

#### CONTACT

#### Mikayla Sullivan

mikayla@getkinosol.com 515-290-0236 www.getkinosol.com

#### **ADDRESS**

5326 Schubert St. Ames, IA

#### **ORGANIZATION TYPE**

International

#### **COUNTIES SERVED**

Story

#### DESCRIPTION

KinoSol is a Specific Benefit Corporation based out of Iowa, United Stated. Its mission is to end food waste, sustainably. KinoSol launched in September 2014, and began delivering its first product to regions worldwide in January 2017. With product in over 40 countries, KinoSol is helping families to preserve additional food and creating entrepreneurial opportunities within rural communities.

#### **HOW TO HELP**

lowans can support KinoSol's mission to decrease post-harvest loss by sponsoring a unit to be sent abroad to a subsistence farmer. The lowa community can also help by connecting KinoSol with organizations abroad who have similar missions of combating hunger and food waste, sustainable development, and community empowerment.



# Kinzler Companies

#### **MEMBER INFORMATION**

#### CONTACT

#### Tanner Kinzler

info@insulation.net 515-292-5714 www.insulation.net

#### **ADDRESS**

2335 230th St. Ames, IA 50014

#### ORGANIZATION TYPE

Corporate

#### **COUNTIES SERVED**

Black Hawk, Polk, Story

#### **DESCRIPTION**

Kinzler Companies is the parent company to several integrated construction-related business units including Kinzler Construction Services; Ceilley Insulation; Heim Construction Services; HIGH-R, Inc.; and Auto/Truck Repair Center. Kinzler Companies is committed to recognizing and promoting growth, one relationship and one project at a time, through teaching, innovation, philanthropy and customer-focused service.

Stewardship is a core responsibility at Kinzler Companies. Kinzler Companies is proud to be active in community and philanthropy both as a corporation and through the personal resources of their staff and principals. For example, Kinzler supports Habitat for Humanity's efforts to build simple, decent housing in order to strengthen families and transform neighborhoods through financial contributions and in-kind donations.

#### **HOW TO HELP**

Organizations that are interested in working with Kinzler Companies should contact them directly for more information.\



# Kirkwood Community College

#### **MEMBER INFORMATION**

#### CONTACT

#### Scott Ermer

Scott.Ermer@kirkwood.edu 319-398-7670 www.kirkwood.edu

#### **ADDRESS**

22 Washington Hall Cedar Rapids, IA 52406

#### **ORGANIZATION TYPE**

International, Community Based, Educational/School

#### **COUNTIES SERVED**

Linn

#### **DESCRIPTION**

Kirkwood Community College identifies community needs; provides accessible, quality education and training; and promotes opportunities for lifelong learning.

Kirkwood's community partnerships encompass organizations from four main categories: Business, community services, government programs and educational institutions. Kirkwood and its partners create a cohesive, multi-faceted network that reduces program duplication and fulfills specific needs for workforce and community development.

Kirkwood has the largest two-year agriculture department in the nation and also welcomes hundreds of international students to the community each year through their international exchange programs.

#### **HOW TO HELP**

Individuals and community organizations with an interest in exploring partnerships for community and workforce development or partnering with the Kirkwood agricultural department are encouraged to contact Scott Ermer at 319-398-7670 or Scott.Ermer@kirkwood.edu.



# Kiwanis Club of Des Moines

#### **MEMBER INFORMATION**

#### CONTACT

#### Rev. Diana Sickles

dsickles4@gmail.com 515-255-5055

#### **ADDRESS**

1015 35th Street Des moines, IA 50311

#### ORGANIZATION TYPE

#### **COUNTIES SERVED**

Polk, Activities Statewide

#### DESCRIPTION

Kiwanis is a global organization of volunteers dedicated to improving the world, one child and one community at a time. The Kiwanis Club of Des Moines is part of the Nebraska-Iowa Kiwanis District, which is made up of 170 clubs. There are 16 Kiwanis clubs in the metro-Des Moines area.

The Kiwanis Club of Des Moines is actively involved in the NE-IA district wide goal to alleviate childhood hunger. The Kiwanis activities focused on childhood hunger in Des Moines include three service projects:

- DMARC's (Des Moines Area Religious Council) Red Barrel Program
- The Food Bank of Iowa's BackPack Program
- Assisting Iowa State University Extension's slow cooker and fresh veggie classes

More information on each of these service projects can be found on the NE-IA Kiwanis District's website. (link:

http://www.ne-ia.kiwanisone.org/Page/22371)

The Kiwanis Club of Des Moines also supports and provides the following resources:

- Hunger in the Heartland: A Resource Guide for Alleviating Hunger in Your Community, No Matter Where You Live, by Debra Landwehr Engle and Rachel Vogel Quinn and its 30-minute DVD companion
- A Garden for Every School, a program provided by Keep Iowa Beautiful
- A speakers bureau for those in the metro-Des Moines area that offers programming on various subjects related to childhood hunger and what community members can do to help

People interested in learning more about these three resources can contact Rev. Diana Sickles, dsickles4@gmail.com.

A new program initiative that is in its infancy is based on Kiwanis International's ongoing program, Young Children: Priority One and Roger Thurow's book The First 1,000 Days: A Crucial Time for Mothers and Children--and the World. The goal of this initiative is to build awareness about the critical importance of adequate and good nutrition in the first 1,000 days of life in brain development. We are in the process of discovering how Kiwanis can be help improve the health and well-being of mothers and their new babies.

#### **HOW TO HELP**

Individuals can join in the work of Kiwanis by becoming a member of their local Kiwanis club and joining in their community service work. Individuals, groups and organizations that would like more information about contributing towards Kiwanis's mission through partnerships should contact Mr. Bob Dunaway at bobdunaway@gmail.com.



### Kiwanis Nebraska-Iowa District

#### **MEMBER INFORMATION**

#### CONTACT

#### Rev. Diana Sickles

dsickles4@gmail.com 651-792-6867 www.ne-ia.kiwanisone.org

#### **ADDRESS**

1015 35th Street Des Moines, IA 50311

#### ORGANIZATION TYPE

#### **COUNTIES SERVED**

#### DESCRIPTION

Kiwanis is a global organization of volunteers dedicated to improving the world, one child and one community at a time. The Nebraska-Iowa Kiwanis District is an organization of 190 individual clubs, with approximately 6,000 Kiwanis members working toward the goal of "serving the children of the world."

Kiwanis clubs contribute to their communities through a variety of voluntary-service and fund-raising activities.

Activities focused on childhood hunger in Iowa include support for community nutrition projects through partnerships with:

- Iowa State University Extension and Outreach Nutrition Programs
- Nebraska and Iowa food pantries
- Food Banks' BackPack Program

These hands-on projects provide children from food insecure families with:

- Slow cooker and fresh produce classes taught by extension instructors with class participants receiving a slow cooker for their family and kitchen equipment they might otherwise not have
- Fresh produce donated from community, faith, school, and backyard gardens; meal-in-a-bag kits that teach nutritious meals easily prepared by elementary children; and similar programs to feed and empower food insecure families
- -Donated groceries through "Red Barrel" food collections and "sack Saturday/Sunday" food drives
- Back pack foods for children to eat on the weekends and holidays throughout the school year

Young Children Priority One is an ongoing community service program of Kiwanis International that addresses the needs of children age 0-5 by focusing on 4 key areas:

- Maternal and child health



- -Child care and development
- Parent education and support
- Safety and pediatric trauma

#### **HOW TO HELP**

Individuals can join in the work of Kiwanis by becoming a member of their local Kiwanis club and joining in their community service work. Individuals, groups and organizations that would like more information about contributing towards Kiwanis's mission through partnerships should contact Mr. Bob Dunaway at bobdunaway@gmail.com. People who are interested in starting new Kiwanis clubs in their communities should contact Ms. Jan Burch at Burchhr@aol.com or 515-991-1483.



# Kwik Trip, Inc

#### **MEMBER INFORMATION**

#### CONTACT

#### Evan Powell

608-791-7487 www.kwiktrip.com

#### **ADDRESS**

1626 Oak Street La Crosse, WI 54603

#### ORGANIZATION TYPE

Corporate

#### **COUNTIES SERVED**

Visit Online Profile for Details

#### **DESCRIPTION**

Kwik Trip, Inc. is a family owned convenience store chain started in 1965 and currently operating over 600 stores throughout WI, MN and IA.

Kwik Trip partners with the Feeding America network of food banks as a way to donate unused food products to the local communities they serve. Since 2011, Kwik Trip and partner food banks, including the Northeast Iowa and River Bend Food Banks, have rescued on average approximately 2 million pounds of food annually through the Kwik Trip Food Rescue program, totaling over 7 million pounds of food. Kwik Trip also raises awareness and financial donations to assist the funding needs of these vital organizations.

#### **HOW TO HELP**

Individuals are encouraged to contact their local Feeding America Network partner food bank for more information about how they can participate in hunger relief efforts in their communities. Informational brochures are also available at local Kwik Trip stores.

Organizations that are interested in learning more about this program should contact Kwik Trip directly.



# La Porte-Dysart FFA Chapter

#### **MEMBER INFORMATION**

#### CONTACT

#### Louis Beck

l\_beck@union.k12.ia.us 319-939-4532

#### **ADDRESS**

200 Adams St. La Porte City, IA 50651

#### **ORGANIZATION TYPE**

Educational/School

#### **COUNTIES SERVED**

Benton, Black Hawk, Tama

#### **DESCRIPTION**

The La Porte-Dysart FFA Chapter fights hunger by packaging meals for hungry people. They organized their first ever "Hunger Blitz" in October, 2013 in which the Union High School students packaged nearly 30,000 rice-based meals through Outreach, Inc. Their FFA chapter members packaged meals for Meals From the Heartland at the Iowa FFA Conference in spring, 2014.

#### **HOW TO HELP**

The La Porte-Dysart FFA Chapter needs to raise money each year to pay for the food supplies for the food packaging events. Individuals and organizations interested in helping should contact Mr. Beck.



# Land O'Lakes

#### **MEMBER INFORMATION**

#### CONTACT

#### Megan Wolle

LandOLakesFoundation @landolakes.com 800-328-9680 www.landolakesinc.com/ Responsibility

#### **ADDRESS**

P.O. Box 64101 St. Paul, MN 55164

#### **ORGANIZATION TYPE**

International, Corporate, Community Based, Garden Program

#### **COUNTIES SERVED**

**Activities Statewide** 

#### **DESCRIPTION**

Land O'Lakes, Inc. is one of America's premier agribusiness and food companies, is a member-owned cooperative with industry leading operations that span the spectrum from agricultural production to consumer foods. Land O'Lakes is one of the nation's largest cooperatives, ranking 209 on the Fortune 500.

Building on a legacy of more than 96 years of operation, Land O'Lakes today operates some of the most respected brands in agribusiness and food production including LAND O LAKES Dairy Foods, Purina Animal Nutrition and WinField United. The Company does business in all 50 states and more than 60 countries. Land O'Lakes, Inc. corporate headquarters are located in Arden Hills, MN.

Land O'Lakes, Inc. and the Land O'Lakes Foundation are dedicated to serving the many communities where our cooperative has members, employees, plants and facilities.

- The Land O'Lakes Foundation proactively helps rural communities by donating resources that develop and strengthen organizations. In 2017, annual giving totaled to \$13.2 million. Giving is focused in three strategic pillars: alleviating hunger, supporting education and building communities.
- Land O'Lakes employees are active in the community volunteering individually, and in groups during company sponsored service events. Volunteer programs include projects with a hunger focus, nationwide support for local United Way Agencies, company match of employee gits to local food shelves, and employee growth and development through volunteerism.
- Answer Plot® Community Gardens engage multiple groups in various communities to grow, harvest and donate fresh produce to local food shelves. FFA students, with support from Answer Plot® and local co-ops, are responsible for the garden as it grows throughout the summer. 395,389 servings of food were grown at Community Gardens in 2017.
- Since 1981, Land O'Lakes, Inc. has shared expertise through Land O'Lakes International Development, a 501(c)(3) nonprofit affiliated with Land O'Lakes. Land O'Lakes International Development is helping communities around the world build economies by strengthening local agriculture, helping businesses create jobs and linking farmers to markets. Along the way, the lives of more than 3 million people have been transformed through nearly 300 programs in more than 80 countries.



#### **HOW TO HELP**

lowans are encouraged to contact their local Land O'Lakes cooperative directly or contact the foundation online or by emailing LandOLakesFoundation@landolakes.com for more information or to explore a partnership.



# Leaf Nutrient, Inc.

#### **MEMBER INFORMATION**

#### CONTACT

#### **Dr. Lance Crombie**

lancecrombie@msn.com 651-343-2616

#### **ADDRESS**

#### ORGANIZATION TYPE

International, Community Based

#### **COUNTIES SERVED**

#### **DESCRIPTION**

Leaf Nutrient, Inc. has been making a notable difference in the mental and physical health for malnourished children and adults in Mexico since 1988 with just 10 grams, or two teaspoons, of alfalfa extract concentrate added to their daily diet. This provides enough extra balanced protein, vitamins, and minerals for normal growth.

The children of families that participate are easily distinguished on the street from those whose families do not participate. They also do much better in school. Since entering the first village in rural Mexico, approximately 150 villages participate in LNI's program. Many of these are part of the Coahuila State Family Development Program, DIF. These villages benefit from the donation of sets of the unique crushing machines and the training to process the extract themselves. The extract has been included in noodles distributed to hundreds of families and as a part of the public school lunches. Every day, approximately 10,000 children in Mexico participate in the program with the inclusion of the concentrate in their typical Mexican dishes: tortillas, bread, rice, lemonade, soup, hot sauce, etc.

The simple village level process uses machines built in the country: the ladies clean and disinfect their alfalfa, they use the machines to crush it and to squeeze out the juice, and then they heat the juice so that the protein coagulate floats. This delicious coagulant juice concentrate, or extract, is composed of 50% balanced protein, chlorophyll, vitamins, and minerals. The leftover fiber pulp is fed to the family's goats and cattle with no loss of milk production. Since the farmers already grow alfalfa to feed their stock, the alfalfa concentrate could be considered almost "free."

Leaf Nutrient, Inc. is currently implementing this program in a partnership with Hands in Service Ministries and local communities for a model program to alleviate malnutrition on a broader scale by integrating the alfalfa cellular concentrate production with gardening and animal husbandry for an ecological, self-sustaining community farm.

An unrealized goal of LNI is to build a factory adjacent to a large dairy farm in both Mexico and the USA to provide a commercial source of dehydrated alfalfa juice concentrate that could be stored for one year. Additional funds and a new generation of volunteers are needed to expand this successful program. Leaf Nutrient, Inc. (LNI) is a charitable 501(c)(3) organization, founded in 1988 and incorporated in 1990 in the state of Wisconsin to combat malnutrition among children living in poverty in Mexico and other underdeveloped countries.



#### **HOW TO HELP**

Individuals and organizations that are interested in learning more about Leaf Nutrient, Inc. please contact: For general information: Noé Alfaro, MD, President Leaf Nutrient, Inc. naalfaro@prodigy.net.mx For information concerning the extraction and production of alfalfa juice concentrate: Lance Crombie, Ph.D., Vice President Leaf Nutrient, Inc. lancecrombie@msn.com



# Lohrville Food Pantry

#### **MEMBER INFORMATION**

#### CONTACT

#### **Ruth Stephenson**

ruthstephenso@yahoo.com 712-465-5090 www.facebook.com/page s/Lohrville-Food-Pantry/2 69638803230934

#### **ADDRESS**

304 Ash Street (Alley Entrance) Lohrville, IA 51453

#### **ORGANIZATION TYPE**

Faith Based, Food Pantry

#### **COUNTIES SERVED**

Calhoun

#### **DESCRIPTION**

Lohrville Food Pantry provides food to the needy in the Lohrville and surrounding area. In addition, Lohrville Mass Gardens grows fresh produce for needy. More information about both projects is on Facebook.

#### **HOW TO HELP**

Individuals can support the work of Lohrville Food Pantry by bringing donations to the site, dropping in-kind donations off at participating area churches, or sending monetary donations to P.O. Box 163 Lohrville, Iowa 51453. Individuals and organizations are also encouraged to contact Lohrville Food Pantry directly to explore additional ways to work together.



# Long Grove IA Hearts to Harvest GP

#### **MEMBER INFORMATION**

#### CONTACT

#### **Bob Braden**

bas1000@aol.com

#### **ADDRESS**

Eldridge, IA 52748

#### **ORGANIZATION TYPE**

Faith Based, International, Community Based

#### **COUNTIES SERVED**

Scott

#### **DESCRIPTION**

As a Christian response to world hunger, Growing Hope Globally, formerly Foods Resource Bank (FRB), links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

Growing Hope engages volunteers to raise money through "Growing Projects" for between 50-60 overseas programs a year. All of the programs focus on developing smallholder agriculture, often in the most remote and poorest regions of the world. Growing Projects are the heart and soul of Growing Hope and have helped us reach over 1.6 million people since the first Growing Projects were created in 1999.

#### **HOW TO HELP**

lowans can support the work of Growing Hope by starting or joining a Growing Project in their community. A Growing Project is a group whose members work together to raise a crop or other commodity or hold fundraisers to help farmers overseas become self-sufficient. Growing Projects include revenue from field crops, cattle or dairy, pie auctions, pumpkin patches, Sunday school gardens, and more. Each member plays a unique role and contributes to the Growing Project in different ways by offering their time, talents or resources.

lowans are encouraged to directly contact coordinators Mr. Bob Braden, to become involved with the Long Grove IA Hearts to Harvest GP.

For more information about starting or joining a Growing Project, Iowans should call 888-276-4372 or email Von Tarverdi at info@growinghopeglobally.org.



# Lunch Break

#### **MEMBER INFORMATION**

#### CONTACT

#### Rev. Tammy Cain

lunchbreakdsm@gmail.com 515-778-6916 lunchbreakdsm.org/

#### **ADDRESS**

4225 67th Street Urbandale, IA 50322

#### ORGANIZATION TYPE

Community Based, Meal Site

#### **COUNTIES SERVED**

Polk

#### **DESCRIPTION**

Lunch Break is a mobile children's summer lunch program which takes sack lunches to an apartment complex or park closest to the children.

#### **HOW TO HELP**

Lunch Break is always looking for volunteers and donations during the summer. Visit their website to see what is most needed and for volunteer sign-up.



# Lutheran Services in Iowa - Refugee Community Services Program

#### MEMBER INFORMATION

#### CONTACT

#### Mickey Goggin

mickey.goggin@lsiowa.org 515-271-7315 lsiowa.org/index.php/serv ices/refugee

#### **ADDRESS**

3116 University Avenue Des Moines, IA 50311

#### **ORGANIZATION TYPE**

Faith Based, Community Based, Garden Program

#### **COUNTIES SERVED**

Dallas, Polk

#### DESCRIPTION

Lutheran Services in Iowa's Refugee Community Services Program provides extended support services to refugees in the Des Moines area. Typically, newly arrived refugees in the U.S. receive only 90 days of formal support, making it difficult to adequately address the vast language and cultural barriers that often await them.

The Refugee Community Services Program at Lutheran Services in Iowa (LSI) helps meet refugees' ongoing needs through English as a Second Language classes, intensive work readiness classes, elder services, community gardening and capacity building initiatives with local service providers and community representatives.

More information about refugee services is available through contacting Mr. Mickey Goggin at mickey.goggin@lsiowa.org or Mr. Zachary Couture at zachary.couture@lsiowa.org.

#### **HOW TO HELP**

lowans can support the Refugee Community Services Program through in-kind donations, financial donations, or by volunteering as an English as a Second Language tutor or with the urban agriculture program. Corporate volunteers can also help with the intensive work readiness classes through providing guest speakers, conducting practice interviews, or hosting a 2 hour tour and job readiness class for refugees at their place of business.

Individuals and corporations interested in learning more about volunteering should contact Nick Wuertz at 515.271.7443 or nicholas.wuertz@LSlowa.org.



### Lutheran World Relief

#### **MEMBER INFORMATION**

#### CONTACT

#### Vicky Whetstone

lwr@lwr.org 800-597-5972 www.lwr.org

#### **ADDRESS**

700 Light Street Baltimore, MD 21230

#### ORGANIZATION TYPE

Faith Based, International

#### **COUNTIES SERVED**

Activities Statewide

#### **DESCRIPTION**

Lutheran World Relief works to improve the lives of smallholder farmers and people experiencing poverty in Africa, Asia and Latin America, both in times of emergencies and for the long term. With the financial support of U.S. Lutherans and other donors, LWR strengthens communities through programs in agriculture, climate, and emergency support. LWR works with partners, supporters and technical assistance providers to achieve lasting results.

#### **HOW TO HELP**

There are many ways to join Lutheran World Relief in its mission to end poverty, injustice and human suffering around the world. Learn more about making a gift, assembling LWR Quilts and Kits and purchasing Farmers Market Coffee on their website: lwr.org/getinvolved or by contacting Vicky Whetstone, senior associate for visibility and engagement, at 410-230-2800.



# Madison County Cares

#### **MEMBER INFORMATION**

#### CONTACT

#### Chris Nolte

cnolte@madisonhealth.com

#### **ADDRESS**

#### ORGANIZATION TYPE

Community Based

#### **COUNTIES SERVED**

Madison

#### **DESCRIPTION**

Madison County Cares is a network of health and human services providers that holds monthly information-sharing and networking meetings. Meetings are typically held every fourth Tuesday of the month from noon to 1pm at Sports Page (224 IA-92, Winterset).

#### **HOW TO HELP**

Madison County Cares is a network of health and human services providers that holds monthly information-sharing and networking meetings. Meetings are typically held every fourth Tuesday of the month from noon to 1pm at Sports Page (224 IA-92, Winterset).



# Maid-Rite Corporation

#### **MEMBER INFORMATION**

#### CONTACT

#### Tania Burt

maidrite@maid-rite.com 515-276-5448 www.maid-rite.com

#### **ADDRESS**

3800 Merle Hay Road PMB # 94845 Des Moines, IA 50310

#### ORGANIZATION TYPE

Corporate

#### **COUNTIES SERVED**

Polk, Activities Statewide

#### **DESCRIPTION**

The mission of Maid-Rite Corporation is to provide well-prepared nutritious meals, made from the freshest ingredients, at a fair price, and in a timely manner. Their customers are their number one priority and they emphasize the importance of giving back to the communities in which they are a part.

Maid-Rite Corporation's recent community initiatives include a partnership with the Boys and Girls Club of Central Iowa to conduct a winter clothing and food drive, during which Maid-Rite donated 5% of the revenue from the purchases of customers who brought a food or clothing item to the drive, and a partnership with Carver Elementary School, ISU Community Design Lab, the Boys and Girls Club, and others to launch a school garden in an economically challenged neighborhood of Des Moines.

#### **HOW TO HELP**

Individuals and organizations that are interested in partnering with Maid-Rite Corporation should contact the Maid-Rite franchise in their community.



# Many Hands For Haiti

#### **MEMBER INFORMATION**

#### CONTACT

#### Tim Brand

info@mh4h.org 641-629-6633 www.mh4h.ora

#### **ADDRESS**

709 Main Street Pella, IA 50219

#### **ORGANIZATION TYPE** International

**COUNTIES SERVED** Marion

### DESCRIPTION

Many Hands works to create long-term sustainable change, strengthening families to transform Haitian communities. To accomplish this end-goal, they focus on solutions in Education, Leadership Development, Food and Agriculture, Safe Homes, Medical Assistance and Economic Development, reaching out to 30,000 people in the area of Pignon, Haiti.

Each year, Many Hands provides 1.5 million meals through their food and agricultural programs, supplying over 7.5 million meals in Haiti since 2011. These meals are supplied through short-term solutions, such as school feeding programs for 19 schools, and long-term solutions, such as an agronomy technical school, commercial gardens, and hydroponic greenhouses. In addition, they oversee a Husbandry Economic Program (H.E.P.), creating an educational saving accounts for families through the breeding, raising, and selling of goats for food consumption.

In 2017, Many Hands introduced their Love in Action initiative, a holistic program to walk with families for six years to rebuild, restore, and renew. The Rebuild stage focuses on the first 1,000 days of a baby's life, providing the necessary nutrition, health checks, and parent education for the child to be above the malnutrition line and fully developing in these critical days. In the Restore stage, the focus is on the cognitive development of the child, now 3-5 years old, and developing sustainability with the parents through economic, education, and spiritual development programs. At the end of this stage, every parent should be able to pay for their child's education, read and write, and be able to provide some income for their family. In the Renew stage, the focus is on multiplication of the learning within the community, providing programming to transform a community.

In the U.S., Many Hands operates two large thrift stores, located in Spencer, IA, and Grimes, IA, creating operational funding for local and global missions. Each year, over \$20,000 is given back to local non-profits to address a variety of social issues, including childhood hunger.

Many Hands believes we are all called to transform together to be love in action in our broken worlds. They are one of nineteen non-profits that are Better Business Bureau certified, providing high-levels of transparency and accountability.

#### **HOW TO HELP**

Donate: You can be one of the hands that helps sustain the work in Haiti. Donations allow us to continue creating sustainable feeding solutions to fight malnutrition, provide economic opportunities for Haitians, and be love



in action in our communities.

Go to Haiti: Go on a trip with us to Haiti and find out what is going on first hand. Trips are scheduled throughout the year from around the country.

Volunteer: Volunteer at one of our thrift stores, create diapers for children from t-shirts, or bring an event to your business. Contact us to find out the best place for you to volunteer based on your skills.

Partner With Us: If your organization is currently doing work in Haiti or would like to start doing work in Haiti, partner with us to fulfill your mission. We can provide the needed accountability and integrity for your organization to be effective, drawing upon years of experience in-country.

Updates: Join our "Champions" email list to get the most recent news and alert updates from Many Hands. Go to www.mh4h.org/mailing-lists/ and enter your email address to subscribe.



# Maquoketa High School

#### **MEMBER INFORMATION**

#### CONTACT

#### **Melinda Orris**

morris@maquoketaschools. org 563-652-2451

www.maquoketaschools.org

#### **ADDRESS**

600 Washington Street Maquoketa, IA 52060

#### **ORGANIZATION TYPE**

Educational/School

#### **COUNTIES SERVED**

Jackson

#### **DESCRIPTION**

Students and educators at Maquoketa High School work to alleviate hunger through educational and service-learning projects.

For example, high school and middle school students and teachers worked together to host a school-wide World Hunger Service Day at Maquoketa Middle School in 2013 and 2014. The students packaged 3750 meals to help alleviate hunger through Kids vs. Hunger.

#### **HOW TO HELP**

lowans are encouraged to contact Mrs. Melinda Orris for more information and to explore opportunities to work together.



# Maquoketa Valley High School

#### **MEMBER INFORMATION**

#### CONTACT

#### Dawn Mausser

dawnmausser@maquok eta-v.k12.ia.us 563-922-2091 www.maquoketa-v.k12.ia.us

#### **ADDRESS**

107 South Street Delhi, IA 52223

#### **ORGANIZATION TYPE**

Educational/School

#### **COUNTIES SERVED**

Delaware

#### **DESCRIPTION**

Students and educators at Maquoketa High School work to alleviate hunger through educational and service-learning projects.

For example, high school and middle school students and teachers worked together to host a school-wide World Hunger Service Day at Maquoketa Middle School in 2013 and 2014. The students packaged 3750 meals to help alleviate hunger through Kids vs. Hunger.

#### **HOW TO HELP**

lowans are encouraged to contact Mrs. Melinda Orris for more information and to explore opportunities to work together.



# Marion County IMPACT Outreach Center

#### MEMBER INFORMATION

### CONTACT

### **Patty Sneddon**

psneddon@impactcap.org 641-842-6571 www.impactcap.org

#### **ADDRESS**

104 South 6th Street Knoxville, IA 50318

### ORGANIZATION TYPE

Community Based, Educational/School, Food Pantry, Housing Assistance / Shelter

### COUNTIES SERVED

Marion

### **DESCRIPTION**

The Marion County IMPACT Outreach Center, a branch of IMPACT Community Action, works to eliminate poverty through empowering vulnerable populations, building collaborations and advocating for social change

IMPACT's services include:

- Basic Needs Assistance: Assistance for utilities, food, rent and basic hygiene products.
- Community Programs: RAYS (extra-curricular scholarships), GRASP (Des Moines recreational card), Flowering Annuals, Financial Education classes, Weatherization, Transportation Assistance, Hats/Mittens Program, Holiday Programs, Garden Programs, Chore (senior/disabled), School Supplies
- All programs are dependent on funding and community needs. More information is available on their website and Facebook page.

### **HOW TO HELP**

lowans are encouraged to contact the Marion IMPACT Outreach Center at 641-842-6571 for more information or to explore opportunities to volunteer or partner.

The central office of IMPACT Community Action can also be contacted at info@impactcap.org or 515-274-1334.



# Mary's Meals

### **MEMBER INFORMATION**

### CONTACT

### **Rob Turner**

info.usa@marysmeals.org 1-800-385-4983 www.marysmealsusa.org

### **ADDRESS**

75 Orchard St. Bloomfield, NJ 7003

### ORGANIZATION TYPE International, Advocacy

### COUNTIES SERVED

**Activities Statewide** 

### DESCRIPTION

Mary's Meals provides daily meals to chronically hungry children in a place of learning. In this way the hungry child is attracted to the classroom where they can gain a better future for themselves and their community. The main focus of Mary's Meals is their school feeding program but they also have a long history of providing emergency relief to vulnerable regions around the world. They occasionally provide residential care for children when funds allow and when this complements their school feeding program.

Mary's Meals grew out of a response to the Bosnian conflict in the early 1990s. Many of the people who work for Mary's Meals are motivated by their religious faith, but Mary's Meals is not a faith-based organization, and people of every and no creed find common ground in the humanitarian focus of Mary's Meals.

lowans support the mission of Mary's Meals through fundraisers including dodge ball tournaments, walk/run events, school activities, and more. Iowa Volunteer Leader Ellen Miller travels to approximately three k-12 schools each month to facilitate hands-on activities and presentations on hunger and poverty around the world.

### **HOW TO HELP**

Individuals, organizations, and faith communities can support the work of Mary's Meals by making a donation or volunteering. Volunteers spread awareness, raise funds, and offer prayer support. Larger groups and organizations can also sponsor a school.

Contact their Iowa-based organizer, Ellen Miller at ecosmo@mchsi.com for local volunteer opportunities or to schedule a presentation at your school or church group.



# Matthew 25 Ministry at Faith Lutheran Church

#### MEMBER INFORMATION

### CONTACT

### **Andrea Stone**

acneuman@yahoo.com 515-343-9555 www.faithlc.org/outreach /community-outreach

### **ADDRESS**

10395 University Avenue Clive, IA 50325

### **ORGANIZATION TYPE**

Faith Based

### **COUNTIES SERVED**

Dallas, Polk

### DESCRIPTION

The mission of Matthew 25 Ministry at Faith Lutheran Church is to feed the hungry, help the homeless, and clothe the poor.

The ministry helps inform the congregation and others about the issues of hunger and opportunities to feed and clothe those in need and encourages individuals to volunteer in areas with the greatest need.

Their volunteer opportunities include: Bringing food for the DMARC Red Barrel, donating clothes for needy children at Crestview Elementary School in Clive, working in the Faith & Grace Garden, preparing and serving meals at the Children and Family Urban Movement Supper Club, making egg casseroles for Salvation Army, joining Faith Stitchers to make hats, prayer shawls, and wash cloths.

Four times a year, Faith Lutheran Church hosts homeless families for a week at the Gathering House as part of the community-wide Family Promise program. Matthew 25 works with volunteers to prepare the Gathering House for their guests, prepare meals, serve as overnight caretakers and when the week is over prepare the Gathering House for its other uses.

### **HOW TO HELP**

lowans can support the mission of Matthew 25 Ministry by donating their time and talents. For more information or to become involved, individuals and groups are encouraged to contact Mrs. Andrea Stone at 515-343-9555, acneuman@yahoo.com, Bob Shaw at 515-223-1773, bnbshaw@q.com, or Joan Strentz, 278-5607, jmpstrentz@yahoo.com.



# Maxwell Local Food Pantry

### **MEMBER INFORMATION**

### CONTACT

### Karen Plunkett

kjplunkett@hotmail.com 515-387-8505

### **ADDRESS**

221 Main St Maxwell, IA 50161

### ORGANIZATION TYPE

Food Pantry

### COUNTIES SERVED

Story

### **DESCRIPTION**

The Maxwell Local Food Pantry is located in the basement of the Presbyterian Church on main street in Maxwell. It is open the third Tuesday of every month from 6:00-7:00 p.m. Volunteers from the churches are in charge of the food pantry. Monetary and food donations are given by many organizations and people from the communities. The Local Food Pantry is open to anyone living in the Maxwell and Collins communities.

### **HOW TO HELP**

The Local Food Pantry in Maxwell welcomes support through food drives and monetary gifts. To find out more information or make a donation, contact Ms. Karen Plunkett at 515-387-8505 or kjplunkett@hotmail.com. More information is available online.



### Meals from the Heartland

### **MEMBER INFORMATION**

### CONTACT

### Susan Bunz

susan.bunz@mealsfromthe heartland.org 515-473-9530 www.mealsfromtheheart land.org

### **ADDRESS**

357 Lincoln Street West Des Moines, IA 50265

### **ORGANIZATION TYPE**

International, Community Based

### **COUNTIES SERVED**

Dallas, Polk, Activities Statewide

### **DESCRIPTION**

Meals from the Heartland is a non-profit organization that empowers people to save the starving. They do this by engaging volunteers to package meals for delivery to alleviate hunger in lowa, the United States and around the world. Meals from the Heartland organizes Hunger Fights throughout the year in partnership with organizations and communities across lowa, as well at its packaging center in West Des Moines. Their Annual Hunger Fight, held every August at Hy-Vee Hall, in downtown Des Moines is one of the largest events of its kind in the country.

### **HOW TO HELP**

Individuals and organizations can support the work of Meals from the Heartland through donations, sponsoring the raw materials, volunteering for the Annual Hunger Fight or hosting a Hunger Fight.



### **MEANS** Database

### **MEMBER INFORMATION**

### CONTACT

### Sammie Paul

hello@meansdatabase.org/ www.meansdatabase.org/

### **ADDRESS**

### ORGANIZATION TYPE

Community Based

### **COUNTIES SERVED**

Activities Statewide

### **DESCRIPTION**

MEANS (Matching Excess And Need for Stability) Database modernizes food recovery by connecting excess food to organizations and individuals who need it. MEANS is a web communications platform where businesses with excess food — such as restaurants, caterers, or grocery stores — are connected to nearby nonprofit emergency food providers, like soup kitchens, homeless shelters, and food banks. In as little as 2 minutes and 37 seconds, food donors can find a charity that will use their unsold food to feed those in need. In its first three years, MEANS has successfully recovered and rerouted over 2 million pounds of food to those in need.

### **HOW TO HELP**

Food pantries, other emergency feeding systems and donors can sign up to start communicating at http://www.meansdatabase.org. To learn more, check out the MEANS Database website or visit their Facebook page.



# Mediapolis IA Growing Project

### **MEMBER INFORMATION**

### CONTACT

### Paul Beckman

pbeckman@mepotelco.net

### **ADDRESS**

Sperry, IA 52650

### ORGANIZATION TYPE

Faith Based, International, Community Based

### COUNTIES SERVED

Des Moines

### **DESCRIPTION**

As a Christian response to world hunger, Growing Hope Globally, formerly Foods Resource Bank (FRB), links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

Growing Hope engages volunteers to raise money through "Growing Projects" for between 50-60 overseas programs a year. All of the programs focus on developing smallholder agriculture, often in the most remote and poorest regions of the world. Growing Projects are the heart and soul of Growing Hope and have helped us reach over 1.6 million people since the first Growing Projects were created in 1999.

### **HOW TO HELP**

lowans can support the work of Growing Hope by starting or joining a Growing Project in their community. A Growing Project is a group whose members work together to raise a crop or other commodity or hold fundraisers to help farmers overseas become self-sufficient. Growing Projects include revenue from field crops, cattle or dairy, pie auctions, pumpkin patches, Sunday school gardens, and more. Each member plays a unique role and contributes to the Growing Project in different ways by offering their time, talents or resources.

lowans are encouraged to directly contact coordinator Mr. Paul Beckman to become involved with the Mediapolis IA Growing Project.

For more information about starting or joining a Growing Project, Iowans should call 888-276-4372 or email Von Tarverdi at info@growinghopeglobally.org.



# Meskwaki Food Sovereignty Initiative

### **MEMBER INFORMATION**

### CONTACT

### Laura Kleiman

Ifc.econdev@meskwaki-nsn.gov 641-484-4678 www.meskwaki.org/Local%2 0Foods.html

### **ADDRESS**

349 Meskwaki Road Tama, IA 52339

### ORGANIZATION TYPE

Government Agency, Community Based, Educational/School, Garden Program

### **COUNTIES SERVED**

Tama

### **DESCRIPTION**

The Meskwaki Food Sovereignty Initiative (MFSI) is the umbrella name for all the local and traditional foods initiatives on the Settlement. The main focuses are on education and outreach around food system control and the development of sustainable local farms and farmers.

Work done under the MFSI includes the Red Earth Gardens, the Community Garden and Grower's Cooperative, and work by AmeriCorps VISTA volunteers on a Senior Garden, Meskwaki Settlement School Garden, and cooking and gardening workshops.

### **HOW TO HELP**

Individuals and organizations interested in working with the MFSI should call their office at 641-484-4678 ext. 2249 or email Ms. Jennifer Vazquez or Ms. Laura Kleiman.



# Mid Lee CROP Hunger Walk

### **MEMBER INFORMATION**

### CONTACT

### Mary Ann Philp

philp.marya@gmail.com 319-470-1657

### **ADDRESS**

### **ORGANIZATION TYPE**

Faith Based, International, Community Based

### **COUNTIES SERVED**

Lee

### DESCRIPTION

The Mid Lee CROP Hunger Walk is a community-wide event sponsored by Church World Service and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

### **HOW TO HELP**

Individuals and organizations can support the work of the Mid Lee CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Mary Ann Philp at 319-470-1657 or Church World Service Congregational and Community Engagement Specialist Lenny Blue at Iblue@cwsglobal.org.



# Mid-Iowa Community Action -Hardin County Office

#### MEMBER INFORMATION

### CONTACT

### **Tracey Gerard**

info@micaonline.org 641-648-5036 www.micaonline.org

### **ADDRESS**

637 S. Oak Street Iowa Falls, IA 50126

### **ORGANIZATION TYPE**

Community Based, Food Pantry, Housing Assistance / Shelter

### **COUNTIES SERVED**

Hardin

### **DESCRIPTION**

Mid-Iowa Community Action, Inc. (MICA) is a private, nonprofit organization serving children and families in central Iowa. MICA supports children and families affected by poverty through education, food assistance, and a variety of other programs.

MICA's programs include: Early Head Start, Head Start, Women, Infants, and Children (WIC), Maternal and Child Health, Weatherization, Energy Assistance, and Family Development. MICA primarily serves families in Hardin, Marshall, Poweshiek, Story, and Tama counties.

### **HOW TO HELP**



# Mid-Iowa Community Action -Poweshiek County Office

#### MEMBER INFORMATION

### CONTACT

### **Tracey Gerard**

info@micaonline.org 641-236-3923 www.micaonline.org

### **ADDRESS**

611 4th Avenue Grinnell, IA 50112

### ORGANIZATION TYPE

Community Based, Food Pantry, Housing Assistance / Shelter

### **COUNTIES SERVED**

Poweshiek

### **DESCRIPTION**

Mid-Iowa Community Action, Inc. (MICA) is a private, nonprofit organization serving children and families in central Iowa. MICA supports children and families affected by poverty through education, food assistance, and a variety of other programs.

MICA's programs include: Early Head Start, Head Start, Women, Infants, and Children (WIC), Maternal and Child Health, Weatherization, Energy Assistance, and Family Development. MICA primarily serves families in Hardin, Marshall, Poweshiek, Story, and Tama counties.

### **HOW TO HELP**



# Mid-Iowa Community Action - Story County Office

#### MEMBER INFORMATION

### CONTACT

### Josie Stahlin

info@micaonline.org 515-956-3333 www.micaonline.org

### **ADDRESS**

226 SE 16th Street Ames, IA 50010

### ORGANIZATION TYPE

Community Based, Food Pantry, Housing Assistance / Shelter

### **COUNTIES SERVED**

Story

### **DESCRIPTION**

Mid-Iowa Community Action, Inc. (MICA) is a private, nonprofit organization serving children and families in central Iowa. MICA supports children and families affected by poverty through education, food assistance, and a variety of other programs.

MICA's programs include: Early Head Start, Head Start, Women, Infants, and Children (WIC), Maternal and Child Health, Weatherization, Energy Assistance, and Family Development. MICA primarily serves families in Hardin, Marshall, Poweshiek, Story, and Tama counties.

### **HOW TO HELP**



# Mid-Iowa Community Action - Tama County Office

#### MEMBER INFORMATION

### CONTACT

### **Lindsey Upah**

lindsey.upah@micaonline.org 641-484-4713 www.micaonline.org

### **ADDRESS**

105 S State Tama, IA 52339

### **ORGANIZATION TYPE**

Community Based, Food Pantry, Housing Assistance / Shelter

### **COUNTIES SERVED**

Tama

### **DESCRIPTION**

Mid-Iowa Community Action, Inc. (MICA) is a private, nonprofit organization serving children and families in central Iowa. MICA supports children and families affected by poverty through education, food assistance, and a variety of other programs.

MICA's programs include: Early Head Start, Head Start, Women, Infants, and Children (WIC), Maternal and Child Health, Weatherization, Energy Assistance, and Family Development. MICA primarily serves families in Hardin, Marshall, Poweshiek, Story, and Tama counties.

### **HOW TO HELP**



# Mid-Sioux Opportunity, Inc.

### **MEMBER INFORMATION**

### CONTACT

### **Dick Sievers**

dsievers@midsioux.org 712-786-2001 www.midsioux.org

### **ADDRESS**

418 S. Marion St. Remsen, IA 51050

### ORGANIZATION TYPE

Community Based, Food Pantry, Housing Assistance / Shelter

### **COUNTIES SERVED**

Cherokee, Ida, Lyon, Plymouth, Sioux

### **DESCRIPTION**

Mid-Sioux Opportunity, Inc. is a not-for-profit Community Action Agency established in 1965 to fight poverty at a local level by assisting low-income families in Northwest Iowa to become self-sufficient.

Mid-Sioux manages 14 federal, state, and local programs that are designed to help families and children grow through educational, health, and financial assistance.

Their Emergency Food Pantry program operates out of their Cherokee and Sioux Center Outreach Offices. A three-day supply of food is provided to families who are out of food and money. Through their Food for Life program, families in need can also receive packages of frozen meat that are donated by local livestock producers.

Mid-Sioux also provides WIC services in Northwest Iowa. WIC (Women, Infants, & Children) is a supplemental nutrition program for babies, children under the age of 5, pregnant women, breastfeeding women, and women who have had a baby in the last 6 months. WIC helps families by providing healthy foods, nutrition education, and referrals to other health care agencies.

### **HOW TO HELP**

lowans can support the mission of Mid-Sioux Opportunity through monetary contributions, donations of food, and volunteer hours.

Their Emergency Food Pantry and Food for Life programs operate entirely on community support. Iowans who are interested in donating to the food pantry should contact their local Mid-Sioux Outreach Office.



# Midas Project Feed More

### **MEMBER INFORMATION**

### CONTACT

### Danny Akright

dakright@foodbankiowa.org 515-564-0330

www.midas.com/desmoin es/area.aspx?dmanum=26 0

### **ADDRESS**

Central Iowa, IA

### ORGANIZATION TYPE

Corporate

### **COUNTIES SERVED**

Polk, Story

### **DESCRIPTION**

Midas Project Feed More: "Putting the Brakes on Hunger" is a partnership between the Food Bank of Iowa and Central Iowa Midas locations to help families struggling with hunger. Participating Midas locations include:

Ames - 113 Lincoln Way - 515-232-4153

Clive - 1690 NW 86th Street - 515-226-1199

Des Moines - 2201 E. Euclid Avenue - 515-265-5333

Des Moines - 2010 Ingersoll Avenue - 515-243-1253

Des Moines - 5618 Douglas Avenue - 515-278-0496

Des Moines - 6500 SE 14th Street - 515-285-4905

### **HOW TO HELP**

lowans can contribute to Project Feed More while having their oil changed at participating Midas locations. Midas will donate \$1 to the Food Bank of lowa for every regular-priced oil change performed. Additionally, nonperishable and/or monetary donations to the Food Bank of lowa may be dropped off at participating Central lowa Midas locations.

For more information on the Project Feed More partnership, contact Danny Akright, communications manager with the Food Bank of Iowa at 515-564-0330.



# Midland Middle-High School

### **MEMBER INFORMATION**

### CONTACT

### Jamie Christiansen

jchristiansen@midland.k12.ia.us 563-488-2292

www.midland.k12.ia.us/defau lt.asp

### **ADDRESS**

109 Green Street Wyoming, IA 52362

### ORGANIZATION TYPE

Educational/School

### **COUNTIES SERVED**

Jones

### DESCRIPTION

Students and educators at Midland Middle-High School work to alleviate hunger through educational and service-learning projects.

For example, sixth through twelfth graders recently participated in a school-wide World Hunger Day, organized by a team of ten high school students. Students packaged 10,000 meals in partnership with Outreach, Inc to fight hunger in Tanzania, delivered canned foods to their local food pantry, and participated in educational activities including an Oxfam America Hunger Banquet.

### **HOW TO HELP**

lowans are encouraged to contact Ms. Jamie Christiansen for more information and to explore opportunities to work together.



# Midwest Dairy

### **MEMBER INFORMATION**

### CONTACT

### **Erin Hoisington**

ehoisington@midwestdairy.com 847-607-8957 www.midwestdairy.com

### **ADDRESS**

101 NE Trilein Ankeny, IA 50021

### **ORGANIZATION TYPE**

Corporate, Community Based

### **COUNTIES SERVED**

Polk, Activities Statewide

### DESCRIPTION

Midwest Dairy™ represents 7,000 dairy farm families and works on their behalf to build dairy demand by inspiring consumer confidence in our products and production practices. We are committed to Bringing Dairy to Life! by Giving Consumers an Excellent Dairy Experience and are funded by farmers across a 10-state region, including Minnesota, North Dakota, South Dakota, Nebraska, Iowa, Illinois, Missouri, Kansas, Arkansas and eastern Oklahoma. For more information, visit Midwest Dairy.com. Follow us on Twitter and find us on Facebook at Midwest Dairy.

Fuel Up to Play 60 is a school wellness program, which encourages youth to choose nutrient-rich foods first and get out and play at least 60 minutes each day. It has helped to make wellness part of the game plan in more than 73,000 schools across the county, including more than 12,000 schools in the Midwest. Midwest Dairy has a variety of programs to help school and youth-led efforts to improve access to nutritious foods.

Through its affiliation with the National Dairy Council, Midwest Dairy supports the work of the Feeding America food banking network. In 2012, the National Dairy Council, Feeding America, and the Academy of Nutrition and Dietetics formed the Future of Food partnership to increase the availability of nutritious, safe and affordable foods across the country by through innovative efforts to help alleviate hunger. Their \$10,000 nutrition initiative grants support nutrition education and increased access to dairy products and other in-demand nutrient-rich foods.

Midwest Dairy also participates in the U.S. Dairy Sustainability Commitment, which involves ongoing research and education efforts to meet humanity's demand for safe and nutritious dairy products while conserving natural resources and making positive contributions to the economic, environmental and social good.

### **HOW TO HELP**

lowans can work with Midwest Dairy to improve access to nutritious foods by joining their Fuel Up to Play 60 campaign. There are resources for students, educators, and members of the community to become involved. Contact Midwest Dairy for more information or to explore additional opportunities for collaboration.



# Miles Preston IA Growing Project

### **MEMBER INFORMATION**

### CONTACT

### Brenda Kunau

blkunau@gmail.com

### **ADDRESS**

Preston, IA 52069

### ORGANIZATION TYPE

Faith Based, International, Community Based

### **COUNTIES SERVED**

Jackson

### **DESCRIPTION**

As a Christian response to world hunger, Growing Hope Globally, formerly Foods Resource Bank (FRB), links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

Growing Hope engages volunteers to raise money through "Growing Projects" for between 50-60 overseas programs a year. All of the programs focus on developing smallholder agriculture, often in the most remote and poorest regions of the world. Growing Projects are the heart and soul of Growing Hope and have helped us reach over 1.6 million people since the first Growing Projects were created in 1999.

### **HOW TO HELP**

lowans can support the work of Growing Hope by starting or joining a Growing Project in their community. A Growing Project is a group whose members work together to raise a crop or other commodity or hold fundraisers to help farmers overseas become self-sufficient. Growing Projects include revenue from field crops, cattle or dairy, pie auctions, pumpkin patches, Sunday school gardens, and more. Each member plays a unique role and contributes to the Growing Project in different ways by offering their time, talents or resources.

lowans are encouraged to directly contact coordinator Ms. Brenda Kunau, to become involved with the Miles Preston IA Growing Project.

For more information about starting or joining a Growing Project, Iowans should call 888-276-4372 or email Von Tarverdi at info@growinghopeglobally.org.



# Milestones Area Agency on Aging

### **MEMBER INFORMATION**

### CONTACT

### **Pam Taylor**

ptaylor@milestonesaaa.org 855-410-6222 www.milestonesaaa.org

### **ADDRESS**

935 E 53rd St Davenport, IA 52807

### ORGANIZATION TYPE

Meal Site

### **COUNTIES SERVED**

Visit Online Profile for Details

### **DESCRIPTION**

Milestones Area Agency on Aging offers senior meals to over 60 meal sites located in a 17 county area. Anyone age 60 and over receives their meal on a contribution basis. Income and ability to contribute do not determine eligibility. This also includes home delivered meals in most areas. Milestones Area Agency on Aging also has a variety of other programs to support lowans as they age along with providing information about community services to their family caregivers.

### **HOW TO HELP**

The Milestones Area Agency on Aging is in need of volunteers to support their meal programs, from delivering meals to kitchen work. People can also contact the Milestones Area Agency on Aging to ask about opportunities to serve as advocates for the elderly and for the work of Area Agencies on Aging. More information is available online.



# Monsanto Company

### **MEMBER INFORMATION**

### CONTACT

### **Dr. Frederick Perlak** 314-694-1000

www.monsanto.com

### **ADDRESS**

800 N Lindbergh Blvd. St. Louis, MO 63167

### ORGANIZATION TYPE

Corporate

### **COUNTIES SERVED**

Activities Statewide

### **DESCRIPTION**

Monsanto Company delivers agricultural products that support farmers all around the world. As an agriculture company with deep roots in rural America, Monsanto is committed to do their part in fighting rural hunger in America through partnerships and philanthropy.

Monsanto employees fight rural hunger as part of a coordinated volunteer effort called Monsantotogether, through which Monsanto employees also earn donations for qualified non-profit organizations where they volunteer for a minimum of 20 hours.

Monsanto works in partnership with farmers, students and others in rural communities to end hunger through the America's Farmers Food Drive, America's Farmers Grow Communities, Invest an Acre, and support for the National FFA Organization's hunger initiative Feeding Our World - Starting at Home.

In addition to their work in rural America, Monsanto also works to improve the lives of people around the world through the Monsanto Fund, the philanthropic arm of the Monsanto Company.

### **HOW TO HELP**

Through the Invest an Acre program, farmers can donate an acre or more of their crop to food banks through the local ADM elevators, and Monsanto will match farmer donations, dollar for dollar. Feeding America distributes the farmer donations and the Monsanto monetary match to participating food banks.

Farmers and organizations in rural communities can partner with the Monsanto Fund to fight hunger through their America's Farmers Grow Communities program. Farmers can visit GrowCommunities.com to enroll. Organizations and community members can suggest their project by planting their idea.

Nonprofit organizations in communities where Monsanto works are encouraged to reach out to their local Monsanto Site contacts to explore possible areas of collaboration, including employee volunteerism and US Site Grants.

# Monticello Community Food Pantry



### **MEMBER INFORMATION**

### **CONTACT**

319-465-3393

### **ADDRESS**

P.O. Box 62 Monticello, IA 52310

### ORGANIZATION TYPE

Faith Based, Food Pantry

### **COUNTIES SERVED**

Jones

### **DESCRIPTION**

The Monticello Community Food Pantry is operated by the Monticello Minister's Association for families in the school district. It is staffed by volunteers through the churches and is supported by individuals, service groups, churches and others.

### **HOW TO HELP**

The most important need at this time is financial support. Donations can be mailed to: MMA, P.O. Box 62; Monticello, Iowa 52310. All donations go to meet the needs of the hungry who live within the Monticello School District.



# Morningside Lutheran Church Food Pantry

### MEMBER INFORMATION

### CONTACT

### Evelyn Elaine Magstadt

elainem70@gmail.com 605-422-0017 www.morningsidelutheran. com

### **ADDRESS**

700 South Martha Street Sioux City, IA 51106

### ORGANIZATION TYPE

Faith Based, Food Pantry

### **COUNTIES SERVED**

Woodbury

### **DESCRIPTION**

Morningside Lutheran Church Food Pantry is are funded by their church and purchases as much food as they can from the Food Bank of Siouxland.

### **HOW TO HELP**

The food pantry accepts all donations. Please contact them directly for more information.



# Mount Vernon High School

### **MEMBER INFORMATION**

### CONTACT

### **Heather Allen**

hallen@mountvernon.k12.ia. us 319-895-8843

hs.mountvernon.k12.ia.us/

mountvernon.kiz.ia.c

### **ADDRESS**

731 Palisades Road SW Mount Vernon, IA 52314

### **ORGANIZATION TYPE**

Educational/School

### **COUNTIES SERVED**

Jones

### **DESCRIPTION**

Students and educators at Mount Vernon High School work to alleviate hunger through educational and service-learning projects.

### **HOW TO HELP**

lowans are encouraged to contact Mrs. Heather Allen for more information and to explore opportunities to work together.



# Mt. Pleasant IA Growing Project

### MEMBER INFORMATION

### CONTACT

### **Duane Graber**

good4hunting@iowatelecom .net

#### **ADDRESS**

Mount Pleasant, IA 52641

### ORGANIZATION TYPE

Faith Based, International, Community Based

### COUNTIES SERVED

Henry

### **DESCRIPTION**

As a Christian response to world hunger, Growing Hope Globally, formerly Foods Resource Bank (FRB), links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

Growing Hope engages volunteers to raise money through "Growing Projects" for between 50-60 overseas programs a year. All of the programs focus on developing smallholder agriculture, often in the most remote and poorest regions of the world. Growing Projects are the heart and soul of Growing Hope and have helped us reach over 1.6 million people since the first Growing Projects were created in 1999.

### **HOW TO HELP**

lowans can support the work of Growing Hope by starting or joining a Growing Project in their community. A Growing Project is a group whose members work together to raise a crop or other commodity or hold fundraisers to help farmers overseas become self-sufficient. Growing Projects include revenue from field crops, cattle or dairy, pie auctions, pumpkin patches, Sunday school gardens, and more. Each member plays a unique role and contributes to the Growing Project in different ways by offering their time, talents or resources.

lowans are encouraged to directly contact coordinator Mr. Duane Graber, to become involved with the Mt. Pleasant IA Growing Project.

For more information about starting or joining a Growing Project, Iowans should call 888-276-4372 or email Von Tarverdi at info@growinghopeglobally.org.



# National Soybean Research Laboratory

### **MEMBER INFORMATION**

### CONTACT

### **Dr. Craig Gundersen**

cggunder@illinois.edu 217-244-1706 www.nsrl.illinois.edu

### **ADDRESS**

1101 W. Peabody Drive Urbana, IL 61801

### ORGANIZATION TYPE

Government Agency, International

### COUNTIES SERVED

Activities Statewide

### **DESCRIPTION**

The National Soybean Research Laboratory (NSRL) is headquartered at the University of Illinois in Urbana-Champaign. NSRL is involved in soybean research, outreach and education efforts from production to consumption. NSRL works to develop alliances both domestically and internationally with industry stakeholders to find soy solutions to minimize malnutrition, increase yield, open new markets and engage with those who are developing innovative processing and utilization technology with the ultimate goal to expand the scope and size of the U.S. soybean industry and improve the profitability of U.S. soybean farmers.

### **HOW TO HELP**

Organizations may engage with NSRL on local, state, national and international programs and projects through participation, collaboration and contribution. Organizations have purchased SoyCow machines for orphanages in Guatemala, VitaGoats for villages in Zimbabwe and nutritional education materials that can be used in classrooms around the world. NSRL's work spans the globe and focuses on incorporating soy into the diets of those who can benefit from the addition of a complete protein.



# Nazareth Lutheran Church Food & Essentials Pantry

### MEMBER INFORMATION

### CONTACT

### **Lindsay Mcdonald**

lindsay.mcdonald@naz.org 319-266-7589 www.naz.org

### **ADDRESS**

7401 University Ave. Cedar Falls, IA 50613

### **ORGANIZATION TYPE**

Faith Based, Food Pantry

### **COUNTIES SERVED**

Black Hawk

### **DESCRIPTION**

Nazareth Lutheran Church Food & Essentials Pantry works with Love in the Name of Christ of the Cedar Valley (Love INC) to provide food and essentials (hygiene & cleaning supplies) to people in the Cedar Valley who qualify and make appointments through Love INC.

### **HOW TO HELP**

Love INC needs more volunteers to do intakes over the phone. Interested individuals should contact them at 319-266-1264.



# New Hampton High School

### **MEMBER INFORMATION**

### CONTACT

### James Russ

j\_russ@new-hampton.kl2 .ia.us 641-394-2144 www.new-hampton.kl2.i a.us/

### **ADDRESS**

710 West Main Street New Hampton, IA 50659

### ORGANIZATION TYPE

Educational/School

### **COUNTIES SERVED**

Chickasaw

### **DESCRIPTION**

Students and educators at New Hampton High School work to alleviate hunger through educational and service-learning projects.

For example, FFA and National Honor Society members packaged 20,000 meals to help alleviate hunger in 2013. In 2015, they are hosting a hunger banquet, for the student body, and donating money to a local food pantry.

### **HOW TO HELP**

lowans are encouraged to donate to a local food pantry, or to contact Mr. James Russ for more information and to explore opportunities to work together.



# New Opportunities - Audubon County Family Development Center

#### MEMBER INFORMATION

### CONTACT

### **Tiffany Steensen**

TSteensen@newopp.org 712-563-2777 www.newopp.org/en/pro grams/family\_developme nt/audubon\_county\_fdc/

### **ADDRESS**

109 Tracy Street Audubon, IA 50025

### ORGANIZATION TYPE

Community Based, Food Pantry

### **COUNTIES SERVED**

Audubon

### **DESCRIPTION**

The Audubon County Family Development Center is the information, application and referral center for all of the income-eligible programs offered by New Opportunities, Inc. to serve the residents of Audubon County.

Hunger programs include food pantries in Audubon and Exira, the "Fuel Up For Summer Fun" Summer Food Service Program and BackPack Program for students, monthly WIC clinics in Audubon, and referrals to the SHARE program, which offers food at discounted prices in return for community service.

The Audubon County Family Development Center is part of the New Opportunities, Inc. network.

### **HOW TO HELP**

Individuals and organizations can support the work of the Audubon County Family Development Center through donations of food or funds or by volunteering.

Volunteer opportunities include helping with the food pantry, picking up bread from area donors, supporting the summer food service program, distributing SHARE packages, and more.

Information on food drives and current events is available by emailing Tiffany Steensen or Mary Greving, and through their website and Facebook page.



# New Opportunities - Dallas County Family Development Center

### **MEMBER INFORMATION**

### CONTACT

### Anna Maria Fives

afives@newopp.org 515-465-5185 www.newopp.org/en/pro grams/family\_developme nt/dallas\_county\_fdc/

### **ADDRESS**

1212 2nd Street Perry, IA 50220

### ORGANIZATION TYPE

Community Based, Food Pantry

### COUNTIES SERVED

Dallas

### DESCRIPTION

The Dallas County Family Development Center is the information, application and referral center for all of the income-eligible programs offered by New Opportunities, Inc. to serve the residents of Dallas County.

In an emergency situation where there is a shortage of food individuals and families may go to the Perry Area Food Pantry at Rowley Masonic Community, 3000 East Willis Ave. Perry, IA. The food pantry can only be accessed every 30 days, per household per emergency situation. There is no charge for the food pantry, but they do require proof of address and income. The Perry Area Food Pantry serves the Perry School District (i.e.: Perry, Dawson, Bouton).

New Opportunities is partnering with the Food Bank of Iowa for their Mobile Food Pantries. The mobile pantries distribute fresh produce, protein, and non-perishable items and build awareness of the need of food assistance in the community.

Through the SHARE program, individuals can purchase food at discounted prices in exchange for two hours of volunteering. This applies to anyone, no matter an individuals income level.

The Dallas County Family Development Center is part of the New Opportunities, Inc. network.

### **HOW TO HELP**

lowans can support New Opportunities' work through volunteering and by providing monetary donations for their various programs.

People can also show their support by liking their Facebook page.

### New Testament Christian Church

### **MEMBER INFORMATION**

### CONTACT

**Bree Hartley** 

### **DESCRIPTION**

New Testament Christian Church is active in Lee County, Iowa. We do not require personal information and thus, serve any and all who come through the pantry doors in need of food.



ntcckeokuk@gmail.com www.churchonhiltonroad.com

### **ADDRESS**

1578 Hilton Rd. Keokuk, IA 52632

### **ORGANIZATION TYPE**

Faith Based, Food Pantry

### **COUNTIES SERVED**

Lee

### **HOW TO HELP**

Donations are always welcome, shelf stable food or monetary donations to help us buy the necessities to stock the pantry.

For more information contact Mrs. Bree Hartley at ntcckeokuk@gmail.com.



# Newell-Fonda High School

### **MEMBER INFORMATION**

### CONTACT

### **Crystal Nieland**

nielandc@newell-fonda.k12.ia .us 712-272-3324

www.newell-fonda.k12.ia.us

### **ADDRESS**

205 South Clark Street Newell, IA 50568

### ORGANIZATION TYPE

Educational/School

### **COUNTIES SERVED**

Buena Vista

### **DESCRIPTION**

Students and educators at Newell-Fonda High School work to alleviate hunger through educational and service-learning projects.

For example, in 2013 students organized a meal packaging drive to help alleviate hunger in partnership with Meals From The Heartland.

### **HOW TO HELP**

lowans are encouraged to contact Mrs. Crystal Nieland for more information and to explore opportunities to work together.



# Newton High School

### **MEMBER INFORMATION**

### CONTACT

### **Courtney Wolken**

wolkenc@newton.k12.ia.us 641-792-5797 www.newton.k12.ia.us/nh s\_home.aspx

### **ADDRESS**

800 E. 4th Street S. Newton, IA 50208

### **ORGANIZATION TYPE**

Educational/School

### **COUNTIES SERVED**

Jasper

### **DESCRIPTION**

Students and educators at Newton High School work to alleviate hunger through educational and service-learning projects.

### **HOW TO HELP**

lowans are encouraged to contact Ms. Courtney Wolken for more information and to explore opportunities to work together.



# Norman Borlaug 5K Run/Walk/Bike Ride

#### MEMBER INFORMATION

### CONTACT

### Vickie Grube

vgrube@mac.com

### **ADDRESS**

Cresco, IA

### ORGANIZATION TYPE

Faith Based, International, Community Based

### **COUNTIES SERVED**

Howard

### **DESCRIPTION**

The annual Norman Borlaug 5K Run/Walk/Bike Ride is held annually in conjunction with other festivities of the Norman Borlaug Harvest Fest every September. Dr. Borlaug was born and raised in Howard County on a small farm south of Cresco. He devoted his career to saving the lives of millions of starving people around the globe.

This event is a competitive run with the Walk and Family Bike Ride planned as fun events for people of all ages. It is a great way to get involved and make a difference. For the bike ride there is a scavenger hunt that is fun and educational with information on Dr. Borlaug and hunger/food security facts. WAITT is the acronym given for: We're All In This Together in which is helping some very good causes. Helping and feeding people, encouraging exercise and wellness and paying forward the message of Dr. Norman Borlaug is something we all can do.

Participation helps in 5 Non-Profits, 4 local and one for the community at large that is decided each each year by the committee. NORMAN BORLAUG HERITAGE FOUNDATION, DON DAVIS GOOD SAMARITAN FUND, PRARIE SPRINGS RECREATIONAL TRAIL, LOCAL FOOD PANTRIES IN CRESCO AND RICEVILLE.

### **HOW TO HELP**

Individuals, businesses, and congregations in Howard County can join in the Walk as participants and by raising money to support hunger alleviation. The Norman Borlaug 5K Run/Walk/Bike Ride encourages all lowans to visit the Norman Borlaug Birthplace and see how he lived.



# Norman Borlaug Heritage Foundation

### **MEMBER INFORMATION**

### CONTACT

### Laura Schmauss, Vicki Grube, and Tom Spindler

nbhf@normanborlaug.org 563-547-3434 www.normanborlaug.org

#### **ADDRESS**

P.O. Box 57 Cresco, IA 52136

### **ORGANIZATION TYPE**

Community Based, Educational/School

### **COUNTIES SERVED**

Howard

### DESCRIPTION

The Norman Borlaug Heritage Foundation is a non-profit corporation with an all-volunteer board dedicated to the preservation of the Birthplace and Boyhood home of Dr. Norman E. Borlaug (1914-2009), where he established his values and work ethic.

The Norman Borlaug Heritage Foundation is committed to preserving the boyhood farm and promoting Dr. Borlaug's lifetime achievements and philosophy by welcoming a diversity of local, national, and international visitors to the farm, through education programs such as the Fall and Spring Inspire Education Days and the Education Residency Program, and by hosting agricultural, environmental and humanitarian events on the Borlaug farmstead.

Since 2000, the Norman Borlaug Heritage Foundation has had the privilege of preserving both the birthplace, boyhood farm and the one room school Dr. Borlaug attended as a boy. We have two primary goals, first we are dedicated to preserving the farm where he grew up and learned the values of hard work and respect for the land and life.

Second, we conduct a variety of educational outreach programs designed to pass along these important life lessons. Learning opportunities including a children's picture book, secondary curriculum for older students, and an activity book all created by a NBHF Education Resident Scholars and Borlaug-Thomson Interns.

Other things done and continue to happen are conferences with a key goal of the NBHF is education. Each summer the NBHF hosts a one-day ag institute at the Borlaug farm with latest information on sustainable agriculture.

Inspire Day is held twice a year (spring and fall) for fifth grade students. At Inspire Day kids are given a chance to learn a range of educational skills including agriculture, science, social studies and environmental science. Dr. Borlaug was passionate about the importance of education and so is the NBHF! "Our elementary schooling was a preparation for life not for academic achievement." Dr. Norman Borlaug.

### **HOW TO HELP**

The Foundation board has set the long term endowment goal at \$7,000,000.



Interest earned on this goal would fund a full-time Borlaug Education Residency Program, Borlaug Farm Preservation and Maintenance Program in perpetuity.

We are supported by many volunteers. However, in order to advance our mission of restoring the farm where Norm grew up and educate others about the importance of service to others, your financial help is critical. Please contact the NBHF or make an online donation on our website at www.normanborlaug.org.

For more information, please contact Laura Schmauss at lschmauss@crescobank.com or Tom Spindler at tpspindler@hotmail.com or Vickie Grube at vgrube@mac.com.



# North Iowa Community Action Organization

#### MEMBER INFORMATION

### CONTACT

### **Cindy Davis**

cdavis@nicao-online.org 641-423-1858 www.nicao-online.org

### **ADDRESS**

218 5th Street SW, P.O. Box 1627 Mason City, IA 50402

### **ORGANIZATION TYPE**

Community Based, Food Pantry, Housing Assistance / Shelter

### **COUNTIES SERVED**

Butler, Cerro Gordo, Floyd, Franklin, Hancock, Kossuth, Mitchell, Winnebago, Worth

### DESCRIPTION

The North Iowa Community Action Organization (NICAO) works to better focus available local, state, private, and federal resources to assist low-income individuals and families acquire useful skills and knowledge, gain access to new opportunities and achieve economic self-sufficiency.

NICAO maintains office locations and Head Start classrooms in 9 North Central lowa counties. At each location, County Outreach Specialists provide information and referral services as well as access to emergency financial assistance for basic necessities including food, shelter, and utilities.

NICAO also implements the Family Development and Self-Sufficiency (FaDSS) program in their service area. The Family Development and Self-Sufficiency program is a voluntary home visitation program that uses a strength-based approach to provide core services such as family support and goal setting. Family support is provided through referrals, linking families to community supports and advocacy. Participation in FaDSS is a voluntary option for people receiving Family Investment Program benefits.

A full description of NICAO's programming is available online.

### **HOW TO HELP**

lowans can support the work of NICAO through volunteering or donations. Charitable donations made to NICAO are always needed and may have a tax benefit to the donor. Please contact Cindy Davis for more information about donations, suggestions, and needs, or with questions.



# North Liberty Community Pantry

#### **MEMBER INFORMATION**

#### CONTACT

#### Kaila Rome

director@northlibertyco mmunitypantry.org 319-626-2711 www.northlibertycommu nitypantry.org

#### **ADDRESS**

89 North Jones Boulevard North Liberty, IA 52317

#### ORGANIZATION TYPE

Food Pantry, Garden Program

#### **COUNTIES SERVED**

Johnson

#### **DESCRIPTION**

The North Liberty Community Pantry provides emergency food and clothing assistance. Food and clothing services are available to families in North Liberty and other small towns in Johnson County. Families are able to seek out food services as often as once per week.

The NLCP encourages families to choose the food items they need with few limits. Services provided in a client-choice method leads to less waste and a respectful environment. Food services provided to families assist them in meeting their needs so they can divert funding towards maintaining their household rather than purchasing food.

The NLCP also maintains a garden to provide fresh produce for clients and the community.

#### **HOW TO HELP**

lowans can volunteer or donate to help to feed local individuals and families. More information is available on their website and Facebook page.



# Northeast Iowa Area Agency on Aging

#### MEMBER INFORMATION

#### CONTACT

#### Sally Myers

smyers@nei3a.org 319-874-6854 www.nei3a.org

#### **ADDRESS**

2101 Kimball Avenue, Suite 320 Waterloo, IA 50702

#### **ORGANIZATION TYPE**

Government Agency, Meal Site

#### **COUNTIES SERVED**

Visit Online Profile for Details

#### **DESCRIPTION**

The Northeast Iowa Area Agency on Aging connects older adults, caregivers and persons with disabilities to the services they need to remain independent. As part of this mission, they serve meals to older adults and provide them with food boxes and bags provided by the food bank.

#### **HOW TO HELP**

lowans can help support the work of the Northeast Iowa Area Agency on Aging by making a donation to their food box/bag program or signing up to volunteer. People who are interested in making a donation or becoming volunteers should call 800-779-8707 or request information through their website.



# Northeast Iowa Food & Fitness Initaitive

#### MEMBER INFORMATION

#### CONTACT

#### Ann Mansfield

mansan01@luther.edu 563-382-2949 www.iowafoodandfitness.org

#### **ADDRESS**

c/o Winneshiek County Extension 325 Washington Street Decorah. IA 52101

#### ORGANIZATION TYPE

Community Based

#### **COUNTIES SERVED**

Allamakee, Chickasaw, Clayton, Fayette, Howard, Winneshiek

#### **DESCRIPTION**

The Northeast Iowa Food and Fitness Initiative is made up of people working together to create vibrant communities where the healthy choice is the easy choice. The healthy choice means that every day all people in NE Iowa have access to healthy, locally grown foods and abundant opportunities for physical activity and play. Food and fitness is important because no matter where we are, the places where we live, learn, work and play affect our health and quality of life.

#### **HOW TO HELP**

lowans can become involved in the NE lowa Food and Fitness initiative by subscribing to their newsletter, attending a training, volunteering in their community, or making a donation.



### Northeast Iowa Food Bank

#### **MEMBER INFORMATION**

#### CONTACT

#### Barbara Prather

bprather@northeastiowa foodbank.org 319-235-0507 www.northeastiowafood bank.org

#### **ADDRESS**

1605 Lafayette St Waterloo, IA 50703

#### ORGANIZATION TYPE

Food Bank

#### **COUNTIES SERVED**

Allamakee, Black Hawk, Bremer, Buchanan, Butler, Chickasaw, Clayton, Delaware, Fayette, Floyd, Grundy, Howard, Mitchell, Poweshiek, Tama, Winneshiek

#### DESCRIPTION

The Northeast Iowa Food Bank provides nutritious food and grocery products to nonprofit organizations and individuals in northeast Iowa, while offering hunger education programs to the community and those in need. The Northeast Iowa Food Bank works with approximately 200 member organizations and programs to distribute food throughout 16 counties.

#### **HOW TO HELP**

The Northeast Iowa Food Bank welcomes support through donations of funds, food, and volunteering. Every dollar donated to the Food Bank helps provide up to 4 meals to northeast Iowans in need.

There are many opportunities for volunteers to support the work of the Northeast Iowa Food Bank. These include volunteering at the Food Bank itself and helping with community outreach events such as food drives.

Those interested in providing monetary/food/volunteer support should contact us at 319-235-0507 or email adminassistant@northeastiowafoodbank.org.



# O'Brien County Outreach

#### MEMBER INFORMATION

#### CONTACT

#### Alisa Schlief

aschlief@udmo.com 712-957-1023 www.udmo.com/O'Brien.htm

#### **ADDRESS**

140 2nd Street SE Primghar, IA 51245

#### **ORGANIZATION TYPE**

Community Based, Food Pantry, Housing Assistance / Shelter

#### COUNTIES SERVED

O'Brien

#### **DESCRIPTION**

The O'Brien County Outreach Center builds stronger communities by addressing the effects of poverty on individuals and families in O'Brien County. Their programs and services include weatherization assistance and supplemental help for winter heating bills, a partnership with Elderbridge Agency on Aging to assist eligible applicants age 60 and over with chores, an emergency food pantry and food shelf to assist eligible families with food, and client advocacy and referral services. They also provide an online directory of resources in O'Brien County.

The O'Brien County Outreach Center is affiliated with Upper Des Moines Opportunity, Inc.

#### **HOW TO HELP**

lowans can support the work of the O'Brien County Outreach Center by volunteering, raising awareness, and making in-kind or monetary donations. Volunteer opportunities include advocacy, direct interaction with families, support for special events and projects, and working alongside staff at the food pantry. Iowans are encouraged to contact them directly for more information about volunteering and donations, or to invite a representative of the center to visit their church or community group.



# Ocheyedan IA Growing Project

#### **MEMBER INFORMATION**

#### CONTACT

#### Alvin Runia

alrunia@evertek.net

#### **ADDRESS**

#### ORGANIZATION TYPE

Food Bank, Community Based

#### **COUNTIES SERVED**

Osceola

#### **DESCRIPTION**

As a Christian response to world hunger, Growing Hope Globally, formerly Foods Resource Bank (FRB), links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

Growing Hope engages volunteers to raise money through "Growing Projects" for between 50-60 overseas programs a year. All of the programs focus on developing smallholder agriculture, often in the most remote and poorest regions of the world. Growing Projects are the heart and soul of Growing Hope and have helped us reach over 1.6 million people since the first Growing Projects were created in 1999.

#### **HOW TO HELP**

lowans can support the work of Growing Hope by starting or joining a Growing Project in their community. A Growing Project is a group whose members work together to raise a crop or other commodity or hold fundraisers to help farmers overseas become self-sufficient. Growing Projects include revenue from field crops, cattle or dairy, pie auctions, pumpkin patches, Sunday school gardens, and more. Each member plays a unique role and contributes to the Growing Project in different ways by offering their time, talents or resources.

lowans are encouraged to directly contact coordinator Mr. Alvin Runia to become involved with the Ocheyedan IA Growing Project.

For more information about starting or joining a Growing Project, Iowans should call 888-276-4372 or email Von Tarverdi at info@growinghopeglobally.org.



# Oelwein FFA Chapter

#### **MEMBER INFORMATION**

#### CONTACT

#### Dan Doeing

ddoeing@oelwein.k12.ia.us 319-283-2731 www.oelwein.k12.ia.us/Oe

lweinHigh.cfm?subpage= 321779

#### **ADDRESS**

315 8th Avenue SE Oelwein, IA 50662

### ORGANIZATION TYPE Educational/School

#### **COUNTIES SERVED**

Fayette

#### **DESCRIPTION**

Students and educators with the Oelwein FFA Chapter work to alleviate hunger through educational and service-learning projects. The Oelwein FFA Chapter currently conducts a variety of local activities in this endeavor, including a local Feed a Family project to donate 25 meal boxes and turkeys to area families in need (chosen and delivered through a local church food pantry) during the week of Thanksgiving.

In 2017, two FFA members worked to organize a local Meals from the Heartland event for the entire Oelwein High School to successfully pack 40,167 meals in one day. About 25 Oelwein FFA members have also participated in the Meals from the Heartland event each year at the annual lowa FFA State Leadership Conference in Ames every April, and has sent about 20 students to participate in the annual World Food Prize (Iowa Youth Institute and related events) over the past 5 years.

FFA makes a positive difference in the lives of members by developing their potential for premier leadership, personal growth, and career success through agricultural education. A large part of that development can be held in the context of alleviating hunger in our local communities, our state, our nation, and abroad.

#### **HOW TO HELP**

Iowans are encouraged to contact Mr. Dan Doeing at ddoeing@oelwein.kl2.ia.us or Mrs. Megan McCleary at mmccleary@oelwein.kl2.ia.us for more information and to explore opportunities to work together.



# Office of Congressman Dave Loebsack

#### **MEMBER INFORMATION**

#### CONTACT

### The Honorable Dave Loebsack

1-866-914-IOWA loebsack.house.gov

#### **ADDRESS**

#### ORGANIZATION TYPE

Government Agency

#### **COUNTIES SERVED**

Visit Online Profile for Details

#### **DESCRIPTION**

A message from the Congressman:

If you have questions, concerns or need help working with a federal agency, my staff and I are here to assist you.

Congressman Dave Loebsack 1527 Longworth House Office Building Washington, DC 20515 Phone: 202-225-6576

Fax: 202-226-0757

Congressman Dave Loebsack 209 West 4th Street #104 Davenport, IA 52801

Phone: 563-323-5988 Fax: 563-323-5231

Congressman Dave Loebsack 125 South Dubuque Street

Iowa City, IA 52240 Phone: 319-381-0789 Fax: 319-351-5789



# Office of Congressman Steve King

#### **MEMBER INFORMATION**

#### CONTACT

### The Honorable Steve King

202-225-4426 steveking.house.gov

#### **ADDRESS**

#### ORGANIZATION TYPE

Government Agency

#### **COUNTIES SERVED**

Visit Online Profile for Details

#### **DESCRIPTION**

A message from the Congressman:

Please do not hesitate to contact me to share your position on any federal issue of importance to you. Also, please know members of my staff are available to provide help with a number of services. Thank you for taking the time to contact me and I look forward to hearing from you soon.

Congressman Steve King 2210 Rayburn Office Building Washington, DC 20515 Phone: 202.225.4426 Fax: 202.225.3193

Congressman Steve King 1421 S Bell Avenue Suite 102 Ames, Iowa 50010 Phone: 515.232.2885 Fax: 515.232.2844

Congressman Steve King 723 Central Avenue Fort Dodge, Iowa 50501 Phone: 515.573.2738 Fax: 515.576.7141

Congressman Steve King 202 1st Street SE Suite 126 Mason City, Iowa 50401 Phone: 641.201.1624 Fax: 641.201.1523

Congressman Steve King 526 Nebraska Street Sioux City, IA 51101 Phone: 712.224.4692 Fax: 712.224.4693

Congressman Steve King 306 Grand Avenue, P.O. Box 650

Spencer, IA 51301 Phone: 712.580.7754 Fax: 712.580.3354



# Office of Des Moines Mayor Franklin Cownie

#### **MEMBER INFORMATION**

#### CONTACT

#### Amanda Romer

amromer@dmgov.org 515-283-4054 www.dmgov.org

#### **ADDRESS**

400 Robert D Ray Drive, 2nd Floor Des Moines, IA 50309

#### **ORGANIZATION TYPE**

Government Agency

#### **COUNTIES SERVED**

Polk

#### **DESCRIPTION**

Des Moines Mayor Franklin Cownie works with his fellow council members for continued sustainable growth in the city of Des Moines that will have long-term benefits to the community; advocating improvement in the quality of development in both residential and commercial sectors. Mayor Cownie is a strong supporter of hunger relief in Des Moines and is also gaining national recognition through his leadership roles with the U.S. Conference of Mayors. He is a member of the U.S. Conference of Mayors Advisory Board and is a Co-Chair of the Hunger and Homelessness Task Force.

#### **HOW TO HELP**

Individuals and groups are encouraged to help end hunger and homelessness in Des Moines through the Des Moines Community Action Agency. Use the form on the City of Des Moines website to request an appearance by Mayor Cownie at an event.



# Office of Senator Chuck Grassley

#### **MEMBER INFORMATION**

#### CONTACT

# The Honorable Chuck Grassley

202-224-3744 www.grassley.senate.gov

#### **ADDRESS**

#### ORGANIZATION TYPE

Government Agency

#### **COUNTIES SERVED**

**Activities Statewide** 

#### **DESCRIPTION**

Contact Information:

Office of Senator Chuck Grassley - Cedar Rapids 111 7th Avenue SE, Box 13 Suite 6800 Cedar Rapids, IA 52401 Phone: (319) 363-6832

Office of Senator Chuck Grassley - Council Bluffs 307 Federal Building

8 South 6th Street Council Bluffs, IA 51501 Phone: (712) 322-7103 Fax: (712) 322-7196

Fax: (319) 363-7179

Office of Senator Chuck Grassley - Davenport

201 West 2nd Street

Suite 720

Davenport, IA 52801 Phone: (563) 322-4331 Fax: (563) 322-8552

Office of Senator Chuck Grassley - Des Moines

721 Federal Building 210 Walnut Street Des Moines, IA 50309 Phone: (515) 288-1145 Fax: (515) 288-5097

Office of Senator Chuck Grassley - Sioux City

120 Federal Building 320 6th Street Sioux City, IA 51101 Phone: (712) 233-1860 Fax: (712) 233-1634

Office of Senator Chuck Grassley - Waterloo

210 Waterloo Building 531 Commercial Street Waterloo, IA 50701 Phone: (319) 232-6657 Fax: (319) 232-9965

Office of Senator Chuck Grassley - Washington, D.C.

135 Hart Senate Office Building

Washington, D.C. 20510 Phone: (202) 224-3744 Fax: (202) 224-6020



### Office of Senator Joni Ernst

#### **MEMBER INFORMATION**

#### CONTACT

#### Senator Joni Ernst

www.Ernst.Senate.gov

#### **ADDRESS**

#### ORGANIZATION TYPE

Government Agency

#### **COUNTIES SERVED**

Activities Statewide

#### **DESCRIPTION**

Cedar Rapids Office 111 Seventh AvenueSE, Suite 480 Cedar Rapids, IA 52401-2101 Phone: (319) 365-4504

Council Bluffs Office 221 Federal Building 8 South 6th Street Council Bluffs, IA 51501 Phone: (712) 352-1550 Fax: (712) 352-0087

Fax: (319) 365-4683

Davenport Office 201 West 2nd Street, Suite 806 Davenport, IA 52801 Phone: (563) 322-0677 Fax: (563) 322-0854

Des Moines Office 733 Federal Building 210 Walnut Street Des Moines, IA 50309 Phone: (515) 284-4574 Fax: (515) 284-4937

Sioux City Office 194 Federal Building 320 6th Street Sioux City, IA 51101 Phone: (712) 252-1550 Fax: (712) 252-1638

Washington Office 111 Russell Senate Office Building Washington, DC 20510 Phone: (202) 224-3254

Fax: (202) 224-9369



# Office of the Governor of Iowa

#### **MEMBER INFORMATION**

#### CONTACT

#### **Austin Jacobs**

austin.jacobs@iowa.gov 515-281-5211 governor.iowa.gov

#### **ADDRESS**

1007 East Grand Avenue Des Moines, IA 50319

#### ORGANIZATION TYPE

Government Agency

#### **COUNTIES SERVED**

Polk, Activities Statewide

#### **DESCRIPTION**

The Office of the Governor is a major contributor to the Food Bank of Iowa. The office oversees the food bank drives of all state agencies. This year they raised close to \$4,000 from the Governor's office alone. A large portion of this came from the Governor's Food Bank Silent Auction, which included memorabilia from all State Universities and many other excellent items. When one includes all State Agencies that number climbs to more than \$80,000. The Governor is a huge advocate for the Food Bank and would encourage all Iowans to donate to their local chapter!

#### **HOW TO HELP**

lowans should call the Governor's office at 515-281-5211 to inquire about volunteer opportunities. The Governor's office also encourages lowans to be in direct contact with their local food banks to support local efforts to end hunger.



# Ogden High School

#### **MEMBER INFORMATION**

#### CONTACT

#### John Fuller

John.fuller@ogden.k12.ia.us 515-275-4034

www.ogdenschools.org/

#### **ADDRESS**

732 West Division Street Ogden, IA 50212

#### ORGANIZATION TYPE

Educational/School

#### **COUNTIES SERVED**

Boone

#### **DESCRIPTION**

Students and educators at Ogden High School work to alleviate hunger through educational and service-learning projects.

#### **HOW TO HELP**

lowans are encouraged to contact Mr. John Fuller for more information and to explore opportunities to work together.



# One Acre Fund

#### **MEMBER INFORMATION**

#### CONTACT

#### Alexa Petersen

alexa.petersen@oneacref und.org www.oneacrefund.org

#### **ADDRESS**

#### ORGANIZATION TYPE

International, Community Based

#### **COUNTIES SERVED**

Activities Statewide

#### **DESCRIPTION**

One Acre Fund works with smallholder farmers in Eastern and Southern Africa to become significantly more productive and so that they can grow their way out of hunger and poverty. They provide a complete set of services within walking distance of the farmers they serve. The service bundle includes distribution of seed and fertilizer, financing for farm inputs, training on agricultural techniques, and market facilitation to maximize profits from harvest sales.

One Acre Fund began in East Africa and currently serves farmers in Kenya, Rwanda, Burundi, Tanzania, Uganda, and Malawi. Ninety-six percent of their field staff are local African nationals who live and work among the farmers they serve. In addition to supporting smallholder farmers, One Acre Fund helps their staff build meaningful and fulfilling careers through their leadership development program.

#### **HOW TO HELP**

lowans can support the work of One Acre Fund through individual donations or by joining Chapters. One Acre Fund Chapters are comprised of people who have made a long-term volunteer commitment to promoting One Acre Fund within their networks and communities. The Chapters organize annual fundraising events, introduce staff to potential corporate, foundation and individual supporters and act as representatives for One Acre Fund within their area.

lowans are encouraged to contact One Acre Fund staff online for more information or to become involved.



# ONE Campaign

#### **MEMBER INFORMATION**

#### CONTACT

field@one.org 202-495-2700 www.one.org

#### **ADDRESS**

### ORGANIZATION TYPE International, Advocacy

#### **COUNTIES SERVED**

Polk, Story, Activities Statewide

#### DESCRIPTION

ONE is a campaigning and advocacy organization of more than nine million people around the world taking action to end extreme poverty and preventable disease, particularly in Africa.

We believe the fight against poverty isn't about charity, but about justice and equality.

Whether lobbying political leaders in world capitals or running cutting-edge grassroots campaigns, ONE pressures governments to do more to fight AIDS and other preventable, treatable diseases in the poorest places on the planet, to empower small-holder farmers, to expand access to energy, and to combat corruption so governments are accountable to their citizens. Cofounded by Bono and other activists, ONE is strictly nonpartisan. ONE's 9 million members are critical to this work. They come from every walk of life and from across the political spectrum. They're artists and activists, faith and business leaders, students and scientists. They take action day in, day out — organizing, mobilizing, educating, and advocating so that people will have the chance not just to survive, but to thrive.

ONE teams in Washington, D.C., New York, London, Johannesburg, Brussels, Berlin, Paris, Ottawa, and Abuja educate and lobby governments to shape policy solutions that save and improve millions of lives — and which every year are under threat from cuts and other priorities.

ONE is not a grant-making organization and we do not solicit funding from the public or receive government funds. ONE is funded almost entirely by foundations, individual philanthropists and corporations.

#### **HOW TO HELP**

lowans can support the work of the ONE campaign by volunteering to join in their grassroots advocacy efforts. Volunteers can become as involved as they'd like, ranging from signing an online petition, to volunteering to raise awareness at a concert or other event, to joining ONE as a core volunteer who mobilizes others in the community to volunteer with ONE. Fill out their online contact form to become involved.



# Opening Doors Maria House

#### **MEMBER INFORMATION**

#### CONTACT

#### Heather LuGrain

hlugrain@openingdoorsdbq .org 563-582-7480 www.openingdoorsdbg.org

#### **ADDRESS**

1561 Jackson Street Dubuque, IA 52001

#### ORGANIZATION TYPE

Community Based, Housing Assistance / Shelter

#### **COUNTIES SERVED**

Dubuque

#### DESCRIPTION

The Maria House is run by the nonprofit organization Opening Doors, which helps homeless women, alone or with children, rebuild their lives. Maria House provides a two year transitional program. Clients work with a case manager on short and long term goals. Maria House has a capacity of 24 women and children.

Opening Doors provides goal setting and life skills training that will enable the women they serve to take care of themselves and achieve their full potential. Opening Doors also operates the Teresa Shelter, which offers both transitional housing and short-term emergency shelter services. Teresa Shelter has 30 beds available.

#### **HOW TO HELP**

Opening Doors is always seeking volunteers to help in a variety of capacities. Volunteers can help with shelter programs and maintenance, by hosting fundraisers, or by supporting events such as "Attitude of Gratitude" and the "Opening Doors Dash".

Those with an interest in volunteering at the shelters are encouraged to contact them at volunteer@openingdoorsdbq.org.

Those with an interest in hosting fundraisers are encouraged to contact Ann Lorenz at 563-582-7480, or email alorenz@openingdoorsdbq.org for more information.

Tax deductible financial and in-kind donations are also greatly appreciated. Their online Wish List has information about most needed items.



# Opening Doors Teresa Shelter

#### **MEMBER INFORMATION**

#### CONTACT

#### Heather LuGrain

hlugrain@openingdoorsdbq.org 563-690-0086 www.openingdoorsdbq.org

#### **ADDRESS**

1111 Bluff Street Dubuque, IA 52001

#### ORGANIZATION TYPE

Community Based, Housing Assistance / Shelter

#### **COUNTIES SERVED**

Dubuque

#### **DESCRIPTION**

The Teresa Shelter is run by the nonprofit organization Opening Doors, which helps homeless women, alone or with children, rebuild their lives. Teresa Shelter provides emergency and extended stay shelter. They provide basic needs and each client works on short and long term goals with a case manager. Teresa Shelter has 30 beds available.

Opening Doors provides goal setting and life skills training that will enable the women they serve to take care of themselves and achieve their full potential. Opening Doors also operates the Maria House, which provides transitional housing where residents can stay for as long as two years. Maria House has a capacity of 24 women and children.

#### **HOW TO HELP**

Opening Doors is always seeking volunteers to help in a variety of capacities. Volunteers can help with shelter programs and maintenance, by hosting fundraisers, or by supporting events such as "Attitude of Gratitude" and the "Opening Doors Dash".

Those with an interest in volunteering at the shelters are encouraged to contact them at volunteer@openingdoorsdbq.org.

Those with an interest in hosting fundraisers are encouraged to contact Ann Lorenz at 563-582-7480, or email alorenz@openingdoorsdbq.org for more information.

Tax deductible financial and in-kind donations are also greatly appreciated. Their online Wish List has information about most needed items.



# OpportUNITY

#### **MEMBER INFORMATION**

#### CONTACT

#### Seth Johnson

s.e.johnson@unitedwayd m.org 515-246-6554 www.unitedwaydm.org/o pportunity

#### **ADDRESS**

1111 9th Street, Suite 100 Des Moines, IA 50314

#### ORGANIZATION TYPE

#### COUNTIES SERVED

Dallas, Polk, Warren

#### **DESCRIPTION**

OpportUNITY is leading a collective impact initiative in central lowa to eliminate barriers to self-sufficiency and reduce poverty for the nearly 196,000 central lowans living in poverty.

The OpportUNITY Community Plan includes four priority areas: education, transportation, housing, and homelessness, change – individual, place-based, and system (new lowans and child care cliff effect), and food insecurity.

#### **HOW TO HELP**

Sign-up for one or more OpportUNITY Work Groups online at www.unitedwaydm.org/opportunity - Attend OpportUNITY Summits - "Like" OpportUNITY Central Iowa on Facebook



### **OPX International**

#### **MEMBER INFORMATION**

#### CONTACT

#### Eric Idehen

eric@opxinternational.com 515-661-4163 www.opxinternational.com

#### **ADDRESS**

4414 63rd Street Urbandale, IA 50322

#### ORGANIZATION TYPE

International, Corporate

#### COUNTIES SERVED

Polk

#### **DESCRIPTION**

OPX International works to improve the welfare of others through business and trade that provides affordable housing and human development. They have offices in Iowa and Nigeria. Their services include construction (residential, commercial, road etc), real estate (commercial and residential), consulting, and international trade. The real estate and construction lines of businesses provides affordable housing for low and moderate income families. OPX International operates a customer or client friendly culture with great cultural understanding.

#### **HOW TO HELP**

lowans who are interested in working with OPX International should contact them directly.



# Osage CROP Hunger Walk

#### **MEMBER INFORMATION**

#### CONTACT

#### Dean Pohren

westie@osage.net 641-732-3206

#### **ADDRESS**

Osage, IA

#### ORGANIZATION TYPE

Faith Based, International, Community Based

#### **COUNTIES SERVED**

Mitchell

#### DESCRIPTION

The Osage CROP Hunger Walk is a community-wide event sponsored by Church World Service and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

#### **HOW TO HELP**

Individuals and organizations can support the work of the Osage CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Dean Pohren at westie@osage.net or Church World Service Congregational and Community Engagement Specialist Lenny Blue at Iblue@cwsglobal.org.



# Osceola County Outreach

#### **MEMBER INFORMATION**

#### CONTACT

#### Alisa Schlief

aschlief@udmo.com 712-754-2573 www.udmo.com/Osceola.htm

#### **ADDRESS**

1672 Northwest Blvd. Sibley, IA 51249

#### **ORGANIZATION TYPE**

Community Based, Food Pantry, Housing Assistance / Shelter

#### **COUNTIES SERVED**

Osceola

#### **DESCRIPTION**

The Osceola County Outreach Center builds stronger communities by addressing the effects of poverty on individuals and families in Osceola County. Their programs and services include weatherization assistance and supplemental help for winter heating bills, a partnership with Elderbridge Agency on Aging to assist eligible applicants age 60 and over with chores, an emergency food pantry and food shelf to assist eligible families with food, and client advocacy and referral services. They also provide an online directory of resources in Osceola County.

The Osceola County Outreach Center is affiliated with Upper Des Moines Opportunity, Inc.

#### **HOW TO HELP**

lowans can support the work of the Osceola County Outreach Center by volunteering, raising awareness, and making in-kind or monetary donations. Volunteer opportunities include advocacy, direct interaction with families, support for special events and projects, and working alongside staff at the food pantry. Iowans are encouraged to contact them directly for more information about volunteering and donations, or to invite a representative of the center to visit their church or community group.



# Our Savior's Lutheran Food & Pet Food Pantry

#### MEMBER INFORMATION

#### CONTACT

#### Josh Weesner

foodpantry@oursaviorscb.org 712-322-6655 www.oursaviorscb.org

#### ADDRESS

600 Bluff Street Council Bluffs, IA 51503

#### **ORGANIZATION TYPE**

Faith Based, Food Pantry

#### **COUNTIES SERVED**

Pottawattamie

#### **DESCRIPTION**

Our Savior's Lutheran Food & Pet Food Pantry provides food to the hungry and their pets in Council Bluffs and Pottawattamie County. The Food Pantry is open every Thursday from 11:00AM - 3:00PM, and on the 4th Friday of every month from 5:00PM - 7:00PM, by appointment only. To make an appointment, call 712-322-6655 from 9:30AM - 11:00AM on Thursdays or from 4:00PM - 5:00PM on 4th Fridays.

#### **HOW TO HELP**

lowans can support this work by donating to local food pantries and food banks whenever possible, or contacting Our Savior's Lutheran Food & Pet Food Pantry directly for more information about specific needs.



# Outreach Program

#### **MEMBER INFORMATION**

#### CONTACT

#### Erika Anderson

office@outreachprogram.org 515-287-9162

www.outreachprogram.org

#### **ADDRESS**

7401 South US Highway 69

Des Moines, IA 50320

#### **ORGANIZATION TYPE**

International, Community Based

#### **COUNTIES SERVED**

Dallas, Hardin, Polk, Activities Statewide

#### **DESCRIPTION**

Adorned with hair nets and armed with plastic scoops, The Outreach Program brings volunteers together to help fight food insecurity.

School groups and scout troops, local non-profits and churches, Rotary clubs and United Ways give their time to fill food pantries in Iowa and feed hungry people around the world.

The Outreach Program provides everything needed to host a meal packing event, from the fund-raising materials to the tape to seal the boxes of packaged meals. Volunteers form an assembly line, scooping and measuring ingredients into packages that are distributed without cost to local food banks and other organizations of the group's choice. Since The Outreach Program's inception in 2004, these volunteer-driven events have provided more than 440 million meals packaged to date.

Creating and securing sources of clean, potable water is a priority of The Outreach Program. Availability of unpolluted, disease-free water is essential to health and life.

Outreach Africa supplies medical care, water, food and education to the people of Tanzania. Please email for more information.

#### **HOW TO HELP**

Volunteer in The Outreach Program warehouse. There are always dishes to wash, trucks to load, supplies to sort and meal supplies to pack.

Plan a meal packing event to decrease food insecurity. Contact The Outreach Program for assistance!

Volunteer for an Outreach Program meal packing event in your community.



### Oxfam

#### **MEMBER INFORMATION**

#### CONTACT

#### Adam Olson

adam.olson@oxfam.org 312-508-3227 www.oxfamamerica.org

#### **ADDRESS**

226 Causeway Street, 5th Floor Boston, MA 2114

#### ORGANIZATION TYPE

International, Advocacy

#### **COUNTIES SERVED**

Polk

#### **DESCRIPTION**

Oxfam is a global organization working to end the injustice of poverty. We help people build better futures for themselves, hold the powerful accountable, and save lives in disasters. Our mission is to tackle the root causes of poverty and create lasting solutions.

#### **HOW TO HELP**

For more information on how you can help visit Oxfam's Take Action page. Many college campuses have active Oxfam clubs, and students can apply to become grassroots leaders through the Oxfam CHANGE program.



# Palo Alto County Outreach

#### **MEMBER INFORMATION**

#### CONTACT

#### Alisa Schlief

aschlief@udmo.com 712-852-3482 www.udmo.com/PaloAlto .htm

#### **ADDRESS**

2905 25th Street Emmetsburg, IA 50536

#### ORGANIZATION TYPE

Community Based, Food Pantry, Housing Assistance / Shelter

#### **COUNTIES SERVED**

Palo Alto

#### **DESCRIPTION**

The Palo Alto County Outreach Center builds stronger communities by addressing the effects of poverty on individuals and families in Palo Alto County. Their programs and services include weatherization assistance and supplemental help for winter heating bills, a partnership with Elderbridge Agency on Aging to assist eligible applicants age 60 and over with chores, an emergency food pantry and food shelf to assist eligible families with food, and client advocacy and referral services. They also provide an online directory of resources in Palo Alto County.

The Palo Alto County Outreach Center is affiliated with Upper Des Moines Opportunity, Inc.

#### **HOW TO HELP**

lowans can support the work of the Palo Alto County Outreach Center by volunteering, raising awareness, and making in-kind or monetary donations. Volunteer opportunities include advocacy, direct interaction with families, support for special events and projects, and working alongside staff at the food pantry. lowans are encouraged to contact them directly for more information about volunteering and donations, or to invite a representative of the center to visit their church or community group.



### Panera Bread of Iowa

#### **MEMBER INFORMATION**

#### CONTACT

#### John Kauffman

donations@paneraiowa.com 319-356-9093

www.panera-iowa.com

#### **ADDRESS**

1241 Park Place NE, Ste. C Cedar Rapids, IA 52402

#### ORGANIZATION TYPE

Corporate

#### **COUNTIES SERVED**

Activities Statewide

#### DESCRIPTION

Panera Bread of Iowa operates Panera Bread bakery-cafes throughout Iowa. They show their appreciation to the communities they serve not only in their bakery-cafes, but also by participating in charitable events, donating to local charities through their Operation Dough-Nation® program, and donating their end of the day bread to local food banks, pantries, and soup kitchens through their Day-End Dough-Nation program.

Panera welcomes the opportunity to support community events, fundraisers and other charitable efforts by providing in-kind bakery products and/or gift certificates when they are able. They have a special commitment to supporting lowa schools' educational and fundraising goals.

Their Community Breadbox program ensures that cash donations from Panera Bread feed back directly to the community. Each bakery-cafe has a Community Breadbox collection container at each set of registers, encouraging customers to donate to a critical non-profit organization in the community. These cash donations are matched dollar-for-dollar by Panera Bread of Iowa and donated directly to the organization.

#### **HOW TO HELP**

Schools and nonprofit organizations may request donations of bakery products or gift certificates online. Local community food banks or organizations that would like more information on how to potentially become involved in their Day-End Dough-Nation programs should contact John Kauffman, Marketing and Public Relations Manager, at jkauffman@paneraiowa.com.

Individuals who would like to contribute to their efforts to assist local non-profit organizations in the communities they serve, are encouraged to please look for the Community Breadbox collection containers at their neighborhood Panera Bread bakery-cafe.



# PCM Food Pantry

#### **MEMBER INFORMATION**

#### CONTACT

#### Rev. Ann Johnson

ann@polkadotann.com 641-330-0441

#### **ADDRESS**

Monroe Presbyterian Church, 115 S Main Monroe, IA 50170

#### ORGANIZATION TYPE

Faith Based, Food Pantry

#### **COUNTIES SERVED**

Jasper, Marion

#### **DESCRIPTION**

The PCM Food Pantry is an active food pantry serving the communities in the PCM School District, including Prairie City, Monroe, and Reasnor. The Pantry has 8 hours of distribution times every week. People are welcome to use the Pantry every week.

#### **HOW TO HELP**

Area people are incredibly generous with support of money, food items, and other items. Contact Rev. Johnson for more information or to become involved.



# Pella CROP Hunger Walk

#### **MEMBER INFORMATION**

#### CONTACT

#### Sarah Lunsford

lunsfords@central.edu www.crophungerwalk.or g/pellaia

#### **ADDRESS**

Pella. IA

#### **ORGANIZATION TYPE**

Faith Based, International, Community Based

#### **COUNTIES SERVED**

Marion

#### **DESCRIPTION**

The Pella CROP Hunger Walk is a community-wide event sponsored by Church World Service and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

#### **HOW TO HELP**

Individuals and organizations can support the work of the Pella CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Sarah Lunsford at lunsfords@central.edu or Church World Service Congregational and Community Engagement Specialist Lenny Blue at Iblue@cwsglobal.org.



# Perry High School Food Pantry

#### **MEMBER INFORMATION**

#### CONTACT

#### Tami Valline

Tamara.Valline@g.perry.k12.ia .us 515-465-8370 www.perry.k12.ia.us

#### **ADDRESS**

1200 18th Street Perry, IA 50220

#### **ORGANIZATION TYPE**

Educational/School, Food Pantry

#### **COUNTIES SERVED**

Dallas

#### DESCRIPTION

The Perry High School Food Pantry is open to high school, middle school, and elementary school students attending school in Perry, and provides them with customized selections of food, personal care products, clothing, and school supplies to take home with them. The school food pantry helps make sure that all students in Perry have access to food outside of school hours.

#### **HOW TO HELP**

The Perry High School Food Pantry works closely with the community food pantry in Perry and with others in the community of Perry. Individuals and organizations wishing to learn more or become involved should contact them directly.



# Plant A Row For the Hungry in Story County

#### MEMBER INFORMATION

#### CONTACT

#### **Linda Naeve**

Inaeve@mchsi.com 515-231-3617 www.storypar.org

#### **ADDRESS**

Reiman Gardens, 1407 University Blvd Ames, IA 50011

#### **ORGANIZATION TYPE**

Community Based, Garden Program

#### **COUNTIES SERVED**

Story

#### **DESCRIPTION**

At Plant a Row for the Hungry in Story County, a small team of volunteers collects over 8,000 pounds of produce annually from gardeners, North Grand Farmers Market vendors, and the vegetable garden at Reiman Gardens and distributes it to five local agencies and organizations that feed hungry lowans.

#### **HOW TO HELP**

lowans can support this effort by volunteering or donating extra garden produce at their collection site at Reiman Gardens in Ames every Monday morning from late June through the end of September. Monetary donations can also be mailed to Reiman Gardens, c/o Story County PAR. Visit their website www.storypar.org or Facebook page for more information and opportunities to become involved.



# Pocahontas County Outreach

#### **MEMBER INFORMATION**

#### CONTACT

#### Alisa Schlief

aschlief@udmo.com 712-335-3335 www.udmo.com/Pocaho ntas.htm

#### **ADDRESS**

406 NW 7th Street Pocahontas, IA 50574

#### ORGANIZATION TYPE

Community Based, Food Pantry, Housing Assistance / Shelter

#### **COUNTIES SERVED**

Pocahontas

#### **DESCRIPTION**

The Pocahontas County Outreach Center builds stronger communities by addressing the effects of poverty on individuals and families in Pocahontas County. Their programs and services include weatherization assistance and supplemental help for winter heating bills, a partnership with Elderbridge Agency on Aging to assist eligible applicants age 60 and over with chores, an emergency food pantry and food shelf to assist eligible families with food, and client advocacy and referral services. They also provide an online directory of resources in Pocahontas County.

The Pocahontas County Outreach Center is affiliated with Upper Des Moines Opportunity, Inc.

#### **HOW TO HELP**

lowans can support the work of the Pocahontas County Outreach Center by volunteering, raising awareness, and making in-kind or monetary donations. Volunteer opportunities include advocacy, direct interaction with families, support for special events and projects, and working alongside staff at the food pantry. lowans are encouraged to contact them directly for more information about volunteering and donations, or to invite a representative of the center to visit their church or community group.



# Polk City United Methodist Church

#### **MEMBER INFORMATION**

#### CONTACT

#### **Rev. Hugh Stone**

hugh8@juno.com 515-984-6274 www.polkcityumc.org

#### **ADDRESS**

1421 W. Broadway St. Polk City, IA 50226

#### ORGANIZATION TYPE

Faith Based, Meal Site

#### **COUNTIES SERVED**

Polk

#### **DESCRIPTION**

The mission work of Polk City United Methodist Church includes working the fourth Tuesday of every month at the meal site at 701 Grand Avenue in Des Moines. Volunteers from the church serve food to the hungry in downtown Des Moines from 5pm-6pm.

#### **HOW TO HELP**

lowans are encouraged to contact Mai Golbuff at 515-984-9149 for more information about the Meal Site Servant program, or to contact Rev. Stone for more information about the church or its other mission programs.



# Polk County Board of Supervisors

#### **MEMBER INFORMATION**

#### CONTACT

#### Sarah Boese

sarah.boese@polkcounty iowa.gov 515-286-3895 www.polkcountyiowa.go v/supervisors

#### **ADDRESS**

111 Court Avenue Des Moines, IA 50309

#### **ORGANIZATION TYPE**

Government Agency, Community Based

#### **COUNTIES SERVED**

Polk

#### DESCRIPTION

The Polk County Board of Supervisors has both legislative and administrative powers and is the policy-making body for Polk County government. With its authority to adopt legislation and policies for department operations, the Board sets priorities, allocates resources and maintains budgetary control.

The Polk County government addresses hunger through the Department of Community, Family & Youth Services, which manages and provides a variety of direct and purchased services for families and individuals in all age groups. Their programs include the General Assistance Program, Child and Adult Care Food Program, Commodity Supplemental Food Program, and River Place Food Pantry.

The Board of Supervisors is also directly involved in creating the Partnership for a Hunger Free Polk County, a public-private collaboration to ensure all residents have access to needed food.

#### **HOW TO HELP**

Individuals and organizations are encouraged to join the Partnership for a Hunger Free Polk County and contribute to ending hunger in Polk County through the volunteering and donation opportunities on their website.

lowans can also support the work of the Polk County Department of Community, Family & Youth Services through volunteering, internships, hosting presentations, and through donations. More information is available on the "opportunities" section of their website.



# Polk County Continuum of Care Board

#### MEMBER INFORMATION

#### CONTACT

#### **Angie Arthur**

aarthur@pchtf.org 515-282-3233 polkcares.org/

#### **ADDRESS**

505 5th AvenueSuite 1000 Des Moines, IA 50309

#### ORGANIZATION TYPE

Community Based, Housing Assistance / Shelter

#### **COUNTIES SERVED**

Polk

#### **DESCRIPTION**

The mission of the Polk County Continuum of Care is to end homelessness in Polk County by marshalling community resources and facilitating and managing effective partnerships focused on providing services, supports and solutions to create a safe home for everyone. This vital work is done with the vision that everyone in Polk County have a safe place to call home. They also keep a section of resources on their website.

The Board is comprised of a full range of community stakeholders committed to activities and efforts aimed at the goal of ending homelessness, including advocates, homeless assistance providers, victim service providers, faith-based organizations, governments, businesses, housing agencies, school districts, social service providers, mental health agencies, universities, hospitals, affordable housing developers, law enforcement, veteran's organizations, and homeless and formerly homeless persons.

#### **HOW TO HELP**

Individuals and organizations are encouraged to attend meetings of the Polk County Continuum of Care Board to learn more and become involved. Questions can be directed to Angie Arthur at aarthur@pchtf.org.



# Polk County Northside Food Pantry

#### **MEMBER INFORMATION**

#### CONTACT

#### Myndi Solinger

Myndi.Solinger@polkcou ntyiowa.gov 515-286-2220 www.polkcountyiowa.go v/cfys/services/polk-coun ty-food-pantry-sites/

#### ADDRESS

3010 Sixth Avenue Des Moines, IA 50313

#### ORGANIZATION TYPE

Government Agency, Food Pantry

#### **COUNTIES SERVED**

Polk

#### **DESCRIPTION**

The Polk County Northside Food Pantry is a collaboration between Polk County and the Des Moines Area Religious Council.

Once per calendar month, individuals and families in Polk County can go to the Polk County Northside Food Pantry (3010 Sixth Avenue) to receive a three-day supply of healthy, nutritional food and other essential non-food items. In an effort to better serve the needs of the population residing near the food pantry, specialty ethnic foods will also be available.

Food is distributed solely to those in need without income being a consideration.

Pantry hours are Monday to Friday from 8:00 a.m. - 5:00 p.m.

#### **HOW TO HELP**

The Polk County Northside Food Pantry is in need of volunteers. For more information or to volunteer, please contact Myndi Solinger at 515-286-2220 or myndi.solinger@polkcountyiowa.gov.



# Polk County River Place Food Pantry

#### **MEMBER INFORMATION**

#### CONTACT

#### Myndi Solinger

myndi.solinger@polkcounty iowa.gov 515-286-3695 www.polkcountyiowa.go v/cfys/services/polk-coun ty-food-pantry-sites/

#### **ADDRESS**

2309 Euclid Avenue Des Moines, IA 50310

#### ORGANIZATION TYPE

Government Agency, Food Pantry

#### **COUNTIES SERVED**

Polk

#### **DESCRIPTION**

The Polk County River Place Food Pantry is a collaboration between Polk County and the Des Moines Area Religious Council.

Once per calendar month, individuals and families in Polk County can go to the Food Pantry at Polk County River Place (2309 Euclid Avenue) to receive a three-day supply of healthy, nutritional food and other essential non-food items. In an effort to better serve the needs of the population residing near the food pantry, specialty ethnic foods will also be available.

Food is distributed solely to those in need without income being a consideration.

Pantry hours are Monday to Friday from 8:00 a.m. - 5:00 p.m.

#### **HOW TO HELP**

The River Place Food Pantry is in need of volunteers. For more information or to volunteer, please contact Myndi Solinger at 515-286-3695 or myndi.solinger@polkcountyiowa.gov.



### Prairie Rivers of Iowa RC&D

#### **MEMBER INFORMATION**

#### CONTACT

#### **Erv Klaas**

prrcd@prrcd.org 515-232-0048 www.prrcd.org

#### **ADDRESS**

2402 South Duff Avenue Ames, IA 50010

#### ORGANIZATION TYPE

Community Based, Garden Program

#### **COUNTIES SERVED**

Boone, Hamilton, Hardin, Marshall, Story, Webster

#### **DESCRIPTION**

Prairie Rivers of Iowa RC&D promotes community-based stewardship that will improve the quality of life of citizens, preserve the ecological integrity of the land, and meet the economic aspirations of landowners and communities. They have been serving citizens across Iowa and in Boone, Story, Marshall, Hardin, Hamilton, and Webster Counties since 2001. Their Kate Mitchell Community Garden project works with students at Kate Mitchell elementary school in Ames to teach elementary children about healthy nutrition through a hands-on garden experience, while addressing childhood obesity and food insecurity within low income families in Ames, lowa.

#### **HOW TO HELP**

lowans can support the work of Prairie Rivers of Iowa RC&D by volunteering at the community garden or contacting staff about other volunteer needs that may arise from time to time.



# Presbytery of Des Moines -Compassion, Peace & Justice Task Force

#### **MEMBER INFORMATION**

#### CONTACT

#### Nancy Lister-Settle

nlistersettle@dmpresbyt ery.org 515-276-4991 www.dmpresbytery.org/

#### **ADDRESS**

2400 86th Street, Suite 20 Urbandale, IA 50322

#### **ORGANIZATION TYPE**

Faith Based

#### **COUNTIES SERVED**

Visit Online Profile for Details

#### **DESCRIPTION**

The Compassion, Peace & Justice Task Force of the Presbytery of Des Moines acts as a hunger action advocate and enabler for over 55 Presbyterian churches in the Central and Southern Iowa. Individual churches are supported in efforts in their communities, including direct food aid, development, advocacy, environmental stewardship, and lifestyle integrity.

#### **HOW TO HELP**

Individuals should work through their churches to become involved in the social ministries of the Presbytery of Des Moines.



# Preston CROP Hunger Walk

#### **MEMBER INFORMATION**

#### CONTACT

#### **Deacon Greg Michel**

DBQ165bk@dbparch.org 563-689-5161 www.crophungerwalk.or g/milesia

#### **ADDRESS**

Preston. IA

#### **ORGANIZATION TYPE**

Faith Based, International, Community Based

#### **COUNTIES SERVED**

Jackson

#### DESCRIPTION

The Preston CROP Hunger Walk is a community-wide event sponsored by Church World Service and organized by local volunteers to raise funds to end hunger. The Preston CROP Hunger Walk is an ecumenical event that includes Lutherans, Catholics, Presbyterians, and Methodists.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

#### **HOW TO HELP**

Individuals and organizations can support the work of the Preston CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Deacon Greg Michel at 563-689-5161 or Church World Service Congregational and Community Engagement Specialist Lenny Blue at Iblue@cwsglobal.org.



# Principal

#### **MEMBER INFORMATION**

#### CONTACT

#### Mandi McReynolds

McReynolds.Mandi@principal.com 515-247-7227 www.principal.com/about-us/corporate-citizenship

#### **ADDRESS**

Des Moines, IA 50392

### ORGANIZATION TYPE Corporate

#### **COUNTIES SERVED**

Black Hawk, Cerro Gordo, Polk, Wapello

#### **DESCRIPTION**

Helping people is an important part of the culture at Principal®. The company, its employees and the Principal Financial Group Foundation, Inc., work together to give back in a variety of ways. Their charitable giving is based on a simple philosophy: by targeting their contributions toward entities that have the greatest impact on their employees and marketers, customers, shareholders and businesses, they are able to make the greatest difference.

Since 2000, Principal® and the Principal Financial Group Foundation, Inc., have awarded more than \$100 million to nonprofit organizations that are making a difference in the communities where their employees work and live. In Iowa, these include communities in the vicinity of Ottumwa, Mason City, Cedar Falls, and Des Moines. Grants have included a \$25,000 grant to the Northeast Iowa Food Bank's capital campaign to build a larger food bank facility.

Principal is the lead sponsor of the annual Principal Charity Classic, which has donated over \$4 million to children's charities. In 2012 alone, The Principal Charity Classic donated a record \$917,729 to local children's charities, making it the most charitable Champions Tour event in the nation

#### **HOW TO HELP**

Nonprofit organizations in need of support in one of the communities in which Principal operates (Ottumwa, Mason City, Cedar Falls, and Des Moines), should request it through their Request a Grant form or their Request Volunteers or In-Kind Donations form.



# Project IOWA

#### **MEMBER INFORMATION**

#### CONTACT

#### Julie Fugenschuh

juliefugenschuh@project iowa.org 515-280-1502 www.projectiowa.org

#### **ADDRESS**

1420 Mulberry St. Des Moines, IA 50314

#### ORGANIZATION TYPE

Community Based

#### **COUNTIES SERVED**

Jasper, Marion, Polk, Story

#### **DESCRIPTION**

Project IOWA trains and places individuals who are currently under or unemployed in livable wage careers, allowing them to provide for themselves and their families.

#### **HOW TO HELP**

Project IOWA is always looking for businesses that want to partner in offering opportunities for individuals to find careers that pay a livable wage. Financial contributions are always welcome as they continue to grow and build capacity to assist more lowans.



# Pulaski IA Growing Project

#### MEMBER INFORMATION

#### CONTACT

#### Darrell Zook

office@pulaskimennonite.org 641-675-3845

#### **ADDRESS**

PO Box 100 Pulaski, IA 52584

#### **ORGANIZATION TYPE**

Faith Based, International, Community Based

#### **COUNTIES SERVED**

Davis

#### DESCRIPTION

As a Christian response to world hunger, Growing Hope Globally, formerly Foods Resource Bank (FRB), links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

Growing Hope engages volunteers to raise money through "Growing Projects" for between 50-60 overseas programs a year. All of the programs focus on developing smallholder agriculture, often in the most remote and poorest regions of the world. Growing Projects are the heart and soul of Growing Hope and have helped us reach over 1.6 million people since the first Growing Projects were created in 1999.

#### **HOW TO HELP**

lowans can support the work of Growing Hope by starting or joining a Growing Project in their community. A Growing Project is a group whose members work together to raise a crop or other commodity or hold fundraisers to help farmers overseas become self-sufficient. Growing Projects include revenue from field crops, cattle or dairy, pie auctions, pumpkin patches, Sunday school gardens, and more. Each member plays a unique role and contributes to the Growing Project in different ways by offering their time, talents or resources.

lowans are encouraged to directly contact coordinators Mr. Darrell Zook to become involved with the Pulaski IA Growing Project.

For more information about starting or joining a Growing Project, Iowans should call 888-276-4372 or email Von Tarverdi at info@growinghopeglobally.org.



# Quad Cities CROP Hunger Walk

#### **MEMBER INFORMATION**

#### CONTACT

#### Rick Martin

qccrophungerwalk@gmail. com

#### **ADDRESS**

Davenport, IA 52803

#### **ORGANIZATION TYPE**

Faith Based, International, Community Based

#### **COUNTIES SERVED**

Scott

#### **DESCRIPTION**

Now in its 48th year, the Quad Cities CROP Hunger Walk is a community-wide event sponsored by Church World Service and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

#### **HOW TO HELP**

Individuals and organizations can support the work of the Quad Cities CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Mr. Martin at qccrophungerwalk@gmail.com or Church World Service Congregational and Community Engagement Specialist Lenny Blue at Iblue@cwsglobal.org.



# Resource Exchange International - Indonesia

#### MEMBER INFORMATION

#### CONTACT

#### Dr. Charles Nicholson

nicholson.sunrei@gmail.com 928-224-8326 www.resourceexchangein ternational.org

#### **ADDRESS**

PO Box 1133 Ames, IA 50014

#### ORGANIZATION TYPE

International

#### COUNTIES SERVED

Story

#### **DESCRIPTION**

Resource Exchange International - Indonesia (REI) has developed technologies, processes and training opportunities to assist village residents on the island of Java move from extraction-based to processing-based community economy development.

They have created opportunities to process tropical fruits, including mangos, which represent alternatives to deforestation and mining practices which diminish fruit tree populations.

#### **HOW TO HELP**

lowans can support the work of REI in Indonesia by purchasing their Java Bite dried mangos or by making an online financial donation, and are encouraged to watch their video or contact them directly for more information about the project and how to help.



# RESULTS - Iowa Chapter

#### **MEMBER INFORMATION**

#### CONTACT

#### **Peggy Fitch**

RESULTS\_DSM@outlook.com 515-279-8973 www.results.ora

#### **ADDRESS**

Des Moines, IA

#### ORGANIZATION TYPE

International, Advocacy

#### COUNTIES SERVED

Polk

#### **DESCRIPTION**

RESULTS is a network of community-based advocacy groups that create long-term solutions to poverty by supporting programs that address its root causes. RESULTS empowers ordinary people to become extraordinary voices for the end of poverty in their communities, the media, and the halls of government. In Iowa, RESULTS members have advocated for policies that support people to work their way out of poverty both in the United States and around the world.

#### **HOW TO HELP**

lowans can support the work of RESULTS by joining a local RESULTS chapter or signing up as an individual activist if there is not a chapter in their area. Interested persons should contact Peggy Fitch for more information.



### River Bend Foodbank

#### **MEMBER INFORMATION**

#### CONTACT

#### Michael Miller

mmiller@riverbendfoodbank .org 563-345-6490 www.riverbendfoodbank.org

#### **ADDRESS**

4010 Kimmel Drive Davenport, IA 52802

#### **ORGANIZATION TYPE**

Food Bank

#### **COUNTIES SERVED**

Clinton, Dubuque, Jackson, Muscatine, Scott

#### DESCRIPTION

River Bend Foodbank is the largest hunger relief organization in the Quad Cities and surrounding communities, having distributed over 15 million meals in 2018 to hungry people in eastern Iowa and western Illinois. Their mission is to lead the community-wide effort to end hunger in Iowa and Illinois. They do this through food distribution in partnership with their 300 agencies as well as their Mobile Pantries, Senior Pantries, and Backpack Program. The best and easiest way to help is to go online: visit riverbendfoodbank.org.

#### **HOW TO HELP**

lowans can support the activities of River Bend Foodbank through organizing Funds and Food drives, volunteering to sort food, pack Backpacks, assist at Mobile Food Pantries, and providing monetary support. People who are interested in volunteering should contact their volunteer coordinator, Belinda Mielenhausen, at

bmielenhausen@riverbendfoodbank.org or 563-345-6490 ext. 209 or visit their website for more information. People who are interested in providing monetary support can do so by mail or online.



# Roland Story Community Schools

#### **MEMBER INFORMATION**

#### CONTACT

#### **Brad Taylor**

btaylor@roland-story.k12.ia.us 515-733-4329 www.roland-story.k12.ia.us

#### **ADDRESS**

1009 Story Street Story City, IA 50248

#### **ORGANIZATION TYPE**

Educational/School, Garden Program

#### **COUNTIES SERVED**

Story

#### **DESCRIPTION**

Students at Roland-Story Community Schools work to alleviate hunger through educational and service-learning projects. Roland Story agriculture students and FFA members are collaborating with Land O'Lakes and Winfield to grow sweet corn and fresh vegetables for the local food pantry. Second grade students package meals with "Kids Against Hunger".

#### **HOW TO HELP**

Organizations that are interested in working with students at Roland-Story Community Schools should call or email them to find out how to best collaborate.



# Rotary Club of Ames

#### **MEMBER INFORMATION**

#### CONTACT

#### Dr. Delwyn Bluhm

bluhm@iastate.edu 515-450-1110 www.rotaryclubofames.org

#### **ADDRESS**

Ames, IA

#### **ORGANIZATION TYPE**

International, Community Based

#### **COUNTIES SERVED**

Story

#### **DESCRIPTION**

The Rotary Club of Ames makes major annual donations to projects. For example, in 2013, this included the purchase of a new large gas stove for the use by Food At First – a major project in Ames supported by many church groups all of whom help provide daily meals to individuals in need for a total of about 19,000 meals per year. Another priority for raising funds is to develop a Global Grant focusing on a water system for villages in Mwanga and Same Districts, Kilimanjaro Region Tanzania. Funds will be used to develop water sources and appropriate distribution systems for families, schools, health facilities and economic development projects.

#### **HOW TO HELP**

Individuals can support the activities of the Rotary Club of Ames by joining the club, volunteering as fund-raisers, or contributing funds to Rotary Club projects.



# Rotary Club of Des Moines

#### MEMBER INFORMATION

#### CONTACT

#### **Kitte Noble**

info@rotaryclubofdesmoines. org 515-244-6028 www.rotaryclubofdesmoines.

#### **ADDRESS**

4214 Fleur DriveSuite 5 Des Moines, IA 50321

#### **ORGANIZATION TYPE**

International, Community Based

#### **COUNTIES SERVED**

Polk

#### DESCRIPTION

The Rotary Club of Des Moines is part of District 6000 of Rotary International, a not-for-profit, worldwide humanitarian service organization. The mission of Rotary is to provide service to others, to promote high ethical standards and to advance world understanding, goodwill and peace through its fellowship of business, professional and community leaders.

Members of The Rotary Club of Des Moines provide financial support for educational and charitable activities through The Rotary Club of Des Moines Foundation. Activities funded annually by the Foundation include:

- Police, Firefighter, and Educator of the Year Awards
- College scholarships for local high school students
- Read to Lead reading program benefiting local elementary students
- Camperships for youngsters to attend educational and recreational summer camps
- Thanksgiving food baskets for needy families
- Salvation Army donation at Christmas
- Annually award community grants to one or more community projects that reflect The Rotary Club of Des Moines Foundation mission.

The Rotary Club has also organized days of service with the hunger-fighting organization the Outreach Program.

#### **HOW TO HELP**

Individuals can support the work of The Rotary Club of Des Moines by becoming members or making a financial donation. Individuals who are interested in learning more are encouraged to contact the club office at info@rotaryclubofdesmoines.org.

Organizations and groups that are interested in exploring partnerships with the Rotary Club of Des Moines are encouraged to contact them through their online form.



# Sac County Family Development Center

#### **MEMBER INFORMATION**

#### CONTACT

#### Kristi Erritt

kerritt@newopp.org 712-662-3236 www.newopp.org/en/pro grams/family\_developme nt/sac\_county\_fdc/

#### **ADDRESS**

1710 West Main Street Sac City, IA 50583

#### ORGANIZATION TYPE

Community Based, Food Pantry, Housing Assistance / Shelter

#### **COUNTIES SERVED**

Sac

#### **DESCRIPTION**

The Sac County Family Development Center is the information, application and referral center for all of the income eligible programs offered by New Opportunities, Inc. to serve families, individuals and elderly people of Sac County.

The center helps individuals and families access food during emergencies through their food pantry, and connects people to the SHARE Program, which enables individuals to purchase food at discounted prices in exchange for two hours of community service.

Their other programs include financial counseling, energy assistance, tenant based rental assistance, help with clothing and school supplies, and a partnership with the Elderbridge Agency on Aging to help seniors age 60 and over with yard work and show shoveling.

#### **HOW TO HELP**

lowans can support the work of the Sac County Family Development Center through donations or by volunteering. Volunteers are needed in the food pantry and clothes closet, as well as for annual events such as the Adopt a Family for Christmas and Christmas Food Baskets projects, and the Back to School Drive. Contact the Sac County Family Development Center directly for more information about the center or to volunteer.

Mobile Pantry schedule: They are held the third Wednesday of every other month starting in February at the VFW in Sac City.



### SALUD!

### MEMBER INFORMATION

#### CONTACT

#### Di Daniels

salud.of.stormlake@gmail. com 712-299-9863 www.salud-stormlake.com

#### **ADDRESS**

Storm Lake, IA 50588

#### ORGANIZATION TYPE

Advocacy, Community Based

#### **COUNTIES SERVED**

Buena Vista

#### DESCRIPTION

SALUD! is a multi-cultural health coalition working to improve and sustain a healthy community by:

- Gathering monthly to listen and learn about concerns, ongoing efforts and needs regarding community health
- Identifying and promoting other existing community programs agencies, individuals engaged in promoting well-being in the community, and collaborating, connecting and supporting them when possible
- Initiating events or programs that promote well-being
- Being inclusive (considering all minorities) in the planning of events or programming
- Coalition members are people who care about the individual and collective health of all members of our community, and are willing to work collaboratively with other organizations, programs and events promoting physical, mental and social well-being in the community.

Members gather once a month to listen and learn about concerns, ongoing efforts and needs regarding community health, identify, promote and support existing community health programs, and initiate events or programs where needed. SALUD! endeavors to be inclusive and considerate of all minorities as it goes about its work.

#### **HOW TO HELP**

Individuals and organizations are encouraged to join a SALUD! meeting and become involved. For more information about SALUD! meetings and activities, contact Ms. Daniels at 712-299-9863 or salud.of.stormlake@gmail.com.

Join them on Facebook at www.facebook.com/SALUDofStormLake



# Salvation Army of Des Moines

#### **MEMBER INFORMATION**

#### CONTACT

#### Jennie Kerger

Jennifer\_Kerger@usc.salv ationarmy.org 515-266-3156 www.salvationarmy-des moines.org

#### **ADDRESS**

P.O. Box 933 Des Moines, IA 50304

#### ORGANIZATION TYPE

Faith Based, Food Pantry, Meal Site

#### **COUNTIES SERVED**

Dallas, Polk, Warren

#### **DESCRIPTION**

The Salvation Army of Des Moines has several food ministries; including 2 food pantries which are part of the DMARC Food Pantry Network, a mobile canteen that serves breakfast twice a week, a fresh produce program, and are part of a collaborative effort to feed Des Moines East High School students a hot healthy breakfast on Monday mornings during the school year. The Salvation Army also has several other services available, including a family service center and youth programs. More information is available on their website.

#### **HOW TO HELP**

Volunteers and donations are appreciated. People who are interested in volunteering should call 515-266-3156 or email their volunteer coordinator.



# Salvation Army of Newton

#### **MEMBER INFORMATION**

#### CONTACT

#### Captain Janelle Cleaveland

Janelle\_Cleaveland@usc. salvationarmy.org 641-792-6131 centralusa.salvationarmy. org/western/Newton

#### **ADDRESS**

301 N 2nd Ave E Newton, IA 50208

#### **ORGANIZATION TYPE**

Faith Based, Food Pantry

#### **COUNTIES SERVED**

Jasper

#### **DESCRIPTION**

The Salvation Army of Newton manages a food pantry, which is open Monday through Friday 10:00-11:45 am and 1:00-3:00pm for Jasper County residents. Jasper County residents can access the food pantry up to every 30 days.

#### **HOW TO HELP**

Food donations and financial contributions are welcomed. Iowans are encouraged to visit their Facebook page or contact Captain Janelle Cleaveland directly for more information about the Salvation Army of Newton or to make a contribution.



# Salvation Army of Siouxland

#### **MEMBER INFORMATION**

#### CONTACT

#### **Major Von Vandiver**

von\_vandiver@usc.salvati onarmy.org 712-255-8836 www.salvationarmysiouxl and.org

#### **ADDRESS**

1415 Villa Ave PO Box 783 Sioux City, IA 51103

#### ORGANIZATION TYPE

Faith Based, Food Pantry

#### COUNTIES SERVED

Woodbury

#### **DESCRIPTION**

The Salvation Army of Siouxland provides a food pantry that is open daily. They also provide bread and other fresh products as available.

#### **HOW TO HELP**

The most urgent need is for donations to support the food pantry. Donations are accepted online, and people who want to volunteer should call or email Ms. Ashley Wall at ashley\_wall@usc.salvationarmy.org



# Salvation Army of Waterloo / Cedar Falls

#### MEMBER INFORMATION

#### CONTACT

#### Judy Gilstrap

Judy\_Gilstrap@usc.salvati onarmy.org 319-235-9358 www.usc.salvationarmy.o rg/waterloo

#### **ADDRESS**

89 Franklin Street Waterloo, IA 50703

#### ORGANIZATION TYPE

Faith Based, Meal Site, Housing Assistance / Shelter

#### **COUNTIES SERVED**

Black Hawk

#### **DESCRIPTION**

The Salvation Army of Waterloo / Cedar Falls provides holistic ministry designed to meet the spiritual, emotional, and physical needs of the people they serve. Their ministries include a Feeding Program, The Family Activity Center, Comprehensive Assistance, a Men's Emergency Shelter, a Women's Emergency Shelter, and a Family Shelter.

They provide a free noon meal 11:30 to 12:30 Monday thru Friday unless it is a government holiday

They also operate a Thrift Store at 415 East 7th Street in Waterloo.

#### **HOW TO HELP**

lowans can contribute to the mission of the Salvation Army of Waterloo / Cedar Falls through financial donations, by volunteering at one of their ministries, or by helping their Thrift Store.

Individuals and groups who are interested in volunteering at a Salvation Army ministry are encouraged to call 319-235-9358. Those who wish to make an in-kind donation or volunteer at the Thrift Store are encouraged to contact the store manager at 319-232-2322.



# Save the Children Action Network (SCAN)

#### MEMBER INFORMATION

#### CONTACT

#### E.J. Wallace

ewallace@savechildren.org 202-640-6600 www.savethechildrenacti onnetwork.org

#### **ADDRESS**

899 North Capitol Street NE, Suite 900 Washington, DC 20002

#### ORGANIZATION TYPE

Advocacy

#### **COUNTIES SERVED**

Activities Statewide

#### **DESCRIPTION**

Save the Children Action Network (SCAN) is the political voice for kids. They believe that every child deserves the best start in life.

SCAN is building bipartisan will and voter support to make sure every child in the U.S. has access to high-quality early learning and working to end preventable deaths for moms and kids around the world. By investing in kids and holding leaders accountable, they help kids from birth to age five survive and thrive.

#### **HOW TO HELP**

SCAN activists in Iowa post information and actions to their social media pages, staff booths at community events, meet with elected officials and even ask presidential candidates questions about how they would work to help children.

To learn more about an upcoming event or to volunteer, please contact E.J. Wallace at ewallace@savechildren.org.



# Second Reformed Church - Pella

#### **MEMBER INFORMATION**

#### CONTACT

#### Rev. Sophie Matthonet-VanderWe

info@2refpella.org 641-628-3982 www.2refpella.org

#### **ADDRESS**

612 Broadway Street Pella, IA 50219

#### ORGANIZATION TYPE

Faith Based, International, Community Based, Meal Site

#### **COUNTIES SERVED**

Marion

#### **DESCRIPTION**

Members and friends of Second Reformed Church in Pella put their faith into action in tangible ways building, feeding, and teaching, both in Iowa and around the world. Their efforts to end hunger locally include: hosting a daily free summer sack lunch program in Pella, monthly food drives for the Pella Food Shelf, working in a community garden which provides produce for the Pella Food Shelf, and administering FoodShare, a food distribution outreach in communities in rural southern Marion County.

Their efforts to end global hunger include: providing volunteers for meal packaging through Meals from the Heartland, volunteering with the Pella CROP WALK for Hunger to promote awareness for rural development in 3rd world countries as well as raising money for Church World Service and their efforts in those countries, and annual mission trips Cayma, Haiti to work with United Christians International.

#### **HOW TO HELP**

Those interested in exploring partnerships with or supporting the mission work of Second Reformed Church in Pella should contact them directly. One of the most important ways to help is by spreading the word about the free summer lunch programs and Saturday end-of-month free breakfasts to people throughout Marion County.



# Seed Programs International

#### **MEMBER INFORMATION**

#### CONTACT

#### Peter Marks

peter.marks@seedprograms. org 828-707-1640 www.seedprograms.org

#### **ADDRESS**

PO Box 9163 Asheville, NC 28815

#### **ORGANIZATION TYPE**

International, Garden Program

#### **COUNTIES SERVED**

Activities Statewide

#### DESCRIPTION

Seed Programs International provides vegetable seeds and agricultural expertise so that people facing hunger worldwide can grow some of the food they need. Since 1999, more than 15 million seed packets have helped transform people's lives from dependency on aid to self-sufficient producers for their families.

#### **HOW TO HELP**

With a modest donation, groups can sponsor an entire box of seed to reach a malnourished population somewhere in the world. One box grows 5 tons of food! Commercial vegetable seed producers in Iowa may be able to grow seed for the project. Individuals, groups, and vegetable producers should contact them for more information.

Participants in the Des Moines Area Hunger Hike support Seed Programs International as it has been one of the recipients of the funds raised by the Hike.



# Seed Savers Exchange

#### **MEMBER INFORMATION**

#### CONTACT

#### Steffen Mirsky

steffenmirsky@gmail.com 563-382-5990 www.seedsavers.org

#### **ADDRESS**

3094 North Winn Road Decorah, IA 52101

#### ORGANIZATION TYPE

Educational/School, Garden Program

#### **COUNTIES SERVED**

Winneshiek, Activities Statewide

#### **DESCRIPTION**

Seed Savers Exchange conserves and promotes America's culturally diverse but endangered garden and food crop heritage for future generations by collecting, growing, and sharing heirloom seeds and plants.

They fulfill their mission by:

- Maintaining thousands of varieties of different plant types—from amaranth to zucchini—in one of the largest seed banks of its kind in North America.
- Regenerating seed in isolation gardens and storing them in ideal conditions.
- Documenting valuable cultural information on varieties and their histories.
- Distributing heirloom varieties to members and the public through the Seed Savers Exchange Yearbook and the Seed Savers Exchange Catalog
- Storing varieties in back-up locations at the USDA Seed Bank in Fort Collins, CO and at Svalbard Global Seed Vault in Norway. These off-site deposits remain the property of SSE.
- Organizing educational programs at the Heritage Farm

Seed Savers Exchange periodically donates heirloom seeds to initiatives such as Cultivate Iowa that help alleviate hunger.

#### **HOW TO HELP**

lowans can support the work of Seed Savers Exchange through donations, volunteering, purchasing and growing heirloom seeds or by joining as members.

Groups and organizations can request a seed donation online, or contact them directly for more information, to host an educational speaker, or to explore opportunities for partnership.

# Sehgal Foundation



#### **MEMBER INFORMATION**

#### CONTACT

#### R. Jay Sehgal

jay.sehgal@smsfoundation. org 515-321-1709 www.smsfoundation.org

#### **ADDRESS**

100 Court Ave., STE 211 Des Moines, IA 50309

#### ORGANIZATION TYPE

International, Community Based

#### COUNTIES SERVED

Polk

#### **DESCRIPTION**

The mission of S M Sehgal Foundation is to strengthen community-led development initiatives to achieve positive social, economic, and environmental change across rural India. The founders, Suri and Edda Sehgal, established Sehgal Foundation in the United States in 1998 as a 501(c)(3) private nonprofit charity, and S M Sehgal Foundation in India a year later in 1999 as a public, charitable trust. Based in Gurugram, Haryana, S M Sehgal Foundation has benefited over 500,000 people from over 750 villages across 8 states. With support from its partners, the organization advances its mission by creating programs to address the most pressing issues—water scarcity, food scarcity, and social justice. Working in partnership with rural communities the programs are designed to manage water resources, increase agricultural productivity, and promote good rural governance to strengthen grassroots democracy, facilitate citizen participation, and promote gender equality and women's empowerment. All S M Sehgal Foundation program intersect in the initiative, "Transform Lives one school at a time," wherein the lives of schoolchildren are transformed by empowerment programs and infrastructure renewals that provide the tools for children of these farm families to have a more promising future.

#### **HOW TO HELP**

Sehgal Foundation's Transform Lives one school at a time initiative helps schoolchildren in India with access to life skills education and digital literacy. Iowans can join this initiative by sending contributions to Sehgal Foundation. All donations are matched 1:1 by Dr. Suri Sehgal and Mrs. Edda Sehgal.



# Self-Help International

#### **MEMBER INFORMATION**

#### CONTACT

#### **Nora Tobin**

nora@selfhelpinternation al.org 319-352-4040 www.selfhelpinternation

#### **ADDRESS**

207 20th ST NW, SUITE A Waverly, IA 50677

### ORGANIZATION TYPE International

#### COUNTIES SERVED

Bremer

#### DESCRIPTION

Self-Help International's mission is to alleviate hunger by helping people help themselves. Founded in Waverly, Iowa in 1959, Self-Help assists the rural poor, including small-scale farmers and women entrepreneurs, in developing countries to escape the cycle of poverty.

Self-Help's skill local staff helps families become self-reliant in meeting the needs of their families and communities through training, education, leadership development, resource mobilization, and other forms of assistance. Self-Help is not a relief organization - the focus is on development and sustainability to improve quality of life with dignity.

Self-Help's programs in Ghana, West Africa and Nicaragua, Central America focus on ending child malnutrition, improving agricultural practices, empowering women and girls, accessing clean water, and training youth.

#### **HOW TO HELP**

lowans can get involved with Self Help International through donations, by serving as an intern or skilled volunteer in lowa or overseas to build staff capacity and improve service delivery.

Another option to consider is to leave a bequest, a lasting gesture that will help to alleviate hunger and poverty among poor farmers overseas who work hard and struggle to improve quality of life with dignity.

Interested Iowans should contact the Self-Help office for more information at information@selfhelpinternational.org or 319-352-4040.



# Shenandoah High School

#### **MEMBER INFORMATION**

#### CONTACT

#### **Kelly Carey**

careyk@shenandoah.k12.ia.us 712-246-4727 www.shenandoah.k12.ia.us /high

#### **ADDRESS**

1000 Mustang Drive Shenandoah, IA 51601

#### ORGANIZATION TYPE

Educational/School

#### **COUNTIES SERVED**

Fremont, Page

#### **DESCRIPTION**

Students and educators at Shenandoah High School work to alleviate hunger through educational and service-learning projects.

#### **HOW TO HELP**

Students and educators at Shenandoah High School work to alleviate hunger through educational and service-learning projects.



# Shenandoah IA Growing Project

#### **MEMBER INFORMATION**

#### CONTACT

#### Lowell Baker

Incbaker@westianet.net

#### **ADDRESS**

Farragut, IA 51639

#### **ORGANIZATION TYPE**

Faith Based, International, Community Based

#### **COUNTIES SERVED**

Fremont

#### **DESCRIPTION**

As a Christian response to world hunger, Growing Hope Globally, formerly Foods Resource Bank (FRB), links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

Growing Hope engages volunteers to raise money through "Growing Projects" for between 50-60 overseas programs a year. All of the programs focus on developing smallholder agriculture, often in the most remote and poorest regions of the world. Growing Projects are the heart and soul of Growing Hope and have helped us reach over 1.6 million people since the first Growing Projects were created in 1999.

#### **HOW TO HELP**

lowans can support the work of Growing Hope by starting or joining a Growing Project in their community. A Growing Project is a group whose members work together to raise a crop or other commodity or hold fundraisers to help farmers overseas become self-sufficient. Growing Projects include revenue from field crops, cattle or dairy, pie auctions, pumpkin patches, Sunday school gardens, and more. Each member plays a unique role and contributes to the Growing Project in different ways by offering their time, talents or resources.

lowans are encouraged to directly contact coordinator Mr. Lowell Baker to become involved with the Shenandoah IA Growing Project.

For more information about starting or joining a Growing Project, Iowans should call 888-276-4372 or email Von Tarverdi at info@growinghopeglobally.org.



# Sibley IA Growing Project

#### **MEMBER INFORMATION**

#### CONTACT

#### Darrell Teerink

dteerink@hotmail.com www.growinghopeglobal ly.org

#### **ADDRESS**

Sibley, IA

#### **ORGANIZATION TYPE**

International, Community Based

**COUNTIES SERVED** 

#### **DESCRIPTION**

As a Christian response to world hunger, Growing Hope Globally, formerly Foods Resource Bank (FRB), links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

Growing Hope engages volunteers to raise money through "Growing Projects" for between 50-60 overseas programs a year. All of the programs focus on developing smallholder agriculture, often in the most remote and poorest regions of the world. Growing Projects are the heart and soul of Growing Hope and have helped us reach over 1.6 million people since the first Growing Projects were created in 1999.

#### **HOW TO HELP**

lowans can support the work of Growing Hope by starting or joining a Growing Project in their community. A Growing Project is a group whose members work together to raise a crop or other commodity or hold fundraisers to help farmers overseas become self-sufficient. Growing Projects include revenue from field crops, cattle or dairy, pie auctions, pumpkin patches, Sunday school gardens, and more. Each member plays a unique role and contributes to the Growing Project in different ways by offering their time, talents or resources.

lowans are encouraged to directly contact coordinator Mr. Darrell Teerink to become involved with the Sibley IA Growing Project.

For more information about starting or joining a Growing Project, Iowans should call 888-276-4372 or email Von Tarverdi at info@growinghopeglobally.org.



# Sibley-Ocheyedan Community School District

#### **MEMBER INFORMATION**

#### CONTACT

#### Kim Doeden

kdoeden@thegenerals.org 712-754-3636 www.thegenerals.org

#### **ADDRESS**

120 11th Ave NE Sibley, IA 51249

#### **ORGANIZATION TYPE**

Educational/School

#### **COUNTIES SERVED**

Osceola

#### DESCRIPTION

Students and educators at Sibley-Ocheyedan Community School District work to alleviate hunger through educational and service-learning projects.

Examples include the Backpack program, which provides food for children who might otherwise go hungry on weekends and holidays to take home with them, and the Sculpture Material Drive, in which Art Honor Society students collect and make a sculpture from non-perishable food items, which are donated to emergency food providers upon completion of the project.

#### **HOW TO HELP**

lowans are encouraged to contact Ms. Kim Doeden for more information and to explore opportunities to work together.



# Sieda Community Action

#### **MEMBER INFORMATION**

#### CONTACT

#### **Brian Dunn**

bdunn@sieda.org 641-682-8741 www.sieda.org

#### **ADDRESS**

PO Box 658, 226 West Main Street Ottumwa. IA 52501

#### ORGANIZATION TYPE

Community Based, Educational/School, Food Pantry

#### **COUNTIES SERVED**

Davis, Iowa, Jefferson, Keokuk, Lucas, Mahaska, Marion, Monroe, Van Buren, Wapello, Wayne, Appanoose

#### **DESCRIPTION**

Sieda Community Action provides range of programs designed to address the causes and conditions of poverty. These programs strengthen families and personal relationships, promote child development, remove barriers to overcoming poverty, and help individuals and families with basic needs. With the strong foundation Sieda provides, individuals are more likely to become self-reliant and contribute positively to their families and communities.

Sieda operates several child development, family support services, housing stabilization and behavioral health programs in the counties they serve.

The Child and Adult Care Food Program provides registered child care providers with nutrition education and reviews their monthly menus to assure that meals and snacks follow standard nutrition guidelines. Providers also plan nutrition activities for the children in their care, which helps prepare young children to make healthy food choices for the rest of their lives. Providers are provided with partial reimbursement for the cost of the meals and snacks as a result of participating in the program.

The Family Development and Self-Sufficiency Program (FaDSS) is a voluntary home visitation program that uses a strength-based approach to provide core services such as family support and goal setting. Family support is provided through referrals, linking families to community supports and advocacy. Participation in FaDSS is a voluntary option for people receiving Family Investment Program benefits.

#### **HOW TO HELP**

Charitable donations made to Sieda are always needed and accepted, and may have a tax benefit to the donor. Individuals and organizations may also contact Sieda through their online form to explore additional ways to become involved.



# Silos & Smokestacks National Heritage Area

#### MEMBER INFORMATION

#### CONTACT

#### **Candy Streed**

cstreed@silosandsmokes tacks.org 319-234-4567 www.silosandsmokestac ks.org

#### **ADDRESS**

Fowler Building, 604 Lafayette Street Suite 202 Waterloo, IA 50703

#### ORGANIZATION TYPE

Educational/School

#### **COUNTIES SERVED**

Visit Online Profile for Details

#### **DESCRIPTION**

Silos & Smokestacks National Heritage Area preserves and tells the story of American agriculture and its global significance through partnerships and activities that celebrate the land, people, and communities of the area. Through the development of a network of sites, programs and events in a 37 county region of Northeastern Iowa, Silos & Smokestacks' mission is to interpret farm life, agribusiness and rural communities - past and present.

Silos & Smokestacks offers a variety of opportunities for educators and youth. Ag-based lesson plans and primary resources are offered through their website CampSilos, professional continuing education credits are attainable through summer workshops and funding for field trips is distributed through the bus grant program. They also offer grant programs to help partner organizations in the region tell and preserve their stories of American Agriculture.

Silos & Smokestacks National Heritage Area is eager to partner with organizations that are fighting hunger in order to bring the stories of lowa's hunger fighters into area museums and draw attention to the relationships between history, agriculture, and the present day fight against hunger.

#### **HOW TO HELP**

Individuals and organizations should contact Silos & Smokestacks directly to explore opportunities to work together on issues of hunger. Anyone can find out more about Silos & Smokestacks current programs by signing up for their newsletter online.



# Sioux City CROP Hunger Walk

#### **MEMBER INFORMATION**

#### CONTACT

#### **Rolene Beauvais**

trb5052@cableone.net 712-574-9607

#### **ADDRESS**

Sioux City, IA

#### ORGANIZATION TYPE

Faith Based, International, Community Based

#### **COUNTIES SERVED**

Woodbury

#### **DESCRIPTION**

The Sioux City CROP Hunger Walk is a community-wide event sponsored by Church World Service and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

#### **HOW TO HELP**

Individuals and organizations can support the work of the Sioux City CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Rolene Beauvais at trb5052@cableone.net or Church World Service Congregational and Community Engagement Specialist Lenny Blue at Iblue@cwsglobal.org.



# Slater / Sheldahl Food Pantry

#### **MEMBER INFORMATION**

#### CONTACT

#### **Judy Whitney**

wwleader@huxcomm.net 515-228-3076

#### **ADDRESS**

506 Third Avenue Slater, IA 50244

#### ORGANIZATION TYPE

Food Pantry

#### COUNTIES SERVED

Story

#### **DESCRIPTION**

The Slater / Sheldahl Food Pantry provides food to hungry people with Slater and Sheldahl addresses each Tuesday from 10:00 am to 11:00 am and Wednesday night from 7:00 pm to 8:00 pm. They serve approximately 45 families and 145 people each month. Clients may come twice a month to get food. The only questions asked are for proof of address and that the Proof of Income provided by the Food Bank of Iowa is filled out.

#### **HOW TO HELP**

The pantry operates totally on donations from organizations such as Boy Scouts and United Way of Story County and from the local churches and citizens. Call or email them to find out more information about how to become involved.



## Snacks In A Sack

#### **MEMBER INFORMATION**

#### CONTACT

#### **Nancy Dewes**

nldewes@gmail.com 515-975-4609

#### **ADDRESS**

406 Cass Street Keosauqua, IA 52565

#### ORGANIZATION TYPE

Community Based, Educational/School

#### **COUNTIES SERVED**

Van Buren

#### **DESCRIPTION**

Snacks In A Sack provides nonperishable nutritious foods for elementary school age children in low income families 2 weekends a month. Currently they provide about 450 bags of food are sent home each month. We have over 215 children in Preschool through grade 6 participating in this county-wide program. The program services children at Van Buren Elementary and at Harmony Elementary.

#### **HOW TO HELP**

lowans can support the work of Snacks In A Sack through monetary donations. Call them at 515-975-4609 for more information.



# Society of St. Vincent de Paul of Cedar Rapids

#### **MEMBER INFORMATION**

#### CONTACT

#### Kyle Flynn

kyle.crsvdp@gmail.com 319-365-5091 www.crsvdp.org

#### **ADDRESS**

928 7th St SE Cedar Rapids, IA 52401

#### ORGANIZATION TYPE

Faith Based, Community Based, Food Pantry

#### **COUNTIES SERVED**

Linn

#### **DESCRIPTION**

The Society St. Vincent de Paul of Cedar Rapids distributes free bakery and grocery products Tuesday through Saturday. Food boxes are also distributed to families and individuals in need Tuesday thru Saturday (9 am to 12 noon) - Closed on Monday.

#### **HOW TO HELP**

lowans can support St. Vincent de Paul through donations of cash or in-kind (food can be bought through local food reservoirs for much less than at grocery stores), or by volunteering. Volunteers work in their food pantry (Tuesday-Saturday, 9am-2pm), picking up bakery products from local grocery stores to deliver to St. Vincent de Paul, and shopping for grocery items on their behalf.



# Society of St. Vincent De Paul of Des Moines

#### MEMBER INFORMATION

#### CONTACT

#### Dieudonne Nsabishaka

socialservices@svdpdsm.org 515-282-8328 www.svdpdsm.org

#### **ADDRESS**

1426 6th Avenue Des Moines, IA 50314

#### **ORGANIZATION TYPE**

Faith Based, Community Based, Food Pantry

#### COUNTIES SERVED

Polk

#### **DESCRIPTION**

The Society of St. Vincent De Paul is a catholic lay organization that leads women and men to join together to grow spiritually by offering person-to-person service to those who are needy and suffering. The Society of St. Vincent De Paul runs five services in Des Moines: a food pantry, a clothing pantry, a furniture service, financial assistance for rent and utilities, and life-skill and literacy building through their education center.

#### **HOW TO HELP**

lowans can support the work of the Society of St. Vincent De Paul through volunteering in a seasonal, hourly, or as-needed capacity or through monetary donations. Interested individuals should contact 515-282-8328 for more information.



# Society of St. Vincent de Paul of Waterloo

#### MEMBER INFORMATION

#### CONTACT

#### Patrick Russo

319-232-3366 www.facebook.com/SVD PWaterloo

#### **ADDRESS**

320 Broadway Waterloo, IA 50703

#### **ORGANIZATION TYPE**

Faith Based, Food Pantry

#### **COUNTIES SERVED**

Black Hawk

#### **DESCRIPTION**

The Society of St Vincent de Paul (SVDP) in Waterloo is made up of volunteers whose work includes providing emergency 3-5 day supplies of nonperishable food items to those in need. In the last year alone the volunteers of SVDP provided over \$156,000 in direct financial aid to keep families in their homes with the lights on, distributed over \$125,000 in clothing, furniture and household necessities and distributed 175,000 food items to those in need locally. All of their services are provided at no cost to the client.

#### **HOW TO HELP**

lowans can help by donating nonperishable food items or funds to the work of the St. Vincent de Paul volunteers. Call them for more information about donating and volunteering with SVDP.



### South Suburban YMCA

#### **MEMBER INFORMATION**

#### CONTACT

#### Mallory Osen

Mallory.Osen@dmymca.org 515-285-0444 www.dmymca.org

#### **ADDRESS**

401 East Army Post Road Des Moines, IA 50315

#### ORGANIZATION TYPE

Community Based, Educational/School, Garden Program

#### **COUNTIES SERVED**

Polk

#### **DESCRIPTION**

A member of the YMCA of Greater Des Moines, the South Suburban YMCA is a leading nonprofit committed to strengthening community through youth development, healthy living and social responsibility.

As part of this mission, South Suburban YMCA has a Community Garden and Community Orchard with 25+ fruit trees and 2 raised bed gardens on their property. It's a Community Space to "Meet, Eat, and Learn". All produce is free to the community. For more information, please visit their website and check out the YMCA Community Garden Rules and FAQ.

#### **HOW TO HELP**

Individuals can support the mission of the YMCA of Greater Des Moines by joining the Y, through financial donations, or as volunteers. Individuals and organizations with a specific interest in the South Suburban YMCA and its Community Space are encouraged to contact Mallory Osen for more information and to get involved.



### Southeast Iowa Food Hub

#### **MEMBER INFORMATION**

#### CONTACT

#### **Barbara Stone**

barbara@seiowafoodhub .com 641-919-0307 seiowafoodhub.com/

#### **ADDRESS**

505 N 4th Street, Suite 200 Fairfield, IA 52556

#### **ORGANIZATION TYPE**

Advocacy, Community Based

#### **COUNTIES SERVED**

Davis, Des Moines, Henry, Jefferson, Lee, Louisa, Mahaska, Monroe, Van Buren, Wapello, Washington, Appanoose

#### **DESCRIPTION**

The Southeast Iowa Food Hub works to establish and cultivate a sustainable food network of local farmers and consumers who share a common commitment to healthy farms, healthy communities, and healthy people – physically, socially, and economically.

Their activities include:

- Increasing food production by educating and recruiting new producers
- Coordinating production to meet the demands of local markets
- Developing local processing, distribution and marketing channels
- Educating consumers regarding the benefits of healthy local food
- Building strategic partnerships/collaborations among stakeholders
- Coordinating community events tasting events, tours of farms, celebrations
- Providing fresh local food donations to schools and local charitable organizations whenever possible.

#### **HOW TO HELP**

Individuals can support the mission of Southeast Iowa Food Hub by supporting local producers, attending events, and through donations. Please contact them directly to learn more about their activities or to explore a partnership.



# Southeast Polk High School

#### **MEMBER INFORMATION**

#### CONTACT

#### Matthew Eddy

matthew.eddy@southea stpolk.org 515-967-6631 www.southeastpolk.org

#### **ADDRESS**

7945 NE University Avenue Pleasant Hill, IA 50327

#### ORGANIZATION TYPE

Educational/School

#### COUNTIES SERVED

Polk

#### DESCRIPTION

Students and educators at Southeast Polk High School work to alleviate hunger through educational and service-learning projects.

For example, in 2014 students packaged 25,000 meals in partnership with the Outreach Program, and have received an award for their fundraising efforts on behalf of the annual Combat Hunger Food Drive to support the Food Bank of Iowa. Additionally, students raise lettuce that is served in the school cafeteria in an aquaponic system utilizing Barramundi fish. Fresh produce and protein is the goal of their RAM: Farm to Fork project.

#### **HOW TO HELP**

lowans are encouraged to contact Mr. Matthew Eddy for more information and to explore opportunities to work together.



# Southwest Circle Community Cafe

#### **MEMBER INFORMATION**

#### CONTACT

#### Jodie

#### **Tietsort-McGuire**

southwestcirclecafe@gmail. com 515-302-1239 facebook.com/southwest circlecafe

#### **ADDRESS**

1004 Central Fort Dodge, IA 50501

#### ORGANIZATION TYPE

Meal Site

#### **COUNTIES SERVED**

Webster

#### DESCRIPTION

Southwest Circle Community Cafe is a nonprofit pay-as-you-cafe coming to Fort Dodge. They provide a healthy meal for those who can and those who can not afford it. By allowing people to volunteer in exchange for a meal they are a hand up rather than a hand out. This allows people to hold up their pride.

Southwest Circle Community Cafe is the first One World Everybody Eats Cafe in Iowa. There are over 50 in the US including Jon BonJovi's and Panera Bread's Panera Cares Cafes. Their mission statement is: Impacting and solving hunger insecurity, transforming lives, building and celebrating community.

#### **HOW TO HELP**

Southwest Circle Community Cafe is in the start-up phase. They have obtained a site, 'gutted' it, and prepared it for remodeling. Due to being in the start-up phase any type of support would be great.



# Spencer Feed Our Children Initiative

#### **MEMBER INFORMATION**

#### CONTACT

#### Sarah Kerns

sarahmariekerns@gmail. com 712-262-3016 www.facebook.com/Feed OurChildrenSpencer

#### **ADDRESS**

905 10th Avenue, SE Spencer, IA 51301

#### **ORGANIZATION TYPE**

Faith Based, Community Based, Educational/School

#### COUNTIES SERVED

Clay

#### DESCRIPTION

Feed Our Children is a meal program that supplies food to approximately 175 children in Spencer who are at risk of weekend hunger.

When they get nourishment, children are healthier, they have better focus and study habits and are less likely to miss class.

Each child in the program receives a bag at school every Friday with enough food for 4 meals and 2 snacks to help nourish them over the weekend. Children are identified for the program by their school guidance counselor or nurse, who also distributes a plastic bag containing the food individually to each child to ensure confidentiality.

#### **HOW TO HELP**

The Feed Our Children initiative is entirely funded and supported by donations and volunteers from the community. Checks should have "FOC" on the memo line and can be mailed to Living Word at 905 10th Avenue, SE / Spencer, IA 51301.

Volunteers are needed to help assemble food bags on Wednesday evenings and to deliver the food to schools on Friday mornings. Opportunities are available for both individuals and groups to volunteer.

Anyone with an interest in becoming involved should learn more on their Facebook page or by contacting the organizers directly at sarahmariekerns@gmail.com or 712-262-3016.



# Spencer Seventh Day Adventist Church

#### MEMBER INFORMATION

### CONTACT Joan Schwarz

spenceriowasda@gmail.com 712-262-5766 spencer24.adventistchurc hconnect.org

#### **ADDRESS**

1910 10th Avenue E Spencer, IA 51301

#### ORGANIZATION TYPE

Faith Based, Food Pantry

#### COUNTIES SERVED

Clay

#### **DESCRIPTION**

The Spencer Seventh Day Adventist Church runs a mobile food pantry site as part of its ministry.

#### **HOW TO HELP**

lowans are encouraged to contact the Spencer Seventh Day Adventist Church at spencersda@gmail.com or Joan Schwarz at joanschwarz@hotmail.com for more information about their ministries and to explore ways to become involved.



# Spirit Lake High School Kiwanis Key Club

#### MEMBER INFORMATION

#### CONTACT

#### Lisa Duffy

bholman@spirit-lake.k12.ia.us 712-336-3707

#### **ADDRESS**

2701 Hill Avenue Spirit Lake, IA 51360

#### **ORGANIZATION TYPE**

Community Based, Educational/School

#### **COUNTIES SERVED**

Dickinson

#### **DESCRIPTION**

Students involved in the Spirit Lake High School Kiwanis Key Club participate in stuffing weekend food backpacks for younger students and in the food packaging program "Food for Kidz". They additionally partner with their local food pantry, Upper Des Moines Food Pantry, to hold food drives.

#### **HOW TO HELP**

lowans who are interested in learning more or would be interested in collaboration should contact Ms. Lisa Duffy.



# Sprigs 'n Sprouts

#### **MEMBER INFORMATION**

#### CONTACT

#### Rebecca Helland

info@sprigsnsprouts.org 641-621-1160 www.sprigsnsprouts.org

#### **ADDRESS**

506 Lincoln Street Pella, IA 50219

#### ORGANIZATION TYPE

Faith Based, International, Community Based, Garden Program

#### **COUNTIES SERVED**

Marion

#### **DESCRIPTION**

Sprigs 'n Sprouts provides hundreds of pounds of local, organically grown produce to the Pella Food Shelf. They are a 50 member CSA as well as a registered nonprofit organization. Their ministry is to fund a short-term house building mission project in Baja, Mexico as well as live out local missions by serving patrons of the local food shelf.

#### **HOW TO HELP**

lowans can support their work by purchasing a CSA share, volunteering in a number of different ways, or making a financial donation.



# St. Augustin School

#### **MEMBER INFORMATION**

#### CONTACT

#### Karen Nank

knank@staugustinschool. org 515-279-5947 www.staugustinschool.org

#### **ADDRESS**

4320 Grand Avenue Des Moines, IA 50312

#### **ORGANIZATION TYPE**

Faith Based, Educational/School

#### **COUNTIES SERVED**

Polk

#### **DESCRIPTION**

Students and educators at St. Augustin School work to alleviate hunger through educational and service-learning projects. For example, students have packaged meals for the hungry at the 2013 and 2014 Iowa Hunger Fights, and the 7th grade class raised money for Mary's Meals in 2014.

#### **HOW TO HELP**

lowans are encouraged to contact Mrs. Karen Nank or Mrs. Therese Drey for more information and to explore opportunities to work together.



# St. John's Conference of St. Vincent DePaul

#### MEMBER INFORMATION

#### CONTACT

#### **Craig Fenton**

SVDPBurl@outlook.com 319-752-9332

#### **ADDRESS**

700 Division Burlington, IA 52601

#### **ORGANIZATION TYPE**

Faith Based, Community Based, Food Pantry

#### **COUNTIES SERVED**

Des Moines

#### **DESCRIPTION**

The St. John's Conference of St. Vincent DePaul is a catholic lay organization that leads women and men to join together to grow spiritually by offering person-to-person service to those who are needy and suffering.

They offer a food pantry for low income individuals that is open Monday - Friday from 1 PM - 3 PM. This is located in the basement of St. John the Baptist Catholic Church.

#### **HOW TO HELP**

Individuals and organizations can support the work of the St. John's Conference of St. Vincent DePaul through donations of food, money, gift cards etc. to help them provide for a balanced diet for their clients. For more information or to provide support, please contact them at 319-752-9332 or SVDPBurl@outlook.com.



# St. Paul Lutheran Church (Winterset)

#### **MEMBER INFORMATION**

#### CONTACT

#### Rev. Joel Nau

stpaullutheranchurch@hot mail.com 515-462-4270 stpaullutheranchurch.net

#### **ADDRESS**

1120 N. 8th Ave. Winterset, IA 50273

#### **ORGANIZATION TYPE**

Faith Based, International, Community Based

#### **COUNTIES SERVED**

Madison

#### DESCRIPTION

St. Paul Lutheran Church has the mission: "Responding to God's grace in Christ, we welcome all people, prepare disciples, and live faithfully, through worship, spiritual growth, and action."

A member of the ELCA (Evangelical Lutheran Church in America), St. Paul Lutheran Church lives out its mission through a variety of partners. These include collaborations with ELCA World Hunger, Lutheran Services in Iowa, Meals from the Heartland, and Church World Service.

St. Paul Lutheran supports the Matura Multi-Purpose Center, that offers a food bank and other assistance to individuals and families in need, with a monthly donation of non-perishable grocery items and frequent donations from the Trust Fund.

Members of the St. Paul congregation also travel annually with Hearts in Motion, an international assistance organization that provides labor and resources to Guatemala.

#### **HOW TO HELP**

Individuals and organizations are encouraged to contact the church office to learn more or explore opportunities to partner with St. Paul Lutheran Church.



# St. Paul Presbyterian Church -Johnston

#### MEMBER INFORMATION

#### CONTACT

#### Rev. Bill O'Connell

pastor.stpaulpres@gmail. com 515-276-2818 www.stpaul-johnston.com

#### **ADDRESS**

6426 Merle Hay Road Johnston, IA 50131

#### **ORGANIZATION TYPE**

Faith Based, Community Based, Garden Program

#### **COUNTIES SERVED**

Polk

#### DESCRIPTION

St. Paul Presbyterian Church glorifies God by making disciples who connect in community, grow in faith and serve in joy. Their missions include the St. Paul Food Pantry garden which annually provides hundreds of pounds of fresh and nutritional produce to low income families and seniors at the Johnston Food Pantry. In addition to the garden, St. Paul Presbyterian partners with the Johnston Partnership to alleviate hunger through community activities and food drives.

#### **HOW TO HELP**

lowans are encouraged to contact Val Nichols or Annie Temple for more information about how to help with the St. Paul Food Pantry garden, or to contact the church office for information about the church and its missions.



### St. Pius X Catholic Church

#### **MEMBER INFORMATION**

#### CONTACT

#### **Bonnie Reed**

vferin@saintpiuschurch.org 515-276-2059 www.stpiushome.org

#### **ADDRESS**

3663 66th St. Urbandale, IA 50322

#### ORGANIZATION TYPE

Faith Based

#### **COUNTIES SERVED**

Polk

#### DESCRIPTION

St. Paul Presbyterian Church glorifies God by making disciples who connect in community, grow in faith and serve in joy. Their missions include the St. Paul Food Pantry garden which annually provides hundreds of pounds of fresh and nutritional produce to low income families and seniors at the Johnston Food Pantry. In addition to the garden, St. Paul Presbyterian partners with the Johnston Partnership to alleviate hunger through community activities and food drives.

#### **HOW TO HELP**

lowans are encouraged to contact Val Nichols or Annie Temple for more information about how to help with the St. Paul Food Pantry garden, or to contact the church office for information about the church and its missions.



# St. Stephen's Food Bank

#### MEMBER INFORMATION

#### CONTACT

#### **Kathy Hutton**

khutton@riverbendfoodbank.org 563-557-7474 riverbendfoodbank.org/sts tephens

#### **ADDRESS**

3135 Cedar Crest Ridge Dubuque, IA 52003

#### ORGANIZATION TYPE

Food Bank

#### **COUNTIES SERVED**

Dubuque, Jackson

#### DESCRIPTION

St. Stephen's Food Bank was established in 1982. Located in the back of the Dubuque Rescue Mission, 25,000 pounds of food was distributed to 12 agencies that first year. In 2006, St. Stephen's purchased a warehouse in Dubuque, lowa that is its current location.

In 2018, the St. Stephen's Food Bank Board of Directors decided to merge with River Bend Foodbank after 30 years of partnership. St. Stephen's Food Bank is now a branch of River Bend Foodbank, where the commitment to feed the hungry in Dubuque and Jackson Counties, and close the meal gap, will continue to grow.

Last year, St. Stephen's Food Bank distributed 1,511,407 meals of nutritious high-quality food in Dubuque and Jackson Counties.

#### **HOW TO HELP**

lowans can support the activities of St. Stephen's Food Bank through organizing Funds and Food drives, volunteering to sort food or assist at Mobile Food Pantries, and providing monetary support. People who are interested in volunteering should call 563-557-7474. People who are interested in providing monetary support can do so by mail or online (please designate in the subject line the donation is for St. Stephen's).



### St. Theresa Catholic School

#### **MEMBER INFORMATION**

#### CONTACT

#### Ellen Stemler

estemler@sainttheresaiowa. org 515-277-0178 sainttheresaiowa.org/school

#### **ADDRESS**

5810 Cara Carpenter Ave Des Moines, IA 50311

#### ORGANIZATION TYPE

Faith Based, Educational/School

#### **COUNTIES SERVED**

Polk

#### DESCRIPTION

Students and educators at St. Theresa Catholic School work to alleviate hunger through educational and service-learning projects.

Students and teachers work together as a grade level, as a class, and individually to serve their school, parish, and community. Saint Theresa students provide over 3000 hours of service each year.

The school devotes an entire week annually to Social Justice. For example, middle school students packaged meals for the hungry at the 2015 lowa Hunger Fight, and in 2012, the students raised over \$17,000 to build a kitchen with Mary's Meals that feeds over 500 students in Malawi.

#### **HOW TO HELP**

Iowans are encouraged to contact Principal Ellen Stemler or Ms. Jane Ann Becicka for more information and to explore opportunities to work together.



# St. Thomas Episcopal Church Food Pantry

#### MEMBER INFORMATION

#### CONTACT

#### Jannette Domayer

stthomassc@gmail.com 712-258-0141

#### **ADDRESS**

1200 Douglas Street Sioux City, IA 51105

### ORGANIZATION TYPE Faith Based, Food Pantry

**COUNTIES SERVED** 

Woodbury

#### DESCRIPTION

The St. Thomas Food Pantry, located in the lower level of St. Thomas Episcopal Church, 1200 Douglas Street, Sioux City, has operated for nearly 18 years. The pantry is located in the midst of two urban renewal areas, Rose Hill and Jones Street, among the most culturally diverse and economically challenged neighborhoods in Sioux City.

The pantry is open on Mondays and Wednesdays from 10:00 a.m. to Noon or until 30 families have been served each day. Clients may come once every 30 days.

In 2018, the pantry served 2,769 families, representing 13,776 individuals. St. Thomas purchased 98,513 pounds of food from the Food Bank of Siouxland in 2018—nearly 50 tons of food. Grants and donations are supplemented by the operating budget of the church.

The pantry's format is a modified shopping model. Each client receives a standard selection of groceries, but can also choose his or her own fresh produce, bread and baked goods. The pantry tries to make a small quantity of toiletries available.

#### **HOW TO HELP**

The food pantry comes together through the efforts of many people. The food is picked up from the Food Bank warehouse on Fridays, and is then unloaded to stock the shelves. Four or five people distribute food each day that the food pantry is open. A group of people take turns picking up day-old bread from a grocery store on Saturdays.

Anyone who is interested in any aspect of the pantry is encouraged to talk with any pantry worker, or come and visit when it is open. The church office phone number is 712-258-0141.



# St. Timothy Lutheran Church -Hudson

#### **MEMBER INFORMATION**

#### CONTACT

#### Pastor Beth Olson

pastor@sttimothyhudson. org 319-988-3571 www.sttimothyhudson.org

#### **ADDRESS**

1 Thelma Street Hudson, IA 50643

#### **ORGANIZATION TYPE**

Faith Based, Community Based

#### **COUNTIES SERVED**

Black Hawk

#### **DESCRIPTION**

St. Timothy Lutheran Church has many active hunger ministries, including: monthly food collections, monthly volunteering at the Northeast Iowa Food Bank, yearly financial support of the local Foods Resource Bank Growing Project, and yearly financial support of the ELCA World Hunger program. In addition, their youth serve occasionally at the Salvation Army Meal Site.

#### **HOW TO HELP**

Individuals and organizations should contact St. Timothy directly to explore opportunities to join in their hunger ministries.



# Storm Lake Public Safety Department

#### MEMBER INFORMATION

#### CONTACT

#### Mark Prosser

prosser@stormlake.org 712-732-8010 www.stormlake.org/174/P ublic-Safety

#### **ADDRESS**

401 E Milwaukee Avenue Storm Lake, IA 50588

#### **ORGANIZATION TYPE**

Government Agency

#### **COUNTIES SERVED**

Buena Vista

#### DESCRIPTION

The Storm Lake Public Safety Department is an umbrella organization that brings together animal control, emergency management, fire department, park ranger, and police department services to ensure the safety and wellbeing of area residents.

Their Neighborhood Outreach Program provides direct one on one access to City staff for residents in the community. During the events City staff set up a temporary office in selected neighborhoods for a couple of hours where residents of that neighborhood can stop by and talk about issues within their neighborhood.

Their Coffee With a Cop program provides opportunities for citizens and visitors to meet with Storm Lake Police Officers with informal conversations and meetings at local establishments.

Other outreach programs include Focus Groups, National Night Out, DARE / Officer Friendly, the Chief's Advisory Committee, and more.

#### **HOW TO HELP**

Area residents are encouraged to contact the Storm Lake Public Safety Department at 712-732-8010 for more information about their programs and services or to bring questions and concerns to their attention.



# Strawberry Point IA Seeds of Hope GP

#### MEMBER INFORMATION

#### CONTACT

#### Tom Hanson

tom@hansonlawia.com

#### **ADDRESS**

Manchester, IA 52057

#### **ORGANIZATION TYPE**

Faith Based, International, Community Based

#### **COUNTIES SERVED**

Clayton

#### **DESCRIPTION**

As a Christian response to world hunger, Growing Hope Globally, formerly Foods Resource Bank (FRB), links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

Growing Hope engages volunteers to raise money through "Growing Projects" for between 50-60 overseas programs a year. All of the programs focus on developing smallholder agriculture, often in the most remote and poorest regions of the world. Growing Projects are the heart and soul of Growing Hope and have helped us reach over 1.6 million people since the first Growing Projects were created in 1999.

#### **HOW TO HELP**

lowans can support the work of Growing Hope by starting or joining a Growing Project in their community. A Growing Project is a group whose members work together to raise a crop or other commodity or hold fundraisers to help farmers overseas become self-sufficient. Growing Projects include revenue from field crops, cattle or dairy, pie auctions, pumpkin patches, Sunday school gardens, and more. Each member plays a unique role and contributes to the Growing Project in different ways by offering their time, talents or resources.

lowans are encouraged to directly contact coordinator Mr. Tom Hanson, to become involved with the Strawberry Point IA Seed of Hope GP.

For more information about starting or joining a Growing Project, Iowans should call 888-276-4372 or email Von Tarverdi at info@growinghopeglobally.org.



# Sumpter Pharmacy and Wellness

#### **MEMBER INFORMATION**

#### CONTACT

#### Michelle Jenkins

tsumpter@medibug.net 515-993-1119 sumpterpharmacy.com/

#### **ADDRESS**

628 Nile Kinnick Drive, Suite 1 Adel, IA 50003

#### ORGANIZATION TYPE

Corporate

#### **COUNTIES SERVED**

Dallas

#### **DESCRIPTION**

Sumpter Pharmacy and Wellness provides quality pharmacy care through prompt prescriptions and medications along with personal care and attention for their customers. Since 2003, Sumpter Pharmacy has been owned and managed locally by Adel residents Dr. Toni and Dan Sumpter.

Sumpter Pharmacy and Wellness serves their community, including through their recent sponsorship of the Dallas County Hunger Dialogue, at which 2,600 meals were packaged for Dallas County families.

#### **HOW TO HELP**

Contact Sumpter Pharmacy and Wellness directly for more information about their work or to explore opportunities to partner.



### Table to Table

#### **MEMBER INFORMATION**

#### CONTACT

#### Nicki Ross

mail@table2table.org 319-337-3400 www.table2table.org

#### **ADDRESS**

840 S. Capitol St Iowa City, IA 52245

#### ORGANIZATION TYPE

Community Based

#### **COUNTIES SERVED**

Johnson

#### DESCRIPTION

Table to Table builds vital connections between abundance and hunger in Johnson County. We do it by transporting wholesome food that would otherwise go to waste to community agencies who feed those in need. In 2018, Table to Table distributed over 2 million pounds of donated food, serving 19,000 people through their extensive community partnerships.

Table to Table efficiently keeps food out of the waste stream, minimizes food insecurity for individuals and families, and mitigates the cost of providing nutritious food for 40 social service agencies in Johnson County. In addition to their distribution efforts, Table to Table supports food rescue initiatives across the Midwest, sharing their unique volunteer and route-based food rescue model.

#### **HOW TO HELP**

Table to Table is always welcoming more people to our volunteer team. Become one of our next food rescue volunteers and help collect food from donors and distribute it to agencies that serve the hungry, homeless, and at-risk populations. We also have opportunities to volunteer with us in our office and shop. E-mail us at volunteer@table2table.org to get involved.



### Tai Studies Center

#### **MEMBER INFORMATION**

#### CONTACT

#### Siang Bacthi

Taistudiescenter@aol.co m 515-274-6123 taistudiescenter.org

#### **ADDRESS**

715 44th Street, Suite C Des Moines, IA 50312

#### ORGANIZATION TYPE

International, Advocacy, Educational/School

#### **COUNTIES SERVED**

Polk

#### DESCRIPTION

The Tai Studies Center was founded in January of 1984 by a group of Tai Dam refugees and some of their American friends.

The purpose of the TSC is to research and publish Tai history and literature, to preserve and promote Tai culture, to support students in higher education, to promote the common welfare and well being of Tai people, and to promote intercultural understanding and cooperation in the community at large.

Their projects include the Tai Village cultural center in Des Moines, facilitating cultural exchanges and advocacy in solidarity with Tai Dam communities in Iowa and Vietnam.

#### **HOW TO HELP**

lowans are encouraged to contact the Tai Studies Center for more information about their work and how to become involved.



### Technochem International Inc.

#### **MEMBER INFORMATION**

#### CONTACT

#### Dr. Sanjeev Agarwal

agarwal@technocheminc.com 515-432-4041 www.technocheminc.com

#### **ADDRESS**

967 Quartz Ave. Boone, IA 50036

#### ORGANIZATION TYPE

International, Corporate

#### **COUNTIES SERVED**

Boone

#### **DESCRIPTION**

Technochem International Inc manufactures a Mini-Extruder which can process soybeans for producing soy oil and soy meal. The soy oil and meal are both fit for human consumption, and can support a balanced diet that can address malnutrition and hunger. The equipment is miniaturized to a level where distributed village level processing is economically feasible. This allows remote villages to produce their own soybeans and process them for their local consumption. Technochem's approach to hunger alleviation is through placement of such machines in villages to empower them to grow soybeans and process them for their own consumption.

#### **HOW TO HELP**

Individuals and organizations are needed to help promote the project. Interested lowans should contact Technochem International to explore promotional opportunities further.



## Temple B'nai Jeshurun

#### **MEMBER INFORMATION**

#### CONTACT

#### Rabbi David Kaufman

515-274-4679 www.templebnaijeshuru n.org

#### **ADDRESS**

5101 Grand Avenue Des Moines, IA 50312

#### ORGANIZATION TYPE

Faith Based

#### **COUNTIES SERVED**

Polk

#### **DESCRIPTION**

Temple B'nai Jeshurun is a welcoming Reform Jewish congregation, committed to spirituality, a Jewish family life, Jewish education, and diversity. Their growing membership's investment in youth, participation in Temple life, Jewish traditions, and Tikkun Olam secures a vibrant future for the community.

Their Tikkun Olam includes participation in the Des Moines Area Hunger Hike. They also regularly cook and serve meals at Central Iowa Shelter and Services, participate in DMARC's Red Barrel Program, and collect food for the hungry throughout the year.

#### **HOW TO HELP**

lowans should contact the Temple directly to explore opportunities to work together or become involved.



# The Bridge of Storm Lake

#### **MEMBER INFORMATION**

#### CONTACT

#### Jay Dahlhauser

jay@thebridgeofstormlake.com 712-213-0195 thebridgeofstormlake.com/

#### **ADDRESS**

529 Seneca Street Storm Lake, IA 50588

#### **ORGANIZATION TYPE**

Faith Based, Community Based, Educational/School, Garden Program

#### **COUNTIES SERVED**

Buena Vista

#### DESCRIPTION

The Bridge of Storm Lake strives to care and advocate for Storm Lake youth in vulnerable places of life by meeting them where they are, building a supportive community there, and providing training toward a more hope-filled future.

Neighborhood Centers, a community based ministry that works directly with neighborhoods in Storm Lake to build relationships with the people they serve.

The Garden Training Program, which provides youth and adults with an enriching, practical means of building skills and gaining competency. Community members and youth maintain and harvest the garden while learning agricultural basics, how to market and prepare the produce for consumption and building teamwork skills. Through this program a 12-week CSA membership is available where members can pick up a box of fresh, local, and chemical-free vegetables each week

The Endless Sea Coffee Roasting Program develops vision and practical skills in young people for future job opportunities, and it provides the community with high-quality, fresh, and locally-roasted coffee beans. Endless Sea Coffee is roasted fresh at The Bridge of Storm Lake as a training opportunity for youth.

Youth Programs that encourage academic, personal, and spiritual growth. Through these programs meals, after-school activities, bible studies, and summer camps are provided to area kids. Each summer, The Bridge helps prevent summer learning loss through educational programs, time working in the garden and in coffee-roasting, taking trips together, participating in the daily free lunch program through the Storm Lake Community School District, and spending time together in the neighborhoods.

#### **HOW TO HELP**

Concerned individuals can support the mission of The Bridge of Storm Lake through donations, updates, and volunteerism. Volunteer orientations take as needed. Volunteers are requested to register first for an orientation by emailing volunteer@thebridgeofstormlake.com.



### The Connection Cafe

#### **MEMBER INFORMATION**

#### CONTACT

#### **Rob Hoover**

theconnectioncafe@hot mail.com 515-771-1481 www.theconnectioncafe. org

#### **ADDRESS**

600 6th Avenue Des Moines, IA 50309

#### ORGANIZATION TYPE

Faith Based, Meal Site

#### COUNTIES SERVED

Polk

#### **DESCRIPTION**

The Connection Cafe serves lunch five days a week to homeless and low income individuals and families through their serving site located at 701 Grand Avenue in downtown Des Moines. Under the direction of a paid coordinator, volunteers from more than 30 churches, schools and civic groups donate and serve an average of 146 meals to 114 people on Monday, Tuesday, Wednesday, Friday and Saturday. The Connection Cafe is a program created by The Bridge, a collaboration of four downtown Des Moines churches as part of their mission to minister to the poor.

#### **HOW TO HELP**

The Connection Cafe serves lunch five days a week to homeless and low income individuals and families through their serving site located at 701 Grand Avenue in downtown Des Moines. Under the direction of a paid coordinator, volunteers from more than 30 churches, schools and civic groups donate and serve an average of 146 meals to 114 people on Monday, Tuesday, Wednesday, Friday and Saturday. The Connection Cafe is a program created by The Bridge, a collaboration of four downtown Des Moines churches as part of their mission to minister to the poor.



### The Crisis Center

#### MEMBER INFORMATION

#### CONTACT

#### Sarah Benson Witry

sarah.witry@jccrisiscenter.org 319-351-0128 www.jccrisiscenter.org

#### **ADDRESS**

1121 Gilbert Ct. Iowa City, IA 52240

#### **ORGANIZATION TYPE**

Community Based, Food Pantry, Housing Assistance / Shelter

#### COUNTIES SERVED

Johnson

#### **DESCRIPTION**

The Crisis Center of Johnson County provides supplemental grocery assistance to any Johnson County resident in need. Clients can come up to once per week and can choose the foods that work best for their family. Options include non-perishable foods as well as produce, dairy, frozen, meat; availability is based on donations. Also available are baby diapers, baby formula and hygiene products. Service hours are MWF 12:00 - 4:30 PM, T 12:00-7:00 PM and Th 9:30 AM - 4:30 PM. The Crisis Center also operates a Mobile Food Pantry which visits a variety of locations in Johnson County each month. For details on locations, dates, and hours, please visit www.jccrisiscenter.org/mobile-food-pantry.

In addition to the food pantry, The Crisis Center of Johnson County also provides a variety of programs for mental-health, emergency assistance, and disaster recovery.

#### **HOW TO HELP**

The Crisis Center of Johnson County accepts monetary donations as well as in-kind donations of food, garden produce, baby food and diapers, paper products and other hygiene products. Donation hours are MWThF 8:30 AM to 5:00 PM and T 8:30 AM to 7:00 PM. Services are provided by volunteers and there are many opportunities to get involved throughout the year. For more information, visit www.jccrisiscenter.org.



### The Harkin Institute

#### **MEMBER INFORMATION**

#### CONTACT

#### Dr. Lyndi Buckingham-Schutt

lyndi.buckingham-schutt @drake.edu 515-271-2162 harkininstitute.drake.edu/

#### **ADDRESS**

2429 University Avenue Des Moines, IA 50311

#### **ORGANIZATION TYPE**

Educational/School

#### **COUNTIES SERVED**

Polk, Activities Statewide

#### **DESCRIPTION**

The Harkin Institute conducts research on strategies to alleviate hunger and improve health outcomes using public policy strategies.

#### **HOW TO HELP**

lowans can be supportive and partner with The Harkin Institute in our research efforts and attend our programming event.

For more information, contact Dr. Lyndi Buckingham-Schutt at lyndi.buckingham-schutt@drake.edu.



# The Lord's Cupboard

#### MEMBER INFORMATION

#### CONTACT

#### Rev. Andrea Kraushaar

revandreak@fumcfortdodge .org 515-576-7586

#### **ADDRESS**

127 North 10th ST Fort Dodge

#### ORGANIZATION TYPE

Faith Based, Food Pantry

#### **COUNTIES SERVED**

Webster

#### DESCRIPTION

Motivated by Christ's love, the Lord's Cupboard continues Christ's work by feeding the unemployed, the working poor, the elderly, and the physically and mentally challenged in the Fort Dodge area. We strive to foster a caring atmosphere and treat each person with dignity and care about each one as an individual. We are dedicated to maintaining continous growth in service to assist our clients to improve their quality of life. It is our hope that those who receive food will be strenghtened in body and soul. Psalm 34:8, "Taste and see that the Lord is good."

Our ministry is based on providing EMERGENCY food assistance to our clients up to 5 times in a calendar year. Clients determine their need and when to come for assistance. We will provide food and basic household supplies for the size of your family. Our food pantry list was designed by a registered dietician and we encourage healthy choices, meal planning and stretching your grocery \$\$. For ideas, recipes, and assistance ask a Lord's Cupboard volunteer.

#### **HOW TO HELP**

Volunteers are always needed to put together groceries for clients during hours of operation. Volunteers are also needed for the advisory board, fundraising events, food truck unloading, office work, and computer data entry. Need donations include canned meat, boxed meal starters, pickles, cereal, cake and dessert mixes, cooking oil, toilet paper, paper towels, klenex.



# The Lord's Cupboard of Jefferson County

#### MEMBER INFORMATION

#### CONTACT

#### Laura Cohen

LordsCupboard@lisco.com 641-472-8457 www.lordscupboard.org

#### **ADDRESS**

303 N. 4th Street Fairfield, IA 52556

#### ORGANIZATION TYPE

Food Pantry

#### **COUNTIES SERVED**

Jefferson

#### **DESCRIPTION**

The Lord's Cupboard of Jefferson County serves as the county's sole emergency food pantry. Each month they serve over 100 families by providing food, paper goods, and other essentials. Their food pantry serves low-income individuals year-round. Hardworking volunteers handle intake and distribution of food. Their LOAF (Lord's Outreach Assisting Families) program is a summertime program feeding children who depend on free school lunches during the school year.

#### **HOW TO HELP**

Individuals and organizations can support The Lord's Cupboard of Jefferson County in a number of ways. Donations of money or non-expired canned and boxed goods are always in need, as are volunteers.



# The Partnership at Drug Free Iowa

#### **MEMBER INFORMATION**

#### CONTACT

#### Peter Komendowski

peter@drugfreeiowa.org 515-729-7334 www.drugfreeiowa.org

#### **ADDRESS**

215 E. 7th Street, 5th Floor Des Moines, IA 50319

#### ORGANIZATION TYPE

Community Based

#### **COUNTIES SERVED**

Polk, Activities Statewide

#### **DESCRIPTION**

The Partnership at Drug Free Iowa is a nonprofit coalition dedicated to promoting healthy families and safe communities by preventing substance abuse in Iowa. By providing young Iowans and those who care for them with the resources they need to live alcohol and drug free through their Iowa Media Literacy Project, healthy community initiatives through their Drug-Free Workplace Programs, and strengthening the family with their Take 5 Minutes program, Drug Free Iowa builds a healthier Iowa and provides a stronger foundation with which to address food security issues.

#### **HOW TO HELP**

lowans can join in the work of the Partnership at Drug Free lowa through any of 7 programs. The Be A Better Parent, Power of Grandparents, and Take 5 Minutes programs are family-centered programs that support youth and families to live free of drugs and alcohol. The Creating a Drug Free Workplace program assists companies and organizations in creating a healthier work environment. The lowa Media Literacy, Speak Out 4 Kids, and Face It Together programs raise awareness about healthy, substance-free living in communities across the lowa.



# The Salvation Army of Ames & Story County

#### MEMBER INFORMATION

#### CONTACT

#### Cari McPartland

cari\_mcpartland@usc.sal vationarmy.org 515-233-3567 centralusa.salvationarmy. org/ames

#### **ADDRESS**

703 East Lincoln Way Ames, IA 50010

#### ORGANIZATION TYPE

Faith Based, Food Pantry

#### COUNTIES SERVED

Story

#### **DESCRIPTION**

The Partnership at Drug Free Iowa is a nonprofit coalition dedicated to promoting healthy families and safe communities by preventing substance abuse in Iowa. By providing young Iowans and those who care for them with the resources they need to live alcohol and drug free through their Iowa Media Literacy Project, healthy community initiatives through their Drug-Free Workplace Programs, and strengthening the family with their Take 5 Minutes program, Drug Free Iowa builds a healthier Iowa and provides a stronger foundation with which to address food security issues.

#### **HOW TO HELP**

lowans can join in the work of the Partnership at Drug Free Iowa through any of 7 programs. The Be A Better Parent, Power of Grandparents, and Take 5 Minutes programs are family-centered programs that support youth and families to live free of drugs and alcohol. The Creating a Drug Free Workplace program assists companies and organizations in creating a healthier work environment. The Iowa Media Literacy, Speak Out 4 Kids, and Face It Together programs raise awareness about healthy, substance-free living in communities across the Iowa.



# The Table at Grace United Methodist Church

#### MEMBER INFORMATION

#### CONTACT

#### Gina Kohrs

pgkohrs@msn.com 712-260-5804 www.spencergumc.com

#### **ADDRESS**

311 2nd Ave W Spencer, IA 51301

#### **ORGANIZATION TYPE**

Faith Based, Meal Site

#### **COUNTIES SERVED**

Clay

#### **DESCRIPTION**

The Table serves a home made, hot meal the last Thursday of every month, excluding the summer months of June, July and August. This meal is open for the whole community and is free of charge.

#### **HOW TO HELP**

The Table is a Christian mission supported by monetary and food contributions from the whole community and the church. They also ask for prayer support from the community.



# United Community Health Center

#### **MEMBER INFORMATION**

#### CONTACT

#### **Andrea Taylor**

Andrea@uchcsl.com 712-213-0109 www.uchcsl.com/

#### **ADDRESS**

715 West Milwaukee Storm Lake, IA 50588

#### ORGANIZATION TYPE

Community Based

#### **COUNTIES SERVED**

Buena Vista, Sac

#### **DESCRIPTION**

United Community Health Center provides comprehensive primary and preventive care services to the uninsured, underinsured, and underserved of Buena Vista and Sac Counties. Patients pay for services on a sliding fee schedule according to their income and household size. They welcome Medicaid, Medipass, Title XIX, Medicare, private insurance, and uninsured patients.

Patients are supported with referrals for services that United Community Health Center does not provide in-house and are helped to complete applications and documentation to access insurance through the Affordable Care Act as well as drug discount and prescription assistance programs.

#### **HOW TO HELP**

United Community Health Center is a 501(c)(3) non-profit agency that relies on support from individuals as well as corporate gifts and grants, charitable donations and program contracts. Individuals and groups wishing to make a charitable donation are encouraged to contact them directly for more information about giving options. Concerned citizens can also support their work by referring friends and neighbors who may be in need of medical services.



# United Way of Central Iowa

#### **MEMBER INFORMATION**

#### CONTACT

#### Renee Miller

renee.miller@unitedwaydm. org

www.unitedwaydm.org

#### **ADDRESS**

1111 9th Street, Suite 100 Des Moines,

ORGANIZATION TYPE

#### **COUNTIES SERVED**

Dallas, Polk, Warren

#### **DESCRIPTION**

United Way of Central Iowa supports programs under Essential Needs, which helps central Iowans access basic needs such as food and housing as the foundation to improve in education, income, and health. Its Health priority work also focuses on increasing access to healthy food. In 2017, 10,911 pounds of food and vegetables went to central Iowa pantries from corporate giving gardens and 104,475 meals and food items were served or distributed to individuals/families through United Way-supported pantries and shelter services.

#### **HOW TO HELP**

United Way of Central lowa unites the caring power of our community through these actions: give, advocate, volunteer. Learn more at www.unitedwaydm.org/get-involved.



# United Way of Central Iowa 2-1-1 Helpline

#### MEMBER INFORMATION

#### CONTACT

#### Melissa McCoy

Melissa.mccoy@unitedwaydm .org 211 www.211iowa.org

#### **ADDRESS**

Des Moines, IA

#### **ORGANIZATION TYPE**

Community Based

#### **COUNTIES SERVED**

Adair, Adams, Clarke, Dallas, Decatur, Jasper, Lucas, Madison, Marion, Polk, Ringgold, Taylor, Union, Warren, Wayne

#### **DESCRIPTION**

Just like calling 9-1-1 in an emergency, 2-1-1 is a three-digit helpline that connects anyone with local support and resources. 2-1-1 can help connect individuals to food assistance programs and provide additional information on the process of finding food assistance. Professionals are trained to quickly assess a caller's needs and identify the best solution. 2-1-1 is free, confidential, and available any time.

#### **HOW TO HELP**

You can support the work of 2-1-1 by sharing 2-1-1 with those who need support and agencies who serve clients, and by sharing information about your agency or program with 2-1-1. Learn more about how to get involved at www.unitedwaydm.org/2-1-1



# United Way of Dubuque Area Tri-States Volunteer Center

#### MEMBER INFORMATION

#### CONTACT

#### Jessica Bleile

jessica.bleile@dbqunited way.org 563-588-1415 www.dbqunitedway.org

#### **ADDRESS**

215 W. 6th Street Dubuque, IA 52001

#### **ORGANIZATION TYPE**

Community Based

#### **COUNTIES SERVED**

Dubuque

#### **DESCRIPTION**

The United Way of Dubuque Area Tri-States improves the quality of life in Dubuque County by connecting people with an interest in volunteering to local organizations needing volunteers. The Volunteer Center is part of the Volunteer Centers of lowa network and is housed at United Way of Dubuque Area Tri-States.

#### **HOW TO HELP**

Individuals who are interested in volunteering in the Dubuque area can search for volunteer opportunities through their website. Nonprofits and organizations with a need for volunteers can register on their website and recruit volunteers.



# United Way of East Central Iowa Volunteer Center

#### MEMBER INFORMATION

#### CONTACT

#### Sue Driscoll

sue.driscoll@uweci.org 319-398-5372 www.uweci.org

#### **ADDRESS**

317 7th Ave SE, Suite 401 Cedar Rapids, IA 52401

#### **ORGANIZATION TYPE**

Community Based

#### **COUNTIES SERVED**

Benton, Cedar, Jones, Linn

#### DESCRIPTION

The United Way of East Central Iowa Volunteer Center strives to be the area's central resource for connecting, promoting, and educating people on the importance of volunteerism. They are affiliated with the Volunteer Centers of Iowa network and the United Way of East Central Iowa.

Their volunteer website provides a one-stop shop for volunteer opportunities in the Cedar Rapids area. They also help identify volunteer opportunities for groups seeking to volunteer together, professionals seeking to volunteer their skills, and older lowans seeking to volunteer.

The United Way of East Central Iowa Volunteer Center also provides resources for volunteers, including ready-made volunteer opportunities suitable for the workplace, organizing days of service in May, October, and January, and advice for those interested in starting a workplace volunteer council.

#### **HOW TO HELP**

Individuals, groups, or organizations interested in identifying volunteer opportunities should visit their volunteer website or contact Sue Driscoll at sue.driscoll@uweci.org or 319-398-5372 ext 22 for more information.



# United Way of Mahaska County

#### **MEMBER INFORMATION**

#### CONTACT

#### Timothy Gibson

timothy@uwmahaska.org 641-673-6043 www.unitedwaymahaska .org

#### **ADDRESS**

500 High Ave W Oskaloosa, IA 52577

#### **ORGANIZATION TYPE**

Advocacy, Community Based, Educational/School

#### **COUNTIES SERVED**

Mahaska

#### **DESCRIPTION**

United Way of Mahaska County leverages relationships with partner agencies, businesses, and community members to empower the community by promoting education, encouraging healthy living and strengthening financial stability.

United Way of Mahaska County makes grants to partner agencies and runs programs of its own, including:

The Oskaloosa Summer Lunch Program provides local children with free meals and fun, educational activities. The Summer Lunch Program serves a healthy meal to child ages 1 - 18 years old at five different sites in the community. While food is the main focus, the Iowa Reading Corp and many volunteers will also be there to help encourage kids to take part in activities focusing on team work, reading, physical activity, and of course, fun!

The Take-Along Weekend Food Program was launched by United Way of Mahaska County in October of 2015. The purpose of the Take-Along Program is to ensure that food insecure students at Oskaloosa Elementary School (OES) have access to food over the weekends throughout the school year. The program is a partnership between volunteers and OES. This partnership allows the program to prepare and distribute simple weekend meals for food insecure OES students.

#### **HOW TO HELP**

United Way of Mahaska County takes a collaborative approach to all of its work. Those interested in learning more about, donating to or volunteering with any of their hunger initiatives should email Timothy Gibson (timothy@uwmahaska.org) or call 641-673-6043.

United Way of Mahaska County also manages a community grants program and encourages organizations in Mahaska County to apply. Further opportunities are available through their volunteerism, advocacy and fundraising programs.



# United Way of Muscatine

#### MEMBER INFORMATION

#### CONTACT

#### Nichole Sorgenfrey

nichole@unitedwaymus catine.org 563-263-5963 www.unitedwaymuscatine. org

#### **ADDRESS**

208 W 2nd Street Muscatine, IA 52761

#### ORGANIZATION TYPE

Community Based

#### **COUNTIES SERVED**

Muscatine

#### **DESCRIPTION**

The mission of United Way of Muscatine is to strengthen the collective capacity of the people of the Greater Muscatine area to care for one another. The United Way of Muscatine raises funds to support the community work of local organizations, with an emphasis on the areas of education, income, and health.

United Way of Muscatine coordinates a Food Rescue Program that picks up safe food that would otherwise go to waste from the grocery stores and deliver it to the food pantries in Muscatine.

They also house the Volunteer Center of Muscatine, which improves the quality of life in Muscatine County by connecting people with an interest in volunteering to local organizations needing volunteers. The Volunteer Center of Muscatine is part of the Volunteer Centers of lowa network.

#### **HOW TO HELP**

Individuals can volunteer to help, apply to serve on the donations oversight committee or donate to the annual fundraising campaign for Muscatine area charities.

People who are interested in volunteering in the Muscatine area can search for volunteer opportunities through the Volunteer Center of Muscatine's website. Nonprofits and organizations with a need for volunteers can register on the Volunteer Center of Muscatine's website and recruit volunteers.



# United Way of North Central Iowa

#### **MEMBER INFORMATION**

#### CONTACT

#### Michelle Crooks

info@unitedwaynci.org 641-423-1774 www.unitedwaynci.org

#### **ADDRESS**

2911 4th Street SE, P.O. Box 1465 Mason City, IA 50401

#### ORGANIZATION TYPE

Advocacy, Community Based

#### **COUNTIES SERVED**

Cerro Gordo, Floyd, Franklin, Hancock, Kossuth, Mitchell, Winnebago, Worth

#### **DESCRIPTION**

United Way of North Central Iowa envisions a world where all individuals and families achieve their human potential through education, income stability, and healthy lives. Specific projects to feed hungry people in North Central Iowa include supporting the BackPack Program, which provides meals for food insecure children to take home over days when school is not in session and the National Association of Letter Carriers' Stamp Out Hunger food drive.

#### **HOW TO HELP**

There are opportunities for individuals to donate money and for farmers to donate grain commodities, for individuals and teams to volunteer, and for individuals to advocate on behalf of strong communities.

Volunteers are especially needed to volunteer to package meals for the Backpack Buddies program, to assist with the annual Stamp Out Hunger food drive, and to join a speakers bureau that can point out the signs of chronic childhood hunger.



# United Way of Story County

#### MEMBER INFORMATION

#### CONTACT

#### Sara Zejnic

szejnic@uwstory.org 515-268-5142 www.uwstory.org

#### **ADDRESS**

315 Clark Avenue Ames, IA 50010

#### **ORGANIZATION TYPE**

Advocacy, Community Based

#### COUNTIES SERVED

Story

#### **DESCRIPTION**

United Way of Story County leverages relationships with partner agencies, businesses, community members and experts outside of the area to identify needs and to develop, support and evaluate effective human services. Their work focuses on three areas: Health, Education and Financial Stability. Eliminating hunger falls under their financial stability and health focus areas.

United Way of Story County helps feed at-risk students over the weekend through the BackPack program in four Ames elementary schools, Ballard, Collins-Maxwell, Colo-Nexco, and Nevada. They address increased food insecurity during the summer through their LIVE UNITED Food Drive each May. Summer food and enrichment programs are held in Ames, Collins-Maxwell, Nevada, and Ballard.

They serve as conveners of the Story County Food Pantry Collaboration and the Story County Hunger Collaboration, a partnership to address the root causes of hunger in Story County.

#### **HOW TO HELP**

United Way of Story County takes a collaborative approach to all of its work. Those interested in learning more or joining any of their hunger initiatives should email Jean Kresse. United Way of Story County also manages a community grants program and encourages organizations in Story County to apply. Further opportunities are available through their volunteerism, advocacy and fundraising programs.



# United Ways of Iowa

#### **MEMBER INFORMATION**

#### CONTACT

#### **Deann Cook**

exec@uwiowa.org 515-777-1501 www.uwiowa.org

#### **ADDRESS**

PO Box 316 Johnston, IA 50131

#### ORGANIZATION TYPE

Advocacy, Community Based, Educational/School

#### **COUNTIES SERVED**

**Activities Statewide** 

#### **DESCRIPTION**

United Ways of Iowa is a membership association of local United Ways serving the state of Iowa. Their efforts focus on supporting the outstanding work of local United Ways across the state, and working as a network to further build upon their collective impact in Iowa. Iowa United Ways' work focuses on improving the education, income, and health of communities across Iowa.

In addition to supporting local United Ways, United Ways of Iowa releases the biennial United Way ALICE Report for Iowa. This is a study of the one-third of Iowa households who are Asset-Limited, Income-Constrained, Employed – those who are working, earning and paying taxes and still struggling to meet a basic needs budget in the county in which they live.

#### **HOW TO HELP**

United Ways and their community partners across Iowa have a variety of volunteer opportunities available. United Ways of Iowa invites Iowans to learn more about volunteer opportunities through their local United Way, find volunteer opportunities statewide through Volunteer Iowa, the website for the Iowa Commission on Volunteer Service, or become engaged in advocacy through their public policy website. Contact them directly for more information.



# Unity Church of Ames

#### **MEMBER INFORMATION**

#### CONTACT

#### Rev. Deb Hill-Davis

leader@unityofames.com 515-233-1613 unityofames.com

#### **ADDRESS**

226 9th Street Ames, IA 50010

#### ORGANIZATION TYPE

Faith Based, Garden Program

#### **COUNTIES SERVED**

Story

#### **DESCRIPTION**

Unity Church of Ames has 4 Angel Gardens which donate all the fresh produce to the Plant a Row for the Hungry Program every summer. UCOA donated over 1000 pounds of produce in 2018.

They also hold an annual non-perishable food drive for MICA every July as part of their efforts to feed hungry people in Ames.

#### **HOW TO HELP**

Donations for ongoing expenses for seeds, compost, fertilizer and materials are always welcome.



# Universities Fighting World Hunger

#### **MEMBER INFORMATION**

#### CONTACT

#### Dr. Harriet Giles

gileshw@auburn.edu 334-844-3241 www.universitiesfighting worldhunger.org

#### **ADDRESS**

College of Human Sciences 210 Spidle Hall Auburn, AL 36849

#### ORGANIZATION TYPE

International, Advocacy, Educational/School

#### **COUNTIES SERVED**

Activities Statewide

#### **DESCRIPTION**

Universities Fighting World Hunger consists of several universities, all doing their own part to fight hunger. The Auburn University chapter has several campaigns including Why Care?, which is a student lead campaign at Auburn University that aims to give everyone a voice and spark a global conversation about hunger.

#### **HOW TO HELP**

Individuals in Iowa can support and join Universities Fighting World Hunger by taking action online and staying in contact and up to date on events.

Anyone, no matter where they live or whether they are a student or not, can show support by tweeting a picture saying "I care about hunger because..." to @WhyCare\_

Anyone may attend the annual Universities Fighting World Hunger Summit. University students can provide further support by starting a "Why Care?" campaign at their school, or possibly hosting a Summit in the future.



# University of Georgia Office of Global Programs

#### MEMBER INFORMATION

#### CONTACT

#### Dr. Amrit Bart

ogp@uga.edu 706-542-1073 www.global.uga.edu

#### **ADDRESS**

216 Hoke Smith Building Athens, GA 30602

#### ORGANIZATION TYPE

International, Educational/School

#### COUNTIES SERVED

**Activities Statewide** 

#### **DESCRIPTION**

The University of Georgia Office of Global Programs coordinates international programs in teaching, research and service. A portion of their international research is directed at developing countries, where many people live on less than \$1 per day. Scientists are exchanging technologies and ideas which will improve quality of life and will ensure that the United States has access to new technologies developed abroad. International programs are currently active in Ghana, Mali, Ethiopia, Tanzania, Bangladesh, Nepal, and Myanmar.

#### **HOW TO HELP**

lowans who are interested in collaboration in formulating innovative solutions should directly contact the University of Georgia Office of Global Programs.



# Up From The Earth

#### **MEMBER INFORMATION**

#### CONTACT

#### Dr. Randall Burnight

rlbdds1949@gmail.com 712-251-4955 upfromtheearth.wixsite.c om/siouxland

#### **ADDRESS**

4504 DeRocher Path Sioux City,

#### ORGANIZATION TYPE

Community Based, Garden Program

#### **COUNTIES SERVED**

Woodbury

#### **DESCRIPTION**

Established in February of 2014, "Up from the Earth" is a voluntary system for connecting excess produce from home gardens to people in need. The program encourages home gardeners to "grow an extra row" and facilitates the gathering and distribution of excess fruits and veggies to those in need through existing food pantries. In the last three seasons combined, over 71,000 pounds or 213,000 servings of fresh, local fruits and vegetables were provided to those in need.

#### **HOW TO HELP**

They can "grow an extra row" and donate it to existing food pantries. To find a place to donate in the Siouxland area, click here.



### Urban Ambassadors

#### MEMBER INFORMATION

#### CONTACT

#### Zachary Valigosky

info@urbanambassadors.org www.urbanambassadors.org

#### **ADDRESS**

P.O. Box 8385 Des Moines, IA 50301

#### ORGANIZATION TYPE

Community Based

#### **COUNTIES SERVED**

Polk

#### **DESCRIPTION**

Urban Ambassadors serves as the hub for sustainable living in Greater Des Moines. The non-profit inspires and empowers community members to be sustainable in their homes, work and community. We have five focus areas: food, waste, transportation, built infrastructure and natural environment. We co-host monthly educational meetings that are free for anyone to attend on a variety of topics in these five focus areas. Check our website, urbanambassadors.org, for more information on this month's event. We also host pop-up events that engage community members in either a volunteer capacity or in a learning capacity. The pop-up events intend to be active events to empower people to make their community more sustainable.

#### **HOW TO HELP**

Volunteers make the work of Urban Ambassadors possible. Those who are interested in helping should contact us either through our website contact form or by emailing us at info@urbanambassadors.org.



# Urban Bicycle Food Ministry - Des Moines

#### MEMBER INFORMATION

#### CONTACT

#### Joe Laslo

ubfm.dsm@gmail.com 515-229-1986 ubfmdsm.com

#### **ADDRESS**

2082 Ridgeview Circle Clive, IA

#### ORGANIZATION TYPE

Community Based

#### **COUNTIES SERVED**

Polk

#### DESCRIPTION

The Urban Bicycle Food Ministry - Des Moines sponsors a weekly bike ride (or car distribution) to deliver burritos, sandwiches and essentials to homeless and hungry in Des Moines. We build relationships with people that may be hungry and provide a premier non-denominational, volunteer opportunity for people to serve and encounter those that may be hungry.

#### **HOW TO HELP**

Volunteer to serve with us!! If you like to cook, organize, ride bicycles, meet people or serve those in need we'd welcome your participation. Donations appreciated such as water, healthy food, coats, blankets,hats, gloves, hand warmers, and bug spray (seasonally). Financial donations appreciated as well.



# **Urban Dreams**

#### **MEMBER INFORMATION**

#### CONTACT

#### Stephen Weber

admin@urbandreams.org 515-288-4742 www.urbandreams.org

#### **ADDRESS**

601 Forest Ave. Des Moines, IA 50314

### ORGANIZATION TYPE

Community Based

#### COUNTIES SERVED Polk

#### **DESCRIPTION**

Since 1985, Urban Dreams has been providing Des Moines' inner city and Central Iowa with a wide range of human service programs in a comfortable and non-threatening environment.

Urban Dreams' programs include free food daily, substance abuse treatment and services, mental health treatment, workforce development, education services, monthly events, and an information and referral service.

#### **HOW TO HELP**

Urban Dreams works closely with area churches, Polk County government, area colleges, and universities, and numerous other organizations and businesses whom are mutually committed to the betterment of the Central lowa. Along with the funding and support of contributing individuals and corporations, these organizations see their participation as an investment in the future of Des Moines and the state of lowa.

lowans are encouraged to contact Urban Dreams directly for more information about their programs or to donate, volunteer, or become involved.



# Urbandale Food Pantry

#### **MEMBER INFORMATION**

#### CONTACT

#### Eileen Boggess

info@urbandalefoodpantry. org 515-251-6688 www.urbandalefoodpant ry.org

#### **ADDRESS**

7611 Douglas Avenue, Suite 34/35 Urbandale, IA 50322

#### ORGANIZATION TYPE

Food Pantry

#### **COUNTIES SERVED**

Polk

#### **DESCRIPTION**

The Urbandale Food Pantry is a collaborative community effort to reach out to our neighbors to provide food assistance with dignity and compassion.

The pantry is open on Monday-Thursday from 9:30am to 6:30pm and Saturday from 8:00am to noon, except on holidays and when Urbandale Schools are closed due to inclement weather. Those seeking assistance should bring: 1) a picture I.D. for the head of household and 2) I.D.s for each member of the family requiring assistance.

As a Des Moines Area Religious Council (DMARC) Food Pantry clients can receive food and personal care items once every month and receive bread or fresh produce and clothing during daily business hours

What is provided each month?

- A three-day nutritionally-balanced supply of food
- Personal care products such as shampoo, soap, deodorant, toothpaste, toilet paper, sanitary napkins, diapers and laundry soap
- Bread and fresh produce (when available)

#### **HOW TO HELP**

People can support the Urbandale Food Pantry by volunteering or making donations of food, personal care, fresh produce, and monetary donations.



### **USAID**

#### **MEMBER INFORMATION**

#### CONTACT

202-712-4810 www.usaid.gov

#### **ADDRESS**

1300 Pennsylvania Ave NW Washington, DC 20004

#### ORGANIZATION TYPE

Government Agency, International

#### **COUNTIES SERVED**

Activities Statewide

#### **DESCRIPTION**

USAID carries out U.S. foreign policy by promoting broad-scale human progress at the same time it expands stable, free societies, creates markets and trade partners for the United States, and fosters good will abroad. The United States has a long history of extending a helping hand to people overseas struggling to make a better life. U.S. foreign assistance has always had the twofold purpose of furthering America's interests while improving lives in the developing world.

Spending less than 1 percent of the total federal budget, USAID works in over 100 countries to: Promote broadly shared economic prosperity; Strengthen democracy and good governance; Protect human rights; Improve global health, Advance food security and agriculture; Improve environmental sustainability; Further education; Help societies prevent and recover from conflicts; and Provide humanitarian assistance in the wake of natural and man-made disasters.

USAID partners with a variety of organizations – from small businesses and local in-country organizations to universities and international NGOs – to support and implement a wide range of development programs around the world.

#### **HOW TO HELP**

There are a variety of ways to partner with USAID. Through Global Development Alliances, USAID works with companies large and small, foundations, NGOs and implementing partners, diaspora groups, universities, and other donor agencies to address jointly defined objectives. In support of Feed the Future, USAID builds partnerships in a number of areas that advance food security and agricultural development, including increasing productivity in key agricultural value chains, increasing incomes and market access of smallholder farmers, and catalyzing private sector investment for sustainable agricultural development.

USAID invites individuals and organizations to share their ideas and/or apply for funding through their Development Innovations Ventures or Grand Challenges for Development programs, or to submit unsolicited proposals and grant applications.

Programs for individuals include the Farmer to Farmer program, which connects volunteer experts from the U.S. to respond to the local needs of host-country farmers and organizations. More opportunities to get involved with USAID are listed online.



# USDA - Center for Faith-Based and Neighborhood Partnerships

#### **MEMBER INFORMATION**

#### CONTACT

#### **Norah Deluhery**

collaborate@usda.gov 202-720-2032 www.usda.gov/partnershi ps

#### **ADDRESS**

1400 Independence Ave SW, Office of the Secretary, Room 544A Washington, DC 20250

#### ORGANIZATION TYPE

Government Agency

#### **COUNTIES SERVED**

Activities Statewide

#### **DESCRIPTION**

Most people know USDA leads the way in agriculture, natural resources, and food. Many don't know they're also about strengthening communities, nourishing kids, and impacting lives. USDA's Center for Faith-Based and Neighborhood Partnerships reaches out and connects government with non-profit organizations - both secular and faith-based - to help people in need. More information about how USDA works with local organizations is available online in audio and transcript form. They also provide an online collection of tools and resources for faith-based and community organizations.

#### **HOW TO HELP**

Individuals and organizations can find out more about USDA programs and resources by signing up for their bi-weekly newsletter, or by contacting the Center for Faith-Based and Neighborhood Partnerships.



# USDA - Food and Nutrition Service

#### **MEMBER INFORMATION**

#### CONTACT

#### David Von Behren

david.vonbehren@fns.usda. gov 303-844-0314 www.fns.usda.gov

#### **ADDRESS**

1244 Speer Blvd., Suite 903

Denver, CO 80204

#### ORGANIZATION TYPE

Government Agency

#### **COUNTIES SERVED**

Activities Statewide

#### **DESCRIPTION**

USDA - Food and Nutrition Service partners with Federal, State, Tribal, and local organizations to administer the Federal food assistance programs.

#### **HOW TO HELP**

Contact them directly to explore opportunities to get involved in ending hunger and improving nutrition and health.



# USDA - National Institute of Food and Agriculture (NIFA)

#### MEMBER INFORMATION

#### CONTACT

#### Dr. Sonny Ramaswamy

www.nifa.usda.gov

#### **ADDRESS**

900 9th Street, SW Washington, DC 20024,

### ORGANIZATION TYPE Government Agency

#### COUNTIES SERVED

Activities Statewide

#### **DESCRIPTION**

The USDA National Institute of Food and Agriculture (NIFA) provides leadership and funding for programs that advance agriculture-related sciences. They invest in and support initiatives that ensure the long-term viability of agriculture.

NIFA uses an integrated approach to ensure scientific discoveries reach the people who can put them to use. Through partnerships with the Land-Grant University System and government, private, and non-profit organizations, NIFA's research, education, and extension programs are able to provide solutions to those who need them.

They work through grants and programs including:

- Agriculture and Food Research Initiative
- Small Business Innovation Research Program
- Beginning Farmer and Rancher Development Program
- Community Food Projects Competitive Grant Program

NIFA also provides a large resource section on their website.

#### **HOW TO HELP**

NIFA's staff is committed to serving its stakeholders, partners, Congress, and the American people. Iowans are encouraged to explore their website and use their online office directory to find the contact information for the person best suited to answer any questions.



# USDA - Rural Development in Iowa

#### **MEMBER INFORMATION**

#### CONTACT

#### Tim Helmbrecht

tim.helmbrecht@ia.usda. gov 515-284-4663 www.rd.usda.gov/ia

#### **ADDRESS**

210 Walnut Street, Room 873 Des Moines, IA 50309

### ORGANIZATION TYPE Government Agency

#### COUNTIES SERVED

Activities Statewide

#### DESCRIPTION

USDA Rural Development in Iowa partners with Federal, State, Tribal, and local organizations to improve the economy and quality of life in rural America.

USDA Rural Development operates over 40 financial assistance programs for a variety of rural applications. They:

- Offer loans, grants and loan guarantees to support essential services such as housing, economic development, health care, first responder services and equipment, and water, electric and communications infrastructure.
- Promote economic development by supporting loans to businesses through banks, credit unions and community-managed lending pools.
- Offer technical assistance and information to help agricultural producers and cooperatives get started and improve the effectiveness of their operations.
- Provide technical assistance to help communities undertake community empowerment programs.
- Help rural residents buy or rent safe, affordable housing and make health and safety repairs to their homes.

#### **HOW TO HELP**

USDA Rural Development has a state office and ten area offices in Iowa. Explore their programs online and contact them directly to explore opportunities to get involved in ending hunger and improving rural communities.



# Valley Elementary School

#### **MEMBER INFORMATION**

#### CONTACT

#### Jeannie Krambeer

jkrambeer@nfv.k12.ia.us 563-426-5891 www.nfvschools.com

#### **ADDRESS**

23493 Canoe Road Elgin, IA 52141

#### ORGANIZATION TYPE

Educational/School

#### **COUNTIES SERVED**

Fayette

#### DESCRIPTION

Students and educators at Valley Elementary School work to alleviate hunger through educational and service-learning projects.

After reading the book Pay If Forward-Youth Edition, the 2015 5th and 6th Grade WIN Literacy Class decided to support Heifer International through bake sales, garage sales, donation baskets, and a go-fund-me page.

#### **HOW TO HELP**

lowans are encouraged to contact Ms. Jeannie Krambeer at jkrambeer@nfv.k12.ia.us or Ms. Julie Frieden at jfrieden@nfv.k12.ia.us or visit Ms. Krambeer's wiki page for more information and to explore opportunities to work together.



# Valley High School

#### **MEMBER INFORMATION**

#### CONTACT

#### **Brant Reif**

reifb@wdmcs.org 515-633-4000 www.wdmcs.org/schools/ valley

#### **ADDRESS**

3650 Woodland Avenue West Des Moines, IA 50266

#### ORGANIZATION TYPE

Educational/School

#### **COUNTIES SERVED**

Dallas, Polk

#### **DESCRIPTION**

Students and educators at Valley High School work to alleviate hunger through educational and service-learning projects.

#### **HOW TO HELP**

lowans are encouraged to contact Mr. Brant Reif for more information and to explore opportunities to work together.



# Valley Southwoods Freshman High School

#### MEMBER INFORMATION

#### CONTACT

#### Luanne Baker

bakerl@wdmcs.org 515-633-4500 www.wdmcs.org/schools/ valley-southwoods

#### **ADDRESS**

6350 S 35th Street West Des Moines, IA 50265

#### **ORGANIZATION TYPE**

Educational/School

#### **COUNTIES SERVED**

Dallas, Polk

#### **DESCRIPTION**

Students and educators at Valley Southwoods Freshman High School work to alleviate hunger through educational and service-learning projects.

#### **HOW TO HELP**

lowans are encouraged to contact Mrs. Luanne Baker for more information and to explore opportunities to work together.



# Valley United Methodist Church

#### **MEMBER INFORMATION**

#### CONTACT

#### Vi Darsee

vddarsee@q.com 515-225-8128 www.valleyumc.org

#### **ADDRESS**

4201 Ashworth Road West Des Moines, IA 50265

#### **ORGANIZATION TYPE**

Faith Based

#### **COUNTIES SERVED**

Polk

#### **DESCRIPTION**

Valley United Methodist Church is a covenant people dedicated to God's work; a community dedicated to making disciples for Jesus Christ; a congregation making a solemn promise to God and the congregation to uphold the church with their prayers, presence, gifts and service; a diverse community with open hearts, open minds and open doors. The Mission Team at Valley United Methodist Church serves the community through support of Children and Families Urban Ministries, the food pantry, and youth and adult mission trips.

#### **HOW TO HELP**

Those interested in working with Valley United Methodist Church should contact them directly.



# Victory Center Rescue Mission

#### **MEMBER INFORMATION**

#### CONTACT

#### Ray Gimenez

victorycenter@qwestoffice.net 563-242-9016 www.victorycenter.com

#### **ADDRESS**

516 9th Avenue South Clinton, IA 52732

#### **ORGANIZATION TYPE**

Faith Based, Food Pantry, Meal Site, Housing Assistance / Shelter

#### **COUNTIES SERVED**

Clinton

#### **DESCRIPTION**

Victory Center Rescue Mission is dedicated to providing services for families, men, and women with children in need. Those services include: food, temporary shelter, employment assistance, counseling and biblical spiritual guidance. They provide hungry people with three meals a day every day of the week. They also provide bread, pastries, milk, juice, salad, and various other items, five days a week. Services are available to anyone, regardless of their sex, race, religious preference, nationality, and financial status.

#### **HOW TO HELP**

The Victory Center Rescue Mission can be supported through monetary donations as well as donations of meat, canned goods, and fresh produce.



# Vineyard Community Church

#### **MEMBER INFORMATION**

#### CONTACT

#### Nancy Magnall

nancymagnall@q.com 319-352-2197 www.waverlyvineyard.com

#### **ADDRESS**

319 West Bremer Avenue Waverly, IA 50677

#### ORGANIZATION TYPE

Faith Based, Meal Site

#### **COUNTIES SERVED**

Bremer

#### **DESCRIPTION**

Vineyard Community Church serves a weekly community meal every Wednesday evening from 5:30-6:30. Emergency food boxes are available. Most of this food is received through a partnership with Northeast Iowa Food Bank.

#### **HOW TO HELP**

lowans can best support the work of Vineyard Community Church by supporting the Northeast Iowa Food Bank, which provides most of the food served by Vineyard Community Church.



# Voluntary Action Center of the Iowa Great Lakes

#### MEMBER INFORMATION

#### CONTACT

#### Angela Kofoot

vaclakes@gmail.com 712-336-4444 lakesvolunteers.org

#### **ADDRESS**

800 21st Street Spirit Lake, IA 51360

#### **ORGANIZATION TYPE**

Community Based

#### **COUNTIES SERVED**

Dickinson

#### DESCRIPTION

The Voluntary Action Center of the Iowa Great Lakes reaches out to individuals, employees, youth, and organizations interested in becoming volunteers to work toward solving community needs in Dickinson County.

VAC's signature program is delivering Meals on Wheels in the Iowa Great Lakes Area. The organization is a member of Meals on Wheels Association of America.\

The Voluntary Action Center of the Iowa Great Lakes is also affiliated with the Volunteer Centers of Iowa network. How to Help: Individuals who are interested in volunteering should contact the Voluntary Action Center directly.

A great deal of volunteer recruitment and interaction takes place on their Facebook page: facebook.com/vaclakes/ and their website: <a href="https://www.lakesvolunteers.org">www.lakesvolunteers.org</a>.

#### **HOW TO HELP**

Individuals who are interested in volunteering should contact the Voluntary Action Center directly or fill out a volunteer application to be matched with opportunities to serve with organizations in Dickinson County. Agencies seeking volunteers should call or email the Voluntary Action Center. A great deal of volunteer recruitment and interaction takes place on their Facebook page: facebook.com/vaclakes/ and Twitter: twitter.com/vaclakesaction/



# Volunteer Center of Story County

#### **MEMBER INFORMATION**

#### CONTACT

#### Anne Owens

anne.owens@vcstory.org 515-268-5323 www.vcstory.org

#### **ADDRESS**

110 Crystal Street Ames, IA 50014

#### ORGANIZATION TYPE

Community Based

#### **COUNTIES SERVED**

Story

#### **DESCRIPTION**

The Volunteer Center of Story County builds strong community by inspiring, educating and mobilizing volunteers to address community needs in Story County. They connect volunteers with volunteer opportunities throughout Story County, promote volunteering and community involvement, recognize volunteers, and educate volunteer leaders.

#### **HOW TO HELP**

The Volunteer Center of Story County provides a database of volunteer opportunities in Story County and encourages people who are interested in serving their communities to connect with one of these numerous opportunities in Story County. The Volunteer Center of Story County also has programs for businesses and organizations who are interested in giving back to their communities through supporting volunteerism.



### Volunteer Centers of Iowa

#### **MEMBER INFORMATION**

#### CONTACT

#### Julie Neas

641-784-5381 volunteeriowa.org/volunt eercentersiowa

#### **ADDRESS**

#### ORGANIZATION TYPE

Community Based

#### **COUNTIES SERVED**

Visit Online Profile for Details

#### **DESCRIPTION**

Volunteer Centers of Iowa (VCI) is a statewide network of 15 Volunteer Centers serving 29 counties. VCI helps the Volunteer Centers in its network to better meet the needs of their communities and promote volunteerism through information exchange, collaboration and support.

The VCI defines a Volunteer Center as a professional organization that maintains an online presence that facilitates engaging volunteers in meaningful opportunities to serve, heightens awareness of volunteering by recognizing community volunteers and builds the capacity for effective volunteering by providing learning opportunities in volunteer management.

#### **HOW TO HELP**

Individuals are encouraged to use the list on the VCI website to connect with a volunteer center in their community. Iowans can also contact the Iowa Commission on Volunteer Service to learn more about starting a volunteer center in their community.

Organizations that fit the definition of a volunteer center and are interested in joining the VCI network should contact VCI President Julie Neas by email or calling 641-784-5381.



### Volunteer Iowa

#### **MEMBER INFORMATION**

#### CONTACT

#### Adam Lounsbury

icvs@iowaeda.com 1-800-308-5987 www.volunteeriowa.org

#### **ADDRESS**

200 East Grand Avenue Des Moines, IA 50309

#### ORGANIZATION TYPE

Government Agency

#### **COUNTIES SERVED**

Activities Statewide

#### DESCRIPTION

Volunteer Iowa improves lives, strengthens communities, and fosters civic engagement through service and volunteering. The commission is comprised of 25 governor-appointed individuals who work with the staff and partner agencies to:

- Help agencies develop quality programs that use service as a strategy to fulfill their missions and address lowa's greatest areas of need;
- Help engage lowans in their communities by promoting service and expanding the volunteer base, and;
- Connect individuals with appropriate service opportunities by building the volunteer infrastructure.

Volunteer Iowa also works with Iowa's network of Volunteer Coordination Centers and United Ways to provide localized volunteer service solutions.

#### **HOW TO HELP**

Individuals can use their Get Connected to find opportunities to volunteer in communities across Iowa. They also have a section of volunteer FAQs, and specific information for volunteers age 55 and over, volunteers with disabilities, and individuals interested in volunteering as a pathway to employment.

Organizations can partner with Volunteer Iowa and become connected with funding opportunities, technical assistance on engaging community volunteers, and a variety of state-wide programs promoting and recognizing volunteerism. Organizations can also recruit volunteers through the Get Connected website.

Anyone who is interested in exploring opportunities to partner with Volunteer Iowa should call them at 1-800-308-5987 or email icvs@iowaeda.com.



# Volunteer Network of Clay County

#### **MEMBER INFORMATION**

#### CONTACT

#### Erin Pingel

epingel@ilcc.cc.ia.us 712-580-4865 www.volunteerclaycount y.com

#### **ADDRESS**

1900 Grand Ave, Suite B1 Spencer, IA 51301

### ORGANIZATION TYPE Community Based

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### COUNTIES SERVED Clav

#### **DESCRIPTION**

The Volunteer Network of Clay County is a non-profit, community-based volunteer program that connects a diverse pool of committed volunteers to community needs. Their website presents a list of volunteer needs in Clay County and helps connect people who are interested in volunteering to organizations in need of volunteers.

The Volunteer Network of Clay County partners with local organizations to carry out its mission and promote volunteer days of service. It is also affiliated with the Volunteer Centers of Iowa network.

#### **HOW TO HELP**

Individuals who are interested in volunteering in Clay County can browse volunteer opportunities on the Volunteer Network of Clay County's website. Nonprofits and organizations with a need for volunteers can become partners and post their needs on the website.



### Wallace Centers of Iowa

#### **MEMBER INFORMATION**

#### CONTACT

#### Deb Houghtaling

DebraHoughtaling@wall ace.org 515-243-7063 www.wallace.org

#### **ADDRESS**

756 16th Street Des Moines, IA 50314

#### **ORGANIZATION TYPE**

Community Based, Educational/School

#### **COUNTIES SERVED**

Adair, Adams, Cass, Clarke, Decatur, Greene, Guthrie, Madison, Polk, Ringgold, Taylor, Union, Warren

#### **DESCRIPTION**

The Wallace Centers of Iowa provides a variety of programs to build awareness of local food, sustainable agriculture and civility. the WCI serves both urban and rural communities with locations at the Henry A. Wallace Country Life Center in rural Orient and the Wallace House in Des Moines.

The WCI has several programs related to hunger and food issues:

Farm to Table Thursdays - locally sourced dining that demonstrates sustainable farming, small field production and food from scratch cooking.

Kid's Cooking Classes - Kids learn the basics of knives, recipe reading, choosing healthy ingredients, grocery store label reading and preparing meals.

One Step at a Time - Adding value to garden produce is done in terms of educating people about creating, testing, process, packaging and marketing new food products.

Mickle Center Shared Use Community Kitchen is administered by the WCI. Through working with the kitchen supervisor food entrepreneurs can rent the commercial kitchen to do catering, meal prep and shelf ready products. All excess food from that goes to a Des Moines shelter.

#### **HOW TO HELP**

lowans can support the work of the Wallace Centers of Iowa through donations, volunteering, and by participating in their programs. For more information about programs or to make a reservation for Farm to Table contact Deborah Boyer at 515-243-7063. Program information also available at www.wallace.org



### Wallace's Farmer

#### **MEMBER INFORMATION**

#### CONTACT

#### **Rod Swoboda**

rswoboda@farmprogress.com 515-505-1540 farmprogress.com/wallace s-farmer

#### **ADDRESS**

6200 Aurora Ave., Suite 203E Urbandale. IA 50322

#### **ORGANIZATION TYPE**

Corporate

#### **COUNTIES SERVED**

Polk, Activities Statewide

#### **DESCRIPTION**

Wallace's Farmer is the Iowa branch of Farm Progress Companies, Inc., a business unit of Informa PLC, the largest most diversified agriculture information business in North America. Through a robust network of live events, digital products, data, marketing services, broadcasting and publications, Informa PLC is connected to nearly 75% of the 2.2 million farms and ranches in the U.S., and an estimated 85% of the nation's annual agricultural gross domestic product.

Wallace's Farmer magazine and website often cover initiatives, grants, and programs that support farmers and combat hunger in Iowa and rural America.

#### **HOW TO HELP**

lowans can become involved by subscribing to receive a monthly hard copy of Wallace's Farmer magazine, browsing the free news stories and information online, signing up for the Wallace's Farmer newsletters, or reading the free online version of Wallace's Farmer magazine, which is published a week after the print magazines are mailed to subscribers. Press releases should be sent to the editor, Mr. Rod Swoboda, at rswoboda@farmprogress.com.



# Warren County

#### **MEMBER INFORMATION**

#### CONTACT

#### Mallory Wells

mallory.wells@cicsmhds. org 515-962-5132 www.warrencountyia.org /general\_assistance.shtml

#### **ADDRESS**

1007 S. Jefferson Way Indianola, IA 50125

#### **ORGANIZATION TYPE**

Government Agency, Meal Site

#### **COUNTIES SERVED**

Warren

#### **DESCRIPTION**

The government of Warren County works to alleviate hunger through the Warren County General Assistance Program, the Warren County Nutrition Program and the Warren County Health Services.

Warren County General Assistance provides assistance to Warren County residents who meet county guidelines. General Assistance follows the guidelines set forth in the county ordinance established by the Warren County Board of Supervisors. Assistance is given to the needy and poor who are unable to get assistance from other sources or that assistance is being delayed. Applicants must apply for all possible state and federal programs they may qualify for in order to receive assistance and comply with these programs.

Warren County Nutrition collaborates with the Iowa Department on Aging and Aging Resources of Central Iowa to host congregate meal sites in Carlisle, Indianola, Lacona, Martensdale & New Virginia. The program serves nutritious meals in a friendly environment to adults age 60+ for \$3.50. People under 60 may participate at the cost of \$8.88 per meal. Call 515-318-3946 (Alice Brito) for more information or to make a reservation 24 hours in advance.

Warren County Health Services provides an online resource directory of hunger and food assistance projects in Warren County.

#### **HOW TO HELP**

Warren County Nutrition needs volunteers to home deliver meals at all of their meal sites. To volunteer please call the meal sites or contact Vicki White at 515-961-1003 or vickiw@warrencountyia.org.

Organizations working in Warren County are encouraged to call 515-961-1074 or email wchs@co.warren.ia.us to add or update a program listing in the online resources directory Individuals and organizations are also encouraged to email county staff or call 515-962-5132 for more information or to explore opportunities to help further the hunger initiatives of the government of Warren County.



## Warren County IMPACT Outreach Center

#### MEMBER INFORMATION

#### CONTACT

#### **Patty Sneddon**

psneddon@impactcap.org 515-961-2543 www.impactcap.org

#### **ADDRESS**

110 North Howard Street Indianola, IA 50125

#### ORGANIZATION TYPE

Community Based, Educational/School, Food Pantry, Housing Assistance / Shelter

#### **COUNTIES SERVED**

Warren

#### **DESCRIPTION**

The Warren County IMPACT Outreach Center, a branch of IMPACT Community Action, works to eliminate poverty through empowering vulnerable populations, building collaborations and advocating for social change.

IMPACT's services include:

- Basic Needs Assistance: Assistance for utilities, food, rent and basic hygiene products.
- Community Programs: RAYS (extra-curricular scholarships), GRASP (Des Moines recreational card), Fans and Air Conditioners, Flowering Annuals, Financial Education classes, Weatherization, Hats/Mittens Program, Holiday Programs, Garden Programs, Chore (senior/disabled), School Supplies, and Senior Farmers Market youchers
- All programs are dependent on funding community needs, and minimum household qualifications. More information is available on their website and Facebook page.

#### **HOW TO HELP**

lowans are encouraged to contact the Warren County IMPACT Outreach Center at 515-961-2543 for more information or to explore opportunities to volunteer or partner.

The central office of IMPACT Community Action can also be contacted at info@impactcap.org or 515-274-1334.



## Wartburg College Center for Community Engagement

#### **MEMBER INFORMATION**

#### CONTACT

#### **Kristin Teig Torres**

kristin.teigtorres@wartburg.edu 319-352-8709 www.wartburg.edu/cce

#### **ADDRESS**

100 Wartburg Blvd Waverly, IA 50677

#### **ORGANIZATION TYPE**

Community Based, Educational/School

#### **COUNTIES SERVED**

Bremer

#### **DESCRIPTION**

The Wartburg College Center for Community Engagement supports & encourages students, staff and faculty in the development, coordination and evaluation of external relationships that are effective for student learning and vocational development, advance public scholarship and benefit community partners.

Community service and service-learning provide meaningful experiences for students regardless of the motivation for involvement. Student interest may stem from a class project, an opportunity to interact with other student organizations, or simply a personal interest in service. Service benefits both the volunteers and those they serve, while strengthening community involvement.

The Center for Community Engagement coordinates ongoing community partnerships and facilitates service opportunities through the Wartburg Orange Corps.

#### **HOW TO HELP**

Individuals and organizations are encouraged to view their website to learn more about the Wartburg College Center for Community Engagement. Requests for Wartburg student volunteers can be made by calling or emailing their staff.



## Washington IA Growing Project

#### **MEMBER INFORMATION**

#### CONTACT

#### **Dave Birney**

birney@cloudburst9.net

#### **ADDRESS**

Washington, IA 52353

#### ORGANIZATION TYPE

Faith Based, International, Community Based

#### **COUNTIES SERVED**

Washington

#### **DESCRIPTION**

As a Christian response to world hunger, Growing Hope Globally, formerly Foods Resource Bank (FRB), links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

Growing Hope engages volunteers to raise money through "Growing Projects" for between 50-60 overseas programs a year. All of the programs focus on developing smallholder agriculture, often in the most remote and poorest regions of the world. Growing Projects are the heart and soul of Growing Hope and have helped us reach over 1.6 million people since the first Growing Projects were created in 1999.

#### **HOW TO HELP**

lowans can support the work of Growing Hope by starting or joining a Growing Project in their community. A Growing Project is a group whose members work together to raise a crop or other commodity or hold fundraisers to help farmers overseas become self-sufficient. Growing Projects include revenue from field crops, cattle or dairy, pie auctions, pumpkin patches, Sunday school gardens, and more. Each member plays a unique role and contributes to the Growing Project in different ways by offering their time, talents or resources.

lowans are encouraged to directly contact coordinators Mr. Dave Birney to become involved with the Washington IA Growing Project.

For more information about starting or joining a Growing Project, Iowans should call 888-276-4372 or email Von Tarverdi at info@growinghopeglobally.org.



## Waterloo CoB CROP Chili Supper

#### **MEMBER INFORMATION**

#### CONTACT

#### Barbara Miller

barb@iowashows.com 319-232-0218

#### **ADDRESS**

Waterloo

#### **ORGANIZATION TYPE**

Faith Based, International, Community Based

#### **COUNTIES SERVED**

Black Hawk

#### **DESCRIPTION**

The Waterloo CoB CROP Chili Supper is a community-wide event sponsored by Church World Service and organized by local volunteers to raise funds to end hunger.

The CROP Chili Supper helps to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, the CROP Supper returns 25 percent of the funds it raises to hunger-fighting programs in Waterloo.

#### **HOW TO HELP**

Individuals and organizations can support the work of the Waterloo CoB CROP Chili Supper through volunteering to help organize the supper, fundraising and participating in the supper. For more information, contact Barbara Miller at barb@iowashows.com or Church World Service Congregational and Community Engagement Specialist Lenny Blue at Iblue@cwsglobal.org.



## Waterloo IA Growing Project

#### **MEMBER INFORMATION**

#### CONTACT

#### Marlin Hershey

hersheyjl@lpctel.net

#### **ADDRESS**

LaPorte City, IA 50651

#### ORGANIZATION TYPE

Faith Based, International, Community Based

#### **COUNTIES SERVED**

Black Hawk

#### **DESCRIPTION**

As a Christian response to world hunger, Growing Hope Globally, formerly Foods Resource Bank (FRB), links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

Growing Hope engages volunteers to raise money through "Growing Projects" for between 50-60 overseas programs a year. All of the programs focus on developing smallholder agriculture, often in the most remote and poorest regions of the world. Growing Projects are the heart and soul of Growing Hope and have helped us reach over 1.6 million people since the first Growing Projects were created in 1999.

#### **HOW TO HELP**

lowans can support the work of Growing Hope by starting or joining a Growing Project in their community. A Growing Project is a group whose members work together to raise a crop or other commodity or hold fundraisers to help farmers overseas become self-sufficient. Growing Projects include revenue from field crops, cattle or dairy, pie auctions, pumpkin patches, Sunday school gardens, and more. Each member plays a unique role and contributes to the Growing Project in different ways by offering their time, talents or resources.

lowans are encouraged to directly contact coordinator Mr. Marlin Hershey to become involved with the Waterloo IA Growing Project.

For more information about starting or joining a Growing Project, Iowans should call 888-276-4372 or email Von Tarverdi at info@growinghopeglobally.org.



## Waukee High School

#### **MEMBER INFORMATION**

#### CONTACT

#### Amanda Weeks

aweeks@waukeeschools. org 515-987-5163 www.waukeeschools.org/ school/waukee-high-sch

#### **ADDRESS**

555 SE University Ave Waukee, IA 50263

#### ORGANIZATION TYPE

Educational/School

#### **COUNTIES SERVED**

Dallas

ool/

#### **DESCRIPTION**

Students and educators at Waukee High School work to alleviate hunger through educational and service-learning projects.

For example, students participated in an Oxfam America Hunger Banquet in 2014, followed by a hunger fight that packaged 17,064 meals in partnership with Meals From The Heartland.

#### **HOW TO HELP**

lowans are encouraged to contact Mrs. Amanda Weeks for more information and to explore opportunities to work together.



## Waukon IA Corner of Hope GP

#### **MEMBER INFORMATION**

#### CONTACT

#### **Ron Snitker**

rsnitker@acegroup.cc

#### **ADDRESS**

Waukon, IA 52172

#### **ORGANIZATION TYPE**

Faith Based, International, Community Based

#### **COUNTIES SERVED**

Allamakee

#### **DESCRIPTION**

As a Christian response to world hunger, Growing Hope Globally, formerly Foods Resource Bank (FRB), links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

Growing Hope engages volunteers to raise money through "Growing Projects" for between 50-60 overseas programs a year. All of the programs focus on developing smallholder agriculture, often in the most remote and poorest regions of the world. Growing Projects are the heart and soul of Growing Hope and have helped us reach over 1.6 million people since the first Growing Projects were created in 1999.

#### **HOW TO HELP**

lowans can support the work of Growing Hope by starting or joining a Growing Project in their community. A Growing Project is a group whose members work together to raise a crop or other commodity or hold fundraisers to help farmers overseas become self-sufficient. Growing Projects include revenue from field crops, cattle or dairy, pie auctions, pumpkin patches, Sunday school gardens, and more. Each member plays a unique role and contributes to the Growing Project in different ways by offering their time, talents or resources.

lowans are encouraged to directly contact coordinators Mr. Ron Snitker (563) 535-7265 to become involved with the Corner of Hope Growing Project for Growing Hope Globally.

For more information about starting or joining a Growing Project, lowans should call 888-276-4372 or email Von Tarverdi at info@growinghopeglobally.org.



## Waverly Community Sharing Gardens

#### MEMBER INFORMATION

#### CONTACT

#### Tab Ray

garden@ci.waverly.ia.us 319-352-6263 www.waverlyia.com/leisu re-services/facilities/parks /community-garden.aspx

#### **ADDRESS**

PO Box 616 Waverly, IA 50677

#### ORGANIZATION TYPE

Government Agency, Community Based, Garden Program

#### **COUNTIES SERVED**

Bremer

#### **DESCRIPTION**

The Waverly Community Sharing Gardens are community gardens in the City of Waverly that donate produce to area food pantries to feed the hungry in Northeast Iowa. Produce is among the most needed items at area food banks, and the gardens provide opportunities for Waverly area residents to exercise and recreate while providing for the less fortunate in their community.

#### **HOW TO HELP**

The Waverly Community Sharing Gardens are always looking for gardeners to help in the garden. Interested lowans should contact the garden to find out about opportunities to volunteer.



## Waypoint Services

#### **MEMBER INFORMATION**

#### CONTACT

#### Autumn Craft

acraft@waypointservices.org 319-365-1458 www.waypointservices.org

#### **ADDRESS**

318 Fifth Street SE Cedar Rapids, IA 52401

#### ORGANIZATION TYPE

Educational/School, Housing Assistance / Shelter

#### **COUNTIES SERVED**

Benton, Black Hawk, Buchanan, Delaware, Dubuque, Jones, Linn

#### **DESCRIPTION**

Waypoint Services provides shelter and support for those in crisis due to homelessness, poverty or domestic violence. It also provides quality child care to over 500 children daily of all socio-economic levels.

Their team of Housing Specialists and Advocates offers support in locating housing for those who are homeless, at-risk of becoming homeless or victims of domestic violence who must relocate for safety needs by connecting them to resources in the community that best meets their needs.

They also provide shelter and stabilizing resources for homeless women and their children through the Madge Phillips Center Shelter. The Center offers basic needs, information, strategic referrals, one-on-one support, and skill development so women can achieve and maintain self-sufficiency and family stability.

Additional domestic violence victim services include an emergency phone line, crisis counseling, and emergency shelter at a confidential location.

#### **HOW TO HELP**

lowans can support the work of Waypoint Services through volunteering, donations, or by participating in Waypoint events.

Volunteers serve in a variety of capacities, such as by coordinating food and personal hygiene supply drives, sorting donations, or serving as trained domestic violence volunteer advocates. Volunteer needs are posted online and those interested in volunteering are encouraged to contact Ms. Brittany Appleton at 319-365-1458 ext. 6118.

Financial donations can be made online or by mail. In-kind donation guidelines are posted online, along with a wish list of needed items.



## Webster Co. IA F.O.O.D. Growing Project

#### **MEMBER INFORMATION**

#### CONTACT

#### **Hiedi Touney**

#### **ADDRESS**

Fort Dodge, IA 50501

#### **ORGANIZATION TYPE**

Faith Based, International, Community Based

#### **COUNTIES SERVED**

Webster

#### DESCRIPTION

As a Christian response to world hunger, Growing Hope Globally, formerly Foods Resource Bank (FRB), links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

Growing Hope engages volunteers to raise money through "Growing Projects" for between 50-60 overseas programs a year. All of the programs focus on developing smallholder agriculture, often in the most remote and poorest regions of the world. Growing Projects are the heart and soul of Growing Hope and have helped us reach over 1.6 million people since the first Growing Projects were created in 1999.

#### **HOW TO HELP**

lowans can support the work of Growing Hope by starting or joining a Growing Project in their community. A Growing Project is a group whose members work together to raise a crop or other commodity or hold fundraisers to help farmers overseas become self-sufficient. Growing Projects include revenue from field crops, cattle or dairy, pie auctions, pumpkin patches, Sunday school gardens, and more. Each member plays a unique role and contributes to the Growing Project in different ways by offering their time, talents or resources.

lowans are encouraged to directly contact coordinator Mrs. Hiedi Tooney to become involved with the Webster Co. IA F.O.O.D. Growing Project.

For more information about starting or joining a Growing Project, lowans should call 888-276-4372 or email Von Tarverdi at info@growinghopeglobally.org.



## Wellness & Independence Through Nutrition - Cedar | Clinton | Jones | Muscatine | Scott

#### **MEMBER INFORMATION**

#### CONTACT

#### Phyllis Zalenski

zalenski@iastate.edu 319-465-3224 www.extension.iastate.ed u/humansciences/food-a ssistance-outreach

#### **ADDRESS**

800 N. Maple Street, PO Box 28 Monticello, IA 52310

#### ORGANIZATION TYPE

Government Agency, Educational/School

#### **COUNTIES SERVED**

Cedar, Clinton, Jones, Muscatine, Scott

#### DESCRIPTION

The goal of the Wellness and Independence through Nutrition Program (WIN), formerly known as the Food Assistance Outreach Project, is to reduce hunger in underserved mid-life and older Iowans, age 50 years and older, who are eligible for but not yet enrolled in the food assistance program.

ISU Extension and Outreach Human Sciences Specialists and County Staff in select areas recruit and train WIN Program Volunteer Educators to reach out to various populations to promote awareness of how food assistance can improve nutrition and quality of life for adults age 50+ and to increase awareness of budget-friendly nutrition practices for mid-life and older adults.

#### **HOW TO HELP**

Individuals can support the mission of the WIN Program by serving as volunteer educators. WIN Program Volunteer Educators are asked to attend a training session (up to 2 hours) that talks about the program and how to conduct the presentations; contact prospective presentation locations serving adults age 50+ years to schedule presentations; conduct WIN Program presentations (includes in-person presentations, attending display boards, distributing WIN Guides, and facilitating WIN DVD viewing); and complete WIN Program paperwork as needed.

Organizations can support the mission of the WIN Program by agreeing to serve as presentation locations, distribute WIN Guides, or host a display. Individuals and organizations interested in learning more and supporting the mission of the WIN Programs are encouraged to contact the WIN Coordinator closest to them.



## Wellness & Independence through Nutrition - Des Moines County

#### **MEMBER INFORMATION**

#### CONTACT

www.extension.iastate.ed u/humansciences/food-a ssistance-outreach

#### **ADDRESS**

102 W Main Street Mediapolis, IA 52637

#### **ORGANIZATION TYPE**

Government Agency, Educational/School

#### **COUNTIES SERVED**

Des Moines

#### **DESCRIPTION**

The goal of the Wellness and Independence through Nutrition Program (WIN), formerly known as the Food Assistance Outreach Project, is to reduce hunger in underserved mid-life and older Iowans, age 50 years and older, who are eligible for but not yet enrolled in the food assistance program.

ISU Extension and Outreach Human Sciences Specialists and County Staff in select areas recruit and train WIN Program Volunteer Educators to reach out to various populations to promote awareness of how food assistance can improve nutrition and quality of life for adults age 50+ and to increase awareness of budget-friendly nutrition practices for mid-life and older adults.

#### **HOW TO HELP**

Individuals can support the mission of the WIN Program by serving as volunteer educators. WIN Program Volunteer Educators are asked to attend a training session (up to 2 hours) that talks about the program and how to conduct the presentations; contact prospective presentation locations serving adults age 50+ years to schedule presentations; conduct WIN Program presentations (includes in-person presentations, attending display boards, distributing WIN Guides, and facilitating WIN DVD viewing); and complete WIN Program paperwork as needed.

Organizations can support the mission of the WIN Program by agreeing to serve as presentation locations, distribute WIN Guides, or host a display. Individuals and organizations interested in learning more and supporting the mission of the WIN Programs are encouraged to contact the WIN Coordinator closest to them.



## Wellness & Independence through Nutrition - Extension Region 13

#### MEMBER INFORMATION

#### CONTACT

#### Mary Krisco

mkrisco@iastate.edu 515-957-5787 www.extension.iastate.ed u/humansciences/food-a ssistance-outreach

#### **ADDRESS**

1625 Adventureland Drive, Suite A Altoona, IA 50009

#### ORGANIZATION TYPE

Government Agency, Educational/School

#### **COUNTIES SERVED**

Dallas, Madison, Polk, Warren

#### **DESCRIPTION**

The goal of the Wellness and Independence through Nutrition Program (WIN), formerly known as the Food Assistance Outreach Project, is to reduce hunger in underserved mid-life and older Iowans, age 50 years and older, who are eligible for but not yet enrolled in the food assistance program.

ISU Extension and Outreach Human Sciences Specialists and County Staff in select areas recruit and train WIN Program Volunteer Educators to reach out to various populations to promote awareness of how food assistance can improve nutrition and quality of life for adults age 50+ and to increase awareness of budget-friendly nutrition practices for mid-life and older adults.

#### **HOW TO HELP**

Individuals can support the mission of the WIN Program by serving as volunteer educators. WIN Program Volunteer Educators are asked to attend a training session (up to 2 hours) that talks about the program and how to conduct the presentations; contact prospective presentation locations serving adults age 50+ years to schedule presentations; conduct WIN Program presentations; and complete WIN Program paperwork as needed.

Organizations can support the mission of the WIN Program by agreeing to serve as presentation locations. Individuals and organizations interested in learning more and supporting the mission of the WIN Programs are encouraged to contact the WIN Coordinator closest to them.



## Wellness & Independence through Nutrition - Fremont County

#### MEMBER INFORMATION

#### CONTACT

#### **Mandy Maher**

mmaher@iastate.edu 712-374-2351 www.extension.iastate.ed u/humansciences/food-a ssistance-outreach

#### **ADDRESS**

610 Clay Street Box 420 Sidney, IA 51652

#### ORGANIZATION TYPE

Government Agency, Educational/School

#### **COUNTIES SERVED**

Fremont

#### **DESCRIPTION**

The goal of the Wellness and Independence through Nutrition Program (WIN), formerly known as the Food Assistance Outreach Project, is to reduce hunger in underserved mid-life and older Iowans, age 50 years and older, who are eligible for but not yet enrolled in the food assistance program.

ISU Extension and Outreach Human Sciences Specialists and County Staff in select areas recruit and train WIN Program Volunteer Educators to reach out to various populations to promote awareness of how food assistance can improve nutrition and quality of life for adults age 50+ and to increase awareness of budget-friendly nutrition practices for mid-life and older adults.

#### **HOW TO HELP**

Individuals can support the mission of the WIN Program by serving as volunteer educators. WIN Program Volunteer Educators are asked to attend a training session (up to 2 hours) that talks about the program and how to conduct the presentations; contact prospective presentation locations serving adults age 50+ years to schedule presentations; conduct WIN Program presentations; and complete WIN Program paperwork as needed.

Organizations can support the mission of the WIN Program by agreeing to serve as presentation locations. Individuals and organizations interested in learning more and supporting the mission of the WIN Programs are encouraged to contact the WIN Coordinator closest to them.



## Wellness & Independence through Nutrition - Mills & Pottawattamie Counties

#### **MEMBER INFORMATION**

#### CONTACT

#### **Barbara Fuller**

bfuller@iastate.edu 641-202-1843 www.extension.iastate.ed u/humansciences/food-a ssistance-outreach

#### **ADDRESS**

#### ORGANIZATION TYPE

Government Agency, Educational/School

#### **COUNTIES SERVED**

Mills, Pottawattamie

#### **DESCRIPTION**

The goal of the Wellness and Independence through Nutrition Program (WIN), formerly known as the Food Assistance Outreach Project, is to reduce hunger in underserved mid-life and older Iowans, age 50 years and older, who are eligible for but not yet enrolled in the food assistance program.

ISU Extension and Outreach Human Sciences Specialists and County Staff in select areas recruit and train WIN Program Volunteer Educators to reach out to various populations to promote awareness of how food assistance can improve nutrition and quality of life for adults age 50+ and to increase awareness of budget-friendly nutrition practices for mid-life and older adults.

#### **HOW TO HELP**

Individuals can support the mission of the WIN Program by serving as volunteer educators. WIN Program Volunteer Educators are asked to attend a training session (up to 2 hours) that talks about the program and how to conduct the presentations; contact prospective presentation locations serving adults age 50+ years to schedule presentations; conduct WIN Program presentations; and complete WIN Program paperwork as needed.

Organizations can support the mission of the WIN Program by agreeing to serve as presentation locations. Individuals and organizations interested in learning more and supporting the mission of the WIN Programs are encouraged to contact the WIN Coordinator closest to them.



## Wellness & Independence through Nutrition - Regions 2 & 3

#### MEMBER INFORMATION

#### CONTACT

#### Nancy Clark

nanclark@iastate.edu 515-332-2201 www.extension.iastate.ed u/humansciences/food-a ssistance-outreach

#### **ADDRESS**

727 Sumner Avenue Humboldt, IA 50548

#### ORGANIZATION TYPE

Government Agency, Educational/School

#### **COUNTIES SERVED**

Cerro Gordo, Emmet, Floyd, Franklin, Hancock, Kossuth, Mitchell, Palo Alto, Winnebago, Worth

#### DESCRIPTION

The goal of the Wellness and Independence through Nutrition Program (WIN), formerly known as the Food Assistance Outreach Project, is to reduce hunger in underserved mid-life and older Iowans, age 50 years and older, who are eligible for but not yet enrolled in the food assistance program.

ISU Extension and Outreach Human Sciences Specialists and County Staff in select areas recruit and train WIN Program Volunteer Educators to reach out to various populations to promote awareness of how food assistance can improve nutrition and quality of life for adults age 50+ and to increase awareness of budget-friendly nutrition practices for mid-life and older adults.

#### **HOW TO HELP**

Individuals can support the mission of the WIN Program by serving as volunteer educators. WIN Program Volunteer Educators are asked to attend a training session (up to 2 hours) that talks about the program and how to conduct the presentations; contact prospective presentation locations serving adults age 50+ years to schedule presentations; conduct WIN Program presentations (includes in-person presentations, attending display boards, distributing WIN Guides, and facilitating WIN DVD viewing); and complete WIN Program paperwork as needed.

Organizations can support the mission of the WIN Program by agreeing to serve as presentation locations, distribute WIN Guides, or host a display. Individuals and organizations interested in learning more and supporting the mission of the WIN Programs are encouraged to contact the WIN Coordinator closest to them.



## WesleyLife Meals on Wheels

#### **MEMBER INFORMATION**

#### CONTACT

#### **Damon Buskohl**

515-271-6717 www.wesleylife.org

#### **ADDRESS**

5508 NW 88th Street Johnston, IA 50131

#### **ORGANIZATION TYPE**

Faith Based, Community Based, Meal Site

#### **COUNTIES SERVED**

Dallas, Polk

#### **DESCRIPTION**

Guided by Christian compassion, WesleyLife is enhancing the independence, health and well-being of older adults. Their vision is to transform the aging experience so people live longer, healthier lives. They offer health and wellness services in 15 lowa counties through their Communities for Healthy Living, three adult day services programs and an array of services delivered to people wherever they call home.

Meals on Wheels supports the nutritional needs of thousands of older lowans in the Des Moines metro every day through the home delivery of hot, healthy meals.

All meals are heart healthy, low sodium and follow specific diets. Their dedicated team of drivers and volunteers deliver meals between 10:45 a.m. and 1:45 p.m. Monday through Friday, with frozen weekend packages available for delivery on Friday.

#### **HOW TO HELP**

lowans can support the mission of WesleyLife by volunteering or by financial donations. For more information about WesleyLife, please visit www.wesleylife.org or contact them directly.



## West Branch Lions Club

#### **MEMBER INFORMATION**

#### CONTACT

#### Mike Quinlan

bigquin9@lcom.net 319-631-4017 www.facebook.com/pages/ West-Branch-lowa-Lions-Cl

ub/490169877776750

#### **ADDRESS**

West Branch

#### ORGANIZATION TYPE

Community Based

#### COUNTIES SERVED

Cedar, Johnson

#### **DESCRIPTION**

The West Branch Lions Club in West Branch, lowa is one of 46,000 clubs worldwide. Lions Club members, or "Lions" move to make a difference locally and globally. Lions are best known for their efforts to eradicate preventable blindness, but also participate in many other kinds of projects, including assisting those in need, sponsoring international exchanges for young people, providing supplies to victims of natural disasters and bringing clean drinking water to remote villages.

As one of its service projects in 2014, the West Branch Lions Club organized a meal packaging event to honor the 50th anniversary of President Hoover's state funeral. Over 250 volunteers packaged 84,024 meals to help alleviate hunger in Iowa and around the world.

#### **HOW TO HELP**

Lions are groups of service-minded men and women who are interested in improving their communities. To be a Lion is to be an active volunteer, a member of a respected international organization, a leader in the community and a friend to people in need. lowans are encouraged to contact Mike Quinlan to join the West Branch Lions Club, or contact the lowa state office at iowalions@aol.com or (515) 232-2215 to find another Lions Club in their area of residence.



## West Central

#### **MEMBER INFORMATION**

#### CONTACT

#### Alicia Clancy

aclancy@westcentral.net 712-667-3334 www.west-central.com

#### **ADDRESS**

PO Box 68 406 First Street Ralston, IA 51459

#### ORGANIZATION TYPE

Corporate

#### **COUNTIES SERVED**

Adair, Audubon, Boone, Carroll, Cass, Crawford, Dallas, Greene, Pottawattamie, Sac, Shelby, Webster

#### DESCRIPTION

West Central is a farmer owned cooperative with headquarters in Ralston, lowa. West Central operates a licensed public grain warehouse, provides grain marketing services; supplies feed, fertilizer, chemicals, and other merchandise; and manufactures and markets dairy nutrition products. Since 1933, West Central has been an active and accountable member of the communities it serves through corporate donations and volunteer efforts.

Annually, West Central puts approximately \$100,000 back into area community economies through donations, sponsorship programs and scholarships. Corporate giving focuses on rural youth leadership development, farm and agricultural safety, and community betterment and returning value to local communities.

In addition to West Central's corporate giving program, West Central happily invests in local communities through the involvement of WC employees within the community. To date, West Central employees have given back to the community through their involvement with disaster relief, neighborhood renovation, school programming, community events and more.

#### **HOW TO HELP**

Individuals and organizations seeking support should complete and submit a corporate giving request form. Groups or organizations seeking West Central's participation in a program or event should request volunteer resources from the cooperative by completing and submitting a corporate volunteerism request form.



## West Des Moines Human Services

#### **MEMBER INFORMATION**

#### CONTACT

#### Stephanie Corbett

stephanie.corbett@wdm. iowa.gov 515-222-3662 www.wdmhumanservice s.com

#### **ADDRESS**

139 6th St PO Box 65320 West Des Moines, IA 50265

#### ORGANIZATION TYPE

Food Pantry, Housing Assistance / Shelter

#### **COUNTIES SERVED**

Dallas, Polk

#### **DESCRIPTION**

West Des Moines Human Services assists low-income, elderly, and disabled residents in WDM and surrounding western suburbs. They provide emergency assistance including food, clothing, transportation, emergency rent and utility assistance, and youth scholarships to eligible households

The food pantry at West Des Moines Human Services is part of the DMARC food pantry network. Any household in need can visit one DMARC pantry location, once per month. For every visit please bring a photo ID for the head of household, & identification for all household members needing food.

The pantry is also open for evening hours (4-6pm) on the 2nd and 4th Tuesdays of each month.

#### **HOW TO HELP**

They always appreciate volunteers to help in the food pantry as well as donations of food & personal care items.



## West Marshall High School

#### **MEMBER INFORMATION**

#### CONTACT

#### Jason Carolan

jcarolan@wmcsd.org 641-483-2136 www.w-marshall.k12.ia.us

#### **ADDRESS**

PO Box 670 State Center, IA 50247

#### ORGANIZATION TYPE

Educational/School

#### **COUNTIES SERVED**

Marshall

#### **DESCRIPTION**

Students and educators at West Marshall High School work to alleviate hunger through educational and service-learning projects.

#### **HOW TO HELP**

lowans are encouraged to contact Mr. Jason Carolan for more information and to explore opportunities to work together.



# Western Iowa Synod of the Evangelical Lutheran Church in America

#### **MEMBER INFORMATION**

#### CONTACT

#### **Cynthia Wells**

cindy.wells@wisynod.org 712-732-4968 www.wisynod.org

#### **ADDRESS**

318 E Fifth Street, PO Box 577 Storm Lake, IA 50588

#### ORGANIZATION TYPE

Faith Based, International, Advocacy

#### **COUNTIES SERVED**

Visit Online Profile for Details

#### **DESCRIPTION**

The Western Iowa Synod of the Evangelical Lutheran Church in America combats hunger domestically and globally through awareness, advocacy, networking, growing projects, and sustainable agriculture efforts. This synod partners with two companion synods--the Southern Diocese of the Evangelical Lutheran Church in Tanzania and the whole of the Evangelical Lutheran Church in Chile--where they affect hunger through clean water, girls secondary, medical and sustainable agriculture initiatives.

#### **HOW TO HELP**

To donate, volunteer, or learn more, go to their website at www.wisynod.org or contact Ms. Wells at cindy.wells@wisynod.org or 712-732-4968 Ext. 441 or 318 E Fifth St., Storm Lake, IA 50588. For more information about their domestic hunger work, please email Julie Cook at julie.cook@wisynod.org.



## Westminster Presbyterian Church

#### **MEMBER INFORMATION**

#### CONTACT

#### Lisa Anderson

Landerson@westpres.org 515-274-1534 www.westpres.org

#### **ADDRESS**

4114 Allison Avenue Des Moines, IA 50310

#### ORGANIZATION TYPE

Faith Based

#### **COUNTIES SERVED**

Polk

#### DESCRIPTION

Westminster Presbyterian Church supports the food pantry through donations of food and support of their Backpack Buddies program for hungry children attending Holy Family and Morris Elementary schools.

#### **HOW TO HELP**

The greatest need for help is delivering food for the backpack buddies program to the schools weekly. Volunteers with a van or pickup truck are preferred as the tubs of food are too large for cars. Those interested in finding out more or in volunteering should contact the Westminster Presbyterian Church office.



## Westover Baptist Church (Des Moines)

#### MEMBER INFORMATION

#### CONTACT

### Rev. Gundar Lamberts 515-279-1751

westoverdsm.com/

#### **ADDRESS**

2330 62nd St. Des Moines, IA 50322

#### **ORGANIZATION TYPE**

Faith Based

#### **COUNTIES SERVED**

Polk

#### **DESCRIPTION**

The mission of Westover Baptist Church is "to present the Gospel to all the people, preparing them to be followers of Jesus Christ and develop them to Christ-like maturity". Their mission activities include a small food pantry, supporting CFUM by feeding the hungry a spaghetti dinner, and participating in Operation Christmas Child, which uses gift-filled shoe-boxes to demonstrate God's love in a tangible way to children in need around the world.

#### **HOW TO HELP**

Individuals and organizations are encouraged to visit their Facebook page or contact the church office to learn more or explore opportunities to partner with Westover Baptist Church.



## Whole Foods Market

#### **MEMBER INFORMATION**

#### CONTACT

#### Michael Durr

Midwest.Donations@who lefoods.com 515-343-2600 wfm.com/westdesmoines

#### **ADDRESS**

4100 University Ave. #260 West Des Moines, IA 50266

### ORGANIZATION TYPE

Corporate

#### **COUNTIES SERVED**

Dallas, Polk

#### DESCRIPTION

Whole Foods Market is a company with a conscience. We believe companies, like individuals, must assume their share of responsibility as tenants of Planet Earth.

We support our community with some of the examples here:

- Supporting several local food banks by donating perishable and non-perishable items seven days a week;
- Donating goods and services to local organizations;
- Sponsoring community events;
- Educating adults and children with interactive tours of the store;
- Hosting adult and child cooking classes.

#### **HOW TO HELP**

Organizations that are fighting hunger in Iowa are encouraged to contact submit donation request at wfm.com/donate to explore opportunities for partnerships or donations.



## Williamsburg High School

#### **MEMBER INFORMATION**

#### CONTACT

#### Tanya Lemburg

tlemburg@williamsburg. k12.ia.us 316-668-1050 www.edline.net/pages/Willia msburg\_Jr\_Sr\_High\_School

#### **ADDRESS**

810 W. Walnut Williamsburg, IA 52361

#### ORGANIZATION TYPE

Educational/School

#### **COUNTIES SERVED**

Iowa

#### **DESCRIPTION**

Students and educators at Williamsburg High School work to alleviate hunger through educational and service-learning projects.

#### **HOW TO HELP**

lowans are encouraged to contact Mrs. Tanya Lemburg for more information and to explore opportunities to work together.



## Windsor Heights Lutheran Church

#### **MEMBER INFORMATION**

#### CONTACT

#### Rev. Chris Olkiewicz

office@whlc.org 515-277-6277 www.whlc.org

#### **ADDRESS**

1240 66th Street Windsor Heights, IA 50324

#### **ORGANIZATION TYPE**

Faith Based

#### **COUNTIES SERVED**

Polk

#### **DESCRIPTION**

Windsor Heights Lutheran Church is a Christ-centered community of hope and belonging for all. They focus their discipleship on the themes of invitation, growth, and service. Windsor Heights Lutheran Church has a strong commitment to sharing what God has provided. They serve supper at Central lowa Shelter and Services on the 11th of each month, help with Family Promise by housing homeless families at the church, invite Mosaic residents to their worship services, collect and deliver food to the DMARC Food Pantry, and build homes through Habitat for Humanity.

#### **HOW TO HELP**

Individuals and organizations that are interested in supporting the service ministries of Windsor Heights Lutheran Church should contact them by at 515-277-6277 or through their website.



## Winneshiek County Growing Project for Growing Hope Globally

#### MEMBER INFORMATION

#### CONTACT

#### Julie Vulk

javulk@yahoo.com

#### **ADDRESS**

Decorah, IA 52101

#### **ORGANIZATION TYPE**

Faith Based, International, Community Based

#### **COUNTIES SERVED**

Winneshiek

#### DESCRIPTION

As a Christian response to world hunger, Growing Hope Globally, formerly Foods Resource Bank (FRB), links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

Growing Hope engages volunteers to raise money through "Growing Projects" for between 50-60 overseas programs a year. All of the programs focus on developing smallholder agriculture, often in the most remote and poorest regions of the world. Growing Projects are the heart and soul of Growing Hope and have helped us reach over 1.6 million people since the first Growing Projects were created in 1999.

#### **HOW TO HELP**

lowans can support the work of Growing Hope by starting or joining a Growing Project in their community. A Growing Project is a group whose members work together to raise a crop or other commodity or hold fundraisers to help farmers overseas become self-sufficient. Growing Projects include revenue from field crops, cattle or dairy, pie auctions, pumpkin patches, Sunday school gardens, and more. Each member plays a unique role and contributes to the Growing Project in different ways by offering their time, talents or resources.

lowans are encouraged to directly contact coordinator Ms. Julie Vulk to become involved with the Winneshiek County Growing Project for Growing Hope Globally.

For more information about starting or joining a Growing Project, lowans should call 888-276-4372 or email Von Tarverdi at info@growinghopeglobally.org.



## Winterset CROP Hunger Walk

#### **MEMBER INFORMATION**

#### CONTACT

#### Linda Armstrong

rlsma9388@hotmail.com 515-975-9884

#### ADDRESS

28606 Phillips St P.O. Box 968 Elkhart, IN 46515

#### ORGANIZATION TYPE

Faith Based, International, Community Based

#### **COUNTIES SERVED**

Madison

#### DESCRIPTION

The Winterset CROP Hunger Walk is a community-wide event sponsored by Church World Service and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

#### **HOW TO HELP**

Individuals and organizations can support the work of the Winterset CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Linda Armstrong at rlsma9388@hotmail.com or Church World Service Congregational and Community Engagement Specialist Lenny Blue at Iblue@cwsglobal.org.



## WISHH - World Initiative for Soy in Human Health

#### MEMBER INFORMATION

#### CONTACT

#### James Hershey

wishh@Soy.org 314-576-1770 www.wishh.org

#### **ADDRESS**

12125 Woodcrest Executive Dr., Suite 100 St. Louis, MO 63141

#### ORGANIZATION TYPE

International

#### **COUNTIES SERVED**

Activities Statewide

#### **DESCRIPTION**

The World Initiative for Soy in Human Health (WISHH), a program of the American Soybean Association (ASA), brings the benefits of U.S. soy protein to developing countries where it can make a difference in lives today and in the future.

Since 2000, WISHH has been enhancing the protein intake of many nations through market development, humanitarian assistance, education and research. WISHH also understands that developing nations of today are tomorrow's customers for U.S. soy. All of the top 10 export countries for U.S. soy is a current or former recipient of U.S. foreign aid assistance.

#### **HOW TO HELP**

lowans are encouraged to attend the Midwest Soy Protein Workshop or to contact WISHH at wishh@soy.org to explore opportunities to work together.

The Midwest Workshop is held at the National Soybean Research Laboratory at the University of Illinois in Champaign. The Workshop hosts representatives of voluntary organizations, U.S. government officials, soybean farmer and industry leaders to discuss the role of soy in international food assistance programs. Attendees explore how to expand the use of soy in their food aid programs around the world.

For additional information on the workshop, contact Kendra Murphy, WISHH Executive Assistant and Conference Planner at kmurphy@soy.org or (314) 754-1320.



## Women, Food and Agriculture Network

#### MEMBER INFORMATION

#### CONTACT

#### **Bridget Holcomb**

info@wfan.org 515-460-2477 www.wfan.org

#### **ADDRESS**

PO Box 611 Ames, IA 50010

#### ORGANIZATION TYPE

Advocacy, Community Based

#### **COUNTIES SERVED**

Story, Activities Statewide

#### DESCRIPTION

The Women, Food and Agriculture Network (WFAN) is a community of women involved in sustainable agriculture. Members include farmers, landowners, researchers, students, advocates and mothers concerned about their families' health. Members come from all over the US and several other countries, but the majority of WFAN's work is done in the Midwest.

Their Women Caring for the Land program works with women landowners to educate them about conservation methods they can implement on their land. Harvesting Our Potential, their on-farm apprenticeship program, brings together women in sustainable agriculture for annual gatherings that provide education and networking. Their Plate to Politics program provides information and tools to help women become advocates for sustainable agriculture and healthy food systems in their own communities and at the state and federal levels and informs women about opportunities to serve on boards and commissions to make sure women's voices are heard.

#### **HOW TO HELP**

People can stay up to date on WFAN and its programs by joining their listserv or visiting their Facebook page. Support can be provided through donations. Those who are interested in joining WFAN programs or exploring opportunities for collaboration can also contact them directly.



# Women's International League for Peace and Freedom - Des Moines Branch

#### **MEMBER INFORMATION**

#### CONTACT

#### Jan Corderman

wilpf.dsm@gmail.com wilpfus.org/

#### **ADDRESS**

Greater Des Moines Area,

## ORGANIZATION TYPE Advocacy

COUNTIES SERVED

Polk

#### **DESCRIPTION**

The Women's International League for Peace and Freedom - Des Moines Branch (WILPF) works to create an environment of political, economic, social and psychological freedom for all members of the human community, so that true peace can be enjoyed by all. WILPF International was founded at a multi-national conference of over 1000 women in 1915 to protest World War One and lay the groundwork for sustainable peace.

In today's context WILPF advocates for five aims: 1. the equality of all people in a world free of sexism, racism, classism, and homophobia, 2. the guarantee of fundamental human rights including the right to sustainable development, 3. an end to all forms of violence: rape, battering, exploitation, intervention and war, 4. the transfer of world resources from military to human needs, leading to economic justice within and among nations, and 5. world disarmament and peaceful resolution of international conflicts via the United Nations.

#### **HOW TO HELP**

People who live in Greater Des Moines can support the work of WILPF's Des Moines Branch by joining their meetings, study sessions, and local activism. Interested individuals should visit their Facebook page or contact them directly for more information. Anyone can support WILPF International through taking action online through their website.



## World Food Prize

#### **MEMBER INFORMATION**

#### CONTACT

#### **Madeline Goebel**

mgoebel@worldfoodpriz e.org 515-245-3783 www.worldfoodprize.org

#### **ADDRESS**

100 Locust Street Des Moines, IA 50309

#### ORGANIZATION TYPE

International, Community Based, Educational/School

#### **COUNTIES SERVED**

Polk, Activities Statewide

#### **DESCRIPTION**

The World Food Prize was established in 1986 to be the foremost international award recognizing the achievements of individuals who have advanced human development by improving the quality, quantity, or availability of food in the world.

The Foundation has the following goals:

- Recognizing and inspiring exceptional breakthrough achievements that increase the supply and availability of food in the world through presentation of its \$250,000 prize, referred to by several heads of state as the "Nobel Prize for Food and Agriculture";
- Conducting educational and informational programs addressing the most important issues in global food security by holding the Borlaug Dialogue International Symposium and other programs;
- Holding events and carrying out programs that provide unique educational opportunities for high school students and teachers, and inspire the next generation of youth to pursue education and careers in agriculture and global development;
- Operating the Norman E. Borlaug Hall of Laureates as a public museum, convocation center, and educational facility to inform the public about the great achievements of agricultural heroes like Henry A. Wallace.
- Coordinating the Iowa Hunger Summit and Iowa Hunger Directory to celebrate Iowa's agricultural and humanitarian heritage, facilitate networking, and inspire further action against hunger at home and abroad.

#### **HOW TO HELP**

lowans are encouraged to contact the World Food Prize staff for more information about its programs or to explore opportunities to partner or become involved.



## World Link, Inc.

#### **MEMBER INFORMATION**

#### CONTACT

#### **Curtis Stutzman**

stutzman@worldlinkinc.org 319-656-4590 www.worldlinkinc.org

#### **ADDRESS**

905 M Avenue Kalona, IA 52247

#### **ORGANIZATION TYPE**

International, Educational/School

#### **COUNTIES SERVED**

Cedar, Dallas, Iowa, Jasper, Johnson, Keokuk, Lee, Linn, Madison, Marion, Polk, Story, Warren, Washington

#### **DESCRIPTION**

World Link is an international student exchange organization working with the U.S. Department of State and others to instill cross-cultural leadership skills in the successor generation. World Link also conducts programs that include healthy diet and lifestyles based on international experience at home and abroad.

#### **HOW TO HELP**

lowans can host an international student or get involved in healthy living volunteer programs that are conducted by their program participants.



## Wyoming United Methodist Community Food Pantry

#### MEMBER INFORMATION

#### DESCRIPTION

The Wyoming United Methodist Community Food Pantry is available to

#### CONTACT

#### **Rev. Karmen Jamison**

wumc@netins.net 319-350-1192 fcfhiowa.bowmansystems.c om/index.php/component/c px/?task=resource&id=67236

#### **ADDRESS**

107 North Washington Wyoming, IA 52362

#### ORGANIZATION TYPE

Faith Based, Food Pantry

#### COUNTIES SERVED

Jones

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those in need or with limited food resources in Jones county. People who are in need of assistance should visit in person on Saturday morning to complete an application. The facility also hosts a Clothes Closet, which provides clothing for people and families in need.

#### **HOW TO HELP**

People who are interested in supporting the work of the Wyoming United Methodist Community Food Pantry should contact them for more information or to become involved.



## YMCA Supportive Housing - Des Moines Campus

#### MEMBER INFORMATION

#### CONTACT

#### **Emily Osweiler**

emily.osweiler@dmymca. org 515-288-2424 www.dmymca.org/en/locati

www.dmymca.org/en/locations/ymca\_supportive\_housing\_campus/

#### **ADDRESS**

2 SW 9th Street Des Moines, IA 50309

#### ORGANIZATION TYPE

Housing Assistance / Shelter

#### **COUNTIES SERVED**

Polk

#### **DESCRIPTION**

YMCA Supportive Housing is a community solution to help eliminate homelessness by providing Hope, Dignity, and Support in the form of permanent supportive housing. It is part of the YMCA of Greater Des Moines Association.

This Housing First Model helps people who are homeless (or who are at-risk of homelessness) move into stable and secure permanent housing supplemented by supportive services.

Case management, transportation assistance, food/clothing/hygiene pantries, rental assistance, and other services help people meet their basic needs and reach their life goals. The campus provides a place to call home for 140 men and women.

#### **HOW TO HELP**

Individuals and groups can support the work of the YMCA Supportive Housing campus in Des Moines through donations and by volunteering. Those who desire to learn more or get involved are encouraged to call 515-282-2424 or email Ms. Erin McNamara at erin.mcnamara@dmymca.org.



## Youth Emergency Services & Shelter (YESS)

#### MEMBER INFORMATION

#### CONTACT

#### Kristin Huinker

huinkerk@yessiowa.org 515-243-7825 www.yessiowa.org

#### **ADDRESS**

918 SE 11th Street Des Moines, IA 50309

#### ORGANIZATION TYPE

Housing Assistance / Shelter

#### COUNTIES SERVED

Polk

#### **DESCRIPTION**

Youth Emergency Services & Shelter (YESS) meets the critical needs of the community by providing a continuum of quality programs designed to keep children safe and families together. Every day, nearly 1,000 children from across the state of lowa rely on YESS for safety and care.

YESS is home to lowa's largest and most comprehensive emergency shelter as well as a variety of services that keep children safe in their own homes. The agency's combination of crisis stabilization, emergency shelter, mental health services, and care coordination does not exist elsewhere in lowa - allowing YESS to uniquely serve the community's most vulnerable children. No matter the background or age of the child, YESS can provide supportive services to create hope for a brighter future.

#### **HOW TO HELP**

Individuals and organizations can support the mission of YESS through gifts of money, in-kind donations, volunteering, and participating in community events such as the YESS Duck Derby and the Human Foosball Tournament.

In-kind donations provide the basic necessities and personal care items that connect children with comfort and safety when their lives are surrounded by chaos. Iowans are asked to contact Jana Daisy, Community Activities Manager, at daisyj@yessiowa.org or 515-282-9377 prior to dropping off in-kind donations at the shelter or beginning a donation drive. Unscheduled drop-offs may be turned away.

A variety of meaningful volunteer opportunities are available for individuals and groups. Anyone interested in ongoing volunteer service at YESS must be approved by the agency prior to participation. Iowans are encouraged to contact Jana Daisy, Community Activities Manager, at 515-282-9377 or daisyj@yessiowa.org for more information.